

108 Points from the Murli to Benefit the Heart

Magic Moments

The Murli:

1. Solves the mystery of understanding how the soul functions.
2. Is used by Baba to entertain me, He speaks It In such a way that my mind and intellect dance with delight.
3. Is a 'passport' to the three worlds.
4. Is so enevolent; there is benefit for me in every word.
5. Applied regularly softens and changes even the most stubborn sanskaras.
6. Is the vehicle that makes me fly and travel the three worlds.
7. Is a window, through which I can look and see the "Golden Age".
8. Is the same window that allows me to know the soul world and subtle region.
9. Explains the essence of all scriptures 'and the paraphernalia of bhakti.
10. Is the sweet song which Baba sings to awaken me and restore my awareness.
11. Is the Alchemist's tool to turn iron into gold.
12. Is "food" for all needs. It is protein to make me strong, carbohydrate to give energy and it provides warmth. It is a balanced meal.
13. Is truly worth multi-millions; each word elevates me if I use it properly.
14. Is a guide book - a phrase book to take me to Golden Age via Paramdham.
15. Is a vehicle for the intellect that takes it flying.
16. Is a Dunlop pillow, which gives rest and comfort to the mind.
17. Is the "flute" to which the gopes and gopis danced; I dance this dance now.
18. Is my "treasure chest" containing jewels of knowledge and pearls of wisdom.
19. Is the depth of knowledge which removes any fear I might have.
20. Is 'raw food' - very nutritious for the soul to digest.
21. Cleans the intellect: it transforms an iron vessel into a golden vessel.
22. Transforms me from a human to a deity.
23. Contains all 'Secrets'.
24. Injects zeal and enthusiasm and I fly as an angel.
25. Is a "training manual" to become an angel and a resident of the new world.
26. Is 'magic': it performs miracles.
27. Gives 'hope' to the 'hopeless'.
28. Gives me courage.
29. Is sweet and sweetens my words - it allows me to conquer ego.

Secrets for the Self

Within the Murli:

30. Brahma Baba shares his experience and inspires me to make effort.
31. Baba meets me personally and speaks directly to me every day.
32. Baba liberates me from this dirty old world and makes me master of the new world.
33. Is 'nectar' for the soul.
34. Points emerge that 'percolate' or 'bubble' in the intellect and revitalise it.
35. Baba melts my heart and brings benefit to every soul in the world.
36. Knowledge is contained which allows me to experience yoga and purification.
37. I receive detailed instructions, which allow me to claim an inheritance easily but also inspire me to claim the highest reward.

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38. Baba adopts me and makes me His child.
39. Baba the 'Murlidhar' prepares me to go home with Him.
40. Baba as the Teacher is making me like Himself and the Murli is the instrument to make this possible.
41. Baba shows me my 'true identity and makes it possible to relinquish "old sanskaras" and emerge deity sanskaras.
42. Baba liberates me from all sorrow and makes me smile again.
43. Baba makes me value virtues and become aware how vices damage the soul.
44. Is my enlightenment: without it my intellect could not be divinised.
45. I find a "safe place" for me to rest my mind.
46. I understand that the power of knowledge will bring me wealth, whilst the power of yoga gives me health.
47. There is so much happiness contained that I become intoxicated listening.
48. There is knowledge that helps me conquer fear and makes me naturally stable like Baba.
49. Is the map for the pilgrimage of remembrance, without it I'd be lost.
50. Is the strength to draw out 'all specialties'.
51. Is the secret of how Baba works with me and makes life easy.
52. I find Baba even if I separate myself by accident. He is always there.

Knowing God

The Murli reveals:

53. How to know God.
54. The true versions spoken by God.
55. How to experience Baba in all relationships, He is my beloved and romances me with so much beauty and love.
56. Baba is the Purifier, Surgeon or Homeopath and with the aid of the Murli as anesthetic, removes my 'disease' painlessly.
57. Baba as a Guru - the Sat Guru who gives directions to allow me to be detached and to experience the journey home.
58. How to experience Baba as a loving friend and companion - He accompanies me into all the parts of my life - He never allows me to walk alone.
59. Baba is the Truth and I experience this when He speaks to me.
60. Baba as my Mother and nurtures me offering fresh food for my intellect daily, filling my mind with joy.
61. Baba is so altruistic; He continues to give each soul every bit of help and I experience His compassion.
62. Baba clearly has respect for me and each soul.
63. The complete knowledge of the Creator and Creation.
64. How Baba acts as the Laundryman and removes old stains from the soul.
65. God's personality to me.
66. Baba as the Gardener using the water of knowledge to create a bouquet of flowers.
67. My relationship with Brahma Baba without which God would remain distant.
68. How Baba is beyond the consciousness of 'I' and gives such an example to inspire renunciation.
69. How Baba is never forceful but also how He never relinquishes His effort on me

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- this is a wonder!

70. How Baba reminds me again and again to be swadarshan chakradari. He constantly spins the cycle for me.

Godly Guidance

The Murli contains:

71. The method by which I can claim a high status, no matter what my part has been in my last impure birth.
72. All Baba's titles which He encourages me to experience and master through each relationship with Him.
73. All the necessary ingredients for my Brahmin life.
74. Newness to inspire effort even when laziness or boredom creep in.
75. Directions which gently but firmly draw me to the correct path – even when I am stubborn or reluctant to move.
76. Strength that renews determination.
77. The true eternal laws and not laws created by human beings.
78. And emphasises the value of the Confluence Age and Baba reminds me to use this time wisely.
79. The power to which 63 births of body consciousness must surrender.
80. Answers to all my questions.
81. Solutions to all obstacles and problems.
82. The 'visa' to be a true Brahmin and the right to inherit heaven.
83. An armoury of points to combat all my weaknesses.
84. Awareness of the bhakti I have performed in the last 63 births and transforms this into knowledge.

Daily Diamonds

Through the Murli:

85. Brahma Saba became complete and I'm intoxicated to hear the same versions.
86. Baba explains the laws of karma deeply and demonstrates how to be truly merciful.
87. Baba creates a mirror which allows me to check my own heart.
88. Baba explains the wonder of the drama and helps me apply a full stop to any sad scenes.
89. And the power of yoga, anger and all other vices are destroyed.
90. I experience all souls as my brothers and it's then possible to accept and love all.
91. The pilgrimage of remembrance starts and is sustained.
92. Baba gives me practical advice on how to make easy effort.
93. Baba teaches me how to live in the family, maintain brotherly vision and conquer vices that sanyasis thought impossible to conquer.
94. I come to own and experience my divine nature, my original deity form.
95. Baba demonstrates and inspires me to imbibe virtues automatically.
96. Baba gives sustenance and makes it possible for me to remain a detached observer.
97. I learn to understand and control my mind, intellect and sanskaras.

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98. I gain a daily text book and exam revision paper, which I study and apply to prepare me for my final paper.
99. My heart understands everything and I become a bestower like Baba.
100. I create a "check list" for my daily activity.
101. Baba gives elevated directions I can follow and they are attainable.
102. Baba deepens my appreciation of the subtle regions and inspires a more subtle approach to service.
103. I learn to surrender and to live in the world as a trustee.
104. I experience being full and content, filled with the wealth of knowledge.
105. Baba teaches me to do service balanced with love and law.
106. There is newness in service which creates zeal and enthusiasm.
107. I experience being an embodiment of success by regular study.
108. Service is explained in detail.

Om Shanti