

30/11/09 Avyakt BapDada 30/11/09

**In order to be loved by the Father and everyone, be a jewel of contentment
and free from the influence of every situation.**

Today, Baba was seeing the contented souls everywhere. The jewels of contentment are spreading the sparkle of their jewel everywhere. The greatest stage of all is that of contentment. Those who are always content are loved by everyone. You are anyway loved by the Father. Those who have all attainments remain constantly content. The basis of contentment is all attainments and this is why such souls are loved by all Brahmin souls. To have all attainments means to be constantly content. A contented soul has an impact on the atmosphere, and all attainments are a gift from God. A soul who has received all powers, all virtues and all treasures from God always remains content. The stage of a contented soul constantly progresses. Situations cannot influence a contented soul because where there is contentment there are automatically all powers and all virtues. The one virtue of contentment is able to adopt many virtues. So, each one should ask the self: Am I a soul who remains constantly content? A contented soul is always close to everyone and has a stage equal to that of the Father. However, in order to remain in this stage, you need to have a very detached stage and the trikaldarshi stage. Such a soul is trikaldarshi in every action, that is, in every situation he will discern its three aspects and then perform that action. For this, two things are necessary. Those two things are relationship and wealth. Relationship is imperishable and wealth is imperishable and they are attained from the imperishable Father. When you have received imperishable wealth and relationships, then the soul is constantly content and becomes deeply loved by the Father and all souls. Then, when Maya comes in any form, you do not become afraid. You then feel as though a *Mickey Mouse* film is being shown on the unlimited screen. You are then not distressed. Seeing the *Mickey Mouse* film, you are entertained. You experience the game of *Mickey Mouse* on the unlimited screen as different forms of Maya. All of you have to experience such a stage through the Father and you have all done that.

BapDada is seeing that you remain fearless and have stable and concentrated intellects and do not fluctuate in any situation. You are constantly such victorious souls. The Father has a pure desire for each of you children: that each child be constantly victorious and shows the Father your form of being victorious. So, each of you can ask yourself: Who am I? BapDada has told you earlier too that,

now, according to the time, you have to remove the word “sometimes” from the Brahmin *dictionary*. Since you are going to claim an inheritance from the Father for all time, then you should have all attainments for all time because you are the lamps of hope who will fulfil the hopes in the Father’s heart. There cannot be the word “sometimes”, even in your thoughts. Why? Because you are constantly with the Father and you are the Father’s companions. You are the ones who stay with the Father and, being His companions, you are those who carry out the task of world transformation.

So, speak! You have received this blessing of “sada” (constantly) from BapDada, have you not? In fact, as soon as each child takes birth, BapDada always gives this blessing: May you be constantly yogi and pure. Whatever attainments you receive through that blessing are for all time, not for some time. So, all the children have a right for all time because, even if it is the *last* child, the Father has love in His heart for all the children. Even great, eminent people who consider themselves to be wise are not able to recognise the Father, whereas the *last* child of BapDada has recognised the Father. They say from their heart, “My Baba”, and this is why the Father has eternal love for every child, which is why each child has received the Father’s blessing. Every day BapDada gives the same blessing to all the children at the same time, even though they are numberwise. Although all the children are numberwise, every day, as soon as the child says, “My Baba”, he claims a right to the blessing. Whether the children are living in *India* or abroad, each child receives the same blessing from BapDada, and, having received the blessing, you do become happy, but there are two types of children. One type is the children who definitely become happy that they have received a blessing, but the ones who claim a *number* ahead are not those who become happy on just seeing the blessing and speaking about it, that this is their blessing, but they make their blessing fruitful. They take the benefit of the blessing and attain fruit from that blessing. You have the seed, but if you do not make the seed bear fruit, that is, if you do not make it fruitful, then there is just happiness. In order to get fruit from the blessing, just as with any other seed, in order to get fruit from it, it needs water and sunshine for only then does it bear fruit. So, here, too, when each of you children wants to extract fruit from your blessing so that expansion can take place, so that there is growth in your own mind through the fruit of the blessing, then, here, too, the Father says: In order to extract fruit from the blessing, repeatedly bring that blessing into your awareness. Remain stable in the stage of being an embodiment of awareness. It is not to keep remembering it again and again (simran), but to have that awareness (smruti) means to give it water, and to remain stable in that form is to give it sunshine. So, by this becoming fruitful, you fill yourself with a lot of power and you can also give others an experience of power through that fruit.

