

The
World Renewal Monthly

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Rajyogini Dadi Prakashmani, Eighth Ascension Anniversary (25th August) 2015)



Gyan Sarovar

(Mount Abu) –

The Conference for Jurists being inaugurated by Rajyogini Dadi Ratan Mohini, B.K. Ramesh Shah, Justice R.P. Nagrath, Judge, Punjab & Haryana High Court; Mr. Pritam Pal, former Judge, Punjab & Haryana High Court; B.K. B.L. Maheshwari, B.K. Sisters Pushpa, Lata and others.



Bhubaneswar –

B.K. Mruthyunjaya presenting Godly gift to H.E. S.C. Jamir, Governor, Odisha. B.K. Sisters Leena, Sabita, Gayatri and Sanjukta are also seen.



Mount Abu (Pandav Bhawan) –

A programme on International Yoga Day being inaugurated by Rajyogini Dadi Ratan Mohini, Mr. Avichal Chaturvedi, S.D.M.; B.K. Amir Chand, B.K. Sisters Sheilu, Shashi, Dr. Pratap Midha and others.



Raipur –

On the occasion of International Yoga Day; B.K. Sis. Rashmi giving introduction of Rajyoga. B.K. Sis. Kamla, Mr. Ramsevak Paikra, Hon'ble Home Minister, CG; Mr. Punnu Lal Mohale, Hon'ble Food Minister.; Mr. Brijmohan Agrawal, Hon'ble Agriculture and Water Resources Minister; Mr. Gauri Shankar Agrawal, Speaker, L.A; Mr. Prem Prakash Pandey, Hon'ble Revenue Minister and Mr. Devendra Sharma, Chief Secy., L.A. are seated on the dais.

|| From the mighty pen of Sanjay ||



CELIBACY – A MUST FOR REAL INDEPENDENCE



The present Age is the Age of social awakening. Socialism is in the forefront of man's thoughts. The fundamental rights of man are regarded as important but without overlooking the basic tenet that the good of the individual is subordinate to the good of society. And if, at any time, the individual's interests run counter to those of the society, preference is given to the latter and the former has to be sacrificed. From very early times this tenet has been followed. In view of the present disquieting factors in the spheres of character, morality and spirituality and when socialism is in vogue, it is not improper to ask the individual to observe celibacy or chastity. In fact, asking them to do this is another way of their welfare for the simple reason that they will themselves lead a happy life and also move society forward on the path of its welfare. If every member of the society observes celibacy, for few years called the fag-end of Confluence Age, the step would be quite appropriate, because there is goodwill behind it.

That the individual makes a little sacrifice for social good is proper even in normal times because the country needs the individual's sacrifice in the form of their wealth, their mind and even themselves for the safety or progress or welfare of their country. So, when they make sacrifices such as getting their sons recruited in the army when the country is attacked by an enemy or surrendering all their possessions and provisions for relief to flood-stricken people etc., according to the gravity the situation demands, is it then proper for any sensible man to indulge in conjugal habits or even talk about them in these times of dire need of celibacy? Now, when the enemy called sex-lust has crept in surreptitiously and has, as it were, invaded man's mind in a manner not obvious to others, disrupting severely the country's economy as a virtual military blockade does, is it, in any way decent to think of conjugality, particularly when they profess love for their country? Wouldn't their behaviour be a form of hostility to their own motherland?

We should never let ourselves forget that every right carries
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EDITORIAL:

MESSENGER
OF LOVE & LIGHT –
Dadi Prakashmani



Dadi Prakashmani

The initiative of collective meditation on 21st June 2015 has helped make the atmosphere less violent. Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya introduced World Meditation Hour, every third Sunday of the month, through its 8500 Centres decades back, which continues to be observed by lakhs of householders and professionals, thereby contributing towards the establishment of peace in the world. This practice has helped individuals realise the beauty of going within to explore the depths of one's own inner peace. When the mind is silent and devoid of any sort of heaviness, the consciousness can fly across the three worlds to relish the company of the Supreme Being, the Ocean and Bestower of Peace. The regular practice of an hour in silence brings harmony and stability to one's personality and relationships. Many, many children, youth, householders, entrepreneurs, government officials, and VVIPs continue to

follow this programme very happily.

This initiative was started with the inspiration from Respected Rajyogini Dadi Prakashmaniji, former Administrative Head of Brahma Kumaris (1969-2007). Dadiji was an able Administrator but more so a Spiritual Teacher and the latter is not possible without having engaged in intense and sincere *tapasya* during one's lifetime. Right from the beginning of her spiritual life and association with Om Mandli (former name of the Institution), in the year 1936-37, Dadiji had been very fascinated by the visions of Shri Krishna and perhaps that was the reason her *laukik* father would call her "Meera", though her *laukik* name was "Rama." Dadiji started her meditation practice at the age of 16.

Her leadership qualities were clearly recognised by the Founding Fathers, Incorporeal Shiv Baba and Pitashri Brahma Baba, who would depute her for organisational work as well as

to play the role of a Spiritual Teacher. She had the very special qualities of being a knowledge-full and fearless Speaker, who would try to impress upon the audience how the incarnation of the Divine Being had taken place to re-establish Golden Age in Bharat. The most powerful lesson Dadiji made firm for all was "**Self Transformation for World transformation**".

As the activities of the *Yagya* grew, Brahma Baba and Mateshwari Saraswati kept to their own unique roles, and it was Dadiji who was considered the most efficient spiritual instrument to participate in Conferences, coordinate national-level service projects, or serve high-profile individuals. Her praise-worthy quality of saying '*Haanji*' won the hearts of not just the Founding Father but all her Service Companions.

Her magnetic personality was



par excellence, which endeared her to the little ones, the youth, and of course the elders. The Youth always looked at her not as 'Kumarka (her other name)' but 'Kumar – ka (the one belonging to the Kumars)...

As a Spiritual Teacher, her clear explanations of the *Murli* (Divine Versions) would enable even new students to develop further love and enthusiasm for spiritual study, and inculcation of the teachings.

Her motto in life was to spread the Godly message throughout the world, for which she took lot of pains to travel to remote places wherever invited, without a care for her own physical comfort.

When Dadiji took over as Administrative Head from January 1969 onwards, she played a wonderful role in sustaining thousands (and

further lakhs) of regular BK students and contact souls, especially hundreds of dedicated B.K. Teachers, both sisters and brothers, and bound everyone in the thread of unity, love and respect. Dadiji's ability to understand each soul, and help them progress on the basis of their skills and abilities, without pre-judging them or limiting their aspirations, are qualities that are remembered till date.

After her tours of India, Dadiji was invited several times to visit the Western and Eastern countries. Wherever Dadiji went, she found individuals who were spiritual jewels, willing to become service instruments to be presented to the Supreme Father. Most of them came as young adults, as per the tradition of the Institution, and have continued to lead righteous and serviceable lives for decades.

VALUE OF TIME

The common people, especially the youth, learn a lot from their elders. One of the most important things we learn is value of time. There are also beautiful sayings like, "Time is Money", "Time gone by is lost forever..." that remind us of the same. On one side, we all wish to progress for which we acquire a lot of education, skills

and much more. The other side is that if the youth start participating in agitations/strikes/riots, they lose a lot of their learning time. Sometimes the agitations result in *lathi* charge or even firing resulting in uncalled for loss of life or injuries. The mind is very impressionable and is influenced instantly by what one sees or

With the help of Br. Jagdish Chander, one of the senior dedicated brothers of the Institution, Dadiji started organising and hosting programmes/seminars/conferences to serve various professional groups, which came to be known as the Spiritual Service Wings.

Every year when Dadiji's day of ascension nears, thoughts of love and regard of all the members and friends of the Brahma Kumaris fly high to the Subtle Region to connect with that divine soul... All these years, the soul has always returned the love of millions by giving us loving experiences of its divine presence through the medium of Dadi Hirday Mohiniji. This year on 25th August, we look forward to honouring this most elevated soul and receiving pure vibrations of wisdom, love and power.

hears or observes, and the unfortunate consequence of bad influence and company is that good people become reactionaries.

When one thinks about the Parliament of India, the highest platform for making amendments to the Constitution or passing and executing new Laws, it is seen as a Temple, as was respected

by our Prime Minister, Mr. Narendra Modiji, on his maiden appearance at the Parliament. The people of India had very high hopes that all Parliamentarians would cooperate with the Government for the benefit of the citizens of India. Our Prime Minister had outlined many wonderful schemes for the poor, middle class and for protection of women in particular. On the basis of input from all parts of Bharat, Mr. Modiji speaks to the people once a month through *Mann Ki Baat* on All India Radio. He strives to reach out and bring benefit to *Bharatwasis*, but today it's very painful to see that the Parliament has not been functioning with that similar spirit of cooperation. The present biggest Opposition Party is perhaps settling accounts and wishes to make the Government aware of how uncomfortable it had been during Congress rule, as it was then the present Ruling Party which was in opposition, and the same kind of *hungama* was witnessed for months together.

Sometimes ordinary citizens like us sit back and contemplate on the fact that we had elected the best of brains to represent us in the Parliament, to laud the nations' achievements and solve its problems. If the Parliament cannot function in the right way,

how can the new Government bring about change to benefit the people?

Every year we hear about the management of big rivers for which trillions of rupees had been earmarked in the Budget for cleaning of Ganga and other rivers. But this year, the floods have played havoc before much could be done, resulting in further delay. Though they say, "Man proposes, and God disposes", in such matters it's not God playing any role; it's up to the concerned authorities to take initiative for the benefit of people at large. Timely action is of the essence.

During the Inaugural session of Parliament, while we viewed the members being introduced, (televised) we felt so motivated that Bharat can definitely become a golden sparrow in a matter of a decade or so. There are such intelligent, pro-active people in the Parliament, who at present are unable to function and contribute in the welfare of India's citizens. I start to wonder how long can such chaos exist in a 'Temple', which was highlighted by none other than our Prime Minister on the Inaugural Day. Change of attitude of our Parliamentarians is imperative.

The Brahma Kumaris have evolved the system of 'Traffic

Control': to observe peace and quiet for a few minutes at regular periods during the day, to refresh oneself internally and recapture one's creativity and positivity. We suggest that the Traffic Control programme be implemented in the Parliament at least twice a day, once in the Morning Session and again in the afternoon. This will surely help our leaders in making new rules, taking clear decisions, or amending the previous ones for the welfare of the people of Bharat.

