



Chasing Limited Desires

If your mind has any limited desires, they will not allow you to become content. When you are walking in the sun, your shadow goes ahead of you and if you try to catch it, you won't be able to. When you turn around, your shadow will follow you. In the same way, desires attract you and make you cry. Let go of them and they will follow you. Those who ask for something can never become full and complete. To chase any limited desire is like trying to catch a mirage.

Wearing The Crown Of Servant Leadership Gracefully (Part 1)

It is commonly stated that perhaps those who are best suited to leadership power are those who never seek it. On the other hand, those who have leadership thrust upon them, and take up the mantle because they must, find to their own surprise that they wear it well. This process starts as early as our school life, when we become monitors and prefects and are granted significant responsibilities. **We learn leadership at a young age. The type of leadership skills we inculcate at that age are important.**

Importantly, a good leader, starting at an early age, should inspire and not aspire. Personal aspirations that are regardless (irrelevant) to others always convert a humble and successful leader into a failed one. **A good leader should influence, not control** - controlling i.e. passing orders, policies, rules, goals, targets, reports, visions and changes to force team members to work the way they believe it should be done; failing to listen or listening with little interest; exhibiting the - *Do as I say, not as I do* - mentality and providing inadequate support. Negative thoughts, words, actions or inactions expressing emotions like:

Why aren't they performing better?

What's wrong with that person?

Why don't they know their job?

They should know their job!

lead team members to believe that leaders disrespect them and do not care for them at all. It results in failure of an organization or the task in hand.

(To be continued tomorrow ...)

Life's Anchor

The more a person depends on a pattern of thinking, a particular person or a particular role, the more there is fear of loss.

The security created by dependence is illusion. The reality of life is that anything external to ourselves can, at any time, vanish.

What will we do then? Where is our life's anchor? If it is not within, we will suffer.

Message for the day

To believe in success is to have the power not to give up.

Thought to Ponder: The power of determination combined with faith in the vision of success, inspires us to put in relentless efforts. It is these efforts which help us move towards success. Success is first in our minds. When I start with that, I will be undeterred with the little setbacks I face. I will be able to put in the right efforts for success because I believe in it.

Point to Practice: Today I will not run away from problems, but will race towards solutions. For something I have wanted to do and is not happening, I will try one more thing. Today I will try once more, one more new idea. I will not give up till I succeed, because I am destined to succeed.