So, what does BapDada now want? For some time, BapDada has been *warning* all the children about time. The time for the *result* of each child’s study is going to come suddenly. For this, remain constantly *ever-ready*. Together with that, BapDada is also giving a signal that it is now time to make intense effort for the flying stage. Not that you are moving along, but that you are flying. The time for making *common* effort, of spending your day in an ordinary way has now gone, and this is why BapDada is giving the signal – *check every second* and every thought. For instance, if you are not making intense effort, if you are making ordinary effort for one

hour, and if the time for your *final paper* comes suddenly in that one hour, then that final moment will lead you to your destination, and that ordinary effort of one hour will then cause so much damage! This is why, from time to time, BapDada gives every child the signal of the importance of every thought, every second and every moment. Only an intense effort-maker is able to make effort to remain unshakeable at the time of upheaval. An ordinary effort-maker will take time to become *ever-ready*, and BapDada has said that you have to put a dot, a *full-stop* in a *second*. What happens if you are not making intense effort? You are experienced in this. Instead of a *full-stop*, it would not become a *question mark*, would it? A *full stop* is so easy whereas a *question mark* is bent and crooked. As soon as you say, “*full stop*”, a *full-stop* should be applied. It shouldn't be a *comma* or even an exclamation mark. You won't even have time to think “What should I do?” No child is able to think yet that to make such fast effort means to *pass* in the *paper*.

BapDada sees that even now, due to one reason or another, the questions, “Why? What? How? Like this!” are visible in some children's daily *chart*. BapDada has seen that in the *charts* of many, a wave of *waste thoughts* takes up a lot of time, and the speed of *waste* is so fast – one hour of ordinary thoughts is equivalent to one *minute* of *fast* thoughts. Therefore, today, BapDada was seeing who are the contented souls who are loved by everyone and by BapDada. The language of “Why? What? etc.” will not enter the thoughts or even the dreams of a contented soul because that soul will be able to use at the right time the three special things, the three dots - the soul, the Supreme Soul and the *drama* - because, at such a time, the treasure-store of powers is essential, and a *master* almighty authority is one who is able to *order* a particular power at any time and that power becomes present at that time. You might want the power of tolerance but, instead of that, if the power to face comes, then although it is a power, that power is of no use at that time. So, the key to all treasures is the three dots – the self, the Father and the *drama*.

BapDada has one thought: should He tell you? You will have to do it. Those who are ready to do it, raise your hand! You will have to do it. Since you are raising your hands you will have to do it. Are you raising the hand of your mind or of the physical body? The hand of the mind is firm. According to the time, BapDada has this pure desire for each child – you are going to meet the Father again after 15 days, and so, for the next 15 days, make this special practice as a *trial*. In fact, you have to remain like this for all time, but have a *trial* for 15 days and also get the centres in *connection* with you to do this. Go there or phone them and remind them: Are you doing your *homework*? What is your *homework*? It is *easy*! Each one of you *crosses* through different *circumstances* and situations, but for these 15 days, each one of you has to claim 80% *marks* at the very least in your thoughts, words and deeds. Nevertheless, BapDada is giving you a margin of 20%. Do you agree? Do you agree? Should Baba give you this? Should Baba give you this work? OK, 15 days; Maya is also listening. Situations will come, but do not look at the situations. You have to *pass* – just remember this. 15 days is not a big thing, but each child should show BapDada with an honest and clean heart that you will *pass* in your dreams, your thoughts, words and deeds. Is this possible? Is it possible? *Teachers*, speak! Is it possible? 15 days is nothing, but BapDada is asking you to do this as a *trial*. No thoughts should be *wasted*. No battling, but victorious: *fully* victorious for 15 days. Is it difficult or *easy*? If it is *easy* then

