

Today's Thoughts: September 27, 2020: Diamond Consciousness



The Hope Diamond is a large, 45.52-carat deep-blue diamond, now housed in the National Gem and Mineral collection at the National Museum of Natural History in Washington, D.C.

Estimated value: \$200-\$250 million USD. Mine of origin: Kollur mine, Guntur District, India.

## **Diamond Consciousness**

When you look at the world through your physical eyes, you will see all the facets of our diversity: culture, race, personality, religion and so on. Seeing only through your physical eyes, it is easy to become stubborn and to try to prove yourself right. However where there is stubbornness there is no love. And trying to prove the self-right is equally offensive. A diamond will sparkle even in the dust; you do not ever need to prove that you are right. In the face of the dangers that come from seeing only with the physical eyes, always think: now is the time to go beyond all divisions, beyond all that limits us and our sense of self. Whatever the race, the religion, the class - our consciousness now has to go beyond all of that.

## **Seven Techniques To Let Go Off The Past (Part 2)**

**Positive Information and Intoxication** - The more we listen or read positive and constructive spiritual knowledge, even if it is for 10 minutes daily, and imbibe (absorb) it, the more our negative memories fade into the background. Also the regular input of knowledge lifts our consciousness to a higher level and gives us an experience of intoxication or spiritual bliss, in which the memory of our past sorrows and negative experiences gets dissolved. Even on a physical level, there are lots of people who indulge in some kind of addiction or intoxication only because it temporarily helps them to overcome and forget the negatives in their life.

**Karma Realization** - Another benefit of spiritual knowledge is that it makes us realize the various shades and details of the Law of Karma and its application in the World Drama, which helps us immensely in letting go of the past and concentrating on our present so that a bright future can be built, irrespective of the quality of the past.

**Self and God Realization** - One of the most important benefits of meditation, an important aspect of spirituality, is that it makes us realize and experience the spiritual self and the Father of the spiritual self, the Supreme Soul, accurately. This is an experience of liberation, in which there is no room for past repentances. Past repentances are more a reflection of excessive attachment to the physical or material or attachment to incorrect emotions related to body-consciousness, remembering the damage caused by it to the self and experiencing sorrow due to the same.

**Connection and Relation** - Also, meditation being a deep connection between me and the Supreme Father, it fills me with immense power and it is also an intense relationship, which fills me with love, happiness and peace. In the experience of these attainments, over a period of time, my past ceases to burden my consciousness.

(To be continued tomorrow ...)

## 'Google Earth'

Would you like to do more for the world? Actions make a difference. But our thoughts also make a difference.

When you meditate, take a few minutes to create positive, powerful thoughts for the world.

Take a bird's eye view of the planet; just as you would watch the world from 'Google Earth'. Let the light of warmth and wellbeing radiate through you and out into the world. Envelop the whole world with your positive and powerful thoughts.

## Message for the day

**Your humility enables people to realize their mistakes and correct themselves.**

**Thought to ponder:** Real humility results in so much power of truth that you don't need to say anything at all in words. The very power of your inner state of being will make the other person realize the error of their ways.

**Point to practice:** When you are giving directions or corrections to someone, check your own attitude, remind yourself of the humility within and then say whatever you have to say. With humility your words will be for their benefit and this will enable them to learn.