

For Week of March 30, 2015

### Having Self Respect

It was Feb 2002. I arrived in Ahmadabad on my way to Madhuban. Dadi Janki ji also arrived in Lotus house a few hours later and she sat with us for a chit-chat. Dadiji came from Tamil Nadu after attending a public meeting. Then she narrated an incident in Madurai that left us stunned.

During her stay in Madurai, the divine family took her to the famous temple of Meenakshi. We all know how strictly rules are followed in that temple; only the designated priests who strictly follow all the religious principles could get in to the sanctum sanctorum to offer prayers to the deity. And when Dadiji entered the temple along with the local BK sisters, the priest looked at her and invited her to the sanctum sanctorum! He offered 'arti' to the deity and then offered 'arti' to Dadiji. Dadii was not surprised; she knew that it was her memorial, her own non-living image that was being worshipped. Dadiji narrated all this in a very casual manner. This made me understand how much self-respect and faith in the drama she had. This sanskar plays a very important role in shaping one's future. Thank you Dadiji.

Words of Wisdom

Each one of us needs to remain aware and alert in our self-respect. To remain in your self-respect, pay attention to keeping a true heart and a big heart. One who does service with a true and big heart will serve at every step. He will remain in his own self-respect no matter what work he is doing and whether he sees the return of it or not. Baba knows that such a child will look after His service as a trustee – remaining aware that nothing is mine... everything is His.

Through truth and cleanliness I become an angel and then a deity. When the mind reaches this stage, one is able to remain beyond the body and bodily relations. Then Baba will remain connected and the atmosphere good.

You can give sakaash when you have the attitude of unlimited disinterest. If there is the slightest attachment, you cannot do service. The vibrations of your attitude spread far and wide. Be available for whatever service there is - there is no other happiness. Wherever you are, there is service. When you say 'yes', Baba becomes present. You need truth and humility for this. Be egoless, viceless and incorporeal like Baba - then you will be able to establish the true kingdom.

**Drishti Point**

I practice pure vision upon myself. I see myself as a radiant deity full of spiritual virtues and light. I see myself as the most elevated of beings, as God's pure creation lit with wonder and exquisite beauty.

### Karma Yoga Exercise

As I walk and move through the world of action, I move in the awareness of being the sacred, angelic body of light, the one who purifies the elements and the hearts of every soul upon the planet.