Today's Thoughts: November 05, 2020: Ice Vice

Ice Vice

We are all essentially made of virtue. Even the baddest person in the world will find time to do something good...at least once a year. If you conducted a straw poll on people's preferences between peace and conflict, the result would be predictable. The deepest meaning of human relationships isn't hate, it's love - we know that because we all seek it, and occasionally give it! But virtue is not so popular in these days of cynicism and disrespect. Vice is way out ahead in the world of human affairs. Lying, stealing, cheating, killing and insulting can be found at all levels of every society. Why? What made virtue lose its fashion, why did we collectively decide to surrender ourselves to vicious ways of living. Could it be down to one simple belief - survival of the fittest? Could it be the birth of desire and possession? Could it be that we started to think that we might not get what we wanted, or lose what we had? Could it be that we found others acting towards us in ways which were far from loving and caring? Probably yes to all of those as they are all interconnected. But we still have a choice and that choice will define the quality of our life - virtue or vice? Harmony or conflict? Love or fear? If we did not have that choice we would not be unique, individual beings with opportunity to know and exercise our free will. But seriously, if virtue and vice were standing trial and you were in the jury, who would you vote for. Which one would you ice? So make your choice and live your choice, it is much more relaxing. You did vote for virtue didn't you?

Fulfilling Desires By Changing Your Belief System (Part 2)

We have been holding a lot of incorrect beliefs as to what can lead us to back to our eternal and original state (these states were discussed in yesterday's message) and many of our actions are based on these beliefs. We have mentioned a few examples of incorrect beliefs below. There are many more, which you could reflect on.

Lust and attachment increases love in a relationship.

Anger is necessary for success in relationships and is important for getting work done and gaining respect. It provides a mental upsurge of energy.

Greed attracts physical prosperity and brings happiness.

Ego is power; a person with no ego is generally timid or submissive.

Worry prepares us for the worst, worrying for someone close is expressing our love for them.

Being emotional and crying for our loved ones in bad times, is expressing love for them. Being emotional and crying in good times is expressing and experiencing joy.

Gossiping increases social bonding and gives one an experience of joy.

Jealousy inspires us to do better and achieve more.

The Supreme Teacher changes our belief system and not only makes us aware of these incorrect beliefs but reconditions us by incorporating correct beliefs inside us so that we start performing *karmas* or actions based on them and start progressing towards our eternal and original state.

Open the Closed Mind

Sometimes we're quick to make assumptions and fast to close our minds.

Rather than rushing to close our minds, let's open the mind to learn more and understand better.

Being open minded doesn't mean that we shouldn't stand by the truth as we know it, or that we must accept every point of view.

Being open minded means that we're willing to reconsider and revise our assumptions.

When we open the closed mind, we discover the delight of playing with possibilities!

Message for the day

To spend the day with God as a Companion is to add quality to all tasks.

Thought to Ponder: For the one who keeps God as a Companion in every task, there is quality and meaning in everything. Even when we are faced with something difficult, we still are able to do it with ease. Each task becomes special too.

Point to Practice: Today I will say "good morning" to God and make my day beautiful. I will start the day with this consciousness and throughout the day keep Him with me. This will keep my mind carefree and easy, whilst doing and facing everything.