

Today's Thoughts: May 04, 2020: Working on Rebuilding Relationships



Working on Rebuilding Relationships

It's easy to speak negatively when we do not like something about someone. We often react without thinking and become angry. Our words and behaviour become negative or insulting. This further widens the gap damaging the relationship. When someone does something undesirable, I first need to understand the behaviour. Every person has a reason to behave the way he or she does even if I cannot understand it at the time. The more I react to the other person and the bad behaviour, the greater the distance between us. To mend the relationship I need to remind myself of the other person's good qualities.

When there is a balance between easiness and reliability, there will be benefit for others.

When you are truly responsible you will know that what you do effects the life of others. So you will be cautious. Apart from this you will also know to take care of your own well-being because you would know that others will gain form your healthy attitudes. Let this day be dedicated for removing some weakness within yourself that is creating an obstacle for yourself and others. when you do this you will be helping yourself and others will take benefit for others too.

Believe It Or Not (Part 4)!

Whenever the world needs a cleaning up of the collective consciousness of mankind, that's when an inner awakening is required, a realization that I need to change and clean up the cupboards of my mind and become a perfect personality, but a perfect personality as defined by God and not by the world and mankind in general. Perfection has been defined differently by different religions and people from different sections of society. So, which definition of perfection should I as a person, in the search of perfection, choose? Should I pick Jesus Christ or should I pick Gautam Buddha or should I stick to the Indian *shastras* or religious books or should I listen to my parents for that matter? The more the different people and their different opinions on perfection, the more I will get confused on which road to take to reach my destination of perfection. In such an atmosphere of unlimited views and opinions on what a perfect human being should be and how he should become that and also a lot of us want to know that what is the need of becoming perfect, especially if we are extremely successful and life has given us everything we need and we search for on a material level.

So, who is the One who can guide me correctly and give me the answers to all these questions? It has to be someone whom everyone rates as being perfect and who is available for me at the present moment. This is not my parent or a religious head or a guru or a deity that has existed in the past on the earth as discussed yesterday. **God, who is above the cycle of perfection and imperfection, can only tell me what is perfection and the method of reaching that perfection.** Even deities and fathers of religions who were perfect or close to perfect and have existed in the past are no longer there physically to guide me. Only God who does not go through the process of birth and rebirth can show me the way to becoming a perfect human being with qualities which He has inside Him.

(To be continued tomorrow ...)

Message for the day

The virtues of honesty and courage bring success.

Expression: The one who is courageous is never deterred by challenges, but moves on towards success. Combined with courage, is the virtue of honesty which allows one to be consistent, sincere and true in the efforts put in. So success comes with proper effort and there is also humility visible in such a person.

Experience: When I am courageous, but at the same time honest in my efforts that I put in for achieving success, I'll never have ego. I will be able to get the cooperation and good will of all, and especially the protection and the help of God. I will find myself moving slowly towards success with everything I do.