raise your hands! Is it *easy*? Then BapDada will see this *result* of 15 days. Then He will increase it further. Any of you can do it for 15 days, can you not? You are able to do it, are you not? Those from Madhuban, raise your hands! Those sitting at the front are from Madhuban, are you not? You are very good. *Double foreigners* and those from *India*, everyone has to do this. Those from the villages and those from the big cities, everyone has to keep their *record* for 15 days. Do not make excuses saying, “Why? What? The situation was like that and so...” You have to claim 80%. Even so, BapDada is making it light. He is giving you a margin of 20% because BapDada sees that, in some cases, while you are moving along, Maya makes you careless and lazy. “It was like this, it was like that” is a form of *royal laziness*. This *royal laziness* and carelessness creates a weakness in your intense effort because BapDada is now making each of you students do a *rehearsal* for 15 days and wants you to practise this for some time, and this is why He made you all raise your hands. *Ever-ready!* Everyone should be able to raise their hand. You need to practise this over some time. This is why Baba is making you practise this for a short while. Achcha. What are we going to do now?

It is the turn of Punjab Zone to serve: Punjab is good. It is the place where there are the five rivers. The influence of the rivers is very well known and good. So, your Ganges of knowledge are also well known, are you not? Punjab is doing very good work. The speciality of Punjab is that a very good group of *serviceable* kumaris emerged at the same time from Punjab. You may applaud. It was in Punjab that you first went to give lectures to the sannyasis without any fear or hesitation. The sannyasis also said while sitting on the *stage*, “Your work is very good.” That was the beginning and many from the sannyasi sect came to Abu for conferences from time to time through this *connection* with Punjab; they used to come in big numbers. People used to come from other States too, but the special gathering used to come from Haridwar. There is still a *connection* with them. So, according to the *drama*, Punjab received a good *chance* to serve the sannyasis and great souls and you are doing that too. At the time of establishment of service in Punjab, you found good, co-operative and heir-quality souls who became instruments. To the extent that there were those who caused upheaval, to that extent, there were also the lion-quality souls that emerged. What does Punjab have to do now? You have this speciality. Now, those from Punjab have to prepare a well-known lion who can be a *mike* in a gathering and relate his experience. He should be someone who can be a big *mike*, not a small one. The *VIPs* of the *Government* are separate, but, even among the great souls (mahatmas), there are *VIPs*, and so prepare a big *mike* who can make others enthusiastic with his experience. Prepare someone like that; get them ready! It is possible because people do believe that the service of the sages and holy men began from the copper age, but there aren't such *examples* of the great gurus who make others and their disciples the same as themselves, whereas BapDada has prepared children who are cleverer than Him who come before the *public*. Therefore, Punjab now has to show some newness. *VIPs* come from all directions, but you have to bring such ones here that everyone who hears them will awaken and receive the message. Is this possible? We shall see. It does take a little time, but prepare someone like that and show everyone. Yes, expansion is taking place. Now, look, half the gathering standing here is from Punjab. Service is expanding and so congratulations for that. (Preparations are taking place for the Kumbh Mela). This is a good *chance*. It will happen. Achcha. To those who take a *chance* for service and to those who take the chance to come here, because those whose *turn* it is to serve, their people have a good *chance* to come here. This is also a good method that

has been created. So to all brothers and sisters, mothers, kumars, kumaris and elders, many many congratulations to all of you from BapDada and all those sitting in this gathering.

Media Wing: It is good. *Media* has done good service and, according to the Father's directions, BapDada has seen that, while everyone did the service of spreading the sound and giving the message, the sound from the mouth of all Brahmins was that: "BapDada said this, BapDada said this." Everyone has made very good effort to put that into a *practical* form and those from the *Media* worked very hard to show everyone what happened in each of the places. First, those who did the programmes did that with enthusiasm – whether they were senior or junior. Even the juniors didn't do any less. BapDada wants all the centres – small or large – who had *programmes* to give the message. Those who did service for this *programme* and became instruments for this big *programme*, stand up! Whoever did any work, even those from the *centres* can stand up. Those *centres* who had a *programme* can all stand up. BapDada liked it very much. Few *teachers* have got up. BapDada is giving multimillionfold congratulations for you to continue to have such *programmes* to give the message after some time, now and again, with zeal and enthusiasm. There is no guarantee about time. At least they should say, "Our Baba has come! We didn't have recognition. The Father came, and I didn't have recognition." It is your duty to let everyone know by spreading this sound. So, for all the service that all of you did with your body, mind and wealth, you have accumulated multi, multimillionfold *return*; and you also received the fruit of service. People are coming to the *centres*, and you also received power to do this in the future. You received the fruit and the power. So, it is good. All of you did it with your personal interest. Seeing everyone's zeal and enthusiasm, seeing everyone's love for the Father, BapDada is congratulating you. In this way, continue to have one *programme* or another. The small *centres* too now have all facilities, do you not? Otherwise, you think that to have a *programme* means that you will have to make all arrangements first. However, suddenly, all places now have all facilities arranged for body, mind and wealth with great happiness. No one said, "How shall we do it?", but "We have to do it". In this way, become companions for one another, give company to one another through your zeal and enthusiasm and continue to move forward. Is this OK? It is good. Congratulations. Congratulations. And those who haven't come will also receive their congratulations. Achcha.

