

Today's Thoughts: May 22, 2020: Power To Face



A Wave Cloud hits the Florida coast (USA)

## **Power to Face**

If we face our problems and respond to them positively, and refuse to give in to panic, bitterness, or self-pity, these adverse situations that look like they could bury us have within them the very real potential to make us unshakable.

### **Playing My Part As A Hero Actor (Part 3)**

In yesterday's message we had discussed how some of us believe that our life script has been written by God and we do not play any role in the same. In this regard, it is very important to state that **respecting, thanking and remembering God in good as well as bad times is obviously very very good and the right *karma* but submitting ourselves blindly to God's will is an inactive response which prevents each of us from using our free will to make any choice at any moment and shape our future.** While there is a master plan which is being played out on the stage of the world, a part of the plan is that we each have free will and an opportunity to decide our actions and responses. We need to realize that each one of us possesses an intellect, which absorbs the capacity to discriminate right from wrong, good from bad, from God and decides how to act on the world stage.

**In this regard, there are two aspects. The first aspect is – God writes my life script completely for me without me playing any role in the same. The other aspect is - I perform actions and create my responses, based on God's knowledge of good and bad *karmas* which he has given me, so as to shape my destiny and write my life script accordingly. There is a fine difference between these two aspects, the second aspect being the correct one.** This knowledge given to me by God is stored in my intellect; I am the master of it and can decide how to use it to play my part.

## Gentleness

If trees had souls, the quality most attributable to them would be gentleness.

Gentleness is not a lack of strength but a quality which doesn't disturb, doesn't push, yet knows its power and can provide shelter.

There are souls who are like trees, enormous in their thinking and yet completely gentle.

## Message for the day

**The biggest service is to reform that which is spoilt.**

**Expression:** When we see something that is spoilt or negative, it is easy to get negative. Such negative thoughts create hopelessness and we are not able to do anything about it. We also tend to talk to others about it, describing it. Instead, if we concentrate on what we can contribute to make it better, it is more fruitful, for us too.

**Experience:** Today I will pick out one thing in my life that is not right. I will do something to make it right, to make it better. I will contribute in some way to make it better and also appreciate myself for the positive contribution I am making.