

75 Priceless Jewels

Manmanabhav

Belong to one with your mind and you will experience true peace.

Remain in super sensuous joy

To remain aware of your fortune maintain faith in the intellect, and be in constant remembrance makes you intoxicated and fills you with super-sensuous joy.

Become Real Gold

The more you stay In Baba's remembrance and remove the alloy, the more you become real gold. Everyone will feel that yes, this one is true and real gold.

Become Soul conscious

Make effort to remain soul conscious. You will experience your original power and a deep profound peace.

Past is past

The past can not be changed. Learn from it and move on.

Discovery of the true self

Practice soul consciousness to find out who you really are.

Practice the awareness of "I am a pure soul, you are a pure soul"

This is the basis of changing your attitude, your vision, and therefore the world.

See only virtues in others

You will free yourself from negativity and experience your own inner beauty.

Sit on the stage of the world at Amritvela

Practice this at Amritvela and you will be filled with power, which you can then use during the whole day.

This study is a source of income

When you imbibe the jewels of knowledge at the Confluence age you gain imperishable wealth for all time.

Listen to the Murli carefully

The Murli is your personal letter from Baba. Extract points from the Murli in the morning and churn them throughout the day.

Learn to churn your own ingredients.

The nourishment you get from churning this knowledge will give you a lot of power.

Continue to give love

No matter how someone may treat you, continue to give them love. Remembrance, "Just as my Father is an Ocean of Love, I am also a master ocean of love".

Spin the cycle of self-realization

Through this unique method of remembering the experience of the soul through time; you will experience the wonder of who you were and the beauty of who you will be.

Remain aware of your fortune at this time

There is nothing unattainable in the treasure store of Brahmins. Remain combined with the Father and you will realize that everything is already with you.

This Confluence age is very short

Remain in the awareness that this is the time to make effort to claim your fortune. If not now, then never.

Cook and eat with powerful vibrations

A yogi places great importance on cooking and eating with loving and peaceful vibrations. You nourish both the mind and body.

Take care of the self by following Shrimat

Before you can take care of others, you need to know how to take care of yourself. Stay within the boundaries of Shrimat and you will find yourself safely under the Father's canopy of protection.

Learn to be Essenceful

Coming in to expansion is a waste of time and energy. Therefore, speak little and listen only to what is useful to you.

Concentration power is essential for good yoga

Keep increasing your power of concentration by going into deep silence for a few seconds as often as possible.

Humility is greatness

Just as a tree that is full of fruit bows down for others to take the fruit, one who is humble will always live in self respect and treat others with respect.

Never ask for respect

Continue to give respect and others will return that respect to you automatically.

Never react in any situation

When there is fire, apply water. Remain as goddess of coolness.

Pay attention to your face

The state of your inner awareness is visible on your face. Pay attention to the state of your inner awareness and the expression on your face will do service.

Keep checking yourself

The method for self progress is to check and change. Are my thoughts, words and actions as Father Brahma's would have been?

Practice the awareness of, "I am an angel"

With your elevated thoughts practice the awareness of your stage of an angel and spread peaceful vibrations to all souls.

Amaze everyone with your transformation

Now pay attention to the self and bring about such a change that others notice how elevated you have become.

Apply a full stop

Learn to apply a full stop to waste thoughts and negativity in your mind. Do not ask how, what, or why.

Express gratitude

In order to remain content learn to be grateful. Make a list of all the attainments of your Brahmin life.

Practice being a detached observer

Practice being detached and loving in your relationships and you will be able to become absolutely filled with God's love.

Remain merged in love

Do not let your mind step out of the circle of Baba's love and you will always be safe. You will never experience any difficulty.

Maintain your self-respect

No matter how much someone defames you do not lose your self-respect. Use the opportunity to ask your-self, "Is there anything I need to change?" Check, but maintain your self respect.

Time to pack-up and go home

Experience the silence of the home in the early morning and accumulate a stock of silence deep within. Then throughout the day you can continue to draw on it.

Become bodiless, egoless, and viceless

Make this your aim: incorporeal in thoughts, egoless in words and viceless in actions. For this, keep Brahma Father in front of you at every step.

Keep attention and be tension free

Pay attention to what you can do and what you cannot do, and you will never experience tension.

Remember, "I am an instrument"

To have the consciousness of 'I' is called the arrogance of knowledge, the arrogance of the intellect and the arrogance of service. So remember "I am an instrument".

