

AVYAKT SIGNALS - OCTOBER 2013

Remain constantly happy-hearted

1. Constantly maintain the pleasure of Brahmin life. Remain constantly happy in your heart. However, staying in pleasure does not mean doing whatever you fancy and remaining intoxicated with that. The temporary pleasure through words and through limited relationships and connections is different from the stage of remaining happy. Therefore, do not be one who enjoys temporary pleasure. Stay in permanent spiritual pleasure. This is accurate Brahmin life.



2. Always use the punctuation of the full stop in the computer of your intellect. The punctuation of a question mark or exclamation mark should finish; this is known as being constantly happy. Those whose hearts are happy do not have a fast speed of waste in their minds or intellects. They are constantly pure, gentle and humble. Because of being humble, they constantly give everyone coolness through their shade of remaining happy. No matter how heated or hot-tempered some may be, they will cool down in the vibrations of the shade of being happy hearted.
3. The speciality of those who are true Brahmins and have the aim of an elevated Brahmin life is being happy hearted. Even if someone is insulting you, no waves of sorrow should appear on your face, but you should remain happy hearted. The person insulting you will become

tired. Do not even think: that one spoke for one hour and I just responded in one second. If you think or speak for even a second and there is the sign of being discontented on your face, you have failed. Do not think that you tolerated so much but that the gas then explode from the balloon. Do not become a gas-filled balloon.

4. If there isn't so much happiness, it means a lack of attainment and the reason for any lack of attainment is one or another desire. The foundation of desire is jealousy or a lack of attainment. Very subtle desires take you towards a lack of attainment. Then, in a royal form, you say: That is not my desire, but if it happens, it is good. Where there are temporary desires, nothing good can happen.
5. BapDada has seen that the majority bring out their weak thoughts in advance: they think: I don't know whether I will be able to do this or not. These weak thoughts do not make you happy, but raise questions in you instead. I don't know whether it will happen or not. I don't know! Such thoughts become a wall and success is hidden behind that wall.
6. Constantly maintain your personality of happiness. By remaining happy, you will have very good experiences. In any case, you like it very much when you see someone happy. You very much enjoy staying in that one's company, talking to him and sitting with him, whereas if someone with lots of questions comes in front of you, you become fed up. If the personality of happiness stays emerged, then the eyes, face, activity, thoughts and relationships will all be filled with happiness.
7. Learn how to give and take blessings in Brahmin life. To remain happy and make others happy is to give and to take blessings. No matter what someone is like, blessings should continue to emerge from your heart for every soul at every moment: This one should also benefit. This one's intellect should also become quiet.
8. The life of Brahma is an accurate computer for you children. Therefore, instead of asking, "What?" or "How?" look at the computer of the life of Father Brahma. Then, instead of having any questions, you will

become happy in your heart. An intellect filled with questions is an intellect that fluctuates and this is why the symbol of a question mark is crooked. To be happy hearted is a full stop. From whichever angle you look at a full stop, it will be the same - whether you see it straight or upside down. To be happy hearted means to follow the one Father in a constant and stable stage.

9. The practical and visible sign of contentment and being broad and unlimited is that happiness will be visible on the face of every Brahmin soul. They will not have any questions, but will be happy hearted. The imperishable happiness of their thoughts would be visible on their faces and in their form. Contentment, being broad, unlimited and happy hearted is the completion of the 18th chapter.
10. Because of being content, a soul who has become free from limited desires will be constantly visible as a sparkling star, sparkling with the sparkle of happiness. Someone who is happy hearted will never have any questions about anything. If there are questions, there cannot be happiness. The sign of being happy hearted is that you will constantly experience everyone to be altruistic and innocent (free from blame). They will not blame others - neither the Bestower of Fortune, the drama, individuals, matter nor the karmic accounts of the body. To be happy hearted means to be constantly altruistic and to have an attitude that is free from blaming others.
11. Happiness is Brahmin life is contentment and being happy hearted. If you have a Brahmin life and do not experience the happiness of that, it means that you are a Brahmin in name only. Or, are you a Brahmin who is an embodiment of that attainment? BapDada reminds all the Brahmin children: It is great fortune that you have become a Brahmin. However, the inheritance and property of Brahmin life is contentment, and the personality of Brahmin life is being happy-hearted.
12. A fortunate soul would remain constantly happy while coming into relationship and connection with every soul. "Why is this one doing this or saying this? This should not be like this, but like this." Those who

have such questions in their hearts are said to be those with questions and those who have such questions can never remain happy. They would constantly have a queue in their hearts of “kyu” (Why?).

13. Do you remain constantly happy hearted or only sometimes? It is not that you are sometimes happy and sometimes not so happy. It is not that you sometimes become unhappy with something, is it? Today, I did this. Today, this happened. Yesterday, this happened. You don't write such letters, do you? Those who remain constantly happy hearted make others happy-hearted with their spiritual vibrations. Do not think: I remain happy anyway, but the power of happiness will definitely spread.
14. A jewel of contentment means a flawless jewel. The sign of a contented soul is that he would always remain happy hearted and others would also be happy with that soul. Because of being knowledge-full of the drama, a happy-hearted soul would remain happy and not have any questions. Not “What?” or “Why?” but a full stop, a dot. Expansion in one second, the essence in the next moment. Those who are happy hearted always remain carefree.
15. The specialty of a carefree emperor is that he always remains happy hearted instead of constantly asking questions. In every action, in terms of the self, others and matter, at any time, in any situation, he would not have the slightest question even in his mind: Why is this like this? Or, What is happening? “Can this happen too?” In every thought of souls who are happy hearted, while performing actions, seeing, listening and thinking, they always feel: Whatever is happening is good for me and everything that happens will always be good.
16. A carefree soul will transform something bad into something good and will therefore always remain happy. With the power of silence, happy-hearted souls will transform any situations or relationships that are experienced to be bad into something good. They will imbibe the goodness into themselves and with their elevated thoughts and pure feelings, transform the bad things and give others the power to imbibe that goodness.

