

**Essence:** Sweet children, *practise* being soul conscious. It is only through this *practice* that you will be able to become pure and charitable souls.

**Question:** Due to the *knowledge* of what one thing do you children remain constantly cheerful?

**Answer:** You have received the *knowledge* that this created play is *wonderful*. Each *actor's* imperishable *part* is fixed within it. Each one is playing his own *part*, and, because of this, you remain constantly cheerful.

**Question:** What one art does the Father have which no one else has?

**Answer:** The Father alone has the art of making you soul conscious because He Himself is always soul conscious. He is the *Supreme*. No human being can have this art.

Om shanti. The Father sits here and explains to the spiritual children, that is, to souls. You have to consider yourselves to be souls, do you not? The Father has explained to you children: First of all, *practise* being souls, not bodies. Only when you consider yourselves to be souls will you remember the Supreme Father. If you don't consider yourselves to be souls, then, surely, only worldly relatives and business etc. would be remembered. This is why you first have to have the *practice*: I am a soul. Then, there will be remembrance of the spiritual Father. The Father gives you the teachings: Do not consider yourselves to be bodies. Only once in the whole cycle does the Father give you this knowledge. Then you will receive this explanation again after 5000 years. If you consider yourselves to be souls, you will also remember the Father. For half the cycle you have considered yourselves to be bodies. You now have to consider yourselves to be souls. Just as you are souls, I too am a soul. However, I am the *Supreme*. I am just a soul, and so I do not remember any bodily beings. This Dada is a bodily being whereas that Father is incorporeal. This Prajapita Brahma is a corporeal being. Shiv Baba's real name is Shiva. He is just a soul; it is just that He is the Highest on High, that is, He is the *Supreme* Soul. I only come at this time and enter this body. He can never become body conscious. It is corporeal human beings who become body conscious. He is always incorporeal. He has to come and inspire you to have this *practice*. He says: Consider yourselves to be souls. Sit and learn the lesson: "I am a soul, I am a soul." I, the soul, am Shiv Baba's child. *Practice* is needed for everything. The Father is not explaining anything new to you. When you firmly consider yourselves to be souls, you will also have firm remembrance of the Father. If there is body consciousness, you won't be able to remember the Father. For half the cycle, you have arrogance of the body. I now teach you to consider yourselves to be souls. No one in the golden age teaches you to consider yourselves to be souls. Names are always given to the bodies. Otherwise, what would you call one another? The inheritance you received from the Father here is received as a reward there. However, you would still call one another by your names. Krishna too is the name of the body. Activities cannot continue without names. It isn't that anyone there would say: Consider yourself to be a soul. There, everyone remains soul conscious. You are inspired to have this *practice* at this time because a lot of sin has accumulated. Sins gradually accumulated little by little and you have now become *full* sinful souls. Whatever you have been doing for half the cycle also has to end. Gradually, that will continue to decrease. In the golden age, you are satopradhan. In the silver age, you become sato. It is now that you receive your inheritance. Only by considering yourselves to be souls and remembering the Father do you receive an inheritance. It is at this time that the Father gives you the teachings to become soul conscious. You don't receive these teachings in the golden age. Each one continues to move along as per his or her own name. Here, each one of you has to become a pure and charitable soul from a sinful soul with the power of yoga. There is no need for this knowledge in the golden age nor do you carry these teachings there. You neither carry this knowledge nor this yoga there. It is only at this time that you have to become pure from sinful. Then, your degrees gradually decrease, just as the degrees of the moon decrease until there is just a line left. So, do not be confused about this. If you don't understand something, you can ask. First of all, have the firm faith that you are souls. You souls have now become tamopradhan. At first, you were satopradhan and then, day by day, your degrees continued to decrease. When you don't make it firm that you are souls, you forget the Father. This is the first and foremost thing. By becoming soul conscious, you will remember the Father and also your inheritance. When you remember your inheritance, you will remain pure and also have divine virtues. You have your *aim* and *objective* in front of you. This is the *Godly University* where God is teaching you. He alone can make you soul conscious. No one else has this skill. The one Father teaches you this. This Dada is also making effort. The Father never takes a body in which He would have to make effort to become soul conscious. He simply comes at this time to make you soul conscious. There is a saying: How can the one