Those of the *Media* group, stand up! Achcha. You have now paid *attention*. Good *service* is taking place through the *Media*. *Regular students* have also been created. Congratulations to these people too. (Ravibhai, Shivaniben and Kanu Priyaben) It is good. However much service each one does, the fruit of that is constant happiness. The fruit of service is happiness and remaining free from obstacles. Not just sometimes; all the time. You are doing well, and all of you discuss it to see how it can be taken further whether in this land or abroad. When it is discussed with one another and then the task is carried out, there is success easily in that. So, discuss it and become Rai Bahadur (Adviser), listen to one another and then do it. It will happen. There isn't now much *time* and so, those of the *Media* wing - and there are many people from the *Media*, are there not - create *programmes* to give the message in your own areas. This was done

by Madhuban and those who are instruments, but each one of you has to spread this in your own area by giving a message to the *Media* in your own area. You are doing well. Congratulations.

Transport Wing: Nowadays, the tasks of both *departments* (train and plane) are essential, because day by day, many *accidents* are taking place. In both *departments*, continue to make *plans* for there to be fewer *accidents* and fewer untimely death so that people don't end up dying, crying in sorrow. You continue to make *plans* to make effort for this even now. When BapDada carried out establishment and when children came here to study in the beginning, BapDada used to say at that time that this is the land of death. You (children) were children, and so you used to ask, "How is this the land of death?" Since they were children, they had not seen any deaths. Now, each one is seeing that this is the time of so many deaths. There is not a single day in which there aren't one or two untimely deaths taking place. So, it is good. Both of you have to increase your task with a lot of force. Everyone will congratulate you because people don't want untimely death to take place. So, it is very good that you have *meetings* among yourselves. BapDada has seen that since the service of the Wings started, children from many *centres* have received a *chance* to do service. However, the one thing that BapDada wants has still not been fulfilled. Do you remember it? BapDada had said that you have to make one famous *speaker/mike* emerge from each Wing and those special VIPs from three to four different Wings should relate their experience on the same *stage*. Create a *group* among yourselves in which there is one special person from each Wing. Just as you specially invite someone from the Brahmin family to come and give a *speech*, in the same way, give the members of that group an invitation to go to different places and give them a *chance* to give a lecture. Others can then see how people of each Wing are living like a lotus flower and are moving forward. It is good.

Social Service Wing: Social service – the sound should spread in society what service you are all doing. In fact you can do social service for people from all Wings. BapDada has seen that those of each Wing come together among themselves with a lot of zeal and enthusiasm and are doing service. You are also helping one another. This sound should now spread in society. If you want to put society right, then go and see the Brahma Kumaris about how society can be served. Each one is doing well and also taking a *chance* (opportunity). So move forward and make others move forward. Spread the sound of what you are doing in society. Achcha.

Double Foreigners: *Double* foreigners have taken a good *chance*. *Double* foreigners are present in every *group*. You are clever. You take your *chance* separately and then also come for the meeting in every *group*. Since you have been given the name "*double*", you take "*double*" benefit, and the people of Bharat become happy when they see you taking a *chance*. The big *programmes* you have had abroad were also good. The name was different, but good service took place. BapDada heard and saw the *results* of service abroad.

Now, BapDada wants every child from this land and abroad to remain constantly *ever-ready*. Those who are good *students* always look forward to their examination to take place quickly. In the same way, every child should remain so *ever-ready* that even if something were to happen tomorrow, they would be *ever-ready*. Be *ever-ready* in all *subjects*, in all four *subjects*. When the time comes, you will *pass with honours*. This is the pure desire that BapDada has for all the children; and BapDada always gives the *double* foreigners the *title* of being *double* effort-makers. Very good. You are those who take a *double chance*. Achcha.

