

Today's Thoughts: December 21, 2020: Good Feelings



Good Feelings

Good feeling for others are like ointments that heal wounds and re-establish friendship and relationships.

Good feelings are generated in the mind, are transmitted through your attitude and are reflected in your eyes and smile.

Smiling opens the heart and a glance can make miracles happen.

Filling Myself And Others With Invisible Treasures (Part 2)

In yesterday's message, we had explained how soul consciousness provides us access to the ocean of the qualities of peace, love and joy that lie hidden inside our consciousness. An important point worth noting in this regard is that along with quenching my thirst, **I must also have a big heart, and pass on to others the qualities that I am receiving from my inner ocean.** Otherwise, over a period of time my spirituality reaches a standstill and although I am making an effort to fill myself I do not feel as content and fulfilled as before. This is because; the vessel with which I fill from the ocean can't be refilled unless I am also prepared to keep emptying it. That doesn't mean I have to drain myself spiritually.

It is just **that each time I give or donate a quality from my inner ocean with a positive intention to someone; it flows from inside me and then gets transmitted to the other. Before the person experiences and benefits from the quality, I experience getting filled with it myself. Also, each time the person benefits from or even remembers the benefit in the future, he or she sends me positive energy, which, according to the Law of Karma fills me with the quality that I had donated, further.** Sometimes a person might benefit or remember the benefit after 10-15 years or even more than that. Even after such a long time has elapsed, I keep receiving a return from the pure donation I have made, and keep getting filled, even if I am not specifically or consciously aware of the same.

Eliminate Errors

Good leadership is based on skills which are incognito, like pure feelings, faith and trust. These keep both your frame of mind and the task moving in the right direction.

It is human to err, but your high hopes for someone can actually eliminate errors. Doubting people exactly has the opposite effect. Believing in someone, extending feelings of trust, never telling people what to do but stepping aside and watching, with faith. This is what enables a task to get done in the right way.

Spiritual Skills like these are cultivated by avoiding complacency, learning to be sensitive and staying alert.

Message for the day

To honor others' identity is to win their cooperation.

Thought to Ponder: True leadership is about conquering the hearts of others with my own humility. Then I can place the honor of others in front. Thus, I can attract blessings and respect from others. Also, with this, I will only have the vision of bringing benefit.

Point to Practice: Today I will look beyond what I see in the present in people. What I may see right now may be negative or not so great. But I look at their potential and what they are capable of becoming. When I do this, I will be able to help them recognize their own potential. They would also then want to use this potential in the task at hand. Your respect also earns their respect and they give full cooperation.