



Greed

Diamond alone can cut another diamond and a thorn alone will have to be used to remove another thorn. The tendency to be greedy can be cured by another facet of greed. Instead of showing attachment towards worldly objects, one's attention should be directed towards divinity. We can be greedy to acquire spiritual knowledge. Let me possess a deep desire to develop forgiveness, politeness, straightforwardness and peacefulness.

Taking Responsibility, Overcoming Guilt

When you free yourself of guilt, you live in peace within. You take on responsibility and stop sentencing (punishing) yourself internally with feelings of guilt. **Taking on responsibility is constructive; it allows all your potential to remain awake and flow.** You feel free and unburdened. When you get it wrong, you can find different methods to relieve yourself of the burden that it might imply. For example, **being sorry for or feeling sad for something that you have done means that you are aware that you have acted against your own wellbeing or that of another. Realizing it is good; it is the base for any positive change.** The important thing is not to sentence (punish) yourself. Learn the lesson. Say sorry, if it is the right thing. Put it right.

Remember that yesterday has already passed. The past cannot be changed. You can't swallow the words that you said, since you already said them. You can't repeat the scene from yesterday in a different way because it already happened and stayed recorded on the film of this world drama. Therefore, don't repeat the words or the scene in your mind over and over again; doing that, you keep alive something that is dead, since yesterday already stayed behind. Learn from the error and commit yourself to you and to your life, promising to yourself that you will not fall over the same stone again. You will think about it before speaking or acting.

(To be continued tomorrow ...)

Soul Sustenance

The Influence Of Your Thoughts, Intentions And Attitude On Your Destiny (cont.)

We can define three basic types of actions:

- 1. Actions which are impure, negative and unclear.**
- 2. Actions which are pure, positive and clear.**
- 3. Actions which are neutral.**

Impure actions are those that are influenced by negative intentions, anger, ego, bitterness, fear, rage, revenge, lust, attachment, dishonesty, greed, laziness, jealousy etc. Positive actions are influenced by good intentions and attitudes. They are actions ruled by kindness, forgiveness, love, joy, peace, humility, generosity, sweetness, empathy, trust, unity etc. Neutral actions are not dictated by a negative or positive consciousness and do not cause a negative or positive result. Everything remains as it was. If you do something with the intention of bringing benefit to someone but it does not give the result you desired, you will not receive a negative return, because your intention was good. However, **if you carried out an action with the intention of hurting someone, with emotions of revenge, and that action did not hurt the other in the way that you wanted, you will still receive the return of the energy that you have radiated or thrown into the Universe.**

We have to 'pay', or, in other words, we have to reap what we have sown or have thrown into the Universe, through our actions, attitudes and intentions. This is called paying off *karma*. That is, we have to settle the accounts in order to clean the soul of the marks left on it by its negative actions or intentions. We also reap the fruits of the good seeds that we have planted.

Message for the day

The biggest treasure of all is the treasure of experience.

Projection: The one who has the treasure of experience is able to bring benefit to others. He is clear in thinking and accurate in judgement. So he is naturally able to give directions or corrections based on his own experiences and is also successful in it. Also there is equality in what he talks and does.

Solution: To be an embodiment of experience means to learn from everything that happens. So when I am able to become an embodiment of experience, I am able to feel mastery over every situation that comes my way. The power of my experience enables me to move lightly through all situations.

Perfection

There is a saying "No man is perfect", and so man slides below that standard of worthiness into imperfection with seemingly popular consent. So look around and see the results; no or incorrect aspirations; falling standards externally as well as internally. Because of imperfection, because we have accepted that man MUST possess all the vices, because we think them to be the basic ingredient of human nature, we are now tottering in the brink of personal and global collapse.

In scientific terms, perfection is accuracy and precision. Everything is in its appropriate proportion and position. In human behavior, perfection is the balance acquired between the various states of consciousness. It is the balance that comes when the thoughts and actions are totally harmonized in truth. Perfection is understanding that every action, every thought, every breath would be geared towards a specific purpose and direction - that of total positive self realization. To realize one's self with clear vision and accurate knowledge is to be perfect.