

Essence: Sweet children, repeatedly remember the Father and your inheritance. The Father, the spiritual *Surgeon*, only gives one medicine to make you ever healthy. He says: Children, remember Me!

Question: What aspects should you talk to yourself about so that you can experience great pleasure?

Answer: Tell yourself: Whatever I can see with these eyes is going to be destroyed. Only Baba and we will remain. Sweet Baba is making us into the masters of heaven. By going into solitude and talking to yourself in this way you will experience a great deal of pleasure.

Om shanti. The Supreme Father, God Shiva, speaks: Sweetest children, you should remember the most auspicious confluence age at every step. Only you children know this, but, numberwise, according to the effort you make. Your intellects should remember that, now, at this most auspicious confluence age, we are becoming the most elevated humans and that Baba has come to free us from this cage of Ravan. Just as a bird becomes happy when released from a cage, it flies and experiences happiness, so you children also realise that this is Ravan's cage in which there are so many different types of sorrow. The Father has now come to release us from this cage, though we are human beings. It is written in the scriptures that a war took place between the deities and the devils and that the deities won the war. In fact, it was not a question of a war. You are now becoming deities from devils. You gain victory over Ravan, that is, the five vices, not the Ravan community. The five vices are called Ravan. However, there is no question of burning anyone. You children become very happy that you are going to a world where it is neither too hot nor too cold, where there is the constant season of spring. The golden-aged spring is now coming. Here, spring is short-lived, but spring there lasts for half the cycle for you. The climate is not hot there, whereas, here, people suffer and die due to the heat. In order for you to become free from all these sorrowful things, the *imperishable Surgeon* gives you very easy medicine. Other *surgeons* you go to have to remember many different medicines etc., whereas this *Surgeon* has no other medicine. By simply remembering Him, you become completely free from disease; there is no medicine etc. Children used to say: Today, we are going to have a *seminar*: How should one write a *chart*? How should one remember Baba? We will have a *seminar* on this. Now, the Father does not trouble you to sit and write anything down; there is no need to waste paper. The Father says: Just remember the Father with your intellect. Do they write a *chart* on the path of ignorance as too how much they remember their father? There is no need to read or write anything for that. Children say to the Father: Baba, I forget You. If others were to hear this, what would they say? You children say: We have become Yours while alive. Why have you become this? In order to claim the inheritance of the sovereignty of the world from the Father. So, why do you then forget such a Father? Can't you remember the Father who gives you such a huge inheritance? You have received this inheritance from Him so many times before, but you still forget Him! If you want to claim your inheritance from the Father, you have to remember Him and also imbibe divine virtues. What is there to write about? Each of you just has to ask your heart. There is the example of Narad. He was a great devotee. You know that you are old devotees of many births. You now experience so much happiness by remembering the sweet Father. To the extent that one has remembrance, accordingly, they become worthy of marrying Lakshmi or Narayan. When a poor child is adopted by a wealthy person, he becomes very happy. He would keep remembering his new father and inheritance. There are many here who don't even have the wisdom to become a child of the Father and claim a kingdom. It is a *wonder* that you aren't even able to remember the Father who is making you into the masters of the world! The Father *adopts* you children, and so it's a *wonder* that you are not able to remember such a Father. You should repeatedly remember the Father and His *property*. The Father says: Sweet children, long-lost and now-found children, you invited Me to come here to *adopt* you. The Father has been invited to come. It is the Father who establishes heaven. He gives you your inheritance of heaven. You call out to Baba: Come and adopt us impure ones. You yourselves have been saying that you are impure and bankrupt, dirty and *not worth a penny*. On the path of devotion, you continued to call out to the unlimited Father to come. The Father says: You still didn't have as much sorrow on the path of devotion as the human beings here who have so much sorrow. The Father has now come, so it must surely be the time for destruction. You understand that, after this war, after destruction, there will be no trace of war for many births and many years. Wars will not take place nor will there be any trace of sorrow or sickness etc. However, there are now so many diseases. The Father says: Sweet children, I will release you from all suffering. You have been remembering Me: O God, come and bestow peace and happiness on us! Everyone asks for these two things. Here, there is peacelessness. Therefore, those who give advice on peace are given peace *prizes*. The poor people don't know what peace is. Peace cannot be attained from anyone other than this sweetest Father. You try so hard to make them understand, but they still do not

