

Daily Positive Thoughts: November 06, 2014: A Real Diamond



A Real Diamond

To spread the sparkle of your pure and elevated vibrations into the world is to be a real diamond.

The Gender Of God

In a large number of religious traditions, all over the world, God is always referred to as a male entity. But, just as the soul does not have a gender and is neither masculine nor feminine, God's i.e. the Supreme Soul's gender is neither male nor female specifically. Therefore, as a soul, a spiritual child of God, I can come close to God without any inhibitions or difficulty, which I may experience in any relationship in the physical world, due to the gender of the body I am occupying.

We need to take a look at the Supreme Being or God closely. The Supreme Being is the **Supreme Mother** who provides spiritual sustenance and whose love is full of unconditional acceptance. No matter what has happened, how my nature or personality may be, I experience unconditional acceptance from God. It's a love that strengthens me, as well as it purifies me. At the same time, God is also the **Supreme Father**, a very powerful entity, who provides protection and fills the soul with the inheritance of divine qualities and powers. It's a question of just being an innocent child and claiming that inheritance. These are the first two relationships that have to be experienced with God. The Supreme is a balance of being feminine, having the qualities of **caring, giving and full of good wishes** and masculine at the same time, having the qualities of **power, authority and fearlessness**. He is She and She is He. These two relationships with God, whereby God plays both the roles of both parents are the basis of my spiritual development. Spirituality introduces to us the concept of taking a new spiritual birth to the Supreme Father and Mother. This birth is based on a change of consciousness. One needs to let go of the negative, impure and sorrowful past and develop a new consciousness, based on the present introduction to spirituality, which is positive, pure and blissful. The awareness of the self as a soul changes my way of looking at things immensely, but the consciousness of being a child of God, who is the Mother as well as the Father and seeing others with that vision brings respect and love for myself. Then all these qualities start showing in my actions and interactions as well.

A Temple

You live in a body and that has to be known, not physiologically, as a machine, but spiritually, as a temple. When you know it physiologically, you cure it with chemicals; when you know it spiritually you cure it with thought. And when its health is based on thought, it becomes a thought, it becomes a source of health to others - a refuge. When its health is based on medicine, it becomes an attraction to others and so a trap.

Soul Sustenance

The Eternal World Cycle

This world is a vast amphitheatre of action in which souls, in their respective bodies, play their various parts. Planet Earth exists in an extremely tiny portion of the physical universe and is governed by well-defined physical, chemical and biological laws.

In India, the world, which we inhabit, is called **karma kshetra** (the field of action), because it is here that we sow the seeds of actions and reap their fruits. It is here that the soul takes on flesh and bones and expresses the role that it has hidden within itself, causing variations in the material environment. The state of the material world at any given moment is a direct reflection of the state of consciousness of the human beings, which inhabit it. If there is peace and harmony within the soul this is reflected in nature. If there is conflict and confusion, nature responds accordingly.

It is a world of three dimensions of space and one of time. Its principal characteristics are sound, movement, colour and form. On this immense stage of deserts, forests, mountains and seas; illuminated by the sun, moon and stars; the world drama is enacted. In the drama, the actor-souls move from pleasure to pain, purity to impurity, happiness to sorrow, new to old, positive to negative. A point is finally reached when the process is renewed i.e. all souls and the elements of matter are purified by the Supreme Soul and they move back to their points of origin, only to start again. This is called the eternal world cycle.

Message for the day

The power of determination brings all thoughts into practice.

Projection: There are a lot of thoughts that come into the mind that should come into practice immediately. These thoughts come according to the demands of time or according to the kind of people that one comes into contact with. But the only way to bring all these thoughts into practice is to use the power of determination. Where there is determination there is the commitment to use all the resources for the realization of that thought.

Solution: When I am able to use the power of determination, I am able to realize my inner potential and use it in the right way. So I am able to experience constant progress, because all my thoughts are for my own self progress and all these thoughts naturally come into practice. I never give up anything with temporary setbacks but am able to do everything for the constant progress of the self.

In Spiritual Service,
Brahma Kumaris