

Today's Thoughts: January 17, 2021: Decorate Your Life



Kwan Yin: Goddess of the Compassion and Mercy

### **Decorate Your Life**

You will stop being ordinary when you decorate your life with divinity and spirituality.

## Aligning Your Action With Your Purpose (Part 2)

What our self or being wants and seeks at bottom is connected to living some values in an authentic way in all areas of life. What happens is that we have disconnected from our true, original and authentic spirituality, and we live the day-to-day routine from our defenses and our fears. So we do things only from a sense of duty and compulsive perfectionism, which weakens the imagination, sensitivity, spontaneity, and the pleasure of enjoying the path of human action.

We have to decide that we want to have time. The decision to have time for human tasks like **playing, reading, thinking, reflecting, learning, meditating, innovating, having friends, loving, spending time with the family or simply being is essential in order to give meaning to life and to provide pure happiness**, above the mundane (ordinary). It has to be facilitated on a practical level from the different degrees of power and management that each person has in life. Don't wait for someone to magically appear to make you happy. You have to know that nobody will come as if by magic to rescue you from your essential emptiness. It has to be you yourself who decides to live with a purpose and fill yourself in order to overcome your deficiencies and enjoy your life.

**The one who is free from bondage is the one who can be a support for others.**

Sometimes I find myself not being able to be of help or unable to provide support to others as much as I would like to. This is because of the weaknesses working within me which make me look for support from others, thereby making me unavailable for others. I need to work at checking and removing my own weaknesses. When I recognize and work at removing my weaknesses, I'll become a source of strength and support for others. I'll not look for support from others but will be able to allow people to rely on me.

### **Message for the day**

**To have a big heart is to find solutions easily.**

**Thought to ponder:** To have a big heart, during upsetting times, is to be above the feeling of what is mine and what I have to lose. It is but natural to see what I have to gain, but added to this I also need to see what others are going to gain from this. When I am caught up with my needs and apprehensions, there will be blocks which will not help me create solutions.

**Point to practice:** Today I will work to find solutions in such a way, that there is benefit for all. I will not only look at benefit for myself (I will not worry about what I have to lose), but I will also see in what way it can benefit others. This practice will help me find an easy solution and also win the support and good wishes of all around me.