Dadi Janki Class – Shantiyan – 11/04/08

Ask the heart how much thanks we must give to Baba. Our thoughts, words and actions should be so elevated. He has taught us how to surrender but also how to use everything in a worthwhile way. It is the intellect that understands and the eyes enables us to be an embodiment of experience.

Thoughts are like ants. They can come and create havoc for us if we are not careful. Ants are always seen following each other like an army. If one comes, then a whole troop follows. Therefore take care of the pattern of your thoughts. It takes one second for thoughts to be transformed.

The difference between a mistake and a careless nature is that a mistake happens but a careless nature is due to a childish intellect i.e. that one who is not trikaldarshi. This is why Baba says be trinetri first then be trikaldarshi.

Happiness is our personal possession. It vanishes because of too many thoughts. When we first came to Baba we came with such happiness and belonged to Him. However if for some reason it disappears, then it is very difficult for it to return. One should have supersensous joy beyond the senses. Who gives you permission to think of things of the past or even yesterday.

One who says, "I can't tolerate"- is like being a goat, who lives in fear. Actually we are shaktis, the one who rides a lion. Our power comes from the Almighty - that is the source of my strength. The one who says "this is difficult" has not got a faithful intellect. That is why Baba says, child you are a Maharathi, not a horse rider or a foot soldier.

Om Shanti