

Daily Positive Thoughts: July 03, 2014: Clear Vision



Clear Vision

If you miss an opportunity, do not cloud your eyes with tears; keep your vision clear so that you will not miss the next one.

Flexibility

When I plan perfectly for the day ahead, I sometimes find that I am not able to implement all that I had planned for. Things seem to be coming up unexpectedly spoiling everything for me. I am then not able to be happy with what is happening and so find it difficult to do my best or what is required for me to do. It is as important to be flexible in my thoughts as it is to be particular about my daily schedule. Flexibility allows me to accommodate the unforeseen situations that come up my way and enables me to make the best use of everything. And so I enjoy everything that comes my way.

Awakening Your Intuition (cont.)

Meditation purifies and sharpens our intellect which makes it broader and far-sighted and also makes it free from waste and negativity; very clean and clear, like a mirror. As a result the intellect is able to subconsciously look into the hidden aspects of any situation, sense the underlying thoughts, emotions and feelings of people involved without any of them being visible, also look into the future without it having evolved as yet and sense the right solution. Nothing can remain hidden from a mirror. Even though a mirror is not consciously aware, somehow or the other it will decide correctly.

This is only the intuitive capability, the capability of becoming a 'situation doctor', hearing the mental pulse of the situation and coming up with the right cure for it, which is awakened by meditation immensely. If the intellect contains negativity or waste and is not clear, sometimes one or more than one of the many influences which we had mentioned in yesterday's message might be perceived to be the intuition and then we might fail in a particular situation. Its important to note that the intuition, if heard correctly, which is only the case when the intellect is clean, can never be wrong and will always take you in the right direction.

In the above context, for the completely analytical minded, it's significant to understand that **the intuitive perception** was favoured more by old spiritual traditions and **the intellectual perception**, is being favoured more by modern science and medicine. Relying only on the intellectual perception is not wise. It alone cannot give us a complete idea of reality. A balance needs to be created between the two different types of perception. People with a balance will be more successful in life and victorious in difficult situations.

Soul Sustenance

The Subtle Role Play Of Thoughts And Images (Part 1)

The human soul is a subtle (non-physical) stage on which a subtle role play of thoughts and images constantly takes place throughout the day and even while sleeping. We have explained in our older messages how thoughts are of 4 main different types - **positive** which are based on virtues, **necessary** related to day-to-day activities, **waste** which are mainly unnecessary and related to the past and future and **negative** which are related to vices and other weaknesses. In the same way, we also constantly create images or scenes, which are of the same 4 types, which is why we commonly use the term 'the eye of the mind'. The mind not only thinks or speaks subtly but visualizes or sees subtly too, almost all the time.

These two processes function, sometimes independent of each other as well as sometimes dependent on each other i.e. influencing each other e.g. think of peace and that leads to visualizations related to the same. Visualize an unpleasant scene of anger and hatred, and your thoughts are led in that direction. Sometimes these two processes function at the same time and sometimes one at a time. Sometimes neither functions at all, which happens much more frequently while sleeping as compared to when we are awake. **This subtle, physically invisible role play is the foundation of the physical role play of words and actions that is visible to the self and everyone else around you.**

(To be continued tomorrow ...)

Message for the day

The one who is powerful shows the practical proof of success instead of just talking about it.

Expression: It is usually very easy for us to talk about how to do things best, it is as much easy to tell others and give directions. But the one who is powerful is not just satisfied with mere words or proving to others about his success. He is more concerned more about being successful.

Experience: We need to check if we are applying in our life what we are talking about. We need to see to it that whatever we speak about, we must put into practice. Only then will we find improvement and progress in our life. Then there will be no more the need to talk about our success but our life will reveal how successful we are. We will then be an inspiration to many.

In Spiritual Service,
Brahma Kumaris