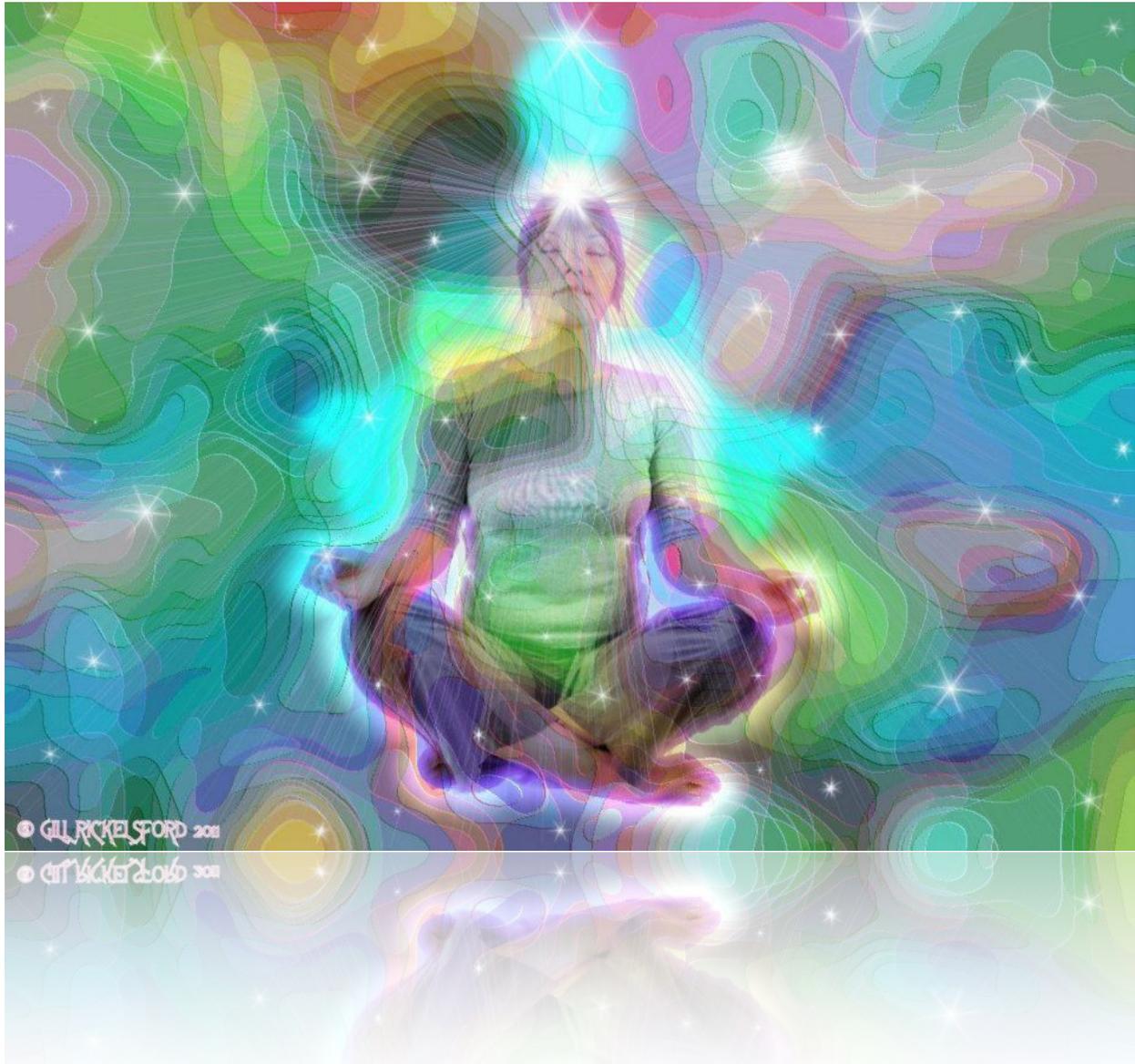


Today's Thoughts: May 18, 2020: Consult your Conscience



## **Consult your Conscience**

To consult your conscience: sit quietly and calm the mind, allow peace to fill your heart and then place a question before your conscience, your innate wisdom.

## **If Tomorrow Didn't Exist (Part 2)!**

**The Supreme source of spiritual light – God, as explained in yesterday's message, is above whatever is happening in the world at the present moment of time but not at all unconcerned about it. In fact, as a loveful parent of the whole of humanity above us, He wants to give us a secure future for our lives, which means no sorrows and no problems – both problems in our personal lives as well as problems in the whole world. We have just seen an earthquake cause sorrow to thousands of people in Nepal and of course God does not want more of this in the future that He wants to give us and the complete world.**

Sorrows in the world are not as old as the world as you might think. We all know from the earlier messages that we have shared with our readers in the past that time is cyclic, not a straight line. We all, in this world drama, move from joy to sorrow, until God saves us and brings the world of joy back into our hands. It is because time is cyclic and extreme sorrow is always followed by joy and a world of joy has existed in the past, that God is stable in-spite of all the sorrows in the world on the rise. You would say that natural calamities like floods, earthquakes, droughts and road accidents as well as airplane crashes and of course other untimely deaths due to illnesses like cancer and heart failures apart from terrorism and war are a part of life and we have to accept them as a part of the current world situations. But remember, we are living in a world which is transforming or changing continuously. Illnesses like AIDS and severe psychiatric ailments like schizophrenia which are now commonly found in people of all age groups were either not there or found so rarely that they were almost unheard of amongst the world public in general, about 100 years ago. So, the world has in front of our eyes, changed negatively. Scientific progress has also taken place in this time which has connected people all across the globe; that cannot be denied, but it has had its negative effects as well in the form of work stress and extremely busy lifestyles and the rise of other physical illnesses due to that.

(To be continued tomorrow ...)

## Expectations

When times are difficult we tend to seek support from others around us. If they don't give us the support we expect we get disappointed and sign off as being unsupportive.

Challenge your expectations. Does the person have the capacity to give you the support you need at this time? Is it reasonable to expect constant, full support? Can you redirect your support needs elsewhere? Is this an opportunity for you to become more self-sufficient and self-reliant?

When you become more self-sufficient and self-reliant, you may just find others around you offering more support.

## Message for the day

### Fortune is in one's own hands.

**Expression:** It is said that fortune is in the lines of our hands. It is true that it is in our hands, but not just in the lines. We create a fortune for ourselves with every action that we do. When we go on paying attention to doing actions which are positive, they become like strong seeds that help quick fruition.

**Experience:** Today I will be aware of the lines of fortune that I am creating with my hands. I will do at least one action that will consciously create a positive fortune and for today I will not do anything that erases these lines of fortune.