

Today's Thoughts: October 19, 2020: All We Need Is Love



Everyone looks outside for everything, including love. Love is all that everyone wants. Their purpose in life is love; to love someone, to be loved, to love their car, to love their dog, to love their garden etc. But all these types of love are perishable and are destined to fade away. The love we really want is within us all the time. When we feel love, where is the love coming from? It is within us, that's because we are love. So I need to sit in silence and get to know myself again, because when I get to know my true self I will find out that I am love. I don't need to look for it outside. I have an imperishable supply of the sweetest love possible within me

God And I – The Task We Share (Part 1)

Crossing barriers like a difficult exam or a challenge at work with a positive state of mind is something we have all got used to doing in our busy lifestyles but what we need to remember is that that these passing scenes of life keep coming and going. It's as if challenges in life have a birthright to keeping coming in our lives and we have to cross them with determination and will-power. But along with the ability to be able to cross different situations, it is our duty to look outside our personal lives and see the world around us and see how people are suffering and what we can do for them on each day and get them out of their sorrows. **The world is in need of people who are ready to take time out of their busy schedules and live their lives in changing others into happier and more content human beings.** When asked whether you would like to live a life of service, we normally say that's for those who do not have a regular timetable of personal and professional work. But at the same time, it is our duty that every day we spend a few minutes in the service of others and in making people happier and free from the pressures of facing difficult situations of the mind, body, work and relationships.

In this message series, we shall explain the importance of service which we can include in our regular life and become humble leaders in the field of service. This type of leadership in spirituality means taking a humble pledge each morning that I will touch the lives of others in different ways and make a difference to them. This does not mean that I do not take care of people who are close to me either at home or at the workplace and I don't live a busy lifestyle. But those **few minutes of service of people, whom I come across everyday at different times, will fill my life with their blessings, full of love and happiness, which in turn will make my personal as well as professional life full of success.**

(To be continued tomorrow ...)

Are you critical?

How do you handle other people's mistakes?

The next time you notice someone making mistakes, steer away from being critical.

If it's appropriate, then offer constructive feedback. Remind yourself that everyone makes mistakes.

Be more understanding and supportive of others in your attitude and words.

Message for the day

The art of getting along well with others is to create harmony.

Expression: To be good to people who are good to us is very easy. But the real beauty of life lies in knowing how to get along well with one and all. That means, I need to know how to empower my interactions so that I am able to get along well even with someone who is not so good to us. Just like notes of music which are different, I need to understand that everyone is different and I need to create beautiful music even in the worst conditions.

Experience: Today I will see what I can do to get along well with one person whom I wasn't comfortable with. It could be some quality that I need to work on. It could be assertiveness or love or any other quality which will help me get along well with the person.