



Unity Blossoms

Unity is harmony within and amongst people. It is built with a shared vision for the good of all and a common goal. Unity is appreciating the value of each person and their unique contribution. When there is willingness to accommodate others, unity blossoms.

Believe It Or Not (Part 6)!

We are all today living in a world of multiple identities, multiple governments and also multiple religions and castes, which is a very different set up from the united set up which was the set up of the world in the beginning. Because of this kind of united setup, there was complete peace, love and happiness in that land which we call *Jannat* or heaven or God's Garden where deities or *devi devtas* lived. Some of us, who are very advanced in our lifestyles and are more in tune with our fast paced technology driven lives, doubt the existence of such a world because it is not something we study in our educational curriculum or syllabus. Also, many of us at the Brahma Kumaris, especially those of us who have been brought up in advanced educational and family settings, found it difficult to believe at first in the existence of the world of deities or *devi devtas*. **But after realizing God through the beautiful meditation taught at the Brahma Kumaris and developing a lovely and close relationship with God, our beliefs underwent a drastic change** and what seemed something out of context earlier to us, suddenly became something we could relate to. Slowly we even went a step ahead by easily believing that this is our story and then becoming 100% sure that it is a hard core reality. Meditation also brought in front of us different sides of God's personality and as God is called the truth, after realizing this personality of truth and believing that his knowledge about the world history is completely truthful, these facts became a part and parcel of our daily lives. On the other hand other people from similar backgrounds as us who had not experienced this personality found it difficult to believe this knowledge of who we were.

Some people ask us – why did our thought process about the world and its origins as well as its complete history undergo such a drastic change and why did we take up viewpoints which were not part of our belief system earlier? We remain silent, but our eyes tell them that believe it or not the story of the world starts with those who purify themselves now through God's power and then go on to become deities or *devi devtas*. **The world of deities has existed in the past and is being established again by the Supreme Father or God. This is the birthright of each and every soul in the world and is the property of God, the Supreme Father for all his children.**

Sweetness

A bitter tongue makes life bitter; a sweet tongue makes life better. Instead of being forceful and bitter with the truth, allow the truth to be coated with kindness and compassion, make it sweet. Sweetness makes the truth more palatable, easier to digest. It softens the hard facts without disguising them. Make sweetness your natural nature, and then your words will automatically be filled with sweetness.

Message for the day

To pay constant attention towards positivity is to be free from tension.

Expression: To pay attention means not to think, speak or do anything waste, negative or even ordinary. The one who keeps attention in this way and also allows no negativity from outside to go within, is always free from tension. There is also the proper use of everything that is available.

Experience: When I am able to pay constant attention and also use the inner treasures within for a positive purpose, there is the use of the inner potential. When there is the recognition and use of this potential within in this way, negativity finishes; just as sunshine finishes darkness.