

Today's Thoughts: May 20, 2020: Mistakes



Mistakes

When you make a mistake, learn from it, resolve not to repeat it and then forget about it. You will feel better again. Do the same with others, instead of making their mistakes bigger, dissolve them in your mind and help them also to forget about them.

Playing My Part As A Hero Actor (Part 1)

While just as beings we reside in the soul world, as human beings we play our many roles through many physical bodies in this beautiful world drama on this amazing, colorful and round stage called planet Earth. Each day is filled with multi-million scenes in different locations on this very big stage. Some scenes are directly related to us, some indirectly and a lot many aren't related at all. **Each scene that we are directly involved is an opportunity to not only play our role in the best possible way but also as a result shape the role in the most appropriate way possible. Therefore, we are all hero actors who by playing our roles as well as possible, create the script of our own life i.e. create our own destiny.**

And do remember doing this has a positive influence on others' scripts also, which rebounds back to us and in return helps us in our making our scripts better. While we have been given a role to live the entire birth right from childhood to old age, we possess the power, the remote control to dictate and control as to how exactly we will live the day, the year and each year of our present birth, our present role. Each day offers us multiple options as to not only how we act but also how we respond to the world around us and our script or destiny gets shaped up according to the options we make. **Our destiny is decided not by what happens to us or around us, but by (i) how we act (sometimes the actions are responses to external events and sometimes they are not) and (ii) how we respond to a million events and circumstances which we encounter as we make this complete journey of life.**

(To be continued tomorrow...)

A Lie is a Lie

Honesty is the best policy, right? But sometimes, the whole truth can hurt somebody's feelings and it can be misinterpreted as criticism or a lack of support.

To maintain good relationships most of us tell white lies. But white lies can easily lead us to feeling comfortable telling bigger lies.

The bottom line is that a lie is a lie. And it's a reflection on our character. Perhaps we need to practice being honest, gently, and tell the truth, with warmth and respect.

Message for the day

To contribute for construction is to make life beautiful.

Expression: Everyone is talking about destruction and all the negative things that are happening in the world. Just thinking or talking about it is helping in contributing to destruction. On the other hand, if we are able to create a thought of good wish for even one person or the world at large, we are making a difference to the world, or at least to our own little world. That is, we are able to help in construction.

Experience: Today I will give good wishes to the world. At least 5 times today, I will take this thought of giving good wishes to the world to help heal it. I will not think or worry about what state the world is in, but contribute in whatever way I can.