

SYNOPSIS: FEBRUARY 24, 1998

“Have love (muhbbat) for the Father, service and the family and you will become free from having to labour (mehnat).”

Shiv Jayanti means that, together with the Father’s divine birth, it is also the birth of His children.

The Incorporeal is born by His entering someone else’s body. BapDada gives multimillion billion-fold (arab-kharab guna) congratulations. Only this birth can be the birthday that is as valuable as a diamond, and by celebrating this diamond-like birthday, your life becomes like a diamond.

This birth now is the only one in which you can become free from having to labour. You receive the blessing of becoming an easy effort-maker through receiving love. *When this age ends, this blessing will also come to an end.*

For all the children, the first account is of the reward of their own efforts; the second account is of receiving blessings by remaining content and making others content and the third account is of charity in return for doing accurate service in a योग्य and युक्त manner.

The indication that children are accumulating in all three accounts is that they experience themselves to be constantly easy effort-makers, and that others naturally receive inspirations for easy effort from them. They symbolise easy effort; they do not have to labour. *They love the Father, service and the family. These three types of love free you from having to labour.*

1. Move forward by doing selfless service from your hearts and accumulate a lot in your accounts of charity.
2. Have a constantly smiling face. No matter what the situation may be, you should be constantly smiling and cool. There should be no signs

of tiredness, of irritability, or any indication on your face that your mood has changed, even slightly. The non-living images are always smiling, and they are memorials of you in the living form.

3. Your faces should be angelic, the form of a bestower of blessings, the form of a bestower, merciful, tireless, an easy yogi and an easy effort-maker. (फरिश्ता रूप, वरदानी रूप, दाता रूप, रहमदिल, अथक, सहज योगी वा सहज पुरुषार्थी)
4. Being serious and mature (**gambhirta**) should be balanced with being light and entertaining (**ramnikta**).
5. Become a bestower (**daata**). Don't be one who takes (**levta**), but one who bestows. Even if someone gives you something bad, you, with your big heart, must not accept that, but you should become a bestower and give that one co-operation, love and power. (सहयोग दो, स्नेह दो, शक्ति दो) You are the children of the greatest of all Fathers, the One who has the biggest heart. *Let extra love emerge in your heart for that soul, for with the power of this love, that soul will be transformed.*
6. Accommodate everything! So much rubbish is thrown into the ocean, but the ocean doesn't throw the rubbish back to the person who threw away that rubbish. You are the masters, the children of the Ocean of Knowledge and the Ocean of All Powers.
7. Raise the hand of determination in your mind. The hand of determination in your mind constantly makes you an embodiment of success. **Whatever you think, that has to happen.** The thoughts you think would of course be positive. You cannot think anything negative. The path of negative thoughts is closed for all time.
8. Be a constant garland around the Father's neck.
9. By serving constantly, make others part of the garland around the Father's neck.
10. To celebrate means to increase your zeal and enthusiasm for service with happiness and intoxication. Simply keep your form powerful, smiling, serious and mature as well as light and entertaining. The Father's introduction should be seen in your face.

DRILL TO PASS WITH HONOURS

from Dilaram BapDada, the Comforter of Hearts

Do all of you have the power to rule? Are you able to rule your physical organs whenever you want? Have you become masters of the self? Only those who are masters of the self can become masters of the world. Whenever you want, no matter what the atmosphere is like, if you order your mind and intellect to stop, are you able to stop them? Or would it take some time? It is essential for each one to make this effort every now and again throughout the day. Whenever your mind and intellect are very busy, then try and see at that time whether you are able to stop them in a second. So, when you think, "Stop!" it should not take you three minutes or five minutes to stop them. The practice of this will be very useful to you at the end. On the basis of this, you will be able to pass with honours.

ड्रिल - पास विद आनर- दिलाराम

सभी में रूलिंग पावर है? कर्मेन्द्रियों के ऊपर जब चाहो तब रूल कर सकते हो? स्व-राज्य अधिकारी बने हो? जो स्व-राज्य अधिकारी हैं वही विश्व के राज्य अधिकारी बनेंगे । जब चाहो, कैसा भी वातावरण हो लेकिन अगर मन-बुद्धि को ऑर्डर दो स्टाप, तो हो सकता है या टाइम लगेगा? यह अभ्यास हर एक को सारे दिन में बीच-बीच में करना आवश्यक है । और कोशिश करो जिस समय मन-बुद्धि बहुत व्यस्त है, ऐसे समय पर भी अगर एक सेकण्ड के लिए स्टाप करने चाहो तो हो सकता है? तो सोचो स्टाप और स्टाप होने में 3 मिनट, 5 मिनट लग जायें, यह अभ्यास अन्त में बहुत काम में आयेगा । इसी आधार पर पास विद आनर बन सकेंगे ।