

## LAWS OF KARMA

1 "As you sow, so shall you reap". Whatever we put out in the Universe is what comes back to us. If what we want is Happiness, Peace, Love, Friendship... Then we should BE Happy, Peaceful, Loving and a True Friend.

2 Life doesn't just HAPPEN, it is created by us . Whatever surrounds us gives us clues to our inner state. BE yourself, and surround yourself with what you want to have present in your Life

3 For us to GROW in Spirit, it is we who must change - and not the people, places or things around us. The only factor we have control over is -Us. When we change, who and what we are within, our life changes too.

4 What you refuse to accept, will continue for you.  
If we are seeing the negative in others it shows that we ourselves are in a lower level.

5 "Whenever there is something wrong in my life, there is something wrong in me."/ We must take responsibility of what is in our life.

6 Past-Present-Future they are all connected... Each step leads to the next step, and so forth and so on. Neither the first step nor the last are of greater significance ,as they were both needed to accomplish the task.

7 You cannot think of two things at the same time. When our focus is on Spiritual Values, it is impossible for us to have lower thoughts such as greed or anger.

8 Looking backward to examine what was, prevents us from being totally in the HERE AND NOW.Old thoughts, old patterns of behavior, old dreams... Prevent us from having new ones.

9 History repeats itself until we learn the lessons that we need to change our path.

All Rewards require initial effort making. Rewards of lasting value require patience and persistent effort making . True joy follows doing what we're suppose to be doing, and waiting for the reward to come in on its own time.

You get the result from something as per what YOU have put into it. - The true value of something is a reflection of the energy and intent u have put in it . Every personal contribution is also a contribution to the Whole. Contribution should be whole hearted and not half hearted.