

Today's Thoughts: May 02, 2020: Good Feelings



Cinderella with her Fairy Godmother

## Good Feelings

Good feelings for others are like ointments that heal wounds and re-establish friendships and relationships. Good feelings are generated in the mind, are transmitted through your attitude and are reflected in your eyes and smile. Smiling opens the heart and a glance can make miracles happen.

## **Believe It Or Not (Part 2)!**

There was a time once in the history of humanity when men and women lived in complete harmony and the world was not divided into so many countries as it is today. On the other hand the world was like one small family with a population of only a few lakhs, which later increased as time passed and more and more souls came down from the soul world to accompany the original population of the earth. This **one united kingdom is represented by the crown of gold and the one united religion is represented by the aura or crown of purity around the deities or also called as *devi devtas* in Hindi**, the human beings with divine qualities. Even the idols of deities which are worshipped with so much respect are shown as wearing both these crowns, inside temples of worship. They are the most beautiful human beings – both in terms of physical beauty as well as inner beauty i.e. their natures are like God's nature. Also, they are the richest in terms of physical and spiritual attainments. That is why they are given a status equal to God. Most people do not even consider them as different from God but they are very much human, humans who are the purest and with the highest divine qualities. They are not the one God or the Supreme although they are commonly called gods and goddesses.

Such human beings who are still remembered so much especially by Indians, because it is in India where these *devis* and *devtas* have lived and spent the most beautiful moments in the history of mankind, a time which is also called *swarg* or heaven commonly by us. The other religions of the world have all recorded histories and we know approximately from our history books when they were established. But the first religion, the deity or *devi devta* religion, which existed prior to Christianity, Buddhism and Islamism is only remembered in our religious books and not at all mentioned in our history books because the history of those times was not recorded. People do remember the land of *devis* and *devtas* like *Shri Radhe Krishna*, *Shri Lakshmi Narayan* and *Shri Ram Sita* but because their history was not recorded, the dates of their existence are inaccurate. In fact **the time when they lived has been wrongly placed at lakhs of years from now, although it is a few thousand years. They existed before the three main religions - Christianity, Buddhism and Islamism were established.**

(To be continued tomorrow ...)

## Thoughts

Thoughts, created by the mind, are the seeds of actions and experience (which are the fruits). When there is the desire for a pure and positive experience, along with the realization of the importance of the quality of thought, then naturally those seeds will be selected which will bear the desired positive fruit.

The desire may be for peace, knowledge, contentment, love, power, joy; anyone of a number of positive experiences may be relished (enjoyed). And of course, there will then be the aim to control or eradicate those thoughts and “sanskaras” which are the seeds of disharmony and peacelessness. The faculty (power) of the soul by which it can select its desired thoughts and emotions to get the desired experience is the intellect.

## Message for the day

**You can bring transformation in others when you have faith in them.**

**Expression:** When you blame others for their weakness they will not be able to change themselves. Instead when you have faith in others, it enables them to have faith in themselves too. This will give them the courage to work on themselves and change their negativity into positivity.

**Application:** Think of one person whom you want a change in. Tell yourself again and again that you believe that he will change. Also whenever you interact with this person let it be with only with the positive in him.