Ministers for the Union always take an Oath of Office as follows:

"I, A.B., do swear in the name of God/solemnly affirm that I will bear true faith and allegiance to the Constitution of India as by law established, [that I will uphold the sovereignty and integrity of India,] that I will faithfully and conscientiously discharge my duties as a Minister for the Union and that I will do right to all manner of people in accordance with the Consitution and the law, without fear or favour, affection or ill-will".

So if they truly go by the letter and spirit of this Oath, rather than indulge in mindless accusations and squabbles, all the distinguished members would definitely contribute in a much better way towards the uplift of Bharat.

THE MONTH OF DEVOTIONAL PRACTICES

Bharat is the land of gods and goddesses. Of the 33 crores of pure deities mentioned in the scriptures, Shri Krishna is worshipped so dearly. This year as per Indian calendar we have an extra month, known as the *Adhik Maas* or *Purushottam Maas*. We have thousands of mythological stories surrounding these days, and each festival holds deep significance on the psyche of the people of Bharat.

This year, the start of the Rath Yatra and Eid-al-Fitr fell on the same day. To spread the message of oneness of humanity, Hindus and Muslims greeted each other in a very

friendly way everywhere. One important incident in Ahmedabad was that of the members of the Muslim Community presenting a silver chariot to the Mahant of Jagannath Mandir, and honouring him with a turban few days before the beginning of the Rath Yatra. Then in turn, the Mahant joined the Muslim community for their Iftar party. Such gestures of harmony amongst religions and honour given to other communities build up the unity of Bharat, which is very, very essential for our economical and spiritual progress. These acts of goodness whether in Puri, Ahmedabad or other parts of

Bharat brought together the multi-coloured tapestry of Bharat with great devotional feelings. The whole atmosphere became highly charged with spiritual vibrations, and it seems the 5 elements were also pleased as we received gentle showers of rain! We learn from our ancient scriptures, religious teachers, and great yogis how when connected with the Supreme Being, we are able to realise our true inner selves, which is devoid of any kind of negativities or prejudices, and become the embodiment of unlimited, subtle and spiritual vibrations.

– **B.K. NIRWAIR**

With hearts filled with deep regard and admiration, the Brahma Kumaris' spiritual family pays respects to the departed soul of most respected DR. A.P.J. ABDUL KALAM, FORMER PRESIDENT OF INDIA, and extraordinary Scientist, Professor and Spiritualist!

From 1999 onwards, Dr. Kalamji had been associated with the Brahma Kumaris institution, and had visited the Mt. Abu Headquarters and Om Shanti Retreat Centre, in Gurgaon, several times for various Scientists' and Youth Conferences. He had deep affection for our revered Dadis and Senior BKs, and had many conversations on the spiritual uplift and progress of the people of Bharat. He was very concerned

about eradicating poverty and was motivated to help create a society founded in elevated virtues. He felt it was essential that we go beyond differences in religion and come together for the greater task of transformation.

Let us continue to share Dr. Kalamji's legacy of humility, wisdom, courage, and far-sightedness with the coming generations!

PAY ATTENTION TO YOUR KARMA



– Rajyogini Dadi Janki,
Chief of Brahma Kumaris, Shantivan

There are some things that cannot be expressed in words; they can only be experienced. We can't express the love we feel for Shiv Baba. He is watching us; our faces, our behaviour and is making us like Himself. He gives us so much power that we become spiritual lions. Shiv Baba is concerned that His children should become a sample. Before buying something one looks at the



sample and decides whether to buy it or not. Our aim is to glorify our Father's name. To glorify the Father's name is to be obedient. It is natural that the child is like the parents. It should be visible from my face as to who my Father is.

In the last versions Brahma Baba expressed that we have to be Incorporeal, Vice-less and Egoless. Time is short. One needs to ask oneself:

What do I have to do now? People have different skills; they can cook, they can sing, they can speak well; however in a spiritual sense one should ask oneself what effort one has to make in the present moment.

One must maintain the intoxication of being a Brahma Kumar or Kumari. The spiritual persons may have no possessions but they remain intoxicated. On the other hand, one can see the people today. Even those in high positions feel lacking. There may be pain in the body but that is not what I should be focusing on. We have to settle the *karmic* accounts of both the past and the present as well. Some don't pay attention to settling their accounts. I have to make sure that I am now creating only good *karma*. Baba has taught us how to use time in a worthwhile way. One should look at oneself and at Baba. 'Om Shanti' reminds us to remain beyond the arrogance of 'I' and 'mine'. One should ask oneself: 'Am I able to remain in the awareness of 'Om Shanti' ... completely beyond 'I' and 'mine'?' *One type of settlement is through the body and another is through*

relationships – the bondage of relationships. Sometimes, the influence of these aspects (body and relationships) makes us perform actions that in fact we don't want to perform. Our actions should be very, very powerful. Good actions are very powerful. Shiv Baba has made us aware of what type of actions we should perform now so that there is no suffering in the future.

Catch Dadi's pure feelings...

Baba's words are invaluable. Very few have such inculcation that they can be called angels. When one reaches that stage it is as if they are just touching this earth to perform good actions and then they go beyond. Wherever we set foot, there should be the feeling of mercy for others. This attitude earns us multi millions. I need the sense to know how to copy Baba. There is no copyright in this regard. Shiv Baba has given us the right to copy. I just have to stay in His Company and get coloured thereby.

When I came to Baba's Ashram for the first time, I saw the beautiful scene of the seniors eating *poori* (a kind of chapatti)

HOW MESMERIZING WERE THOSE DAYS!

– B.K. Dr. Savita, Shantivan

It was my great fortune to meet the embodiment of motherly love – Dadi Prakashmani, who was the Chief Administrator of Brahma Kumaris from 1969 to 2007. She was a gem of divine virtues such as Purity, Humility, Love, Compassion etc. That is why whoever met her called her ‘My Dadi’.

I first met Dadiji in 1989 when I came to Madhuban (Pandav Bhawan, Mount Abu) to offer my services at Global Hospital, which was then under construction. Dadiji deputed me at Madhuban Dispensary for medical services.

Those days, some B.K. brothers and sisters used to come to meet Dadiji before Murli class to say ‘Good Morning’. I’d also wish her ‘Good Morning’, then, Dadiji

would ask me about the health of the Madhuban Niwasis and if someone was reported ill; she would ask about their problem. Thus, she used to get their complete health information from me. Seeing her concern towards all the inmates of Madhuban, I was overwhelmed. Some of us sisters would go to Dadiji at night as well. She would read the *Murli* before sleeping without fail. Besides, she’d share with us her experiences with Mamma and Brahma Baba. When we sisters would ask her some questions to accelerate our spiritual effort, she’d answer precisely. However, I would experience special spiritual intoxication and happiness through this sustenance and felt as if Dadi had bestowed on me the special fortune to remain under the

patients had to be taken to Ahmedabad. Even though I was not much experienced then, yet Dadiji on many occasions made me an instrument and sent me to Palanpur and Ahmedabad for the treatment of the patients. Dadi’s impeccable faith in me boosted my self-confidence and courage. Even though this job was a bit difficult for me, Dadiji helped me to do it easily.

At Madhuban, I got great opportunity to do Godly Service. It was my multi-million luck that Shiv Baba made me an instrument for the service of giving Godly Knowledge to the VIPs. When I used to introduce VIPs to Dadiji, I observed that whatever field they belonged to, she would share her words of wisdom and give them, blessings and inspirations accordingly. Suppose, there was an Engineers’ group, she’d elaborate the points of spiritual knowledge based on science; if there was a politicians’ group she would explain to them about Self-Sovereignty emphasizing how true Ram Rajya could take place.

canopy of senior BK brothers and sisters. Whatever problems I faced in the course of Godly service, I would cross them with ease.

Since there was no hospital in Mount Abu at that time, many a time,

Those days when Dadiji



B.K. Savita with Dadi ji in a pleasant pose



would return after her Murli class, a sister would accompany her because Dadiji would visit many departments and then she would sit in the courtyard of Pandav Bhawan. Whosoever wanted to meet Dadiji or ask something; they could meet her there easily. At that time she seemed to be the embodiment of a mother. Thus, I was lucky to get a golden chance to accompany her from the hall to the courtyard as well as to take Dadiji's hand in my hand. The spiritual intoxication of those moments is beyond words.

Being with her, I also got an opportunity to learn how she used to satisfy one and all. In the meantime, services at the Global Hospital had also started and I was also supposed to stay near Global Hospital along with other selected staff, but I wanted to stay at Madhuban. In this context, I talked to Dadi Jankiji, but she told me that this was in the hands of Dadiji as she was the Chief Administrator. So, I left everything to Baba because I lacked the courage to talk to Dadiji in this regard. And to my pleasant surprise, just within a few days, before my shifting, Dadiji herself called and told me that I had to stay at Madhuban and to keep assisting in the dispensary there. Thus, I experienced how our positive

thoughts reach Shiv Baba and how He makes the seniors His instruments and fulfils our good thoughts.

At the time of Raksha Bandhan, we used to go in different groups to various places of Mount Abu to tie *Rakhis*. Once, all the people of our group were supposed to tie *Rakhis* to the staff of all the banks. We invited all the members of various banks at one place and spoke about the significance of Raksha Bandhan to them. When we asked them to write at least one of their flaws/weaknesses on a piece of paper and give the chit to us as a gift for Raksha Bandhan, the staff of all the banks showed a positive response. In the evening when we gave this news to Dadiji, she felt very happy and praised us a lot. Not only that, she also told the same news to BK Brothers and Sisters next day in the morning Murli class. Thus, Dadiji used to enhance zeal and enthusiasm of one and all and helped us to advance in the field of Godly service.

