

## **Dadi Janki - 1.6.19 Morning Class – GCH, London**

### **Baba has the concern to make us the same as Him**

First, let's say with three Om Shanti's. My Father teaches us and makes us practise instantly. Why? So there's not even a trace of being tamopradhan. When we become satopradhan, our company influences others; we don't have to say things but just being in our company they become equal. Baba uses the same technique, He teaches us but at the same time He's colouring us with His company in order to make us equal. Baba says: Remember Me and imbibe the qualities He teaches. Then it becomes easy to teach others. When people see the virtues in the person who is teaching, then the people being taught also imbibe virtues. This is something I have seen, everything becomes effortless, then, there isn't labour but your bhavna works. Don't labour, just remember Baba, don't remember any bodily beings. Let no bodily being pull my intellect in any way. What do we have, anyway, that we would need to remember a bodily being? Whatever we possess, we have given it anyway.

There are two things: one is remembrance. Baba doesn't give knowledge, He says: Stay in remembrance, He gives the knowledge of remembrance! He doesn't say: Jump straight into service! First have remembrance, have dharna, then our company will colour people and make it easy for them. It's nice sitting together in each other's company - automatically your mind is drawn into remembrance. 'Remembrance begets remembrance' and your stage becomes good. One is one's stage, the other is one's attitude. Remembrance happens through the intellect and with that same intellect you can make a good attitude. Baba has this one concern to make us the same as Him.

I didn't say: 'Sit in remembrance' but remembrance pulls as all upwards. We don't look around here and there. It's Baba I don't want to take my eyes off. Baba keeps relating and, as He's relating, we don't take our eyes off Him, we keep looking at Him. We become absorbed in thinking about Him and in that absorption our deep subconscious, our chit, is cleaned out. This is the method to free yourself from all types of worries and deeper concerns. We don't think obsessively about things. As a result, the mind becomes cool and calm and the chit becomes clean, both things happen simultaneously. When the mind becomes completely peaceful, the chit becomes clean. Whatever is my bhavna becomes my nature. Bhavna is good feelings and bhav is your intentions, and that transforms into your nature (swabhav). Our intentions become our nature. Your nature acts itself out through your attitude and through your vision. Baba has made our intentions and nature such that everybody remains content with us. Happy and content - these are two things. When people understand the significance of what we are doing, then they remain content. When you stay content, then the happiness works of its own accord, it emerges from within. If you want to see happiness, see someone's face and, if you want to see contentment, then see someone's activity. Activity reveals the degree of your contentment, the face depicts your degree of happiness.

To be content, 'raazi', means to have the kingdom, 'raj'. It's a royal status through being happy but how will you rule? With your own senses. The mind easily becomes calm and the organs are completely under my orders. They don't rule me and make me do. "No". They are cool, calm and serene and they do as I wish. Your face shows happiness, your expression shows satisfaction. The method is to listen to the Murlidharan and then in life we feel liberated. When we go to sleep at night, and in our activity during the day, this is what there is: liberation and liberation in life. This we receive as our inheritance. Let nothing be lacking in me, let nothing about me distract others and let me experience liberation in life.

**Om Shanti**