(World Religious Conference is taking place in Australia – Dadi Janki will be going to participate in it.) It is good. Give them the recognition of time and recognition of the Father. Let them recognise both time and the Father. At least, they should not complain, “Our Baba came and we were not even aware of it.” You are clever in giving the message anyway. Yes, it is the Father who inspires everyone, but only when the ones who carry it out are worthy. So, it is good. You (Dadi Janki) are going there and so it is very good. BapDada is with you anyway. He is with you and is also your Companion. Achcha.

How many have come for the first time? Stand up! It is good. Congratulations to you for the day that you have come in front of BapDada. Congratulations. The Father’s vision fell on the children and the children’s vision fell on the Father. Many, many congratulations. Achcha. There isn’t any other *cake*, but you can eat the *cake* of happiness. It is good. You have come late, but you can go *fast* and claim a *number* ahead. This is why congratulations to you from BapDada and from all your companion brothers and sisters. Congratulations. You will be such examples that even those who have come *last* can go *fast* and come in the *first line*. Achcha.

To all the lamps of hope everywhere who fulfil BapDada’s hopes, those who remain beyond the language of “Why?” and “What?” and who constantly remain stable, to those who constantly belong to one Baba and none other, to those who experience the three special relationships in life - the Father, Teacher and Satguru in the one Father, to all the multimillion times fortunate children who claim the inheritance from the Father, the inheritance of the study from the Teacher and the inheritance of blessings from the Satguru, BapDada’s love, remembrance and namaste to every child.

Speaking to Dadis: All of you have helped everyone very well. No one had to think about how to do it; you thought, “We have to do it.” With one another’s help, all the *programmes* were very good. The sound was spread. Everyone received the message. Now move forward. The *topic* itself was to give blessings and so with *yoga programmes*, they all experienced that.

Santoshben (Sion) has sent remembrances: Give her remembrance from Baba. Please accept lots and lots of love and remembrance.

Dadi Nirmala Shanta: By having courage, you receive the Father's help anyway. It is good. With karma yoga, you have changed the karma bhog (suffering of karma). Very good.

Rameshbhai, Ushaben and Anilaben (Rameshbhai's sister): Now, the health of all three is good. Here, you receive everyone's power. You also receive the help of this atmosphere. It is good. If you are well here, then it is good. Stay as long as you can. (Rameshbhai) You do your work and she can do her work. (To Ushaben) You can stay here and continue to give good news of your welfare to the centres. Her work is her own and yours is your own. (They celebrated their 50th Wedding Anniversary). You fulfilled 50 years together without any obstacles. You continued to move forward; you didn't remain behind. Congratulations for that. You remained helpers of one another and also became helpers in service. This one is also happy (Anilaben). BapDada remembers Shantamata a lot too (Rameshbhai's mother). She was a *foundation*. She was an incognito jewel.

Brijmohanbhai: Continue to create *programmes*. Not that this one is over and so everything is finished. Have programmes with different *topics* and have different styles of programmes.

VIP souls meeting BapDada:

Those who maintain courage receive one hundredfold help and will continue to receive it. You may perform that *duty* while you are at work, but do *double* work, not *single*.

Fill yourself with power and keep a full *connection*. To the extent that you keep a *connection*, accordingly your *relationship* will become firm. If you don't have *time*, then get your *present mark daily* over the *phone* and you will become a very firm *number one student*.

The soul that has gone has also gone into this *connection*. Bring your sons into relationship in one way or another. If they don't come *regularly*, bring them to *functions* and serve them - that will also be good. Through this *connection*, they will receive some company and their future will be created. Do not break this *connection*. Make it firm.

BapDada is even now giving power and will make you move forward. Do not worry about anything. Do service while being carefree. BapDada is with you.

Special homework for 15 days

Check:

1. In the midst of all *circumstances* and situations:

Did I remain free from waste in my thoughts, words and deeds?

2. In my dreams, did I remain free from “Why?” and “What?”
and become victorious?

3. Did I remain unshakeable in an upheaval?
Did I apply a *full-stop* or a *question mark*?