Baba is Karankaravanhar

In all aspects of service, remember "I am only an instrument. Baba is karankaravanhar and He is getting everything done through me." To keep this awareness is to keep the self safe from many types of Maya.

Become a total renunciate

One, who becomes a total renunciate, imbibes all virtues. Not to see the defects of others is also renunciation.

Be loving

Those who have easiness and tolerance are able to loving.

Understand when to be child and when to be a master

Be a master with your own self and a child in following orders.

Be adaptable

Just as Brahma Baba adopted a different form according to the situation and people he was with, so too, you have to be one who is adaptable enough to adopt different forms.

Make your mind still

When you are able to still your own mind, you will be able to understand the thoughts and feelings of others.

Do not allow your mind to get tired

Tiredness of the mind leads to tiredness of the body. To finish this, come into the Father's world in second.

There is no need to take the law into your own hands

Do not tell anyone off. Have mercy and you will transform the heart of the other soul.

Neither say, "I am nothing" nor "I am everything"

Instead say, "I am what I am because the one who is making me with me"

Consider yourself to be an ancestor soul

You will realize the importance of your influence on the whole tree and feel that every single soul is a member of your family.

Consider purity as your original religion

With this method you will find it easy to imbibe purity in your life.

Simple say the word 'Baba'

You will receive the key to all attainments.

You cannot go home until you become pure

There are two ways to become pure; through remembrance or through Dharamraj.

Learn to finish everything quickly

Do not keep it in your thoughts or you will not have that special 'sparkle'.

Remain stable

There are two things; praise and defamation. You have to be stable in the face of both.

Caution yourself

Sometimes the stage of the mind fluctuates and only later do you catch hold of it. To allow this to become a habit can become like a stain on the soul.

Become an avyakt angel

An avyakt stage is created when there is no attraction to the corporeal and you remain in the stage of soul consciousness.

Pack-up and accommodate

If you do not have the power to pack-up your thoughts, you will not have the power to accommodate your own weaknesses nor those of others.

Method to overcome Maya

The easy method to overcome all types of Maya is to remain loveleen—lost in the love of the one Father.

You are standing on your own two feet

When the child shows courage, then the Father will give one hundred fold help.

This is a lottery

You have a wonderful chance to uplift yourself and become multimillion times fortunate.

Value this time of the Confluence age

Do not waste your time in comparisons or correcting others. Respect time and you will be the ones who fly home with Baba.

Fulfill all relationships with Baba

When Baba is teaching, be in the role of a Godly student. The intellect should be able to stabilize in the right time.

Service is your fortune

Never consider service to be a duty. It is a golden chance to create your fortune.

The power of the gathering of is great

Maya is such that she will make you complain and want you to move away, but never move away from this unique gathering.

Create unity

The method to create unity is to take the name of one (eknami) and to remain economical in your thought that is to remain free from waste thoughts. Then there will be no conflict.

Make your intellect plain

Brahmins are used to making a lot of plans, but now, according to the time, practice making your intellect plain.

Keep your stage stable

The basis of stable stage is the remembrance of the Father.

In purity there is royalty

Do not use your eyes to see that which is not worth seeing.

Maintain your zeal and enthusiasm

Whenever you notice laziness or carelessness in yourself, pay attention to revive your zeal and enthusiasm.

Now is the time to merge and pack up

It is time to merge the expansion and become the seed.

Emerge your original sanskaras

Do not touch any old sanskaras that are not the same as Baba's sanskaras. Old sanskaras are the property of Ravan.

Become the destroyer of obstacles

What may look like a mountain may be as light as cotton wool when you stay in the remembrance of the Father.

Drawn attention to Baba

Rather than drawing attention to the task, focus on Baba and the work will be accomplished easily and nothing will seem a burden.

Keep your intellect fresh for remembrance

Pay attention to your timetable, understand the need of your body, and give it that much rest.

Imbibe the method to finish tiredness

No matter how tired you are, the method to finish tiredness is to make time for one minute of powerful silence every one or two hours. Even one second of powerful remembrance makes body and mind fresh.

Have mercy, forgiveness and then give teachings

When in the role of a teacher, the most elevated method of teaching is not to give correction, but to create understanding first in the form of forgiveness.

You need to give priority to remembrance

Do not say, "I will finish my work first and then have remembrance".

Sometimes the stage of the mind fluctuates and only later do you catch hold of it. To allow this to become a habit can become like a stain on the soul.