

Synopsis: Sakar Murli February 11, 2015

1. Only the one Father is the **Almighty**, the **Purifier**. He is the **Doctor of Spiritual Knowledge**. He is in fact the **spiritual Surgeon** who gives an injection to the spirits. He is also the **eternal Surgeon** of eternal knowledge. You become ever healthy through the power of yoga. He grants everyone salvation with His own power.
2. First of all, you should have the accurate introduction of God. The **Highest on High** is the Supreme Father, the Supreme Soul, and this is His creation. He is the **Ocean of Peace, Happiness and Knowledge**. Just as a soul is a star, so God too is a star, and that, He is also a soul, but that He is the Supreme Soul.
3. He is the **Husband of all husbands**; you have to remember Him. By remembering the **Seed**, you can remember the whole tree and how you have taken 84 births. *This remembrance is a very slippery thing.* It is wrong to ask the Father or any brother or sister to teach you how to sit in remembrance of Baba. There is no need for you to be seated specially or if no one sits here (on the gaddi) for remembrance. Instil the habit that whilst you sit, walk, move around and perform actions, you remember the Father. *You are made worth a pound from a penny by Shiv Baba.*
4. There is no benefit in having visions. I come every cycle to teach you the method: **Manmanabhav and madhyajibhav**, that is, become the masters of heaven. What would you have a vision of? That is simply a point. ***Once you reach your karmateet stage, your body will no longer remain here.***
5. The two main things are knowledge and yoga; yoga means remembrance. You simply have to remember the Father. By coming to know the Father **from** the Father you also come to know the beginning, the middle and the end of the world. The greatest happiness you have is that God is teaching you !!!
6. *You are prophets and messengers.* **Your message has to reach all souls.** The **Bestower of Salvation for All** is only One. Lust is the greatest enemy. *Bad vision too is a trace of lust.* Lust is a very big devil. The Father says: Gain victory over this and you will become victorious over the world.

Blessing: May you be alert and an all-rounder who even renounces subtle laziness (sukshma aalasya) in effort.

Tiredness (thakaavat) in effort is a sign of laziness. Those who are lazy quickly become tired whereas those who have enthusiasm (umang) are tireless (athak). Those who become disheartened with their efforts become lazy. They would think, "What can I do? I can only do this much. I cannot do much." They do not have courage. Now, let there be no name or trace (naam-nishaan) of even any subtle form of laziness with thoughts such as "I am moving along.... I am doing this much..." For this, remain constantly alert, ever ready and an all-rounder.

Points to churn from the blessing:

We, the souls, play each part accurately and perform extraordinary actions...we are the alert, active, ever-ready, all-rounder hero actors...

We remain alert with our powerful vibrations and fill everyone with the courage of peace and tolerance...we give everyone the light of peace by being a light house...we fill cool water in the burning fire of sorrow... we are the spiritual social workers who give spiritual re-assurance at a fast speed...by being the pure, humble and constructive instruments, we receive respect from everyone and become the true servers who give courage to overcome adverse situations at the time of upheaval...

The Unlimited Father explains that the kingdom of Ravan is spread over the unlimited island of the whole world...by remaining cautious, alert and attentive, we win the boxing match with Maya...by following shrimat accurately and by following BapDada's advice, we remain safe from Maya the alligator, become pure from impure, attain liberation-in-life from bondage-in-life in one second, and claim full inheritance ...we are the masters of imperishable land of Bharat, the imperishable birth place of the Father, the land of truth, and the greatest pilgrimage place of all...