

SWAMAN / SANKALP / SLOGAN: SWAROOP BANO

August 08, 2013

सुख लो सुख दो ! दुःख न लो दुःख न दो ! दुआँ दो, दुआँ लो ! रहम दिल, नम्र दिल बनो !

Give happiness and receive happiness ! Neither cause sorrow nor take sorrow ! Give blessings and receive blessings ! Have a merciful and a compassionate heart !

Sukh lo sukh do ! duhkh n lo duhkh n do ! duaaen do, duaaen lo ! raham dil, namr dil bano !

Points are in 3 languages: Hindi, English and Hinglish (Hindi written in English Script) Please scroll down to the language of your choice.

These points are especially useful to those learning Hindi or English.

Om Shanti Divine Angels!!!

Points to Churn: August 08, 2013

Praise of Baba:

The Ocean of Knowledge, the Incorporeal Purifier, the Supreme Father, and the Supreme Soul Shiv Baba is.... My Baba...Sweet Baba...Lovely Baba...Kind-hearted Baba...Compassionate Baba...the True Father...the True Teacher...the Unlimited Father... the Almighty Authority...the Truth, the Living Being, the Blissful One and the Seed... the Bestower of Salvation... Knowledge-full...

Points of Self-Respect and Soul Study:

Blessing: May you be a master bestower of happiness who gives everyone happiness and receives happiness by staying in imperishable supersensuous joy.

Do not take sorrow, do not give sorrow! Give blessings and receive blessings... by maintaining soul consciousness, we, the souls, give happiness and receive happiness...we never imbibe any sorrow, and erase all name or trace of sorrow...by having the right to super sensuous joy, we constantly swing on the swing of happiness with the Father... we are the embodiments of happiness resting on a bed of happiness... with a life that constantly gives happiness, we live in a world of happiness...

By being free from anger, free from attachment and free from greed, we, the souls, keep our tempers very sweet, and do not cause anyone sorrow even by mistake...even when somebody tells us something in anger, we listen from one ear and remove it from the other...we are the worthy children who do not let our physical organs commit any sinful actions...By being obedient, we climb onto the heart of the Mother and Father, and wear a crown, get anointed with a tilak and sit on a royal throne in the future...The instructions of Brahma are famous...Shiv Baba's shrimat is also famous...by following the directions of both Shiv Baba and Brahma, we become elevated...we are the gopes and gopis with super sensuous joy, keeping the lamp lit with the oil of dharna...

ॐ शान्ति दिव्य फरिश्ते !!!

विचार सागर मंथन: August 08, 2013

बाबा की महिमा:

ज्ञान के सागर पतित पावन निराकार परमपिता परमात्मा शिव बाबा हैं...मेरा बाबा... मीठा बाबा...प्यारा बाबा... दयालु बाबा...कृपालु बाबा... सत बाप...सत टीचर...सत गुरु... बेहद का बाप... सर्वशक्तिमान...सत चित आनंद स्वरूप...बीजरूप...सदगति दाता... नॉलेजफुल...

स्वमान और आत्मा अभ्यास :

वरदान:-अविनाशी अतीन्द्रिय सुख में रह सबको सुख देने और सुख लेने वाले मास्टर सुखदाता भव

दुःख न दो, दुःख न लो ! दुआएँ दो, दुआएँ लो...हम आत्माएँ, आत्मिक स्वरूप में रहनेवाले, सुख देने और सुख लेनेवाले, कभी भी दुःख धारण न कर दुःख के नाम निशान मिटाकर, अतीन्द्रिय सुख के अधिकारी बन, सदा बाप के साथ सुखों के झूले में झूलनेवाले, सुखमय संसार में रहनेवाले, सुखदाई जीवनवाले, सदा सुख की शैया पर सोनेवाले, सुख स्वरूप हैं...

अपना मिजाज़ मीठा बनानेवाले, भूले-चूके किसिको भी दुःख नहीं देनेवाले, निर्वोधि, निर्मोही, निर्लोभी हैं...कोई कुछ भी कहे, एक कान से सुनकर दूसरे कान से निकाल, अपनी कर्मेन्द्रिय से कोई भी पाप नहीं करनेवाले, सपूत बच्चे हैं...फरमानबरदार बन माँ-बाप के दिल पर चढ़े हुए ताजधारी, तिलकधारी, तख्तनशीन हैं...ब्रह्मा की मत मशहूर है...शिवबाबा की श्रीमत मशहूर हैं...ब्रह्मा और शिव बाबा दोनों की मत पर चल श्रेष्ठ बननेवाले, अच्छी धारणा की घृत से ज्योति जगी रखनेवाले, अतीन्द्रिय सुख वाले गोप गोपियाँ हैं...

Om Shanti divya farishte !!!

Vichaar Sagar Manthan: August 08, 2013

Baba ki Mahima:

Gyan ke Sagar Patit Paavan Niraakaar Parampita Paramatma Shiv Baba hain...Mera Baba... Meetha Baba... Pyaara Baba...Dayalu Baba...Kripalu Baba... Sat Baap...Sat Tichar...Sat Guru... Behad ka Baap... Sarv shakti maan...Sat Chit Anand Swaroop...Beejroop...Sadgati Data... Nolej ful...

