

# *Bio-Data of* *Dr. Nikhil G. Patel*



- ❖ Dr. Nikhil Patel passed his M.B.B.S. in 1987 from Government Medical College (GMC), Surat. He passed Diploma of Psychological Medicine and M.D. Psychiatry in 1990-91 with Honours from GMC, Surat.
- ❖ Dr. Patel is a Life-Fellow of Indian Psychiatric Society.
- ❖ Dr. Nikhil is a Life Member of Neurological Society of India.
- ❖ Dr. Patel has done research on Effect of Rajayoga Meditation on Drug Abuse and Neurotic illnesses. He has presented his research papers in National and International Conferences.
- ❖ He is a regular student of Brahma Kumaris World Spiritual Institution since teenage.
- ❖ He has actively participated and organised Health Awareness Campaigns, National and International Conferences and other activities organised by Medical Wing of Brahma Kumaris Institution.
- ❖ He has conducted educative lectures for students, doctors, engineers, educationists, executives and other professionals on Stress-Management. He has also been the examiner of M.D./Diploma for some universities.
- ❖ Dr. Patel is featured on National and International Television Programmes and has telecast radio programmes on several occasions.
- ❖ Dr. Nikhil is a Consultant Neuropsychiatrist in Global Hospital & Research Centre, Mount Abu (India) since 1993. Currently, he carries out research on meditation with different equipments like EEG/Biofeedback.
- ❖ Dr. Patel is a Life Member of Indian Society of Clinical and Experimentation hypnosis.
- ❖ He was the President of IMA (Abu branch).