By that time, I had been at Madhuban for 3-4 years. I had come from Indore to Madhuban and on the occasion of the Silver Jubilee of the godly services in Indore zone, a mega programme was being organized there. Many brothers and sisters from

Madhuban, including me, accompanied Dadiji to participate in the programme. There was also a 'Surrender Ceremony' of 25 BK Sisters of Indore zone. As I was from Indore zone, the Zonal in-charge Bro. Om Prakash, asked me and my sister to get surrendered in the ceremony. But since our parents hadn't allowed me to become a surrendered Brahma Kumari, I was hesitant. When Dadiji came to know about the matter, she called me and asked me to participate. She assured me that she would be responsible if our parents made any objection. Thus the surrender of both of us sisters took place, and due to good wishes of Dadiji, our parents not only participated in the ceremony but they sent their letter of consent too. Thus, the most beloved Dadiji made this occasion a memorable one for both of us sisters.

Later in 2000, I got an opportunity to stay with Dadiji and till her attaining the state of becoming complete and perfect in 2007, I stayed with her. Her specialties and virtues are incomparable and unique. I'm grateful to God Shiva and World Drama for my great fortune. Those were really the most precious years of my life.

Divine Tribute to THE MISSILE MAN – DR. A.P.J. ABDUL KALAM



Dr. A.P.J. Abdul Kalam, popularly known as the Missile man, a great scientist and one of India's best Presidents, passed away on 27th July 2015 at Shillong, while delivering a lecture at I.I.M.

Dr. Kalam was born in a poor family in a small village called Rameshwaram on 15th October, 1931. His father was a boat owner, while his mother was a housewife. He was the youngest of four brothers and one sister in his family. He started distributing newspapers in his childhood to supplement his family's income.

He was a brilliant student of physics. He studied B.Sc. at St. Joseph College, Thiruchirappalli, and M.Sc. in Space Science at Madras Institute of Technology. He contributed a lot to Vikram Sarabhai Space Research Centre, Thumba in 1960. In the year 1962, he got associated with Indian Space Research Centre (I.S.R.O.). Dr. Kalam was the director of Satellite

Launch Vehicle (S.L.V.3). In 1982, he became the director of Defense Research Development Laboratory. This year, he was conferred the honorary degree of Doctor of Science by Anna University, Madras.

Dr. Kalam gave immense contribution in developing various missiles with indigenous technique. He served the government in various important posts, particularly in the Defense portfolio. Apart from many other awards, he was the recipient of Padam Bhushan in 1981 and Padam Vibhushan in 1990. In 1997, he was conferred the highest civilian award of India–Bharat Ratna for his distinguished services. He held the august office of the President of India from 2002 to 2007.

Dr Kalam's connection with the Brahma Kumaris institution started on 3rd February 2002 when he came to its Headquarters, Shantivan, Abu Road to have a divine meeting with the Supreme Soul, God

Father Shiva, and His angelic Medium Brahma (commonly called as BapDada by BKs) in the chariot of Dadi Hriday Mohini. From then on, he visited the headquarters as well as other main centres on many occasions such as International Conferences etc.

He has written several books which include Wings of Fire, India 2020–A Vision for the New Millennium, Ignited Minds etc. which have been translated into various Indian and foreign languages. His ideas and visions would always be a great source of inspiration for all Indians, particularly the students and the youth. Dr. Abdul Kalam will be remembered as one of the finest human beings to have ever lived! Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya pays rich tributes to this noble soul and a great son of Mother India.

BLENDING SCIENCE AND SPIRITUALITY

– B.K. Ranjit Fuliya, Associate Editor

[India is considered to be the cradle of world civilization. This great country of sages and seers has passed through several phases and despite various impediments and obstacles, each time has emerged stronger, united and spontaneous. On the auspicious occasion of Sixty-Ninth Independence Day of India, which falls on 15th August, 2015, we take stock of our Strengths and Weaknesses, Opportunities and Threats. – Editor]

One of the most ancient civilizations of the world, Indian civilization can take pride on its education system which is very old and our *vedas* and *upanishads* bear testimony to it. The renowned Universities of Nalanda and Taxila, which flourished around 4th century B.C. were one of the greatest achievements of India in education field. Because of their quality education, they attracted students even from foreign countries.

Education system those days followed the tradition of *guru-shishya*; the students lived with their *guru* in their *ashrams* to learn various life-skills. The subjects of study included Vedic and Buddhist

literature, logic, Grammar etc. Contrary to common belief, India had a long history of scientific research and technological advancement, though it had not always been continuous. It is true that in the course of time, Indian society was plagued by various anomalies –lack of education, caste system, untouchability, blind faith and superstition, religious bigotry etc. marred the social order.

Inculcation of Scientific Temper

Modern science was introduced in India in an alien language by the colonial rulers. Their concepts were not in conformity with the older ways of learning and ancient

knowledge. After independence, considerable importance was given to science and a clear policy was initiated by the Government of India. The Scientific Policy Resolution passed on March 4, 1958 was a unique document in various ways. It declared the government's faith in science and technology and suggested various measures for their promotion. It was with a view to make India's enormous resources of manpower an asset in the modern world by means of training and education. This was resolved that proper programmes for the training of scientific and technical personnel in the fields of science, education, industry, agriculture and defence must be organized. It was also to ensure that the creative talent of men and women is encouraged and finds full scope in scientific activity. The Resolution also aimed at encouraging individual initiative for the acquisition and dissemination of knowledge, and the discovery of new knowledge, in an atmosphere of academic freedom.

The main policies of the government of India and various States were made in consistency with this resolution on Scientific Policy. The

education and training of scientific temper has paid rich dividends to India in all major fields. There have been fast developments in various fields and India is on the Highway to progress.

Blending Spirituality with Science

Science and Spirituality are the two wheels of the chariot of humanity. Mere scientific knowledge can't bring true and lasting peace, progress and happiness. Moral and spiritual values must be given due place in life, if we want to progress in the real sense of the term. Eminent author, educationist and philosopher of the twentieth century, B.K. Jagdish Chander Hassija, who was also Chief Editor of The World Renewal, highlighted the importance of spiritual and moral rejuvenation for creation of a value-based and righteous society.

Divinising the Society through Self-Transformation

Our country is nowadays facing lot of problems – economic, social, educational

etc. Most of the evils of the present day society have their root in one or the other mental vice or evil proclivity. Uncontrolled lust and passion cause various problems as Eve-teasing, Rape, Criminal assault, Prostitution, Abduction etc. Vices such as Anger, Hatred, Jealousy, Revenge etc. are the root cause of Murder, Arson and Destruction of others' property, Breach of peace and Defamation.

Adulteration, Bribery, Cheating, Corruption, Deceit, Concealment of Income Tax and Sales Tax, Hoarding, Black Marketing etc. are the direct offshoots of Greed. The tendencies like Bias, Favouritism and Injustice etc. are the result of Attachment which is a great enemy of the soul. Crimes such as Violence, Defamation, and Destruction etc. are the consequences of Arrogance or Ego. If these proclivities of man are divinized, there can be a pious atmosphere in the family, the society and the nation.

Dawn of a New Era

The mental change which is caused by Rajyoga meditation can surely usher a new era of Purity, Peace and Prosperity in the world. In such a divine world, there is no crime or illegal activity. All people are loveable and of high moral character. We must educate the people on the Godly laws that are a pre-requisite for reconstruction of such a divine civilization. The divine act of rejuvenation of the world by the Supreme Soul, God Shiva has been going on incognito, since 1936. The interested souls may avail themselves of the golden opportunity to be a part of the divine act and earn great fortune by leading a vice-less and pure life now. The teachings of Rajyoga are provided free at the Rajyoga centres of the Prajapita Brahma Kumaris Ishwariya Vishwa Vidyalaya, without any discrimination of caste, colour, creed, country or language.

Reference:

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VIRTUOUS KARMA – OUR ARMOUR OF PROTECTION

– B. K. Surendran, Bangalore

In the present day world of turmoil, conflicts, uncertainties, fears and insecurity, unexpected and untoward incidents happen to individuals, groups, families, countries and the world as a whole. Many people ask a common question in the midst of these undesirable events and eventualities – “Why did God let this happen?” With all the negative events in the news as of late, there are many who think so. The simple answer to this is – the accidents, deaths and various negative events are simply the result of *Karma*.

Our Karma

We are all in the field of *karma*. In fact, *karma* is the means of our constant contribution to this world. We can make or mar our life with the *karma* we perform. Good, benevolent and noble *karma* reaps a yield of happiness, solace and contentment while the *karma* done with lazy, selfish, lethargic and arrogant attitude results into dissatisfaction, discontentment and worries.

Pre-requisites for rendering Virtuous Karma

Earlier, we were unaware of the mind-set and attitude through which we should perform *karma*. It is when God, the Supreme descends in the body of Prajapita Brahma and unfolds the divine knowledge of the Self, Supreme Self, rebirth and also the Law of *Karma* that we are able to perform virtuous *karma*. We become soul-conscious and vicious attitude is eliminated. God reveals to us the secret that the soul has mind-intellect-resolves (*sanskars*) as its faculties, and initiates action. It is also revealed that the soul has a combination of 7 virtues – a pack of goodness such as wisdom, purity, peace, love, happiness, bliss and power; it becomes imperative that each and every act is influenced by one or all of these virtues. The *karma* performed in God’s remembrance is definitely a good *karma*. Therefore, certain attitudes are to be created to manage and perform virtuous *karma* in the midst of positive or negative environment. As per the Supreme revelations, the

souls take a maximum of 84 births. For about 21 births, the *karma* does not have a positive or negative effect but as we enter the second part of world cycle, we accumulate a mountain of misdeeds over our 63 births. The consequences of the combined misdeeds of all the souls of the world over many births are now appearing in the world in the form of large scale massacres, group clashes, dreaded diseases and sufferings, hunger, scarcity, murders, molestations, subjugations, trials and tribulations and so on. Each soul is responsible for the *Karma* he performs and the resultant untoward or unpleasant happenings in his/her own life. There is perfect justice being administered. Therefore, in order to reverse the clock, it is necessary for us to accumulate virtuous *karma* to nullify the effect of past vicious *karma*. The following mind-set and attitudes are bestowed on us by the Supreme to put the virtuous *karma* back on its original saddle.

- ▶ Generate positive, pure and elevated thoughts.
- ▶ Perform *karma* with an attitude of good wishes and pure feelings.
- ▶ Create an attitude of instrumentality and constructiveness. Be a trustee while managing the household or office.

