

For Week of June 08, 2015

Economy

The 18th of January was approaching one year in the 80's. Dadi was full time in London in those days. I was organizing the 18th Jan program and the person helping me was inspired to change the curtains in the auditorium for that day from the then current pink velvet to a lovely white linen.

When I went through the order of events with Dadi, I informed her that we would be changing the curtains to give a lovely white, holy, feel to the day. She went on to ask me how much the curtains would cost. I told her 800 pounds. In those days that was a lot more money than it sounds now.

She immediately replied... NO! Can't justify that money for one day! She said people trust us with their money and we can't be wasting it. I argued with Dadi, telling her that this person was spending it from his pocket and willing and inspired - that I didn't ask him! Yet she wouldn't have it! She taught me a lot that day about respecting money, and that simplicity was in keeping what we had... and not in changing it every so often.

Words of Wisdom:

Do everything with economy. Understand the importance of economy and eknami - taking the name of only One. I should not need and want things. Desires prevent you from becoming a destroyer of obstacles. For this you need a lot of renunciation. Do not be connected with things, be beyond things.

Then you will see how Baba works magic, works wonders. Baba then uses other people to get things done for you. But you really need renunciation. Whatever you renounce, your intellect should not go back to it. It is your fortune. First you need disinterest in things, then you renounce them, then you become a true sannyasi, a sage. We know this world is finished so have the attitude of renunciation. If you have the thought 'this is good and I want it' you have failed. Whatever is necessary will come to me on its own. Learn what it is to be a destroyer of attachment and free from desires. Then you will pass fully. I only need the power of silence, deep silence, true silence. I need the personal power of silence. With your silence power you can easily give people co-operation, companionship, support and understanding. What you cannot do with words, you can do with the power of silence. Once you understand the power of silence, you will never be subservient to anything else.

Through our economy and ek nami (yoga with only One) we claim our kingdom. Thus, Baba has made us wise. Those who maintain economy know how to have yoga of the intellect with One. Those who are not economical compare themselves to others, e.g. "This one's shoes are very good..."

Drishti Point:

When I look at others, I practice looking only at the true essence of peace and beauty that is the soul. I let go of waste thoughts of previous interactions with the soul or any history between us. This spiritual economy in drishti increases my capacity to love.

Karma Yoga Exercise:

As I walk and move about the world, I practice true economy of consciousness. I detach and observe myself and let go of any unnecessary thoughts and actions. By doing this, I experience the sweet peace of simplicity.