



Kuan Yin, the Goddess of Mercy and Compassion

## Attitudes

When you extend pure love to everyone with selfless motivation that is an attitude of kindness. When you send good wishes and pure feelings to those who are in deep sorrow, that is an attitude of mercy. When you see the virtues rather than the weaknesses in people that is an attitude of compassion. When you bless and uplift someone even as they defame you, that is an attitude of forgiveness. When you tolerate a situation and take responsibility as well as give cooperation even when not appreciated, that is an attitude of humility and self-respect. Every second, every moment and every breath of your life is nurtured by attitude.

## Understanding What Is An Angel (Part 1)

When I have the consciousness that I am a soul, a non-physical being of light, acting through the physical body, even others begin to notice. This is what the angelic stage is. **By remaining in this angelic, soul-conscious stage, others will also feel a sense of lightness and upliftment in my company.** Angels are thought to be mythical creatures who have a human form with wings, who are always in the company of God and help Him in guarding and protecting other souls. Actually, angels are human beings with divine qualities

Angels are always shown with wings. **One of the wings of the angel is symbolic of spiritual knowledge, which it has received from God; the other is symbolic of spiritual qualities and powers, which it has inculcated, through the power of meditation or a spiritual connection with God.** The wings of an angel also symbolize the lightness and freedom of such souls. With such wings the angel flies constantly in the company of God. Its lightness and freedom is because it has no bondages or attachments in the physical world; all the chains have been broken. Because angels has the absolute and constant support of the Supreme Being they can be the support and protectors of many others, by sharing with them, spiritual knowledge, qualities and powers, which they possesses.

An angel is the *right hand* of God in the task of world transformation (change). The language which it uses to bring about this transformation is spiritual silence; positive, powerful and pure thoughts along with sweet words full of spiritual knowledge, all of which have the effect of uplifting others.

(To be continued tomorrow...)

## Are you prepared for every eventuality?

No matter how much you plan, you can never be totally prepared. And if you had to plan for all the things that could go wrong, you'd end up feeling quite paranoid!

Make a positive mindset your favorite accessory and you'll be better prepared for every eventuality!

With a positive mindset, you'll be cool, calm and centered. And as a result, you'll be ready to change your strategy with a 'Plan B', do a complete 'U Turn' or, simply adapt to the new situation.

## Message for the day

**The ones who work towards perfection naturally inspire perfection in others.**

**Projection:** All life's situations are lessons for bringing about progress, for the one who is committed towards perfection. Such a person never expects others to be perfect, knowing that every human being has his own weaknesses. He is instead able to accommodate others' weaknesses. He only inspires others to bring about transformation and work towards perfection.

**Solution:** When I am constantly working towards bringing perfection within myself, I am able to take everything that happens to me in a positive way, as a chance for bringing about self-progress. Also I am able to keep myself positive seeing only the goodness in the other individual and encouraging it. So I am able to enjoy each moment of my life.