

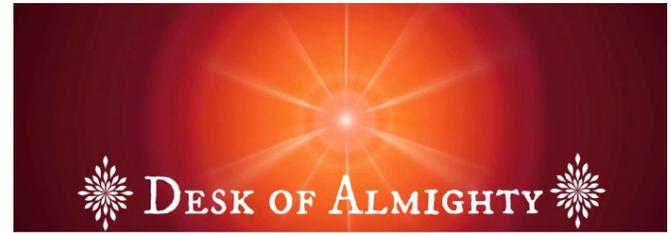
“When mind is blank”



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It happens when the mind is blank. Nothing is emerging out of it. We are not able to think, act, do, respond or take an opinion when a situation is in front of us. Which sometimes, results in danger.

As we water the plants to grow, exercise to strengthen our bones and muscles. A sculpture shapes a stone into idol. Similarly Young friends minds are to be nurtured and feed good, pure thoughts daily. If you continue to pour quality, motivating thoughts in the mind which will help & co-operate you at difficult time, decision making time which will be reasons for peace of mind in the time to come. Such habit will shape your mind. Make sure every day you do some activity, which strengthens your mind. Meditation is one such tool.



“Sweet children, as are your thoughts, so is your world. Every thought of the special souls who are instruments to make the world new has to be elevated”

Optimism opens a door in difficult or hopeless situations. No matter what the crisis, an optimist maintains the outlook that it is a sign, time for a different way of thinking, or of doing things. Sometimes the signal has to be very clear even harsh, otherwise we may continue in self-delusion and not wake up. Of course if we lack optimism, instead of taking this signal as a step towards renaissance, complaint, resentment or even desperation will emerge.



“The easiest way to bring positivity in life is to become worthy of God's love.”

Projection:

A simple checking whether to perform an action or not is to see if it would be approved by God. When every action is thus checked, there would be positivity and benefit expressed through everything. There would not be any negative, waste or even ordinary actions performed, but only those that are sealed with the power of positivity.

Solution:

When I am able to bring about such positivity in my life, I'll not only win the love of God, but also the love, praise and good wishes of all those around me. I also become trust worthy and an image of support for those who are seeking to bring positivity in their lives.

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Using “Famous Saying” at right time

It is seen that there are number of famous sayings on each topic, given by renowned people of the world. These sayings are not merely - just saying. It has come out after years of experience in particular field. It stands still even after sufferings, misery and examinations. It came out of practical life experiments and great deeds..

We have been reading, listening these saying since childhood, may be in school, institutes or temples. We have also been hearing from our elders, books and *whatsaap* messages. We just keep on putting those saying on the wall, calendar, diaries, or as daily quotes but hardly serious in implementing them. We feel fun in sharing and advising to other, perceiving self as a perfect man.

There is hardly any contemplation, analysis or plan to see them in life. Famous sayings may be a film dialogue, which may sound well and entertaining, but without real life implementation, it is worthless. We should ask ourselves, why we fail to translate those sayings into life. It seems there is some missing dimension between thinking and implementation. Do we lack commitment, determination or strength to do it?

Take care or make such arrangement that these good, motivational sayings should be prominent, eye catching and visible. It can be kept in your purse, room, on door, on office table or on the wall. It should remind you again and again to inspire you to implement for self and other.

There is a motive and intention behind each saying. It should be time and place context, it should be understood and implemented accordingly. Let us set our mind that these should remind us at right time as per need and situation. We should ensure in life and action. Finally make our own life a beautiful and becomes “Famous QUOTE”.

Be honest Last smiles is yours

The recent judgment of the Government of banning 500 & 1000 rupee notes has surprised our nation and the world. Many of us have not seen and encountered such situation in our life. We are fortunate enough to see or hear such Govt policies. I found honest people were having smile on their face.

As a youth, we have been observing the corrupt person is enjoying everything: luxurious materials, cars, bungalows, foreign tours, foods, fun and many things. Sometime this excites and attracts us to move and select the same path, in spite of awareness of consequences at the end.