who has responsibility on his head sleep comfortably? When someone has *too much* business etc., he doesn't get any spare time. Those who have spare time come in front of Baba to make effort. Some new ones also come, and they feel that this *knowledge* is very good. These words, "Remember Me, your Father, and your sins will be absolved", are also mentioned in the Gita. So, the Father explains this. He doesn't blame anyone. He knows that you had to become impure from pure and that He has to come to make you pure from impure. This is the predestined *drama*. There is no question of defamation of anyone in this. You children now understand knowledge very clearly. No one else knows God at all. This is why they are called orphans and atheists. The Father is now making you children so sensible. As the *Teacher*, He is teaching you how this world cycle continues. When you receive these teachings, you are reformed. Bharat which was the Temple of Shiva has now become a brothel. There is no question of defamation in this. This is a play which the Father explains to you. He tells you how you changed from deities to devils, but He doesn't ask you why you became that. The Father has come to give His own introduction to you children. He has also come to give you the *knowledge* of how the world cycle turns. Only human beings would know this. You now know this and are becoming deities. This is a study to change from human beings into deities, and only the Father sits here and teaches it. Here, all are human beings. Deities cannot set foot in this world, so they couldn't become *teachers* and teach you. Look how the Father who teaches you comes here to teach you. It is remembered that the Supreme Father, the Supreme Soul, takes a chariot. They don't write it fully; they don't explain which chariot He takes. No one even understands the significance of the Trimurti. The Supreme Father means the Supreme Soul. He gives His own introduction as to who He is. There is no question of arrogance in this. Because of not understanding this, people say: He has arrogance. This Brahma does not say that he is God. It is a matter of understanding that these are the elevated versions of the Father. The Father of all souls is One. This one is called Dada. This one is "The Lucky Chariot". He is named Brahma because Brahmins are needed. Prajapita Brahma is Adi Dev; he is the Father of the People. Which people are they? Prajapita Brahma is a bodily being, and so he must have *adopted* everyone, must he not? Shiv Baba explains to you children: I do not *adopt* anyone. All of you souls are always My children anyway. I do not make you My children. I am the eternal Father of you souls. The Father explains so clearly, but nevertheless, He says: Consider yourselves to be souls. You renounce the whole of the old world. Your intellects know that everyone will return home from this world. It isn't that you have to have renunciation and go away into a forest. We will renounce the whole world and go to our home. This is why nothing, except the one Father, should be remembered. When someone reaches the age of 60, he has to make effort to go beyond sound, that is, to go into the stage of retirement. This question of going into the stage of retirement refers to this time. On the path of devotion, no one knows about the stage of retirement. They cannot explain the meaning of "The stage of retirement". "Beyond sound" refers to the incorporeal world. All souls reside there, and so it is everyone's stage of retirement. Everyone has to go back home. In the scriptures, they have shown that a soul is a star shining in the centre of the forehead. Some think that a soul is thumb shaped, and they remember a thumb shape. How can they remember or worship a *star*? So, the Father explains: When you become body conscious, you become worshippers. When the time of devotion begins, it is called the *cult* of devotion. The *cult* of knowledge is separate. Knowledge and devotion cannot both exist at the same time, just as day and night cannot exist at the same time. Day refers to happiness and night refers to sorrow, that is, to devotion. It is said: The day and night of Prajapita Brahma. Therefore, the people and Brahma definitely exist at the same time, do they not? You Brahmins understand that you experience happiness for half the cycle. Then, there is sorrow for half the cycle. This is something to be understood with your intellects. You also know that not everyone can remember the Father. Nevertheless, the Father Himself continues to explain to you: Consider yourselves to be souls and remember Me and you will become pure. This message has to be given to everyone. You have to do *service*. Those who don't do *service* are not flowers. When the Master of the Garden goes into the garden, He only wants to see in front of Him the flowers who are *serviceable* and who benefit many. Those who are body conscious can understand for themselves that they are not flowers. Very good flowers are sitting in front of Baba. So, the Father's vision falls on them. Then a very good *dance* (of knowledge) is performed (example of the *dancing girl*). At a *school*, the *teachers* know who will claim *number one*, two and three. The Father's *attention* is also drawn to those who do *service*. They are the ones who climb into His heart. Those who do *disservice* cannot climb into His heart. The first and foremost thing that the Father explains is: Have the faith that you are a soul, for only then will there be remembrance of the Father. If there is body consciousness, you won't be able to have remembrance of the Father. Your intellect would then be drawn towards worldly relatives or your business. When you become soul conscious, you remember the parlokik

