



## FOUR DHAM (ABODE) DRILL PRACTICE

<p style="text-align: center; color: red; font-weight: bold;">4 DHAM FOUR ABODE</p> 	<p style="color: brown; font-style: italic;">I am a sparkling soul, reached Shanti dham to become powerful, reached the history hall to end waste thoughts, reached Baba's room to become equal to father and finally I have reached Baba's hut to be filled with happiness and bliss through affection.</p>
<p style="text-align: center; color: red; font-weight: bold;">TOWER OF PEACE</p> 	<p style="text-align: center; color: red; font-weight: bold;">SHANTI STAMBH ( TOWER OF PEACE ) – To become Powerful</p> <p style="color: red;">On 18 January 1969, when Brahma Baba became avyakt, tower of Peace (Shanti Stambh) was erected at his tomb. This is a memorial built in memory of the sacrifice and penance of Father Brahma. The vibrancy of peace, knowledge, power and purity that comes out of it inspires human beings to live a pure and yogic life.</p> <p style="color: purple;">I soul, through my subtle form has reached the first dham (abode) ‘Shanti Stambh’ at Madhuban which is called <b>Mahadham</b>. Baba has said that if there is a need to become powerful, reach the tower of peace.</p> <p style="color: purple;">I soul, have become a master almighty full of power. The rays of power emanate from me and spread among souls of the world and the 5 elements thus making them powerful.</p> <p style="color: blue;">Standing in front of the tower of peace brings such a feeling that even today, Brahma Baba is invoking children to come to the subtle world to become full and complete by spreading huge arms from the subtle world.</p>
<p style="text-align: center; color: red; font-weight: bold;">HISTORY HALL</p> 	<p style="text-align: center; color: red; font-weight: bold;">HISTORY HALL - To finish waste thoughts</p> <p style="color: red;">It was built by Brahma in the year 1960. Pictures of the Adi ratnas of the Gyan Yagya (Knowledge Sacrificial fire) have been displayed in the History Hall. This is the first hall of gyan and yoga created by Baba and Mama, which is still the austerity pool of Brahmins. It is in this room that the godly versions (Murlis) of the incorporeal God father Shiva father through Brahma mouth was delivered which are recited regularly at all local service centers followed by empowering through virtues by making elevated disciplined life through the sustenance of spiritual powers.</p> <p style="color: purple;">I soul, has reached the second dham ‘History Hall’ at Madhuban through my subtle form. It is a place to merge in powerful memories.</p> <p style="color: purple;">All the waste thoughts of my soul have stopped and powerful memories have been emanated instead. My mind and intellect has become powerful and focused.</p> <p style="color: blue;">Baba has said that if waste thoughts are going too fast, then reach the history hall.</p>

<p><b>BABA'S ROOM</b></p> 	<p style="text-align: center;"><b>BABA'S ROOM – To become equal to Father</b></p> <p>It was the residence of Father, Shri Prajapita Brahma Baba, the corporeal medium of God. The same room is now used as a yoga experience room. People start experiencing divine power and peace as soon as they sit here with concentration. In the godly versions, it is called the <b>Abode of affection</b>.</p> <p>I soul, through my subtle form has reached the third dham Baba's room in Madhuban. This is an equalizing abode. Baba has said that if there is a determination to become equal, then come to Bapdada's room.</p> <p>I am becoming equal to father full of all the qualities and powers of Bapdada.</p> <p>The ocean of virtues Baba makes him full of qualities who are seated in this room. The God Father has said about the importance of this room, that whoever comes in this room, the determination to become equal to father becomes strong.</p>
<p><b>BABA'S HUT</b></p> 	<p style="text-align: center;"><b>BABA'S HUT - When mind is depressed</b></p> <p>It was built in 1959 by Prajapita Brahma baba. Here, Brahma baba attained perfection by doing penance. Brahma baba used to hold seminars here, write letters to Yagya children and discuss knowledge. The garden planted by Baba Mama is also here, in which the creeper of grapes is special, it attracts everyone's mind. It is called the <b>Abode of affection</b> in the godly versions.</p> <p>I soul, by my subtle form has reached the fourth dham Baba's hut in Madhuban. This is the place of affection. Baba has said that when you become depressed, then come to the hut to do a visit.</p> <p>All the sadness and anxiety of my soul is gone. I am full of happiness and joy.</p> <p><b>As we go to this magical place of renunciation, penance, cleanliness and simplicity, the conscience of the inquisitive souls begins to become pure.</b></p>
<p><b>BENEFITS</b></p>	<p>The four main places in Madhuban's Pandav Bhavan are 1) Shanti Stambh 2) History Hall 3) Baba's Room 4) Baba's Hut. Remembering these or practicing drill is the journey to four dham/abode which is considered to be the best effort on the path of devotion. This drill can be done several times throughout the day for 1 to 5 minutes or it can also be done 30 minutes at a time. <b>This drill or exercise of 4 dham will give a spiritual journey to the mind, which will always keep the mind busy, will eliminate waste thoughts, will become full of virtues and powers equal to father, will be happy, enthusiasm will increase and shall experience flying stage.</b></p>