- ▶ Be a *karma* yogi. Make the Supreme your companion in each and every act. Surrender yourself and render all *karma* in His remembrance to enjoy fruits of life.
- ▶ Nurture and foster the best of relationship with one and all.
- ▶ Give the gift of happiness, love, care, protection and cooperation to one and all unconditionally, during the course of your interaction with him.

Karma is nothing but a law of compensation. Its main objective is to make us compensate for the errors and wrongs we have committed and to benefit from the good we have done in the lives of others. Let the contribution be more than the pay off. Create the following attitude as per the formula given below.

$Q1+Q2+MA = \text{Compensation.}$
(Q1 is the quality of service rendered, Q2 is the quantity of service rendered, MA is the mental attitude in which it is rendered, C is the compensation.)

The quality of our life, our relationships, the people we come in contact with, and the return we get from life, are all nothing but the consequences of our *karma*. Let us sow the seeds of pure and elevated *karma* in the field of life. Let us not blame the world or God for the condition of life we are passing through. Our good and virtuous *karma* will definitely protect us at all times.

Letter to the Editor

Dear Editor,

As a regular reader of "The World Renewal", I look forward to read it. The July issue was a sheer joy to read. All the articles were thought-provoking and enjoyable, though I would like to mention a few that impressed me to a great extent.

The editorial lucidly elucidated how Rajyoga helps in keeping the soul and body healthy. The article titled "Some of the factors that bring effective change" under the column "From the mighty pen of Sanjay", was filled with appropriate examples to bring out the factors that are involved in bringing about effective changes in a soul. An article which definitely makes one reflect and truly bring changes in oneself.

The article on Didi Manmohini by Brother Ranjit Fuliya was written with so much precision that even those who have not had the blessing of seeing Didi, were made to feel like they have actually met her and got her blessings. The poetry "Grow friend, Grow", truly inspires the reader to grow and shine like an angel. The article "Meditation is the Medicine" by B.K. Bansidhar clearly explains the importance of meditation in today's life. A must read article indeed!

The article by brother Hari Om Chawla, which talks about our thoughts and how we get connected to them was a good read; the crux of the article is told in one sentence, "Awareness is the key to channelize our thoughts. Wherever attention goes, energy flows."

Nevertheless, the icing to the cake is the article written by B.K. David. A masterpiece, indeed, which has been written using examples that fit into our daily life, while clearly explaining the theory of *Karma* and inspiring the readers to connect with the Supreme Soul who is ever ready to reach out to us; an article which has handled the topic in a very light hearted and interesting manner.

I will keep looking forward to many more wonderful articles which spread the fragrance of the Divine knowledge.

– B.K. Apperna S, Chennai

The Spirituality Of **RAKSHA BANDHAN**

– **B.K. Khem Jokhoo, Trinidad**

Raksha Bandhan is one of the major festivals celebrated all over India and the world too. It is celebrated between brother and sister, where the latter ties *Rakhi* (a decorated thread) on the wrist of the former and in return, the former takes a vow to protect the dignity of the latter at all costs.

However, the real Raksha Bandhan is that when one takes a sacred divine vow with the Supreme Soul Shiva to live a life of purity in thoughts, words and action. This festival is the memorial of protection from the vices and the freedom from the bondage of this material world by The Supreme Protector and Saviour, The Supreme Soul God Father Shiva. This life of purity and the freedom from bondage elevates a soul to its original pure stage.

Rakhi signifies to protect the self and the other souls from vices. Raksha Bandhan signifies the pure connection among the souls in the Confluence Age (the Age of Confluence of Kaliyuga and Satyuga, also called as leap

age) and it is the gateway to the Golden Age where all the souls are divine, and civilization is at its highest pure state.

The Religious Aspect of Raksha Bandhan

As per Hindu custom, Raksha Bandhan is a promise by a brother for the protection of his sister. This is done to the extent of defending her honour even at the expense of his life. This is usually practised in the path of devotion and has religious adherence. Here, the sister shows respect to the brother in the form of adoration or worship. The sacred thread of *Rakhi*, tied to a brother's wrist by the affectionate sister, is the ceremonial expression of her pious hope and wish that her brother be guided by spiritual wisdom, using common sayings as "May you be holy and may



you have protection against evil". This symbolic thread is a token of remembrance and inspiration for the brother. History is replete with examples where brothers died in defence of their sisters, honour, purity, chastity from lustful advances made against her will. Today, the society is so degraded and impure, that even a mother, daughter or sister is not protected from the criminal eyes of even the close family relations. The sacred filial covenant between brothers and sisters has been carnally and promiscuously violated.

The Significance of the Physical 'Rakhi'

The physical 'Rakhi' tied on the wrist is to constantly remind that all the souls are the children of One Supreme Father, making us all brothers, and this is the concept of 'brotherhood'. It is the reminder of one's 'vow of purity' and that one's thoughts and actions should always be the embodiment of 'truth', as that pledge is taken with the '*Satguru Shiva*'. Yellow Rakhi represents newness, the freshness of spring, and the beginning of a new era, and it is the colour of Saraswati, the World Mother of purity. Hence Raksha Bandhan is not to be taken lightly as a ritual or a mere ceremony, but it is a 'deed of covenant' with God. It is a soul's

insurance policy when one surrenders body, mind and wealth to the Almighty.

Power of Purity

Purity is the most revered power that has the ability to restore the soul and in particular the intellect to the original divine state. This is the observance of continence, chastity or purity that has the divine power to burn the vices of anger, greed, ego, lust and attachment. Lust on the other hand is the soul's greatest enemy. When the soul is purified, there is self-realization and inner transformation and by extension, transformation of the world. Purity is the only foundation on which God rebuilds human character and it is the means by which He finally reshapes man into an image of perfection (from Man to Narayan). The highest level of co-operation with the Supreme is the task of world transformation and is therefore expressed through the observance of purity. Observance of purity leads to soul-consciousness which brings out the innate qualities of peace, love, mercy, and bliss. Hence, Raksha Bandhan is not just a

simple festival, but its larger purpose is to lay the foundation of world transformation, the greatest event in the world cycle.

How to tie a Spiritual 'Rakhi'

This vow of purity should be of one's own free will. The true observance of Raksha Bandhan will be when our thoughts, words and deeds will be pure and in remembrance of one God and towards the Godly task of establishment of Golden Age or Paradise, when our each and every thought will be vice-less to spread peace and goodwill to one and all.

The Benefits of Living a Life of Purity

The benefits of living a life of purity are that one becomes the master of the two worlds. One becomes worthy of worship and has the right to the double inheritance of peace (liberation) and happiness (liberation in life). One also becomes worthy of double praise and double worship at the Confluence Age. One receives the Godly inheritance for 21 births to live a life of complete happiness.

In conclusion, the main aspect of the festival of Raksha Bandhan is connected with the sacred vow of purity and a pledge to obtain and impart divine knowledge and attributes. Its origin is the Confluence Age and the purpose is the purification of all the souls and the transformation of the world. It is important to protect elevated conscience or divine intellect by not coming under the influence of Maya, i.e. vices or opinion of others and bad company. Telling a lie, cheating, deceiving or stealing are sinful acts and are opposite to the elevated Godly directions. To live a life devoid of purity is to commit spiritual suicide. One may deceive others or oneself, but one cannot fool the Supreme. The wages of sin accumulates hundredfold if one is knowledgeable compared to that of being ignorant of the consequences.

So, from now onward, let's celebrate Raksha Bandhan, as per the divine instructions revealed by God Shiva Himself, which will ensure the dawning of the Golden Age very soon.

The Wonder of Silence

The disease of anger needs the medicine of tolerance; the pain of disappointment needs the medicine of hope; the violence of revenge and spite needs forgiveness; fear needs courage, ego needs self-respect. Through inner silence, we receive the strength to heal.

INDEPENDENCE OF INDIA



– B. K. Rajbala, Vasant Kunj, New Delhi

We commemorate our Independence Day on 15th of August amid much fanfare and pageantry since 1947 when India was declared free from the clutches of the British Empire. To mark the festivity of this hard-achieved- occasion, the Prime Minister of the country, hoists the National Flag on the ramparts of the historic Red Fort followed by the National Anthem and delivers a speech, giving an account of all the achievements of the current year along with plans and strategies for future developments followed by march past by divisions of Armed Forces, Para-military Forces and Police Force. The pageants add to the splendour and grandeur of the occasion, showcasing scenes from Independence Struggle and diverse cultural traditions of India. Sporty participation by school children enhances the jubilation of this beautiful celebration which we could obtain after centuries of stress, struggles and sufferings.

The Tri-colour is hoisted on all

the national buildings and they are illuminated with colourful lights as on Deepawali, of course, this is a greater occasion than Deepawali. People exhibit their zeal and zest for the nation by adorning their houses, vehicles, clothing and household accessories with the replicas of the tri-colour. The Chief Ministers of all the states too, hoist National Flags and the children in all the schools and colleges participate in songs, dances and cultural programmes with much enthusiasm and national fervour. Army and Police personnel are conferred with gallantry awards on this glorious festival of India. Indian Diaspora worldwide also display their national sentiments by raising the tri-colour on their buildings, vehicles etc.

