

Today's Thoughts: October 23, 2020: Quality of Thoughts



Quality of Thoughts

An enlightened person understands that there is nothing to be gained by thinking about others. Pure thoughts and feelings will do all the work. There is no need to think any further. The quality of your thoughts will affect your spiritual endeavour. So keep checking them. If you don't, then at some point your mode of thinking will become quite ordinary, no longer spiritual. The sign of this is that your mind begins to; race and you start reacting sensitively to little things. You become vulnerable not just to the opinions of others but even to your own limited way of understanding. Thoughts can be your best friend or your worst enemy.

God And I – The Task We Share (Part 5)

Spiritual knowledge is given to us by God, who is the Ocean of Knowledge, and has the true knowledge of the soul, Himself as well as the history and geography of the world. This spiritual knowledge should be given to every human being in the world. That is what God's pure desire is. But how will he fulfill His desire? It is through us that His knowledge will be given to each soul in the world, through our thoughts, words and actions. Have you ever dreamt of a world where every human being had the true spiritual knowledge of him or herself and thought, spoke and acted according to that? Such a world would be a beautiful place to live in and there would be no sorrow of either the mind or the body or your role and relationships. All the sorrow in the world is because of a lack of true spiritual knowledge in human minds.

Giving knowledge to the world is God's primary act, which He performs when He is present in the world to change it, when sorrow increases. But, He cannot perform this action without our help, because He needs human beings and the words they speak to reach out to billions of people all over the world. So, do you ever think that I should be one of those chosen ones who will become instrumental in helping God at this particular time or do you think this duty is to be fulfilled by others and not necessarily me? **The world needs the friends of God, who are extremely close to Him and are taking spiritual knowledge from Him to take out time every day to help God in His task and this is something that we need to do soon.** World servers are God's right hands who perform their daily actions related to their routine, play all their relationships of family and friendship work hard for a living and succeed immensely and in spite of that give spiritual knowledge to each and every one whom they meet and love. Loving someone means that I realize my duty of giving him or her knowledge that I have and they start experiencing happiness because of the knowledge.

(To be continued tomorrow ...)

Restore Hope

Do you get disappointed with yourself when you fail to meet your own high expectations and standards?

The next time you fail to meet your own expectations, remove the bruise of disappointment with the balm of hope.

Recognize that the road may be long, but at least you're on the road. Then work out the terrain ahead and your next set of steps.

Restore hope in yourself and feel the spring come back into your step.

Message for the day

When there is love, you can tolerate easily.

Thought to Ponder: Love makes you free from expectations, which enables you to accept people as they are. You can then go within yourself and discover your own strengths. You will automatically be a giver in all situations and you can tolerate very easily.

Point to Practice: Think of one person in whom you were not able to tolerate some quality. Now tell yourself that just as a mother accepts her child even with weaknesses, you will accept this person as he is. When you change your attitude towards that person you can be tolerant.