

The Avatar's Journey **Siddhi Swaroop Formulas - Set 4**

For January 27 and 28, 2016

I become introverted and in solitude experiment with and experience the below formula. Solitude doesn't mean I move away from people and things, it means to be stable in any one powerful stage while living and working in the world. Solitude means I stabilize my mind and intellect in one powerful thought.

Formula

(Sustenance – highest on high Father's love) + (Study – teachings received from the elevated Teacher) + (Shrimat – directions received from the Satguru) = Fortune

Practice

Sustenance: I'm Baba's special child. As the Parent, He sustains me at every second. He showers me with love and gives me alokik sustenance.

Study: The true Teacher has enabled me to obtain the highest degree: Bachelor of Trikaladarshi and an Embodiment of Knowledge. From the Highest on high Teacher, I've studied the whole study of the Creator and creation with these concepts: soul, Supreme Soul, and world cycle.

Shrimat: I take great care to follow the following directions that I've received from the Satguru: Remember only the Father and service. While living and working in the world, consider yourself to be God's trustees. Don't taint Shrimat with the dictates of your own mind.

Attainment

Fortune: The practical fruit of such Godly sustenance is an easy yogi life. I create my present and future fortune based on the above three types of sustenance.

For January 29 and 30, 2016

I become introverted and in solitude experiment with and experience the below formula. Solitude doesn't mean I move away from people and things, it means to be stable in any one powerful stage while living and working in the world. Solitude means I stabilize my mind and intellect in one powerful thought.

Formula

(Taj – crown of purity's light) + (Takt – immortal throne of forehead, baba's heart-throne) + (Tilak – consciousness/yogi) = Self-sovereignty

Practice

Crown (Taj): I become aware of my crown of purity's light. And, by serving, I wear the crown of responsibility.

Throne (Takt): I take care to remain constantly seated on BapDada's heart throne.

Consciousness (Tilak): I stabilize my consciousness by living as an incorporeal soul in this corporeal body.

Attainment

Self-sovereignty: Through the above practice, I attain complete controlling and ruling power over my subtle and physical organs.

For January 31 and February 1, 2016

I become introverted and in solitude experiment with and experience the below formula. Solitude doesn't mean I move away from people and things, it means to be stable in any one powerful stage while living and working in the world. Solitude means I stabilize my mind and intellect in one powerful thought.

Formula

(Raazyukt – retaining the secrets of knowledge in the awareness) + (Yogyukt – remaining constantly connected to the father, the creator) + (Yuktiyukt – constantly using the accurate method underpinning actions) = Divine Insight

Practice

Knower of Secrets (Raazyukt): Being loving and detached, I realize the significance of everything. All the secrets of knowledge remain clear in my intellect and awareness.

Connected to Baba (Yogyukt): I constantly remember the Father, the Creator.

With the Right Method (Yuktiyukt): Because I'm gyani and yogi, my every action is correct and elevated. Even my thoughts are yuktiyukt.

Attainment

Divine Insight: Through the above practice, I attain the greatest blessing of divine insight, the third eye. I experience Baba giving me this gift of life as a blessing.