

Today's Thoughts: August 29, 2020: Good Relationships



## Good Relationships

In order to create good relationships...

- with your mind, think about what you have to learn from others,
- with your eyes, look into good qualities of others,
- with your words, recognize, value and appreciate their accomplishments,
- with your actions, cooperate and do something for others.

## **Living Relationships The Soul Conscious Way (Part 4)**

Loving God in the right manner is also an important aspect of our lives in which God is also just like all our other relationships, although a very important one. **Playing a role of child or friend to God also requires certain ways of acting and creating thoughts of love for Him.** E.g. To always ask more and more from God and not think of returning enough is also an incorrect way of being God's close one. Also, changing oneself to become like God is being a true loved one of God. Qualities like love, happiness and contentment and even a clean heart and truthfulness make you worthy of receiving God's beautiful sustenance and support when you are facing difficult situations in life's journey and you need God's help, without which you cannot come out of them.

**Another important relationship with God is one of a teacher and a student, in which God helps us become full of divine qualities apart from spiritual knowledge of course.** In this relationship, we need to realize the importance of the effort made by God as a Supreme Teacher and how we should return all the energy and time that he spends on us in making us perfect human beings and lifting our spiritual intelligence to high levels which is required to become pure and perform good actions. Another relationship with God which we sometimes forget to play is one in which God is like a child who takes care of us in different ways. He does this in return of all the care that we shower on Him and also all the respect we give Him because He is like a constant spiritual power canopy on us and His eyes never stop looking upon us and protecting us from all the difficulties that we might face. Also, whenever you remember God as the Supreme guru, it means following all the directions that He gives and also having a stage of purity when coming into contact with others, which is a stage similar to God's. This makes you worthy of His constant good wishes which keep you light and happy.

(To be continued tomorrow ...)

## Right Direction

Just as we put the car into neutral gear, in the same way we too can, in between activities, shift our mind into neutral. Just for a moment, bring everything in motion to stillness.

Neutrality brings rest, renewal and balance.

This empowers us to operate at an optimal level, make clearer decisions and move forward in the right direction.

## Message for the day

**To be an embodiment of solutions is to be an embodiment of success.**

**Thought to ponder:** Everyone wants to be successful. But to achieve and feel success all the time, one needs to be an embodiment of solutions. Problems continue to come, but if we go on cursing problems, we will not be able to achieve success. We will only end up spoiling our state of mind. Instead, if we try and find solutions, we will find something somewhere. We will be in the right frame of mind to create solutions.

**Point to practice:** Today I will only focus on solutions. I will pick out one problem which I have been avoiding or not being able to do anything about. I will then think of some solution, even if it is a small little step that I can take. I will first believe that there is a solution and then find something creative to do.