

Today's Thoughts: October 06, 2020: Love



Love

Love provides the environment for everyone's growth. When I experience true love I can provide the right environment for people so that they can progress in their lives. Today I will not hold onto those I love nor expect them to do everything according to my needs, but instead will give them real support.

Realizing Our Natural Nature Of Peace

If we look at nature, we will notice that everything in nature – plants, flowers, etc. do everything they do peacefully – they grow, flourish, decompose and die in peace. We get an obvious impression from them that peace is their natural nature. Even the five elements – earth, wind, water, fire and sky are mostly peaceful by nature. It's only when we try and exercise control over them and interfere with their balance that they lose their peace. **Most of us, irrespective of our age, even in these stressful and hurry filled times, act peacefully and express our peaceful nature in relationships by means of peaceful thoughts, words and actions, unless something is wrong in the relationship.** We instinctively like peaceful relationships. If something is wrong in a relationship and it lacks peace even to a small extent, we do not feel good or comfortable about it. All this proves to us that **we, like nature, are essentially peaceful by nature.** That is our basic personality.

Most of us have, at some time in our lives and even more frequently in the case of many of us, experienced and expressed our peaceful nature. It's so natural, we are not even consciously aware of it. What we are more aware of is when we are distanced from the natural i.e. we are unnatural - worried, scared, irritated etc. But these unnatural phases always pass and we finally return to our peaceful self. There are some people who are permanently grumpy and tight with someone or the other, because of something or the other. On some days we also feel as if we are continuously living on the edge and continuously succumbing to frustration and anger. But even then, **away from everyone's eyes; everyone, the compulsive angerholic (one who cannot live without anger) and you also, will, at some stage, look inwards, relax and have an inner personal spiritual retreat in which they will find relief by experiencing their true nature of peace.**

Stay Grounded

Do you walk around with your head in the clouds? Not that there's anything wrong with that.

Having our head in the clouds allows us to dream big. But if you stay up in the clouds then you don't achieve anything.

To turn your dreams into reality, try to keep your head in the clouds and your feet on the ground.

Then you'll stay grounded in reality and make things happen. Be a dreamer and a doer!

Message for the day

The easiest way to bring positivity in life is to become worthy of God's love.

Expression: A simple checking whether to perform an action or not is to see if it would be approved by God. When every action is thus checked, there would be positivity and benefit expressed through everything. There would not be any negative, waste or even ordinary actions performed, but only those that are sealed with the power of positivity.

Experience: When I am able to bring about such positivity in my life, I'll not only win the love of God, but also the love, praise and good wishes of all those around me. I also become trust worthy and an image of support for those who are seeking to bring positivity in their lives.