But behind the glitter of this festive event, is hidden a heinous and horrific trail of our dark history which tells about oppression, suppression and carnage of the nation loving innocent Indians who were tortured and tormented because they raised their voice against

the heartless cruelty of the British who sneaked up on the holy land of India as traders in the 17th century and were lured by the wealth and riches of India, known as ‘Golden Sparrow’ those days, so much that they were tempted to settle down here, which could happen only after ruling over the people, dominating them, governing them because clever as they were, they could comprehend very well that the Indians were simple, innocent, credulous but divided on the religion and caste issues and so could be made easy prey to their cunning devices. In the 18th century, they formulated the East India Company and organised themselves more intelligently to make their devilish plans fruitful. They were shrewd enough to decide, ‘Divide and Rule’ as their motto to trick the credulous but simpleton and naive Indians in order to realise their selfish dreams of ruling over this golden sparrow and eventually, succeeded like success in making their cherished dream come true but it became an unforgettable nightmare for the people of India and now the golden sparrow became encaged, fluttering its clipped wings restlessly to fly in the blue sky of liberty but in vain. Now India became the colony of the



Britons and the Indians with all their glorious past became enslaved rather incarcerated in their own land. They robbed our motherland of all her wealth, slaughtered the self-esteem and self-confidence of her children, and usurped the Kings and the Nawabs through their coercive policies. Now, the Indians realised the importance of unity and Hindus and Muslims together started raising their voice of disquiet and discontent against the British Empire but whenever these cunningly shrewd rulers suspected any mutiny or resurgence from the brave sons of India, they trampled them as if an ant under the cumbersome foot of the elephant. Gradually, their upsurge gathered momentum; there was country-wide revolt and violation against the British Rule but most of these turbulent endeavours were defeated by the very well-equipped mighty British Army. Under the patronship of Gandhiji, the Indians resorted to *Satyagrahs* and Non-violent Disobedient movement. Many great sons and daughters of India laid down their precious lives at the altar of their motherland. Sardar Bhagat Singh, Chandrashekhar Azad, Sukhdev and Rani Lakshmi Bai

are only a few prominent faces of the martyrs but actually there are thousands of unknown and unsung heroes and heroines of India who were hanged to death by these merciless foreign rulers. After much bloodshed, revolts and revolutions but ultimately through the non-violent peaceful movements, India regained its lost freedom on 15th of August, 1947. But again the shrewdest of the shrewd Britons acted as a clever monkey between the two quarrelling cats and created the situation that led to the partition of India into two parts, the other named as Pakistan. The bloody partition marred the merry celebrations of the hard-begotten Independence and rendered 15 million people homeless and created the two unrelenting opponents ridden with the issues like Kashmir, never to be reconciled with.

Anyway, to cut short, if we come to the present state of affairs, we will find that we have not yet learnt from our ignoble past. We are still divided on petty counts like caste and religion at the cost of our national interest. We are so blindly engrossed in our vested interests that we pay least heed to foster excellence in our work in order to make our

country take giant strides of development because all our energies are focussed on making rapid money rapaciously, putting our national good at stake.

We are the largest democracy of the world based on the motto, 'Government of the people, for the people and by the people'. These people forming the government are elected every five years but the fateful misery is that we are so hugely orthodox and conservative that we hold fast to our backward mindset and vote for the candidates not on the basis of their abilities, character and credentials but on the basis of the caste they belong to, hence the caste has precedence over all other criteria. How sad! Even after 68 years of Independence we are enslaved by our biases and dogmas. There are institutions like Khap Panchayats who do not hesitate to put to merciless death their own children on caste like stupid issues. It is spine chilling, isn't it? Furthermore, due to some regressive policies, we still see some parts of our country in a ramshackle condition. We must not ignore our human capital for prestige, power and pelf.

We are the citizens of a global village in this 21st century, the

period of highest technological development. In order to keep pace with our times, we must shake off the age old biases/prejudices which drag us back to the middle ages. I would like to suggest that for the sake of full and free holistic development of our society, people must be prohibited from mentioning their caste in all sorts of forms and documents whatsoever. There must be no column referring to caste in any kind of pro-forma. Financial status must be adopted as authentic criteria to provide special care to the candidates in jobs or schools / colleges. We must always be liberal to extend assistance to the weaker sections of the society but not on the basis of caste or religion. We need to drive this anti-caste campaign because this is the pressing problem which needs tackling on war footing. What we need is the modicum of resolve. But I know these politicians, the greedy hawks, won't let it happen because they dare not fight elections on the basis of their accomplishments as their vote banks rest on caste/religion only.

In fact, we are passing through the gloomiest period in the history of the world cycle, the most unrighteous period when the people are weak in mind, feeble in spirit, lax in morals, totally devoid of spiritual fibre. The world has been gradually sliding down the moral ramp and scale of values. Our salvation lies only in stopping this rot by rising above the narrow caste/religion barriers and by taking refuge in the motto, 'One God, One World Family'; then only unity, equality and fraternity will prevail and we will enjoy true independence.

ATTAINING SUCCESS USING THE TOOL OF VISUALIZATION

A study shows that the majority of sportsmen and women, who win at prominent international events, are trained to use the tool of visualization to achieve success. Many months before the actual event, they visualize i.e. they create pictures of success inside their minds that they have already achieved their goal. The same principle of visualization is also used to cure patients from major illnesses including cancer. Patients are taught to visualize their diseased organs free from illnesses or visualize the organs receiving healing energy in some form or the other. Visualization helps people to have 100% belief in themselves that they will achieve the desired goal. The efforts made with this powerful energy of belief have a greater probability of success than when you make the efforts without believing in what you are doing and without visualizing yourself as achieving your objectives.

You visualize yourself as a person, who has already overcome his fears and negative habits, and the fears are removed and the negative habits are transformed. You see yourself already transformed e.g. you say – I am a soul full of all powers and not – I am going to or am trying to fill myself with all powers. The power of that vision and the positive affirmations, combined together, is such that it helps you to bring about a major change in yourself, not just a small change, because you make it easy for your sub-conscious mind that is sleeping to wake up and realize its potential. You stop always expecting the worst and hope to visualize and believe in the best.

PRIORITIES OF OUR NATION AND HOW INDIA CAN DEVELOP FAST

– B.K. Aman Luthra, Dwarka, New Delhi.

On 15th August, 2015, we will be celebrating 69th year of our Independence. It was this day when we, the people of India liberated our country from about two-hundred years of tyrannical British rule. For two-hundred years it was the British who brutally subjugated and monopolized every sovereign aspect of this country. It was 15th August, 1947 when we took control of our country in our own hands. But with control comes Herculean responsibility, for control demands contribution.

Today the world acknowledges the progress we have made decade after decade. Even we are not far behind in patting our backs for the growth and development of our country. But we seldom realize the fact that our road to progress and development is full of hurdles. There are several issues which are far from being resolved and continue to plague the spirit of our sovereign nation which is desperately gunning for a better international status.

Though for the sake of discussion, there are many issues to tend to, but these issues can be clubbed under broad categories. As a nation it must be our priority to resolve these issues with systematic will and effort.

CORRUPTION

Our economy is bleeding because of rampant corruption, and the next in the line of fire is the internal security of our country, for corruption has become a “way of life” in India. Our state of mind has become so rotten that we are always ready to make all the right noises against corruption by thronging in streets, shouting slogans, pointing fingers and heaping free advice, but we blatantly refuse to make changes in our ways by spitting off the general Hindi proverb– “chalta hai” (it happens).

APATHY

Our India is blessed with not only Nature with its rich resources but also the greatest propellant of growth and development—the human

resource. India has been categorized as the youngest country in the world. We have the largest number of youth as compared to other developing or developed countries. And yet we have been regularly reminded by others that we are still a developing country. We have not only failed to tap into our human resource, but we have also managed to let the national infrastructure (roads, bridges, railways, airways, buildings etc.) get crippled due to the general apathy and to let the agriculture get over-employed due to lack of technological advancement.

LACK OF CONVICTION

Our bureaucracy is considered as the most inefficient bureaucracy in the world. Any decisions taken by our elected government are either influenced by a few financial power centres or repeatedly stalled due to the lousy functioning of our bureaucracy.

Why did our government become so hopeless so as to fall at the mercy of ultra-rich top guns and organised criminals? Why is our bureaucracy not effectively responding either to the commands of the government or the needs of the people?

It is an open and shut case which clearly exposes the lack of conviction this nation is riddled with.

It is very easy for the public

to throw a volley of accusations at the establishment, but shamefully it is now-a-days an up-hill task for an average Indian to shore up some conviction to take part in making a change and help others make things right.

LACK OF VIGILANCE

From maintaining a balance between the executive, legislature and judiciary to regulating internal security and defense to tackling corruption, vigilance plays an important role. Due to lack of vigilance, there has always been a never ending tussle between our three most important institutions which are the pillars of Indian establishment — executive, legislature and judiciary. Because of this tussle, many important decisions are either delayed or stalled which bring governance down to its knees, and time has taught us that there can be no growth without effective governance.

This lack of vigilance has also led to weak intelligence network and shoddy defense preparation, which has repeatedly encouraged our neighbour country to continue its proxy war (terrorism) against India.

COMMUNAL TENSIONS

We have always felt proud of ourselves for wresting back our independence from the British. But independence didn't come cheap. We had to pay a very heavy price. The price was paid with blood when partition was declared by political opportunists and religious zealots. This communal polarisation caused a lot of violent skirmishes. There was suddenly no value of human lives and the Indian cities were treated as a deck of cards about to be distributed among wolves.

And it seems we haven't learnt anything from the history. Our country is still plagued with communal polarisation which has only played part in weakening our social fabric.

If we are able to identify these issues and muster our will and determination to tackle them, then we are well aware of our priorities as a nation. We know from our past that we are capable of crossing hurdles and emerging strong time and again. Our mettle is tested and if we start putting sincere efforts to bring our nation back on track, no one can stop us on our path to sustained growth and development.

RADIATING POSITIVE AND POWERFUL ENERGY

You will notice many people in your life who are very much in need of love but they attract the opposite energy. This is because the negative energy of lack of love for the self and low self esteem which they continuously radiate causes them to attract that same negative energy from others. In the same way, there are many people who are very much in need of success but they attract failure repeatedly. Failure is directly related to the quality of energy we radiate i.e. how positive and powerful our expectations of success are. Once we set the goals that we wish to reach, we need to be careful that we move towards our aim without creating the negative energy of fear inside our consciousness. Failure appears when we make an effort to achieve those goals and we damage the result or attract failure without us desiring so, simply because of our fears of failure. Even then, if at that step we feel that we have failed, we need to have a positive and constructive attitude. We need to emerge the power to face and power of acceptance, inside us. That way our creative energies will flow and we will carry on going forward without the failure (whether real or only perceived by us to be real but actually not real) becoming an obstacle in our path from doing so. Creating a time everyday to do something that you fear, helps you to re-condition yourself internally to begin to see the fear as a green signal and to develop inner courage, so that you can move towards your goal of success. Each day, do what you fear and the fear will soon be removed.

THE PRIORITIES AHEAD FOR NATIONAL PROGRESS

– Hari Om Chawla, New Delhi

On this 15th August, we are celebrating 69th anniversary of freedom from foreign rule, having become an independent nation on this day in 1947.