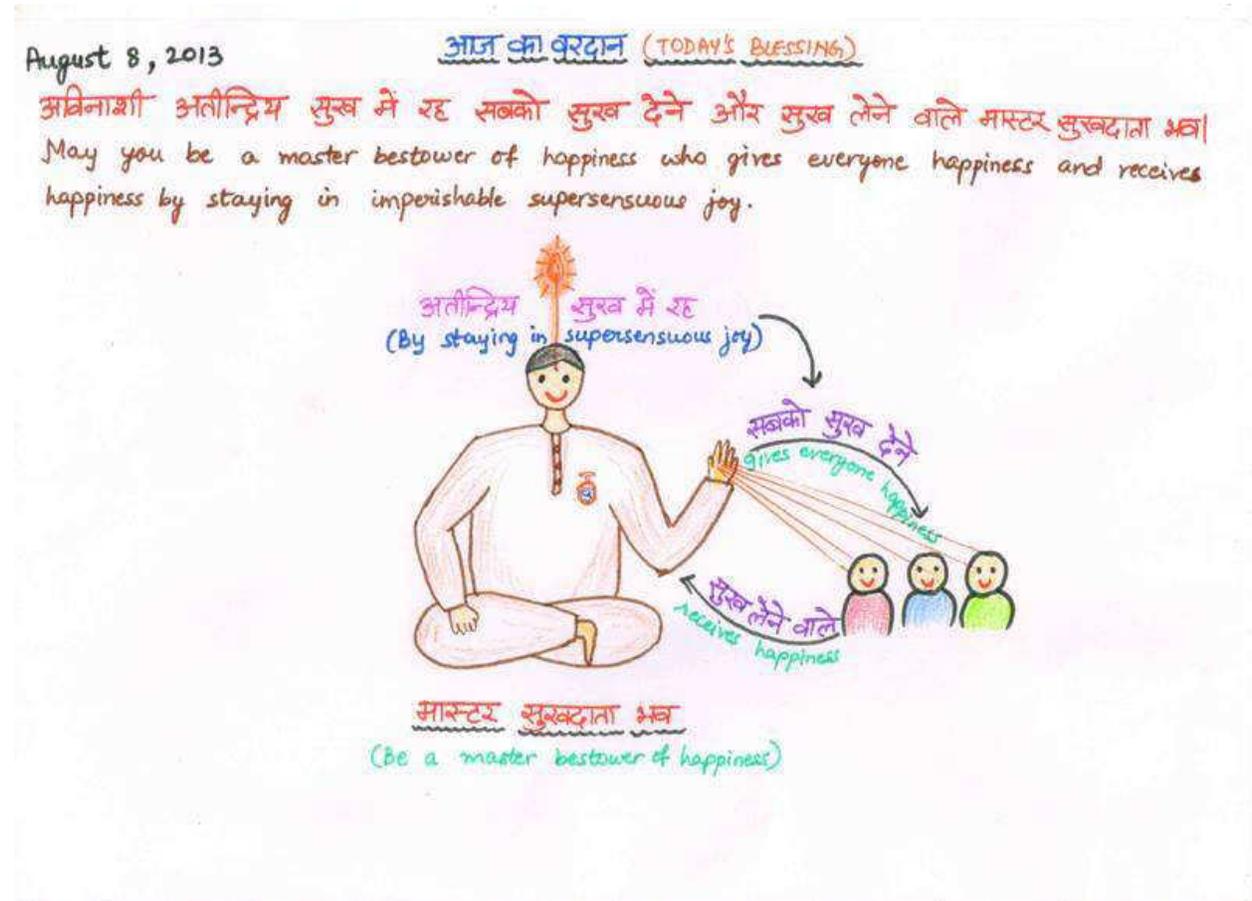
Swamaan aur Atma Abhyas

Vardan: Avinaashi atindriy sukh men rah sabko sukh dene aur sukh lene wale mastar sukhdata bhav!

Duhkh n do, duhkh n lo ! Duan do, duaen lo...Hum atmaayen, atmic swaroop men rahnewale, sukh dene aur sukh lenewale, kabhi bhi duhkh dhaaran n kar duhkh ke naam nishaan mitaakar, atindriy sukh ke adhikaari ban, sada baap ke saath sukhon ke jhoole men jhoolnewale, sukhmay sansaar men rahnewale, sukhdaai jeewanwale, sada sukh ki shaiya par sonewale, sukh swaroop hain...

Hum atmaayen, apna mijaaz meetha banaanewale, bhoole-chooke kisiko bhi duhkh nahin denewale, nirkrodhi, nirmohi, nirlobhi hain...koi kuch bhi kahe, ek kaan se sunkar doosre kaan se nikaal, apni karmendriy se koi bhi paap nahin karnewale, sapoot bachche hain...farmaan bar dar ban maan-baap ke dil par chadhe hue taaj dhaari, tilak dhaari, takht nasheen hain...brahma ki mat mashoor hai...shiv baba ki shrimat mashoor hain...brahma aur shiv baba dono ki mat par chal shreshth ban newale, achchi dhaarna ki ghrut se jyoti jagi raknewale, atindriy sukh wale gop gopiyaan hain...

