The way (yuktis) to become one who constantly has a tilak, crown and throne (tilak, taaj aur takht dhaari).

Keep yourself busy in world service at every moment and every thought such that all wasteful games automatically stop.

1. Each second of the confluence age is extremely fortunate. Each second is instrumental to create your fortune for many births. As soon as you take your Brahmin birth in the confluence age, BapDada gives you the crown of serving the world.

2. The best game is the game of the children meeting the Father. Play with the jewels of knowledge that you have received from the Father.

3. *You have been playing childish games of carelessness and mischief* for a long time. Now, the time for going into the stage of retirement is coming closer. Therefore, now have the determination thoughts to finish all of those things.

4. Become one who constantly has a crown, tilak and throne. All three are deeply connected. If you have a tilak, you would definitely have a crown and throne.

5. Always keep your elevated fortune and your elevated attainments in front of you. When you constantly keep in front of you all your attainments and the One from whom you have attained everything, you can never become weak in facing Maya.

6. Simply remember one thing: **BapDada is with you in all relationships and in everything you do**. It is only when you let go of Baba's companionship that you end up playing these unique games.

7. When you have the company of the Father who carries the responsibility for the whole world, why do you still carry a basket filled with the burdens of your limited responsibilities? Can the One who is carrying the burden of the whole world not carry your little burden? Once you let go, you can become free. This courage of one second frees you from all the many types of burden for many births.

8. Remember the first promise you made to the Father. **Mine is one and none other.** When the consciousness of "mine" has finished and only

the One who is yours remains, how can you have the consciousness of "mine" about limited responsibilities? Where did the consciousness of "mine" for your own body come from? Where did the consciousness of "mine" for sanskars of weakness come from?

9. To be an embodiment of knowledge means that your thinking, speaking and doing (kahna, sochna aur karna) are all equal and constantly powerful. Every act of an enlightened soul is as powerful as the Father's act (samarth baap samaan). Your sanskars, virtues and task should be the same as those of the Almighty Father. Those who remain stable in a powerful stage cannot engage themselves in those amazingly wasteful games.

10. Whilst constantly remaining busy in the game of celebrating a meeting with BapDada, **become equal to the Father and make others equal to the Father.**

11. BapDada's elevated direction is: Pay attention daily at amrit vela for the whole day. **Set your daily timetable at amrit vela**. *Where there is attention, there cannot be any type of tension.* Total attention means to have in you the Father's virtues and powers. The Father's specialties should be visible in the children. This is known as being an intense effort-maker. An intense effort-maker means one whose thinking and doing are the same and whose plan and the practical action are the same.

12. Clarity is the sign of closeness. Now is the time for intense effort. The time to run has passed and you now have to take a high jump. There is little time and the destination is high. In order to take a high jump, you need to be double light.

13. Constantly continue to consider yourself to be an instrument - BapDada is responsible and you are just an instrument. By moving along while considering yourself to be an instrument you will become double light. **Copy the father and you will become equal to the Father.** Only those who become equal become the jewels who are close.

14. *Service is increasing and all the serviceable souls are also progressing in their efforts.* **When the balance is equal between the two, completion will take place**.