

Dadi Janki - 29.7.19. Evening - GCH, London

Accurate and Alert

Om Shanti. It is wonderful to say 'Om Shanti' and to be 'Om Shanti. Peace is with us in service. This is right is it not? Peace works well with us. When peace is with us it gives us support. We don't have any type of worry. We are free of worry. Baba used to say, 'Don't do anything except remain seated on your seat'. Dadi has seen this is not hard work. With an honest heart the Lord is pleased. Courage is natural and God's help comes to us naturally. Knowledge, yoga, dharna – all three are doing service. Knowledge does service, so does yoga and we have dharna and so together they do service. So it is easy yoga. Do you feel that you are not doing anything, but these three do the work automatically? Are you with Dadi in this respect? Come and sing a song of happiness. We are all friends. (A couple from Pune sang a beautiful song together).

Sister Jayanti: Dadi read the Murli this morning and she was saying she would like to read the murli every day. After the class Dadi told me: I don't want to become slack on any level of effort and I will make effort until the end. We make an excuse and say we will do our best. But Dadi makes the maximum effort and does more than is possible for her.

Dadi Janki

Until the end I will make this effort. Dadi doesn't allow laziness to any degree. Even at this age, it is not allowed to come.

Is there anyone who has a complaint about idleness or laziness - does it keep coming to you? If so, don't come into words about it but from your heart tell Baba how this happens. Then Baba will see this and Baba won't like it coming to His child and will inspire you to become alert.

So constantly pay attention to being alert. To be accurate and alert are English words that Dadi uses. This is our classroom. Baba is watching us here having our chit-chat and thinking the children are good. Baba gives good vibrations to each one. (With her hand Dadi is showing how His vibrations come from up above and fall on all of us). So sit here and experience the wave of vibrations from Baba and spread these throughout the hall.

When we hold our hands open then everything will be good. When the hand is supporting the head it is a sign of some kind of worry, but when they are open and the arms are spread out there is the feeling of embracing everyone. So who am I and who is Mine? Those who understand this feeling from the heart would come here. If they don't have this understanding then they would be afraid to come here. Is anyone afraid being with Dadi? Those who are fearless, with no animosity, are the immortal images. This is a slogan in the Sikh scripture, The Granth Sahib: '*The one who is the immortal image and does everything, is fearless and has no animosity.*' Every Sikh would know this.

Om Shanti