



Perfect Patience

Infinite patience achieves instant results! How can this be true? It is - but you'll need to meditate on it to see it! When you do, and you can see it, you will have walked through the gates of paradox and rediscovered truth. Repeat after me...infinite patience achieves instant results.

The Three Roles Of God In The World Drama

God as a Creator

Logic tells us that spiritual and material energy in the form of souls and matter didn't just suddenly appear out of nothing. **The First Law of Thermodynamics states that energy can't be either created or destroyed.** Matter itself is a form of condensed energy. Souls are also conscious points of energy. Both are uncreated and therefore eternal. **The Second Law shows us that energy, when in use, moves from a potential state, in which energy is available, to a spent state in which it is no longer available.** Putting both laws together we have what appears to be a system in which the basic components have neither beginning nor end. They move towards a state of energy exhaustion (entropy). If time were linear (a straight line) and there were no external intervention, then over an unimaginably long period of time the universe would just fizzle out.

Fortunately for both the souls and the elements of matter, there is one supreme energy source which is external to the process of entropy (unaffected by the process) and thereby retains its original potency or power. When things reach a certain stage of weakness and chaos, the Supreme Soul plays out His role of re-energizing the souls. The recuperation (recovery) to their original state, in turn, has a direct effect on matter. It also comes back to its own original state of perfection. If, as has been shown above, God's presence, power and knowledge are purely spiritual, then creation has to be a spiritual act and not a physical one. Creation can be understood as the regeneration or reshaping of what is already there and not one of creating something physical or non-physical out of nothing. God recharges the souls' spent spiritual energy.

(To be continued tomorrow ...)

Responsibility

Responsibility is being willing to be accountable for what you do and also what you do not do yourself. It means accepting credit when things go well and also correction if things go wrong. It is the ability to respond ably. I practice Responsibility when I take my agreements seriously, focus on what is required by me and not on someone else's part, when I am ready and willing to clear up misunderstandings. I give my best to all that I do and keep my promises. I welcome praise and correction for my actions.

Soul Sustenance

Focus, Will Power and Capabilities

In order to bring about a fundamental (major) change three elements need to exist simultaneously:

Focus: A clear sense of purpose in life and clear goals to guide your life's activities.

Will: The motivation and enthusiasm to introduce and sustain the actions.

Capabilities: The skills and abilities to fulfill your purpose and goals.

But where do you start? There is definitely a right place to begin and that is with your **focus**. Why? Because if your **focus** is powerful and based on a very deep sense of your inner most purpose in life, then that will provide you with the **will** power you need to keep going. Then if you have a clear driving **focus** in life and lots of **will** power to back it up, you will soon develop the skills and **capabilities** you need to make it happen. You may not have them yourself, but your enthusiasm and passion will certainly inspire others who do have them to join you.

Message for the day

The one who has the aim to be perfect is the one who learns from obstacles.

Expression: The higher the aim, the more the obstacles that comes one's way. Just as a perfect idol is one that has been chiseled a great deal, each obstacle comes to remove some or the other defect from within. The one, who understands this little secret, is able to use each obstacle as a beautiful learning for growth, and a chance to express the best qualities from within.

Experience: When I am committed to bringing out my own inner perfection, I am never deterred by the temporary situations that come my way. I move on with confidence, taking time to look within and recognize the hidden potential within me. I am able to get closer and closer to the perfection that I always seek.

In Spiritual Service,
Brahma Kumaris