

“Sowing the right seed at the right time”



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A seed determines the strength of the tree. It has the power to arise from the ground in order to flourish. Similarly, each individual has the seed of thoughts. If the seed of thoughts is strong, proper and pure, it can overcome all obstacles and it will emerge untroubled, unobstructed in order to flourish, elevate itself. But, as any seeds, the small plant need care and protection otherwise there is a chance of being infected or eaten up. Similarly, thoughts should be healthy, positive, powerful and happy. Thoughts are seeds, they should be cared, nurtured and developed in order to bear fruit and bring success.

As before the rainy days farmers sow seeds and harvest at the end. Similarly, the youth age is the right time to sow the seed of good work and pious thought to serve the self, the family and the world. Shower enough water of motivation as well as care, and expose to the sunlight of determination as well as focus. Do not develop ego during the days of success otherwise unconsciously you are sowing the seed of failure.

DESK OF ALMIGHTY

“Sweet children, the first faith you need to have is that it is the Father, the Incorporeal One, the Ocean of Peace and the Ocean of Happiness, Himself, who is teaching you. No human being can grant peace or happiness to anyone.”

DD to start weekly 'acche news' show :

Doordarshan News has started a half hour weekly show 'Good News India'. The programme, started 31st May covering “positive, inspirational and success stories involving people from across the country”.

“Anger begins in the minds of human beings, so it is in the minds of human beings that we must plant the seeds of peace “

Reflection & Realization

“Creating quality thoughts brings happiness and lightness.”



Projection:

When there is quality thinking, thoughts are not many, but each thought is special. Quality thoughts are reflected in quality words and quality actions. They reduce tiredness and carelessness as thoughts are fewer in quantity.



Solution:

When I have good quality thoughts, I experience sweetness, happiness and self-respect. I am able to recognise my own greatness and move forward with lightness under all circumstances.

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The Biggest enemy of one's life is Laziness & Postponement

This story is all about Kumbhakarna: Kumbha (Pot) + Karna (Ear)

The biggest and deadliest enemy of one's life is laziness and postponement. We all have this habit of always postpone because our mood is not ok. And we say: "I will do tomorrow". Instead of staring at our projects, we should implement them one by one and execute. Every small step leads towards success, and with time, it will develop momentum.

Many good people spoiled their life in search of luxury and it is a never ending thing. The more one aspire for luxury and comfort, the more one miss it. Rather, hardworking is respected and rewarded, the more one works hard, the more one enjoys. We have examples in front of us like Mr. Sachin Tendulkar, Indian Cricketer and captain; Mr. Abhinav Bindra, Indian shooter and a World and Olympic champion in the 10 m Air Rifle. Hard work makes one flexible, fast and accurate. There is altogether a different kind of fulfillment and pleasure in working hard. Busy life makes one's life easy and meaningful. But people do not know how to distribute their time in different aspect of life: for family, for health of mind and body, professional work and social responsibilities.



Kumbhakarna is the symbolic representation of laziness, luxury, indulgence, and postponement. It is all about sleeping of the mind power. It is said that Kumbhakarna was sleeping for 6 months. Can anyone survive without food for six months biologically? So, Kumbhakarna means Kumbha + Karna where Kumbha means "Pot", "Matka", "Kalash" and "Karna" means "ear", "Kan".

The God of Knowledge poured "Amrit" that is nectar, the water of knowledge into the ear of the person sleeping in ignorance and irreligiousness "Adharma" to simply allow that person to wake up from ignorance and irreligiousness. We have been sleeping deeply in body consciousness, assuming the self being the body and forgetting our real identity of divine consciousness, which is a living entity, the driver of this body. God wants us to wake up. "If it is not now then never".

The final bell has already rang, I need to be careful and merciful to myself. Ignoring the 'wake up' alarm is in itself inviting bad fortune. Therefore, I need to start doing good things now and not leave to time and fortune. Determine your own fortune through your hard work, your dedication and your actions.

Always remember, you have within you the strength, the patience, and the passion to reach for the stars to change the world.

- Harriet Tubman



ABCD OF FRIENDSHIP

Cherish time together

15 August
Happy Independence Day

ENJOY THE TRICOLOR OF INDIA
VANDE MATARAM!



