

63 Negative deep rooted tendencies and specific values

1. A tendency of attachment - Detached involvement
2. A tendency of being erotic – Spirituality
3. A tendency of holding immense questions - Cheerfulness
4. A tendency of holding sorrow and unhappiness - Peace
5. A tendency of being contented by creating obstacles for others - Remaining free from obstacles and helping others to be free from obstacles
6. A tendency of being devilish – Divinity
7. A tendency of being harsh – Gentleness
8. A tendency of being mischievous - Being matured
9. A tendency of being miserly – Generosity
10. A tendency of being stubborn – Delightful
11. A tendency of being trapped within multiple temptations - Detachment/Uninfluenced
12. A tendency of being wickedness/malice – Simplicity
13. A tendency of ego – Humility
14. A tendency of fear – Free from fear/courageous
15. A tendency of flight - Courage
16. A tendency of having doubts – Faith
17. A tendency of lust – Divinity
18. A tendency of self-assertion - Humility
19. A tendency of self-surrender or submission - Self-mastery
20. A tendency of taking revenge – Forgiveness
21. A tendency of acquisition – Contentment
22. A tendency of anger - Peace
23. A tendency of animosity - Forgiveness
24. A tendency of being judgmental towards others – Self-realisation
25. A tendency of creating fight – Peace
26. A tendency of creating opposition - The attitude of gratitude
27. A tendency of creating wars – Peace
28. A tendency of depression - Happiness

29. A tendency of experiencing injustice – Being just
30. A tendency of greed - Contentment
31. A tendency of harassment – Respect
32. A tendency of holding confusions – Clarity
33. A tendency of holding grudges and grievances - Forgiveness
34. A tendency of hopelessness - Enthusiastic
35. A tendency of inferiority complex - Self-esteem
36. A tendency of jealousy - Eco-friendly
37. A tendency of loneliness - Being with the Almighty
38. A tendency of negative thinking - Positive thinking
39. A tendency of over-eating – Royalty
40. A tendency of proving the self – Patience
41. A tendency of thinking about others – Best wishes
42. A tendency of threatening - Being master benevolent
43. A tendency of wasteful thinking – Purposeful thinking
44. A tendency to be shocked – Serenity
45. A tendency to committing suicide – Self-esteem
46. Being body conscious - Soul-consciousness
47. Being disturbed and disturbing others – Enlightenment
48. Being stressed - Peace
49. Carelessness - Being careful
50. Criticism – Offering complements
51. Having wasteful arguments - Applying ‘full-stop’
52. Inconsistency - Consistency
53. Lack of caliber – Confidence
54. Lack of stability – Stability
55. Lack of tolerance – Tolerance power
56. Laziness – Being punctual
57. Lying - Truth
58. Manipulation – Transparency, Simplicity
59. Nagging and raping - Respectful

60. Stealing - Trustworthy

61. Sulking and crying nature - Joy

62. Truth-lessness – Truth

63. Worrying – Easiness