Some people can give statistics to prove that we have achieved much progress in all fields of life – economic, social, healthcare, education etc. and that we are now on the road to becoming a fully developed nation. Others can compare the progress made by different countries during the same period and say that we have not been able to provide the basic necessities of food, clothing and shelter for all and thus conclude that we are a failed nation.

The test of progress should be: Are we happier today than our forefathers were in the pre-Independence era?

This is a fact that despite having best brains and intellectual talent in the world, we have not made any significant contribution to the world in any field, except

perhaps in the field of yoga and spirituality.

There has not been any progress because we are simply not interested in making progress. We are more interested in money making than in art, literature, science, engineering, medicine, films etc. For us, these are just means of making money. But we cannot make any progress unless we fully devote ourselves to our chosen field and think about ways to bring about improvements; not on new ways to make money. Money is good only when it is a by-product. Whatever we do, money is bound to pour in. How we do is more important.

What should be our priorities? Focus of our present government on development, cleanliness, ‘make in India’, technical advancement, yoga etc, are indeed the steps in the right direction. The country can progress if the political leadership is free from corruption and if everyone

focuses on his work, and not on the monetary returns. If the primary interest of a doctor is to make money, he becomes a bad doctor, charges heavily, prescribes unnecessary tests and operations, earns commission etc. The primary interest of a doctor should be to cure. Likewise, an engineer’s attention must be on making constructive contribution in his chosen field. Writers, filmmakers, artists, television producers should have more emphasis on creativity.

We have to practise spirituality in everyday life. We would be fully creative only when we are free from anger, lust, greed, passions and ego.

There is a paradox. We cannot achieve the real materialist progress unless we are free from the materialistic lust. The lust and greed would snatch our creativity and we cannot progress unless we are fully creative. We must develop work culture instead of money culture.

It is not important what you do; it is more important how you do, how you feel while doing it. When we perform our tasks with love, with devotion, with awareness, it all becomes different; all becomes creative in the real sense. And we can touch new horizons!

DO FRUITS OF KARMA DIFFER FROM PERSON TO PERSON?



—B.K. Rose Mary

A popular Film Director who has directed nearly 40 movies expressed his frustration in a TV Interview: “When I received a National Award, none of the heroines whom I introduced into the film industry called to congratulate me. Yet an old actor (who has acted mostly in villain roles, and now is partially paralyzed and bed-ridden) called and congratulated me, even though I have never given him a role in any of my movies. My experience shows: “The good you do may not return from the same person yet good may come to you from unexpected persons.”

There are varying views. Some firmly believe that good actions beget good results and bad actions bad results. Some say results vary from person to person. And others say that the good and bad themselves differ from nation to nation, religion to religion, situation to situation and also change with the times. They ask: How will *Karma* judge various types of killing—killing in self-defense or in defense of

others, killing by soldiers in times of war, accidental killing ...? How will *Karma* repay one whose action is caused by multiple factors? Why do often good people suffer whereas the wicked prosper? Some people point to this apparent injustice as their reason for not believing in the existence of God.

What is the correct view? For a view to be correct, it should take all aspects into account.

1) ***Karma acts in principle***, not on details. Whatever be the action you perform, what is being transmitted is joy/distress in varying degrees. As in the case of money, there are many ways in which joy or distress can be given to/received from others. For example, one may have caused distress to another by defaming his name. According to the Principle of *Karma*, distress will return to the giver through some means such as financial loss, accident, disease(Not necessarily through defaming itself which was just a means like an envelope used for giving money). In other words, just as

water finds its own level, DISTRESS/JOY GIVEN will become equal to DISTRESS/JOY RECEIVED, as happened in the case of the above-mentioned Film Director to whom the villain actor sent joy from his death-bed which was obviously due from some past births (something that can easily be confirmed by the modern psychiatric technique called Past Regression).

2) ***Karma also notes one's sanskar*** (tendency, created out of wilful choice and repetition). *Karma* includes not only actions that are seen but also those that are performed in the mind. (*Bhagavat-Gita* 3:6) For example, an official was detained at the Airport as a terror suspect. After going through a day-long ordeal at the Airport, he was finally freed as the authentic references he gave to the authorities confirmed that he had no terror links. A limited view may suggest that the Principle of *Karma* went wrong here. But an overall view shows that *Karma* made no mistake at all as this man was later dismissed from his company for selling company secrets to its competitors—an act he had secretly been doing from an earlier date. That means when he was caught in the Airport, he was actually carrying a *sanskar* of betrayal in his heart which is,

in principle, similar to the *sanskar* of a terrorist who undermines the welfare of the very country he lives in.

Whatever be the case, one thing is certain that every *karma* leaves a deep blue-print in us souls, known as *sanskars*. The people of various *sanskars* can only be accommodated into the corresponding phases of *Kalpa* (cycle of 5000 years). Each *Kalpa* runs like a special ship, a mammoth ship, which has 84 decks/floors numbered in descending order—first on top (smallest) and 84th (largest) being on the entrance floor, and it has a circular route around the globe. This ship is special in one more sense too that it starts the journey by taking a very few chosen travellers from the starting point putting them in the first floor (top-most floor), and when it reaches the second port, some more people will board but into the second floor and in which travellers from the first floor will also join; and when it reaches the third port, some more people will board but into the third floor, in which all people from the second floor will also join; thus when it reaches the 84th port, it will be fully crowded with all the passengers as everyone

changed only the floor, but did not go out of the ship.

The higher the floor, the more the facilities will be and vice versa. First 20 floors are reserved for the people whose character is like that of gods and goddesses. And the remaining 63 floors are for those who are passionately seeking personal gains in all their actions and for those who are always complaining never getting satisfied over anything. And finally, when the time comes they are all together in the 84th floor, the Captain (God) takes measures to restore and rejuvenate the condition of the ship and of the passengers. And as they remember their past glorious journey, the souls resolve to recreate their original pure and divine state which will enable them to restart their journey as gods and goddesses.

In this journey, the *Satwic* people take births in the *Satwic* phase (*Satyug* and *Tretayug*) of the *Kalpa* numberwise—according to their merit and time, and will continue to take birth in the successive phases too. The *Rajasic* people take birth in the *rajasic* phase (*Dwapar Yuga*) of the *Kalpa*, numberwise, and will continue to take birth in the next phase

also. The *Tamasic* people take birth in the *Tamasic* phase (*Kali Yuga*) of the *Kalpa*, numberwise. (*Bhagavat Gita* 18:23-25; 14:17, 18; 9:7, 8) What a perfect sketch [drama] in which *satwic* people are available throughout the *Kalpa*!

Thus the sketch of the drama of life is such that people who have *karmic* accounts to be settled will come together again at the appropriate place and time, as happened in the case of the Film Director mentioned in the beginning. There is, in fact, no such thing as accident. Everything that happens to us happens by the cause and effect and not by chance. Hence there is nothing to be worried over receiving the unpleasant, and nor to be elated over receiving the pleasant. There is nothing to feel personal in any happening as everything is just ONE THING LEADING TO THE OTHER. Once an action is performed, it is like a seed planted—its sprouting, growth and fruition are absolutely certain—something the forces of nature will do meticulously precise in its own time and its own way. Once convinced of this, one can live in peace and freedom as he knows whatever

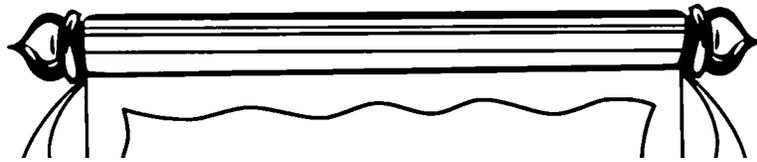
happened or is happening to him is just what he deserves, and what he does now will definitely have its appropriate results in the future. Hence, it allows one to be very passionate about all his duties and dispassionate about their results—which means one should add fullness to whatever one is doing now which would make every moment of his life joyful.

Yet, there is a unique period in the history, called *Sangam Yuga* (Confluence Age, a short period between *Kalyug* and *Satyug*) when your good act can bring bumper results—like “giving a handful of rice and taking a palace for 21 births” (*Murli* 30.5.2015). It is in this period that God Shiva acts, taking measures to raise a pure nation of people who are going to be the foundation for the Golden Age. (*Gita* 4:7) His teaching simply restores the memory of those who lived in the first half of the *Kalpa*. This act of God which was started in the year 1936 is nearing its completion. Hence the most meaningful and beneficial act one can do now is to cooperate with the Supreme Soul, God Shiva, whose very name means Supreme Beneficent and whose very *sanskar* is to return far

more than given to Him. To all those who choose to be His obedient children and instruments of service to share the good-news about the incoming Golden Age that He is going to recreate here on this earth, He guarantees a bumper reward of 21 births in the first half (Heaven on earth) of the next *Kalpa*. And those who are consistent with their *satwic sanskar* will continue to be reborn with the same *sanskar* in befitting circumstances (*Murli* 19.04.1969; 14/11/87; 27/11/87 20/5/2015).

The glory of God Shiva is that He gives equal opportunity to all human beings on earth, even

when He knows that people in general would reject such a great offer like Karna did in the *Mahabharata* Epic. Reliable and authentic persons repeatedly told him the truth about his identity that his mother is Kunti, and he is the eldest brother among the Pandavas and invited him to come to the side of righteousness and to become an emperor, but in vain. If you want to do the REAL business, do it with God Shiva. To know what this means, come to the nearest *Rajyoga* Meditation centre and undergo one-hour study daily for a week, conducted free of cost by the Brahma Kumaris.



URGENTLY REQUIRED

Wanted a B.K. General Maintenance Supervisor (male, age preferably above 30 years) for Global **Hospital School of Nursing /Saroj Lal Ji Malhotra Nursing College** near Shivmani Home, Talhati, Abu Road. **Qualification:** Minimum Graduate from a recognized University, having minimum 2 years' experience as Supervisor.

Contact: e-mail: (ghsn.abu@gmail.com)/
nntagrawal@gmail.com)

Mob. No.: 9414143717.

UNDERSTANDING OF SWASTIKA



When the Copper Age starts, *bhakti* starts; and with the *bhakti* Maya starts coming. There is neither Maya nor the five vices in the Golden and Silver Ages. Later, when Maya comes, degradation starts. With the help of devotion, people keep moving along somehow or the other.

