

For May 26, 2015

### Smriti or to Remember

Sweet child, ask yourself: How much do I remember the Father? How much do I spin the discus of self-realization? How many of my sins are being cut away? How much charity did I perform? The main thing is remembrance. Remember Me, your Father, and have a lot of love for Me.

Sweet Baba, during the course of the day I will reaffirm the awareness that this is easy raja yoga. I will spin the discus of self-realization. To remember You is so easy. You are so sweet! You are the Ocean of Love. This is the wonder of You: if I remember You, then I will never become ill for 21 births. You give me this guarantee.

### Samarthi or Power

I constantly plug myself into the power that is received from the above smriti. I become aware how my smriti is recharging my self-respect. I pay attention to how my smriti is giving me strength and is allowing me to operate with equanimity and patience in an ever-changing world.

### Mano-vritti or Attitude

Baba to Soul: Shrimat is very easy. I come and give Bharat shrimat and make it into the most elevated land of all. The Father says every day: Children, do not forget to follow shrimat. It is not a question of this Brahma. Understand what that ONE is telling you. That ONE gives directions through this one.

I am determined to adopt an attitude of acceptance. Baba, I will definitely accept whatever You tell me. I will look within and

check: How much do I accept and follow shrimat to become satopradhan?

### Drishti or Pure Vision

Baba to Soul: May you be images that grant visions by being the lights of the world who take devotees beyond with a glance.

I will remember that souls around the whole world are waiting to take drishti from these eyes. Baba has repeatedly told me that I am the the light of the world. When I, the light of the world, reach my complete and perfect stage, then world transformation will then take place and with a glance I will be able to take souls beyond. I, the soul, am an image that grants visions.

### Creating a Wave

I will do mansa seva and be part of creating a beautiful wave of pure remembrance and attitude spanning the whole globe during the 7:00pm to 7:30pm meditation. I will engage the smriti, mano-vritti, and drishti from above and give sakaash to the whole world as a humble instrument.