

PGDVES - SYLLABUS

COURSE 1: VALUE EDUCATION & SPIRITUALITY

Unit 1: Definition, Concept and Classification of values

Unit 2: The need for value education in India

Unit 3: Developing Spirituality

Unit 4: Challenges of Value Adoption

Unit 5: Religions, Spirituality & Secularism

COURSE 2: MAJOR RELIGIONS, CONSCIOUSNESS & THE DIVINE

Unit 1: Hinduism, Jainism & Buddhism

Unit 2: Christianity, Islam & Sikhism

Unit 3: Consciousness & the Divine

Unit 4: Exploring the Self

Unit 5: God, the Supreme Soul – Source of Values

COURSE 3: PERSONAL DEVELOPMENT & VALUES IN LIFE

Unit 1: The principles of integrity

Unit 2: Character Development

Unit 3: Values in everyday life

Unit 4: Values, Virtues, Powers & Qualities

Unit 5: Timeless Truths

COURSE 4: MEDITATION & VALUES IN SOCIETY

Unit 1: Meditation

Unit 2: Positive thinking & Emotional Maturity

Unit 3: Women's Empowerment

Unit 4: Overcoming Addiction

Unit 5: Environmental Awareness

COURSE 5: PERSONAL PROGRESS & FIELD STUDY

Unit 1: Personal progress manual

Unit 2: Field Project