The Copper and Iron Ages are the times of degradation while the Golden and Silver Ages are called the time of salvation. Some think degradation is due to devotion, but that is not so: the time of devotion is also the time of degradation. Devotion begins when degradation sets in. That is our time for going down, the descending stage of the souls.

These stages are explained very well in the picture of the *Kalpa tree*. Now, we are climbing, filling ourselves. From the Copper Age we start coming down. At the same time, devotion starts. If it would not have been for devotion, we would have become complete atheists. We support ourselves a little by continuously listening to the things of devotion. In absence of devotion, we would have come down more quickly.



Mateshwari ji

The two Ages, Copper and Iron, are the Ages to descend. When a building starts getting old, it continues to degenerate. It can become new only when it is demolished, and the new one is constructed. When it becomes old, repairs are done to hold it longer, but it cannot become new.

The path of devotion means to repair the old by doing some good deeds, and to save it from falling. Yet it continues to become old. This account is an aspect to be understood. The Supreme Father explains all these aspects.

There is no need for devotion in the Golden and Silver Ages. As we continue to come down, to the Copper Age, devotion

begins. However, although devotion starts, the degrees of purity and divinity still reduce. At the end of the Iron Age, we become completely vicious and need to go into liberation again.

This account is like a *swastika*. Half the time is of happiness and half is of sorrow. There is a difference in the happiness of the Golden Age compared with the Silver Age. The happiness of the Golden Age is elevated; in the Silver Age, it is two degrees less. Gradually, it continues to reduce. But there is still happiness in the Silver Age.

After the Silver Age, in the Copper Age, pain and suffering start. It is little to begin with, and then it gradually increases. In the Iron Age when sorrow dominates, God, the Supreme Soul comes to cleanse and transform the old world and take the souls back into paradise. As the souls change, the world also changes. And the cycle restarts with the Golden and Silver Ages. In this way, the cycle continues to spin.

This is the time, the Confluence Age when the Father Himself comes and liberates us from the vicious grip of vices and then sends us to salvation where a new cycle of time starts. This is the meaning of liberation and salvation, and the One who grants them is God.

THE ACTION OF THE WISE



– B.K Sujoy, Durgapur (WB)

“At the end of life, we will not be judged by how many diplomas we have received; how much money we have made, how many great things we have done. We will be judged by ‘I was hungry and you gave me to eat, I was naked and you clothed me, I was homeless and you took me in.’ Hungry not only for bread-but hungry for love. ‘Naked’ here denotes not only for clothing but naked for dignity and respect. Homeless not only for want of room of bricks- but homeless because of rejection.” – **Mother Teresa (The Nobel Peace prize winner)**

Till recently it was widely believed that people with higher intelligence quotient (IQ) are invariably more successful. But now it is being established that persons with high IQ and brilliant academic acumen could do poorly in life unless they have adequate Emotional Quotient (EQ). Spirituality teaches us that both IQ and EQ are derived from *Karmic* Quotient (KQ) which determines genetic factors through heredity, environment, opportunities and circumstances that shape our life. In life nothing happens by chance, but by a careful design based on our stored, accumulated and exhaustive *karma*.

Law of cause and effect or law of *karma* states that every action has an equivalent reaction. In other words, if our action gives

happiness to others, we get happiness in return. It is the metaphysical equivalent of Newton’s third law which says, **“Every action has an equal and opposite reaction”**. In the metaphysical plane, the reaction or result experienced is equal but not opposite. The saying goes, **“as we sow, so shall we reap”**. The law of *Karma* is absolute.

Bearing the consequences of one’s actions has been made a very strict rule only for the welfare of human beings, as it is by means of this that ‘He, the Supreme Father’, restrains human beings from evil actions and leads them to emancipation. Usually we are carried away by *Karma* like a boat that goes with the flow of the river. But a powerful motorboat can go against the flow. By the law of *karma*, God, the creator, guides us like parents cautioning the

child against touching a red hot stove. If the child disobeys then he learns by his own experience by getting burnt. This is not punishment for ‘sin’ but is experiential learning. Nothing happens without a reason. What we see and observe in this world are consequences. Just because we do not know the reason let us not browbeat. Let us prepare to accept and adapt. **Problems come to us not to tumble us but to humble us.** It is an opportunity for learning and growth and for setting our account.

Operations of *Karmic* accounts are based on the following principles:

(+) **Additions in *Karmic* accounts are the result of physical and economic help rendered to the needy.**

(-) **Subtractions from *Karmic* accounts are the result of causing physical and economic harm to others.**

(x) **Multiplications in *Karmic* accounts are the result of mental and emotional support in form of good wishes for all.**

(/) **Reductions by division in *karmic* accounts are the result of ill-will and bad wishes for others.**

In the present scenario, people know so many things but they know neither the self nor God nor the operations of one’s *Karmic* accounts. That is why, people grope in the darkness of
(Contd. on page no. 32)

IDOL WORSHIP AND NATIONAL FLAG



– **BK (Prof) Ved Guliani, Hisar**

It is consciousness which enlivens the body to act and perceive; the mind to think and the intellect to decide. The Supreme Soul, God, is the purest form of consciousness. Most people fail to realize that He is not something that one can acquire or perceive directly or an external object of experience at will. In simple words, one may say that God is not what people seem to consider and worship in their worldly life. People often hang on to personalities, idols and other symbols as God.

No doubt people are sincere in their love of God and they are seriously devoted and dedicated in their worship of the Divine. They are devoted to the so-called symbols in the same manner as they would have been if the Supreme Soul had presented Himself in flesh and bones. But they need to realize that an idol, or other symbols for that matter, is a means of reaching the Ultimate. It is not an end in itself. In reality, people's worship is not directed to the stone or metal sculpture or a photo

painted on paper or cloth. In simple words, the idol is not the ideal and it is not the goal of religious rituals. Yet, an idol may be necessary for the beginners or the new initiates since they cannot conceive the Supreme Soul or the Ideal directly.

Let us take a simple example of national consciousness of the masses. Most people in the beginning would fail to visualize their nation and their duty of patriotism. They are given to use the national flag as the symbol of their nation. People pay their dedicated respect and honour to the flag but everybody knows that it is a piece of cloth or paper and in no case can this flag be treated as their nation. The flag just represents the nation. Similarly, can't we see that an idol is not God? So if one clings to idol, it is like holding on to one's national flag without having any regards for the nation.

Same is the case of a hospital, which is meant to cure patients. It does not give health to people. Being healthy and fit is man's

basic nature. A hospital only helps to remove the bad health. But if someone decides to live in a hospital with the hope that it would keep him fit, will not be acceptable. So divinity is the basic nature of man which has been obscured by the material desires and indulgence. Ignorance and attachment have almost blinded us of our true nature.

Briefly, if one goes to the place of worship or pays respects to an idol or performs a ritual only to finally grow out of it and reaches the Ultimate, that may be acceptable or even recommended. But sticking to such form of worship is like accepting national flag for nation or a hospital for healthy living. In fact, the idol worship should pave way to exhaust our desires and wipe out our ignorance. But hardly does anyone use it for this purpose. Instead, people cling to idol worship with the hope of getting their desires of material attainments fulfilled.

Unfortunately idol worship denies one the hope of a spiritual enlightenment.

CONFLUENCE AGE – REAL OLYMPICS

– B.K. Yogesh Kumar, BK Colony, Shantivan.

Sports and games bring zeal and enthusiasm amongst one and all, for they ensure physical fitness and health in all age groups. Keeping in view such importance of sports in life, sports day is celebrated in India every year on 29th August to mark the birth anniversary of Indian hockey wizard – Maj. Dhyani Chand, who won three Olympic gold medals for the country in 1928, 1932 and 1936, thanks to India's superb display of Hockey under his leadership. Moreover, the way he turned down the proposal of Hitler offering him a high post in the German army is a perfect example of patriotism in sports.

However, those values in sports have now become things of the past. Now the same have been replaced by never-ending greed, jealousy, misconduct etc. India has a Golden History in Hockey as we have won Olympic Gold medal for seven times. Moreover, India is credited with the origination of this great game which is perfect combination of team spirit and

power. Despite being the national game, the condition of Indian hockey at present is not very satisfactory.

Sportsman Spirit – The Missing Link Today

Of late, the interest has shifted towards Cricket, which now has more money and glamour than any other sports in India. However, the involvement of match fixing, sledging, ball tempering etc. have maligned the reputation of this game which was once called 'A Gentleman's Game'. Now the gentleness and sportsman spirit is waning not only in cricket but also in other sports. With the formation of various leagues such as IPL (Indian Premier League), the focus of cricketers has shifted more towards money than winning matches for the country. The game has changed into a profiteering profession where players, coaches and sports bodies work for momentary gains, thus evading both moral and social responsibility.

In order to improve the

condition of sports in India at international level, the following points deserve attention –

- ▶ There must be more focus on other games, apart from Cricket such as Hockey, Badminton, Tennis, Athletics, Boxing, Shooting etc. Participants should be given good coaching facilities based on their economic condition.
- ▶ It is irony that some of our women players despite their superb performances at international level remain unrecognised or don't get full credit which they deserve such as Mary Kom, Saina Nehwal, Sania Mirza, Mitali Raj etc. Their success stories must be included in the curriculum of the school text books so that our young students are able to follow the footsteps of these great daughters of India.
- ▶ Now it is time to give equal importance to Women Sports like badminton as well. Unlike their male counterparts, they are much more honest, faithful and dedicated to sports. Now it is time to give them their dues. What they need is the encouragement from all sections of the society.
- ▶ In order to bring motivation, relaxation, zeal, enthusiasm,



sportsman spirit and other values in the lives of our sportspersons, Godly Knowledge as taught in the Brahma Kumaris can be of great help. This will help them to have the understanding of Soul, Supreme Soul, *Karma* Philosophy, Eternal World Drama etc.

Focus on Spiritual Approach:

The society, sportspersons and sports institutions must change their approach towards sports and make efforts to cherish ethical and spiritual values now.

Practical points to ponder:

1. Sports should be for respect to others.
2. Sports should be for respect to the self.
3. Spirituality helps to get over the feelings of animosity, discrimination, vengeance, selfishness and temptations while nourishing the sportsman spirit.
4. Spirituality helps to bring a cathartic effect, thus making sportsperson much more calm, patient and tolerant.
5. Spiritual wisdom brings understanding that victories and achievements are transitory and hence one remains stable in both victory and defeat.