Be Light House

A light (Soul) in
The house (Body)

In this world of extravagance, convenience, comfort, amenities and facilities, there is a flow of desires to enjoy and sloth. Many times the flow of the undercurrent desires are deviating and devastating. If the flow can be properly controlled then it will lead to the ocean. But, as the life provider sometimes become responsible for misery and death, the soothing and serene ocean also becomes wild and horrific to cause Tsunami. There are no more rivers or oceans reliable and pleasant.

The lighthouse remains stand still and strong within the tremor. It withstands the oceanic current and storms. When the lighthouse is constructed, the foundation are made with strong material and deep enough to withstand all types of situations. The soul, a being of light is in the house of the body. And the intellect needs to be strong, unshakable and stable. The foundation of life is built on an unshakable faith and a firm determination. The in-depth understanding of life helps to lay the strong foundation. People have lost their direction, they are exhausted to face all types of storms. They cannot see their destiny. They have lost their hopes and courage. They have started to give up.

Tall and stable, the lighthouse rotates its light around in order to guide the boats towards the shore. Similarly, be a light house and a might house by first empowering the self with the mighty rays of the Sun of Powers, Purity and Peace Shiva Baba, the Almighty Supreme Father, and then spread the light and might of good wishes, purity, peace, knowledge, motivation, tolerance, patience, understanding, and judgment along with the power to face and cooperate towards the globe. Be detached and unprejudiced to serve both your enemies and friends. A Lighthouse does its duty, it never differentiates between noble or corrupt, it is beyond castes, communities, income, color, country and religion. It has unconditional love and empathy to guide all souls (lights) towards the shore (home).

*Be detached and loving as a lighthouse.
Be strong and powerful as a mighthouse.*

Be Simple Be Sweet And Be Successful

Simplicity does not cost anything, rather enrich
Simplicity makes one sweet.

Simplicity makes relation sweet.

Simplicity makes problems simpler

Simplicity with tolerance makes one successful

Simplicity saves money

Simplicity brings satisfaction in life

Simplicity makes one straightforward

Simplicity saves time

Simple person is a sincere person

Simpler things are sophisticated (Like windows is simple to handle but sophisticated, touch screen is making thing simpler but sophisticated)

Simpler person is really a sophisticated person

Simple living is salubrious (Healthy)

Simplicity means in solitude (Enjoy Silence and Stability)

Simplicity makes one internally strong to face any situation.

Simplicity brings good sleep

Have undiplomatic, sophisticated (in art, knowledge and intelligence)

Simple life makes yours and others life sweet and successful.

Brahma Baba was simple and Shiva Baba is the simplest and most Powerful God

According to Baba's language, our standard of living should not be too much luxurious or too much simple. It should be average. But our nature should be simple, straightforward and sacred. We need to maintain some sort of gravity and be introvert while dealing with worldly people. Do not hurt anyone, do not allow others to hurt you, safeguard the self and be sweet

Youth Services

To inspire, to empower, to realise, to rededicate, to meet, to share, to break all bondages like addictions, bad habits and blind faith, to spread the message of brotherhood by developing spiritual consciousness.



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1. Youth Retreat, Bhatwadi, Candle Lighting.
2. Audience
3. LIFE SKILL EDUCATION CAMP-NON RESIDENTIAL organised on 12/06/2015 at Brahma Kumaris, Om Niwas, Unit-9, Bayababa Matha Road, Bhubaneswar
Bro. Krishna Mohan Trivedi, Chief General Manager, SBI, Bro. S. B. Ninawe: Chief Administrative Officer(Com), East Coast Railway Bhubaneswar
Bro. Pradeep Kumar Sharma, Manager (Admin) B. K. Geeta, Center in charge, Om Niwas, Unit-9, Bhubaneswar.
4. Participants of LSEC.
5. Culture evening.



National Seminar on Role of Youth in Creating Swachchh, Swastha, Swarnim Bharat

15 – 19 May, 2015 at Gyan sarovar, Mount Abu
Organised by: Youth Wing- RERF & Brahma Kumaris



एक कदम स्वच्छता की ओर



Join us...

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For more information about Youth activities, please visit

www.bkyouth.org

