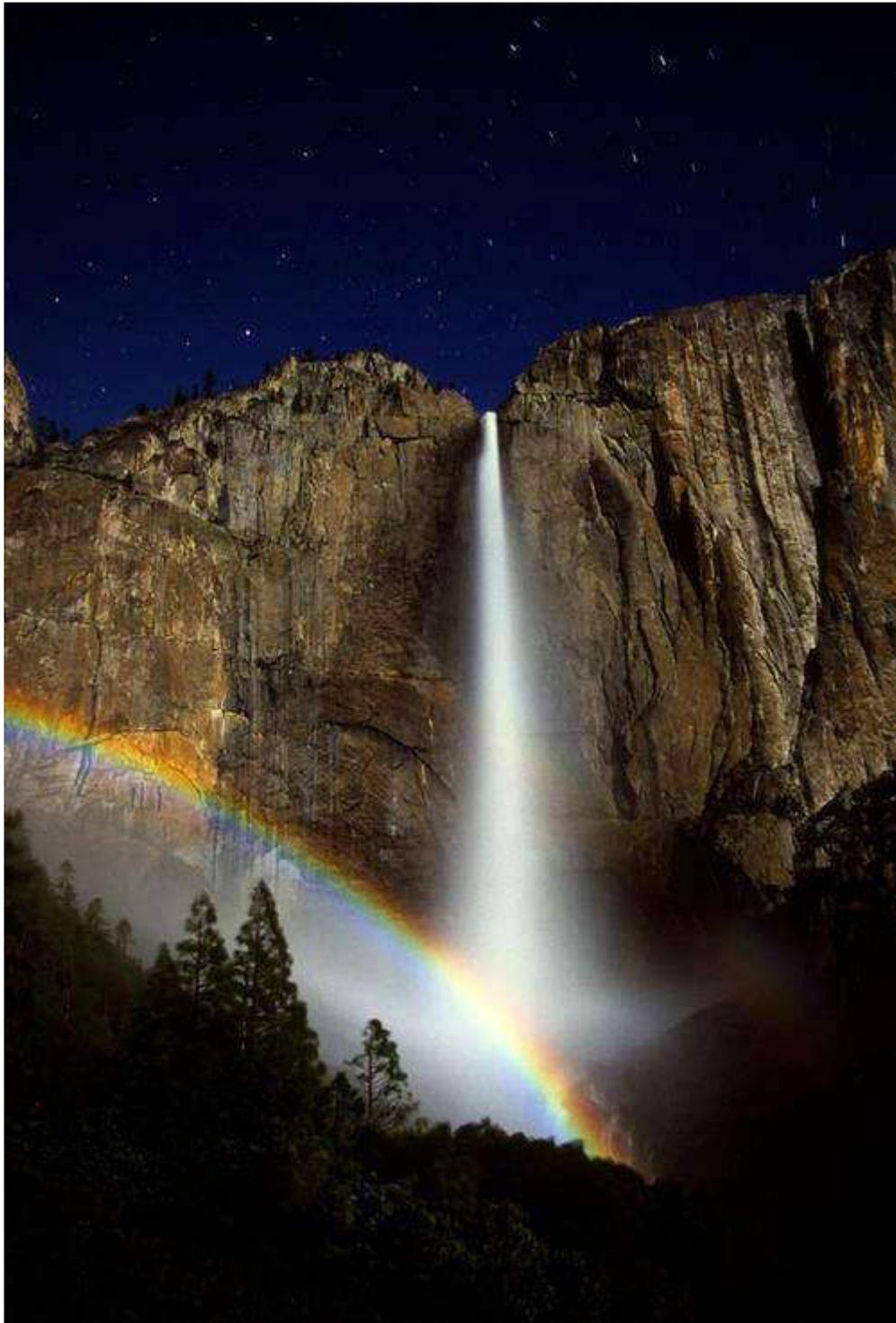


Daily Positive Thoughts: November 05, 2013: Opportunities



Lunar Rainbow (Moonbow) at Yosemite Falls, USA.

Opportunities are never lost - someone will take the ones you miss!

Soul Power Over Role Power (cont.)

Continuing from yesterday's message, **the remaining components of soul power are:**

The power of good wishes, desires and feelings full of love for others, while coming in contact with them. These type of feelings will bring good wishes in return from the other to you, which will not only empower you, but will also assist your physical role on a subtle level.

The power of complete purity and cleanliness in thoughts, words and actions - A state where one is not under the influence of vices like anger, ego, attachment, greed, hatred, jealousy etc.

The 8 main powers - the power to tolerate, accommodate, face, pack up, discriminate (or discern), judge (or decide), withdraw and co-operate - their implementation on an internal and external level i.e. not only in words and actions, but also on a thought level. Where there is lack of any of the above powers inside me, there will definitely be waste and you will be weakened, which reduces the probability of success of your role.

The power of truth or spiritual wisdom - A state where the self has deeply realized and understood eternal truths of the soul, the Supreme and the Law of Karma and has drawn immense amount of power and experience from that knowledge. The power of physical knowledge would fall under role power, which has been explained earlier.

By focusing on each of the above components of soul power and those explained in yesterday's message, by giving them more weightage and using them along with the components of the role, which were mentioned in the message before that, one can experience the desired success in any role in any sphere of life very easily without much effort.

Soul Sustenance

The Relationship Between Anger And Attachment

Most of us logically understand that all forms of anger are worthlessness emotions, but when we enter into the field of practical actions, we tend to argue that there are some situations where the weapon of anger has to be used and where it is justified or allowable. When someone tries to harm me personally, like giving sorrow to a friend or loved one, send a complaint about my work to the higher ups in the office or simply insult me or bang into my car at the street crossing for that matter, it would seem that our anger is justified, on such occasions. But the basic principle is the same in all these cases. **We are, in our own mind, trying to control and change what we cannot change - the past or other people or events.**

In all the above cases above we suffer a lot when these things that are close to us are changed or lost. So why does that happen? It is because we keep all these things ‘too’ close to us or in other words we are ‘over attached’ to them. When someone tries to bring me down at the workplace, or in other words tries to harm my position in the office and I suffer because of the same, it is because I identify with my role in the office, I think I am the role. When someone bangs into my car, the emotion of anger emerges inside me, because I identify with the car, I think I am the car! This is the deepest mistake. It is the deepest cause of the negative suffering called anger. We are not aware of this of course, but if we were to take a moment and see what we do in our minds, we would see we emerge the image of our role or our car on the screen of our mind. We have then gone into that image in our mind, and we have lost our spiritual identity or individuality in that image. In effect we have identified completely with the role or the car or are too attached to them. So if the role or the car is harmed in any way, it feels like it is happening to us and, as a result, we become disturbed or angry.

(To be continued tomorrow...)

Message for the day

To recognise the uniqueness of one's own role is to be free from negativity.

Projection: When we find things going wrong with us, we sometimes wish for a change in our role. We begin to compare ourselves with others or wish for something better in our life, which makes us lose all our enthusiasm. We then make no effort to better our role.

Solution: We need to recognise the importance of our own role. Like an actor who doesn't make effort to change his role but brings perfection to his own role, we, too, need to concentrate on our own role. The recognition of the importance of our own role and the desire to bring excellence to it makes us free from negativity.

In order to create good relationships

- With your mind, think about what you have to learn from others.
- With your eyes, look into the good qualities of others.
- With your words, recognize, value and appreciate their accomplishments.
- With your actions, cooperate and do something for others.