Bapdada gives vardaan to the entire Brahmin family spread all over the world. Baba also remarked in the murli, dated 7-1-2012 that serviceable children will make cartoons after listening to the murli. Visualization makes remembrance of the blessing throughout the day easier and thus makes it more fruitful.



Video of Murli Essence:

<http://www.youtube.com/watch?v=BB8Zm9dCOpU&feature=c4-overview-vl&list=PLC8D39A5E37238516>

Song: Tumhi ho mata pita tumhi ho... You are the Mother and the Father...
तुम्ही हो माता पिता तुम्हीं
हो....<http://www.youtube.com/watch?v=hQfsFAUnR0I&feature=email>

08-08-2013:

Essence: Sweet children, continue to give time to the pilgrimage of remembrance and your sins will continue to be absolved. Attachment to everyone will end and you will become the garland around the Father's neck.

Question: Which few words are you studying with God, the Father? What secrets are merged in those few words?

Answer: God, the Father, is just teaching you this much: O souls, renounce the consciousness of the body and remember Me. This is why this study of just few words is taught to you because you are not going to take an old skin (costume) in the old world now. You have to go to the new world. I have come to take you back with Me. Therefore, continue to forget everyone as well as your body.

Song: You are the Mother and the Father.

Essence for dharna:

1. Become worthy and obedient and be threaded in the rosary of victory. Give everything worth straws that you have to the Father, surrender yourself and end your attachment to everyone.
2. In order that you only have remembrance of the one Father at the end, break your intellect's yoga away from everyone else and make effort to stay constantly in remembrance of the Father.

Blessing: May you be a master bestower of happiness who gives everyone happiness and receives happiness by staying in imperishable supersensuous joy.

Supersensuous joy means imperishable happiness of the soul. The physical senses are perishable and so any happiness received through them would also be perishable. Therefore, stay in supersensuous joy and no name or trace of sorrow can come to you. If someone causes you sorrow, then don't take it. Your slogan is: Give happiness and receive happiness. Neither cause sorrow nor take sorrow. If someone causes you sorrow, transform it and give that one happiness. Make that person happy and you will be said to be a master bestower of happiness.

Slogan: Instead of speaking too much and wasting your energy, become experienced in the sweetness of introversion.

08-08-2013:

मुरली सार:- ``मीठे बच्चे - याद की यात्रा में टाइम देते रहो तो विकर्म विनाश होते जायेंगे, सबसे ममत्व मिट जायेगा, बाप के गले का हार बन जायेंगे"

प्रश्न:- गॉड फादर द्वारा तुम बच्चे किन दो शब्दों की पढ़ाई पढ़ते हो? उन दो शब्दों में कौन-सा राज़ समाया हुआ है?

उत्तर:-गॉड फादर तुम्हें इतना ही पढ़ाता कि - हे आत्मायें, `शरीर का भान छोड़ो' और `मुझे याद करो' - यह दो शब्दों की पढ़ाई इसीलिए पढ़ाई जाती है क्योंकि अब तुम्हें इस पुरानी दुनिया में पुरानी खाल नहीं लेनी है। तुम्हें नई दुनिया में जाना है। मैं तुम्हें साथ ले चलने आया हूँ इसलिए देह सहित सब कुछ भूलते जाओ।

गीत:-तुम्हीं हो माता, पिता तुम्हीं हो.....

धारणा के लिए मुख्य सार :-

- 1) सपूत आज्ञाकारी बन विजय माला में पिरोना है। बाप को अपना कखपन दे, बलिहार हो, सबसे ममत्व मिटा देना है।
- 2) अंतकाल में एक बाप ही याद रहे उसके लिए और सबसे बुद्धियोग तोड़ निरन्तर बाप की याद में रहने का पुरुषार्थ करना है।

वरदान:-अविनाशी अतीन्द्रिय सुख में रह सबको सुख देने और सुख लेने वाले मास्टर सुखदाता भव

अतीन्द्रिय सुख अर्थात् आत्मिक सुख अविनाशी है। इन्द्रियां खुद ही विनाशी हैं तो उनसे प्राप्त सुख भी विनाशी होगा इसलिए सदा अतीन्द्रिय सुख में रहो तो दुःख का नाम-निशान आ नहीं सकता। अगर दूसरा कोई आपको दुःख देता है तो आप नहीं लो। आपका स्लोगन है - सुख दो, सुख लो। न दुःख दो, न दुःख लो। कोई दुःख दे तो उसे परिवर्तन कर आप सुख दे दो, उसको भी सुखी बना दो तब कहेंगे मास्टर सुखदाता।

स्लोगन:-अधिक बोलकर एनर्जी गंवाने के बजाए अन्तर्मुखता के रस के अनुभवी बनो।

