

Today's Thoughts: June 12, 2020: Create Vision



Create Vision

Never believe anyone who says we cannot change. Vision is one of the secrets of personal transformation. We are all artists, our mind is the arena of creation and vision is what we are constantly creating. What is your vision of yourself today - patient, relaxed, positive or tense, tight and negative? What do you prefer? So be creative - what does patience look like, feel like, what are you doing that is different when you are patient and you are expressing your power to ...wait? Always start with vision not action. See it and you will be it. Be it and you will do it. This is how we create our own life.

The I Inside (Part 3)

If we continue to love our specialties, our personality or our role for the most part of our life, then over a period of time we forget the real self which is waiting to be recognized. Every time I think I am one of the above, I become more and more disconnected with my real self which is going to give me a more permanent self-esteem or pride and as a result a permanent happiness. The personality skills, the sparkling education success and the way I dress up, these are all temporary because don't forget life is a roller coaster where success can easily leave me within a short period of time. **So, enjoy all of them because even they are attainments and enjoying attainments is not being materialistic or non-spiritual but don't become dependent on them for your happiness.** On the other hand, the source of all the specialties and personality – the real I is a sum total of the basic qualities of the soul – peace, love and joy and all that is good inside which is eternal and also the relationship of the I or myself with a higher source which is also imperishable (un-destroyable) is what I need to be dependent on because it will never leave me.

Don't forget, in our earliest births as pure deities, we were extremely skilled, very beautiful and very rich, so much so that everything good that a human being can have physically was with us, yet we were completely detached from all these attainments, enjoying all of them. That too at a time when these attainments were imperishable, because that was the original world, a world of happiness. But, now all these attainments in our life are no longer permanent and can very easily go away from us in a split second because we live in a world which is unpredictable and with many ups and downs. No skill or role has with it the assurance of being permanent. On the other hand, it is the time when the imperishable I is the one which stands by us permanently. **So, it is this I the hand of which we need to hold tight permanently and also connect the I with a permanent source – the Supreme Soul and enjoy every moment of life with complete security, surety and safety.**

To keep the mind free and light is to get a detached perspective.

When I keep my mind free from the burden of negativity and waste, I am free and light. This lightness gives me the ability to rise above clouds of despair and mountains of confusion. So, I don't have to work hard to understand and cross over them. I automatically get a detached perspective and am able to understand and cross over all obstacles easily. Today I will be an audience to my situation. I will see all aspects of the situation with detachment. I will then become a director and change the script in order to take it to a better conclusion. I need to make even the smallest contribution I can.

Message for the day

To know the art of moulding and controlling is to be a master.

Thought to ponder: Just as a driver knows when to turn the steering, when to apply the brake or when to press the accelerator, I too, in life need to know this art. When I am able to use this power of moulding and controlling in the right way, I will be an expert in handling situations and will deal well with situations. I will then be a master.

Point to practice: Today I will be prepared and in control. When people do take me for a surprise, I will be alert and be ready to move ahead. I will not let any accidents happen nor will I be led away from my path. With my vision firmly on my goal, I will move ahead.