understand. You should also write to the *Government* and ask: Why do you waste your money for nothing? Only the one Father, the Ocean of Peace, can create peace in the world. You can write this in a *royal* way to the *heads* of the *Government* on good quality paper. When they see the good quality of the paper they will understand that the letter has come from an important person. Ask them: You speak of peace in the world, so when did you receive it earlier that you can receive it in the same way again. You must have received it earlier. You know about it and so you can write down the time and date of when peace and happiness existed in the world. It was the Father who came and created peace and happiness in the world. That was the golden-aged period. This Lakshmi and Narayan are a sign of that *dynasty*. No one else knows the *parts* of Brahma and you Brahmins. Brahma's *part* is the main one. He becomes the chariot through which the Father carries out so much work. This is why he is given the name "The Multimillion-times Lucky Chariot". Churn how you can explain this. Human beings have a lot of intoxication. You now have to give them the Father's introduction. Only the Father, the Ocean of Knowledge, has this knowledge. It is only when He comes that He gives this knowledge. Until then, no one else can give this knowledge. On the path of devotion, all the devotees continue to perform worship. Only the one Father gives you knowledge. In fact, you don't make a permanent book of knowledge at all. You hear this knowledge through your ears. Whatever books etc. you have are only *temporary*, because they are all going to be destroyed. All the *notes* that you make are also going to end. The notes you make are just for your own efforts. The Father says: Make a *list of topics* that you'll be able to remember. You know that these books etc. won't remain. Only this remembrance will remain in your intellects. You souls become as completely full as the Father. All the rest of the old things, whatever you see with your eyes, will be destroyed at the end. Nothing will remain at the end. The Father is the eternal *Surgeon*. Souls too are eternal and imperishable. They leave their bodies and take others. Day by day, whatever bodies people receive will be impure and dirty. You children now know that you are becoming elevated. It is the Father who makes you elevated. Sages and holy men etc. don't make you elevated. The Father makes you elevated. Baba says: Sweet children, I seat you on My eyelids and take you back with Me. The soul sits here in the eyes. The Father says: O souls, I will take you beyond in My eyes. Only a short time now remains. Therefore, make effort! Ask your heart how much you remember *sweet* Baba. Heer and Ranjha (a pair of lovers) didn't *love* each other for vice; there was just pure love. Through remembrance they could see each other, they would meet one another. The Father says: You too should become like that. They are lovers and beloved for one birth, whereas you are My lovers for so many births. Those things that happen take place at this time. The words 'lover and beloved' is not used in the golden age. There, they remain pure; when one thinks of the other, he or she would appear and they experience happiness. You children don't have anything visible to see. At this time you only have to consider yourself to be a soul and remember your Beloved, the Father. Consider yourself to be a soul and remember the Father with great happiness. The Father continues to explain: On the path of devotion, you loved Me as your Beloved and you sacrificed yourselves to Me. You used to say: O Beloved, when You come I will sacrifice myself to You. The Beloved has now come to make everyone beautiful. He tries to make you become like Himself. When you become beautiful, your bodies will also be beautiful. It is the soul that has had alloy mixed into it. Now remember Me and that alloy will be removed. There is so much solitude here for the children that come. When priests go for a walk, they stay in total *silence*. They hold a rosary in their hands and they won't look at anyone. They walk very slowly and stay in remembrance of *Christ*; they do not know the Father. It is said of Me that God is beyond name and form. So, if He is a point, what would they be able to see? They don't know how to remember a point. You now know Him. You understand this, which is why you come here. Madhuban is praised. This too is the true Madhuban where you come. Sit in solitude as much as possible and remember the Father. Don't look at others. There are many rooftops. Go on the roof in the morning in remembrance of Baba and you will experience a great deal of pleasure. Try to wake up during the night at one o'clock or two o'clock or early in the morning. You are the famous ones who conquered sleep. Go to bed early, and then get up at one or two o'clock in the morning and go on the roof and stay in solitude on the pilgrimage of remembrance. You have to accumulate your income. Remember the Father and keep yourself busy in praising Him. Tell each other as well. "Baba is so sweet." By remembering Him, your sins will be cut away. You have a very good *chance* to accumulate a lot of income here. You are not able to do this in your own home. You don't have the time and the *vibrations* and atmosphere of the world are so dirty that you are unable to remain on the pilgrimage of remembrance. There is no need to write anything for this. Do the lover and beloved write anything? Check yourself internally: Did I cause sorrow for someone? How many did I remind of Baba? You come

here to make progress. Therefore, make effort here. Sit in solitude on the roof tops and accumulate your income, because this is the time to accumulate. For the five to seven days that you stay here, go and sit in solitude after hearing the murli. You are sitting in your own home. Therefore, remember the Father and you can accumulate some income for yourself. Many mothers are in bondage, and they therefore remember the Father: Shiv Baba, release me from this bondage. They are beaten so much for vice. They have shown in a play how Draupadi was stripped. All of you are now Draupadis. Therefore, continue to remember the Father. Baba tells you many clever ways to remember Him. It is not a question of having to bathe. Yes, if you empty your bowels, then it is necessary to take a bath. Even while bathing some devotees remember God and the deities. The important thing is remembrance. You have received a great deal of knowledge. It is the knowledge of the cycle of 84 births. Check yourself within and ask: Throughout the day, how much do I remember the Father, the sweetest Father, who is making me into a master of Heaven? Does my mind keep wandering? Where does it go? This world won't exist. Everything is going to be destroyed. Only Baba and ourselves will remain. By talking to yourself in this way you will experience a great deal of pleasure. Those who come here are the oldest devotees. You can understand that those who don't come here are recent devotees and will come later. Those who perform devotion from the beginning of the path of devotion will certainly come here to claim their inheritance from the Father. Efforts here are incognito. Those who do not imbibe this knowledge are unable to make effort. You come here to work on yourselves and become *refreshed*. You can accumulate so much here in one week. You wouldn't be able to accumulate that much in even twelve months there (at your own places). You can catch up in just seven days. It is Baba who is giving you this advice. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother and Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Sit in solitude, remember the Father and accumulate an income. You have to *check* yourself internally that your mind does not wander at the time of remembrance. For how long do I remember the *sweet* Father?
2. Stay in the constant happiness that Baba has freed you from Ravan's cage. You are now about to go to the new world where it is neither too hot nor too cold but where there is constant spring.

Blessing: May you be a humble and great soul who receives everyone's respect by practising the mantra of "you first".

Always remember the great mantra, "Those who are humble are the greatest of all". To practise "you first" alone is the method to receive respect from everyone. Keep this mantra with you as a blessing in order to become constantly great. While flying and being sustained with blessings, you have to reach your destination. When you do not use your blessings, you have to work hard. If you continue to be sustained by blessings, if you continue to use your blessings, all effort will finish and you will constantly continue to experience success and contentment.

Slogan: In order to serve through your face, let your smiling, entertaining and mature face *emerge*.

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