

SYNOPSIS: JANUARY 30, 1979

**“The method to attain liberation is to be liberated from all bondage”
(sarv bandhanon se mukti ki yukti)**

The specialty of Brahmin life to become embodiments of divine virtues.

This is the final period of this Godly study.

Your original religion is of being bodiless, that is, of remaining soul conscious. The external religion is to see the form of the body.

*First become **trikaldarshi**, then a **detached observer** and then an **example**.*

1. Perform every action after first stabilising in the **trikaldarshi** stage; see whether you consider the three aspects of time, which means performing actions knowing the beginning (before), the middle (during) and end (the consequence) of each action. Any act you perform after first of all becoming **trikaldarshi** would never be sinful; all your acts would always be pure.

2. While performing each act, play your part as a **detached observer**. The acts you perform as a **detached observer** will never bind your souls in any bondage of karma. Because the fruit of karma is elevated, you will have a relationship through karma, and not a bondage of karma.

3. Whilst performing actions, you should always experience yourselves to be detached and loved by the Father. Such detached, unique and lovely souls become **examples** for many souls. On seeing them, other souls will become karma yogis and become worthy of being worshipped in the future. Such actors become those whose forms are worshipped at the present and whose future forms are also worshipped, and thereby become examples for many souls.

Bondages: (body and mind)

1. The easy way to put an end to all the many types of bondage of your many births is to have all relationships with the Father. The reason for any bondage of the **body** is that you haven't forged your relationship of a bodiless soul with the Father. **The practice of**

becoming detached from your body within a second liberates you from all the bondages of your body in a second. As soon as you switch on your true consciousness, everything is burnt! *With the power of silence and your relationship with the Bodiless One, all your bondages end.*

2. The way to become free from this bondage of the **mind** is to be constantly "Manmanabhav". You should constantly belong to the one Father and none other. To fulfil this first promise means to become liberated from all bondages of the mind and to attain everything. Become free from all attractions and be only absorbed in the love of One. Become constant, stable, unshakeable and a master almighty authority.

Love is proved by becoming equal. *You have to reach the stage that the Father would love you to have.* By keeping your perfect stage constantly in front of you, you will find it very easy to confront Maya. In order to attain this practical result, remember two special virtues: 1) sweetness and 2) humility (**madhurta aur namrta**). By practicing these two special virtues, you will become a constant world benefactor, a great donor and a bestower of blessings (**vishv kalyaankaari, mahaadaani, vardani**) and thus easily be able to **prove your love**.

To be a knowledgeable soul means to become victorious.

Let go the sanskars of devotion that you still have: of begging as a beggar, simply speaking praise of the Father, wandering everywhere with your mind and wasting your treasures - finish all these old sanskars for all time. **Celebrate the final cremation ceremony of your old sanskars.** This is letting go.