Father. You should remember the Father with a lot of love. It requires effort to consider yourself to be a soul. You need to have solitude because the *course* of being in the furnace for seven days is very hard. No one should be remembered. You cannot even write a letter to anyone. This was your bhatthi in the beginning. Not everyone can be kept here. This is why it is said: *Practise* this whilst living at home. Devotees too keep a separate alcove to do worshipping etc. They sit in that alcove and rotate a rosary. Therefore, solitude is needed on this pilgrimage of remembrance too. You must only remember the one Father. There is no question of using words in this. You need to have time to practise this remembrance. You know that a physical father is a limited *creator* whereas that One is the unlimited Creator. Prajapita Brahma is also unlimited. He *adopts* you children. Shiv Baba doesn't *adopt* anyone. You are always His children. You souls say that you are the eternal children of Shiv Baba. Brahma has *adopted* you. Each aspect has to be understood very well. The Father explains to you children every day. You say: Baba, we are unable to remember You. The Father says: You have to find time for this. Some are such that they cannot give any time at all. They have a lot of work in their intellects, so how can they be on the pilgrimage of remembrance? The Father explains: The main thing is to consider yourself to be a soul and remember Me and you will become pure: "I am a soul, Shiv Baba's child". This is manmanabhav, is it not? This requires effort. There is no question of receiving blessings etc; no. This is a study. There cannot be blessings or mercy in this. Do I ever place My hand over you? You know that you are receiving your inheritance from the unlimited Father. Everything is included in the blessings, "May you be immortal!" "May you have a long life!" You will have a *full age* (life). There, there is never any untimely death. None of the sages or holy men can give you this inheritance. They say: May you have a son! So, people think that they have had a son due to that blessing. Anyone who doesn't have a child would go and become his follower. Knowledge is only received once. This is unadulterated knowledge and the reward of it lasts for half the cycle. Then, there is ignorance. Devotion is said to be ignorance. Everything is explained so clearly. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. It is now your stage of retirement. Therefore, discard everything from your intellect and stay in remembrance of the one Father. Sit in solitude and practise: I am a soul. I am a soul.
2. Become a *serviceable* flower. Do not perform any such actions that there would be *disservice* due to the influence of body consciousness. Become instruments for the benefit of many. Definitely make some time for remembrance.

**Blessing:** May you be a great soul who understands the *value* of your words and so is *economical* with them.

For great souls, it is said: Whatever versions a great soul speaks are the truth. So, your words should also be versions of truth, that is, they should be words that enable one or another type of attainment. Cursing words should never emerge through the lips of Brahmins. Therefore, speak tactfully and speak useful words. Understand the *value* of words. Speak pure words, words that give happiness. Do not say anything as a joke. Be *economical* with your words and you will become a great soul.

**Slogan:** If you constantly have the hand of shrimat with you, you will continue to walk hand in hand through the whole age.

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