

Today's Thoughts: May 05, 2020: Transform Obstacles



Transform Obstacles

Is life an obstacle course? Sometimes it may feel like it. If you join the military you will be sent around an obstacle course of increasing degrees of difficulty. Why? To increase your strength and stamina and expand your creative capacity under strain. So it is on the course called 'life' - you can choose to perceive people, situations or events as obstacles, or you can choose to use these things to strengthen and expand your capacity to be creative and to find ways round, under, over. The choice lies in your perception. Obstacles are never ever 'out there', they are always in our own minds.

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Responsibility is to honor the role that has been entrusted and to perform it to the best of one's ability.

Just as the actor accepts whatever role he is given and performs to the best of his ability, in the same way taking up responsibility for one's life is to accept and honor the role so that the performance is the best under all circumstances. The result is that time and resources are utilized to bring maximum benefit. Each day remind yourself that you are a good actor who brings out the best of whatever role you get. Instead of thinking of what you don't have start using in the best possible way what you have.

Believe It Or Not (Part 5)!

When we come into this world, we were completely full of 36 divine qualities - Accuracy, Appreciation, Benevolence, Carefreeness, Cheerfulness, Cleanliness, Contentment, Co-operation, Courage, Detachment, Determination, Discipline, Easiness, Egolessness, Energetic, Far-Sightedness, Fearlessness, Generosity, Good Wishes, Honesty, Humility, Introspection, Lightness, Maturity, Mercy, Obedience, Orderliness, Patience, Politeness, Purity, Royalty, Self-Confidence, Simplicity, Sweetness, Tirelessness and Tolerance.

If you check the above list, you will realize how today none of us have all these qualities and that too at all times in all situations. Try naming one person in your life who never lacks these qualities and you will find it impossible to find someone who is never missing these qualities in his or her day-to-day living and when in contact with people i.e. while playing different roles in society in their personal or professional life. **The *devi devtas* whom we call the ones who were perfect human beings had these qualities and that too in every situation of life, when they lived in the world in heaven or paradise.** This was because they were completely pure souls without any trace of lust, anger, greed, attachment and ego and because of that they possessed all these qualities. That was the most beautiful time on the planet earth when these deities lived together as one small united family and there were no sinful actions performed ever by anyone. **Even founders of different religions and sects are praised immensely all over the world for their qualities and people all over the world are inspired by the actions which they performed** when they played their roles right from the time they started being established. Right now is the time to fill ourselves with the 36 qualities mentioned above by listening to spiritual knowledge, remembering God, self-introspection and helping God in the service of mankind.

(To be continued tomorrow ...)

Message for the day

To consider problems to be a game is to move forward with lightness.

Expression: Even when the most difficult problem comes my way, I am able to give my best when I understand the significance of whatever is happening. Because I never experience being subservient to the problem, I am always a master.

Application: When I understand that problems are just a game, I am able to play whatever part I have to, externally. But internally I will experience lightness knowing that this is the part I have to play. It would be easy to understand the significance of the part that I am playing and remain happy.