The materialistic pleasure and popularity, which is attained through corrupt means is short term. Honest person may be humiliated, suffer, and criticised but in long run, he or she enjoys the fruits of righteousness. People want to take short cut to become wealthy or rich overnight, for that they are ready to do any unethical, illegal or abnormal things. But with time they get trapped within their own plan. We have seen many professionals, sportspersons and actors lost their lifetime credibility, popularity, and success overnight. Now a days we can see many college going students doing cheating, malpractice or bribing to get the good marks, but at the end they are deprived of knowledge and failed miserably in interviews and real life task.

Before achieving any post, position or wealth, youth love honesty and expect other to be honest.. But once the same youth achieve success or good position, his life philosophy gets changed. He starts compromising with honesty for material and monetary gain. Rather he should be more sincere and honesty loving person on higher ladder of his career. Which is essential to do justice to his post and responsibilities. . One requires firm commitment & strict discipline to practice honesty throughout life or till the death.

At the end honesty is paid. Be honest, last smiles is yours.

Blaise Pascal : A teenager and youth Scientists and Philosophers

The famous bachelor, is a radical inventor without whom we can't imagine the wholeness of mathematics and physics.

Mathematician Blaise Pascal was born on June 19, 1623, in Clermont-Ferrand, France. His mother passed away when Blaise was just an infant.

His father Etienne omitted mathematics from his son's early curriculum out of concern that Blaise would become so fascinated with geometry that he wouldn't be able to focus on classical subjects. The teen boy who took interest and learned geometry of himself. The inquisitive boy, who at the age of 12 began exploring geometry on his own. He made up his own terminology; not having learned official mathematical terms, and quickly managed to work out that the sum of a triangle's angles are equal to two right angles.

Blaise Pascal, a mathematical genius, at the age of 19 invented a machine, which he called the *Pascaline*, the first mechanised calculator, that could do addition and subtraction to help his father.

In the 1640s, while tinkering with barometric pressure, Blaise Pascal invented the syringe and the hydraulic press, which is widely used in medical science and hydraulic.

Without him the difficult topic like *probability* can never be understood. Originally *theory of probability* applied to gambling, today it is extremely important in economics, especially in actuarial science and analytics.

At the age of 39 he left his corporeal body to become an immortal. His last words being "May God never abandon me,". The scientist the strong believer of God and maintained celibacy, firmed in ethics, prefer to suffer, but never compromised with divinity.

He was highly religious, have strong faith on philosophy of good deed or misdeed and an ascetic bachelor. Besides math and physics, he had contributed equally in the field of religion, philosophy and literature. T. S. Eliot, British essayist, publisher, playwright and poet described him during this phase of his life as "a man of the world among ascetics, and an ascetic among men of the world."

Reference:

https://en.wikipedia.org/wiki/Blaise_Pascal

<http://www.biography.com/people/blaise-pascal-9434176>

Give a lot of time to the improvement of yourself, then there is not time to criticise others.

youth Wing, Brahma Kumaris
www.bkyouth.org
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Stillness of spirit doesn't mean lack of movement, but that thoughts and feelings move in the right direction naturally.



Youth Services Life skill education camp

To inspire, to empower, to realise, to rededicate, to meet, to share, to break all bondages like addictions, bad habits and blind faith, to spread the message of brotherhood by developing spiritual consciousness.



1. Life skill education camp, Kotkapura, Punjab, Vist of Deaf & Dumb School .
2. Life skill education camp, Kotkapura, Punjab, Harjit Singh SDM, KKP & MLA KKP visited the camp.
3. Participants, Life skill education camp, Kotkapura, Punjab,
4. Life skill education camp , Jalore, Rajasthan, Ex M.L.A Ramlalji Addressing in LSEC.
5. Group photo, Life skill education camp , Jalore, Rajasthan

Join us...



Youth Wing, Rajyoga Education & Research Foundation

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