

Today's Thoughts: June 14, 2020: The Truth about Illusion



Orange Paint Leaks Marigolds in a Public Park in France

The Truth about Illusion

Illusion is the idea that people should be, and do, what we want them to. The truth is, all is as it should be, despite appearances or our perceptions of others to the contrary.

Soul Power Over Role Power (Part 2)

Continuing from yesterday's message, **the various components of soul power are:**

The power of inner silence or the silence of my mind - Silence is a power. The fewer the thoughts in my mind and the more powerful, positive, peaceful and focused they are, the more my mind will contribute to the success of the role on a subtle level. My silence is regularly tested when faced with negative situations or obstacles. The more successful I am in maintaining this stage in such situations, the more is my treasure of silence collected over a period of time and the more positive the influence of this silence will be on my physical role and the success of various tasks connected with the role.

The power of inner and outer carefreeness, happiness and contentment - Happiness not only inside but also giving others an experience of the same through my face, my eyes, my words and actions full of lightness and enthusiasm, etc. while coming in contact with them. Ensuring I am content with myself and others and also others are content with me. Regular periods of discontentment or unhappiness either within me or in my relationships affect the success of my role adversely.

In tomorrow's message, we shall explain the remaining components that make up soul power.

Examine your opinions about others.

Are your opinions about other people really yours?
Or have you adopted other people's opinions?

We're shaped and influenced by other people's ideas.
But our opinions should be a reflection of what we really think and feel,
right?

Connect with your values and then create your own opinions.

Message for the day

To move forward with respect is to be free from punishment.

Thought to ponder: The biggest punishment that one faces is that of repentance. When I am clear about the way I am going, about my own values, I would find that I move forward with self-respect. Then, there is no repentance or regret, but only learning for the future. The steps that I take are sure and firm at every step.

Point to practice: Today I will make myself free from regret. I will not allow guilt or negativity about the self to crop up in my mind and corrupt it. I will only create positive thoughts about myself and perform every action in that consciousness.