

## Merge and be free

Baba gives us such a huge treasure store. What can we say about it? How much can we say about it? People have speeches written for them but Baba's children share what they have taken from Baba. In this way what we say is not artificial. Who are those who relate these things to others? It is the gopes and gopis, with love from their heart. They come together and sing praise of Baba. They have the intoxication of belonging to Baba. First we become gopes and gopis, then Brahma Kumars and Kumaris. Who is a true gopi? One who forgets everything – only Gopi Valhab (the Lord of the gopis) is mine. How do we forget everything and surrender? First we surrender with the body. Then we experience a great deal of happiness and our face is happy.

GRC conference room has just been renovated. We do such things because we want the feeling that Baba's home is always clean and new. We should have cleanliness in our own mind, in our body, in our home, in our relationships.

Yesterday we took up the topic of cleaning out the subconscious mind. When the mind is peaceful and the intellect is thinking in the right way, the subconscious mind is clean. So it is totally carefree and the power of faith continues to increase. We continue to receive help from Baba. Real children receive a lot of help. They automatically take love from the Mother and Father. Real children feel they have such a lot; their eyes are not drawn anywhere else. They are very sweet. They have no complaints. Step children say the Father loves this one more and me less. Real children stay very happy. They feel they belong to Baba and their strength is increased. They appreciate the Father. They sacrifice themselves instantly. Step children complain that the Father says this to this one and that to me. First, we become real children, secondly, we become gopes and gopis and, thirdly, the soul resides in the land of angels.

When we come from Shantidham, the land of peace, we forget we have come from there and we don't know where we are going. We hear about the idea of going to Nirvana and liberation. Baba says your part has come to an end and you have to return home now. It is time to merge everything (**samet**). Nothing else is left to be done. Everything has been accomplished. Everything has been surrendered (**samarpan**) to Baba used in a worthwhile way (**safal**). No old karmic bonds remain. Then, we become very free. To merge means my part has merged in the play. Every scene has merged, finished. The whole history of the confluence age has finished. We will remember it next kalpa.

Baba taught us how to make bhog (tolis) and share it with others. He sustains and expresses the love He has for us through His *toli* and *boli* (words). This is what makes us *holy*. So let me not take shortcuts when it comes to preparing bhog. Not that I just prepare what I would personally eat. Let me give to it my time, sincerity and love for Baba and Baba's children. When I offer bhog with a lot of love in this way, Baba will continue to feed me until my final moments.

Everybody is virtuous but we all need to look in the mirror. See your defects and remove them. Those who don't look at others and just look at themselves are loved by everyone. Your mirror should be so clean. Make effort, so no trace of the past remains, no speck of dust. What does it mean to keep my mirror clean? To have a merciful heart. To have mercy on the self. One is the dirt that is outside, in the garden for example. Then there is the dirt that comes inside. We take help from external sources to clean up the outside but we wouldn't call anyone to do the cleaning inside. That work we have to do for ourselves.

Baba is *in bondage* to help us. It is His job to help me transform and be good. I just have to have the desire.

Laugh and stay light and entertain yourselves and one another with a lot of love, with something that makes you remember Baba and the Home. There is a lot of happiness, when we become light.

Once Baba said to me "Your yoga is not good." I said, "OK" and with that acceptance Baba made me bodiless. Then I understood what Baba wanted me to do.

Nothing should feel difficult. "I have to do it. What can I do?" This means that Baba is not with me. Make plans and put them into practice. Baba sends whatever you need. Our language should be very good. The language of Brahmins is first class.

***Today a Brahmin, Tomorrow an Angel.***

***Om shanti.***