The Youth and the sports

bodies need to realize that they can enhance players' values along with practice of Meditation.

Confluence Age and Olympic Games

As per the knowledge of the Eternal World Drama, this World Cycle is of 5000 years. The most auspicious phase of this cycle is the present time, i.e. Confluence Age which is confluence of the end of *Kaliyuga* and beginning of *Satyuga*. This period can be called leap year and can be compared with Olympic Games. As Olympic Games (which are considered to be the biggest sports

extravaganza) happen every four years, in which all the sports playing nations participate; similarly this Confluence Age can also be called a Leap Epoch which happens after the passing of four epochs, viz. *Satyuga*, *Tretayuga*, *Dwaparyuga* and *Kaliyuga*, thus, it is the most auspicious age. It is in this period when God Shiva reincarnates from the Supreme Abode, i.e. The Incorporeal World or *Paramdham*, to give the distressed and ignorant souls, the inheritance of liberation and fruition through Rajyoga. In fact, the real Olympics is the most auspicious Confluence Age only as after this, there will be the Golden Age or *Satyuga* where no

one will be competing with each other as it will be the Age of Peace, Prosperity and Happiness. So, now is the time to win the real Gold Medal of Golden Age by learning Rajyoga from The Supreme Coach—Supreme Father God.

(Contd. from page no. 29)
 ignorance and keep searching for the Supreme in different religions and sects and keep praying to God for material returns in their lives. Therefore, to know the reality one needs to have the spiritual wisdom of **knowing the self, knowing the world from a new position and knowing the process of self-mastery and social mastery.**

Blaming God for being partial and unkind and for inflicting pain and suffering, or even indulging in prayer and flattery for relief from suffering, are not correct course to adopt. The wise take pain and suffering as lessons through which The Great Benefactor, The Beloved Supreme Father, teaches them to refrain from evil actions and develop in them the power to discriminate between right and wrong. Hence abstaining from evil action is **the action of the wise** and the duty of every human being



(Contd. from page no. 3)
with it certain responsibilities. These two are linked together like the two sides of one and the same coin. They cannot be separated from each other. In order to discharge our obligation to our ancestors, to our country and particularly to God, the Creator of the righteous and vice-less world of Satyuga, we should consider it our prime duty to recognise thoroughly that this lust is not the right thing but a vice, a despicable thing, an evil or a sin, instead of whatever sensual people say in its favour.

No Real and Lasting Social Service without Celibacy

Now-a-days, people are engaged in one kind of work or another, which they call by the name 'social service'. In almost all countries, individually or through associations, millions of people are engaged in providing relief to those who are affected by the prevailing (and it appears never-ending) poverty, unemployment, starvation, diseases, injustice, oppression and dearth of basic facilities. There are many institutions and numberless social service volunteers to help the afflicted tide over their sufferings. Government servants and leaders are associated with this kind of social service, because they are trying to solve the

problems of the society. Besides these, there are workers in other spheres of activity and they too are known as social workers. There is one thing to note in respect of these workers and that is, that no one can help to reform society and to accomplish its welfare in any remarkable manner without observing celibacy.

For example, Mahatma Gandhi, of his own accord, took the vow of chastity and observed it and as a result of it, his moral and mental strength, his firm convictions, greatness of his character and his dealings reached such a high level that, without regard to the extent of their individual difficulties, millions of people were ready to put in all their substance and sacrifice even their lives for the noble cause he worked for. And the day came when they succeeded in hoisting the flag of freedom in India. And, people rightly called this social worker a Mahatma (a great soul) and by many, he was endearingly called Bapu Ji (The Father of the Nation). In one of his writings, he inscribed the great truth that one who does not observe celibacy, cannot be non-violent nor can he ever rise to the heights of universal love, or look upon all mankind as one's kith and kin. He cannot do real

service to society. Gandhi has gone deeper and said "Without celibacy, independence is like a toy mango which is hollow within; though from the outside it is beautiful to behold, but in reality, it is sapless." We should better quote him further here: "If we look at it from the standpoint of non-violence, we find that the fulfilment of non-violence is impossible without utter selflessness. Non-violence means Universal Love. If man gives his love to one woman, what is left there for the entire world besides? As a faithful wife must be prepared to sacrifice her all for the sake of her husband and the faithful husband, for the sake of his wife, it is clear that such persons cannot rise to the height of universal love or look upon all mankind as kith and kin. For, they have created a boundary wall round their love."

It is but natural in Kaliyuga for anyone to have partiality or attachment to a lesser or greater extent, towards others. Consequently, he does not consider people in general, to be as near to him as his own children, his wife or his near and dear ones. When we take the case of the country's fight for freedom, we find that those leaders and social workers, who followed purity, did succeed in doing solid work, without fear or

favour. They were wedded to the cause of freedom and regarded all people, both men and women as members of their vast family made up of brothers and sisters.

Can we not, therefore, for the sake of the country's true freedom and true sovereignty and, to remove the misery of poor, weeping children and to save the people from dacoits, observe celibacy for the coming few years? Does one think that the fight for independence is over and we have accomplished the real Self Sovereignty? Does one think that Ram *Rajya* has come? No. That cannot be as long as there are people, millions as there are today, who are screaming in agony or are addicted to corrupt ways or are still trapped in the prison of Ravana (i.e. Maya or five vices). The rule that we have now secured is still nominal, in that the people are still thirsting for peace and happiness. There is neither peace nor plenty. Even today we ask for this or that kind of aid from foreign countries. We are still trying to produce food and wealth to meet the needs of the millions who live below the poverty line. In short, true Self-Sovereignty can be attained only when, not the sex-lust, but God guides us and we observe complete non-violence in the form of celibacy. ●

OVERCOMING MOOD FLUCTUATION

– **BK Rajender Prasad**, Chandigarh

At each moment of the day, we have the capability to feel something. Our feelings vary throughout the day. Sometimes they are joyful and sometimes they are painful. What we forget to do is to choose our feelings consciously. Instead, many of us have become lazy and have allowed our feelings to be dictated and shaped by people and circumstances. In other words, we have become influenced instead of being influential. Our swinging, changing moods are the result of the inner *karma* of becoming attached to things, people, ideas and circumstances. If we are attached to a person and suddenly he/she leaves us, we will feel gloomy and our mood of sadness will drain our energy just when we need to remain optimistic and enthusiastic about the future. Any form of loss will bring about a mood of sadness. If this sadness lasts for a long period of time, it will gradually turn into depression.

When we think the world around us to be our source of happiness and joy, our moods will fluctuate, even with the changing weather. But when we are spiritually empowered or strong, our happiness and joy come from inside. We are stable in the face of praise or insult, loss or gain. We are no longer moody and stability becomes our basic nature. We are in control of our life, our feelings. And while we cannot control the waves of the ocean of life around us, we can control and choose how we will respond to outer events and people. When we do that, we will be able to choose what we feel, regardless of what happens in our life. Life stops being a roller-coaster and becomes more of a cruise, with less storm and more gentle breeze.

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1. Ranchi – Mr. Raghuvar Das, Hon'ble Chief Minister, Jharkhand being presented Godly gift by B.K. Sis. Nirmala. 2. Patna – After giving Godly message to Mr. Jai Kumar Singh, Hon'ble Cooperatives Minister, Bihar, B.K. Sisters Anju, Savita, Kanchan and B.K. Ravinder seen along with him. 3. Bareilly – A programme on International Yoga Day being inaugurated by Mr. Santosh Gangwar, Hon'ble Union Minister of State for Textiles (Independent Charge), Mr. Gulshan Anand, BJP leader, Advocate Mr. Bharat Bhushan and B.K. Sis. Parvati. 4. Palanpur – A programme on International Yoga Day being inaugurated by Mr. Haribhai Chaudhary, Hon'ble Union Home Minister of State; B.K. Sis. Bharti; Mr. Mahesh Patel, M.L.A. and Mr. Dilip Rana, IAS, Collector. 5. Mundra-Kachchh – A programme on International Yoga Day being inaugurated by Mr. Tarachand Chheda, Hon'ble Minister for Cottage Industry, Gujarat; B.K. Sis. Sushila and others. 6. Ludhiana – A programme on International Yoga Day being inaugurated by Mr. Charanjit Singh Atwal, Speaker, Punjab L.A.; Prof. Rajinder Bhandari, Vice Chairperson, Punjab State Planning Board; Mr. Harcharan Singh Gohalwaria, Mayor; B.K. Sisters Rajkumari and Saras. 7. Cuttack – A programme on International Yoga Day being inaugurated by Mr. Ashok Tarenia, I.A.S. Commissioner, Land Records & Settlement, Govt. of Odisha; Prof. Dr. Srikrishna Deva Rao, V.C., National Law University, Odisha; B.K. Sis. Kamlesh, B.K. Sis. Sulochana and others. 8. Nayagarh – A 'Blood Donation Camp' being inaugurated by Mr. Satyanarayan Pradhan, former MLA; Ms. Prabhasini Nand; Dr. Tripathi, B.K. Sis. Minni and others.

DADI JANKI'S DIVINE MESSAGE ON **RAKSHA BANDHAN**

Dear divine brothers and sisters, I extend my heartiest greetings to you on the auspicious occasion of Raksha Bandhan festival! We hope you are proceeding on the spiritual journey while experiencing the blessings of God Father Shiva; remaining ever-safe, adorned with Godly knowledge, virtues and powers.

As the whole world is a huge divine family and all of us are loving children of the World Father, the Supreme Soul; Raksha Bandhan reminds us of this divine bond. Uniting us in the thread of unity and making us ever-healthy through the 'diet' of happiness, this lovely Raksha Bandhan festival is an invaluable Godly gift for all of us. This festival reminds us to inculcate the elevated teachings of the Supreme Soul, and to purify our thoughts, words, deeds and even dreams.

Let us use our time and energy successfully in Godly service, making our thinking pure and elevated. Let us pledge to bestow peace and happiness to all the souls of the world and tie all in this bond of protection (Rakhi). May we feed the eternal sweet of sweet words to one another and apply the Tilak of remaining stable in the state of soul-consciousness! Inculcation of these virtues will bestow upon us the status of complete and perfect, deity-hood!

