

**Essence:** Sweet children, Baba is the eternal Herbalist. He removes all your sorrow with just the one great mantra.

**Question:** Why does Maya cause obstacles for you from time to time?

**Answer:** Because you are Maya's greatest customers of all. When she sees that she is losing your custom, she puts obstacles in your way. When the eternal Herbalist gives you medicine, all the sicknesses of Maya erupt. Therefore, you must not be afraid of obstacles; Maya will run away from the mantra of "Manmanabhav".

Om shanti. The Father sits here and explains to you children. People become desperate, constantly asking for peace of mind! They do say "Om shanti" every day, but, because they don't understand the meaning of that, they continue to ask for peace. They even say: *I am* a soul, which means: *I am silence*. Our original religion is *silence*. If your original religion is silence, why do you then need to ask for it? Because they do not understand the meaning of this peace, they keep asking for it. You understand that this is Ravan's kingdom, but you don't even understand that Ravan is the enemy of everyone in the whole world in general and Bharat in particular. This is why they continue to burn Ravan's effigy. Is there any such human being whose effigy is burnt year after year? They have been burning him for birth after birth, cycle after cycle because he is your biggest enemy. Everyone is trapped in the five vices. Everyone's birth takes place through corruption. Therefore, this is the kingdom of Ravan. At this time, there is limitless sorrow. Who is responsible for this sorrow? Ravan! No one knows the cause of sorrow. This kingdom belongs to Ravan. He is everyone's greatest enemy. People make an *effigy* of him every year and burn it. Day by day, they make the effigy larger; sorrow also continues to increase. None of the many great sages, holy men, great souls and rulers etc. know that Ravan, the one they keep burning every year, is their enemy. In fact, they celebrate this festival with even greater happiness. They think that Ravan has died and that they have become the masters of Lanka (kingdom of Ravan). However, they do not become the masters. They spend so much money on that festival. The Father says: I gave you countless wealth; where did you lose it all? At the time of Dashera (the burning of Ravan), they spend hundreds of thousands of rupees. It is shown that Ravan is killed and that Lanka is then looted, but no one understands why they burn Ravan. At this time, everyone is in the *jail* of these vices. Because they become very unhappy they burn Ravan for half the cycle. They do understand that they have become very unhappy in the kingdom of Ravan, but they don't understand that the five vices do not exist in the golden age. This burning of Ravan etc. just doesn't exist there. If you ask them when they started to celebrate that festival, they reply that it has continued since the beginning of time. Ask them when Raksha Bandhan began and they reply that it has continued since the beginning of time. All of these things are matters that have to be understood. What has happened to the intellects of human beings? They are neither like animals nor like human beings; they are of no use at all! They don't know heaven at all. They think that God created this world, and yet they still remember God at the time of sorrow. They say: "O God, Liberate us from this sorrow!" However, there cannot be happiness in the iron age. They definitely have to experience sorrow; they have to come down the ladder. The Father explains all the secrets of everything from the start of the new world to the end of the old world. When He comes to you children, He says that there is only one medicine that will cure all of this sorrow. He is the eternal Herbalist. He liberates you all from sorrow for 21 births. Here, herbalists themselves become ill. That one is the eternal Herbalist. You also understand that there is limitless sorrow and limitless happiness. The Father gives you limitless happiness. There, there is no name or trace of sorrow. This medicine is only for becoming happy. Simply remember Me and you will become pure and satopradhan. All of your sorrow will be removed. Then, there will be nothing but happiness. It has also been remembered that the Father is the Remover of Sorrow and the Bestower of Happiness. He removes all your sorrow for half a cycle. You simply have to consider yourself to be a soul and remember the Father. This is a play about the soul and the body. The incorporeal soul is imperishable and the corporeal body is perishable. The whole play is about this. The Father says: Now forget all the relationships of the body including that of your own body. Whilst living in your household, have the consciousness that you now have to return home. Impure ones cannot return home. Therefore, constantly remember Me alone and you will become satopradhan. The Father has the medicine. I also tell you that Maya will definitely put obstacles in your way. You are Ravan's customers; because she is losing your custom, she will definitely become desperate. The Father explains: This knowledge is your study; it is not medicine. Your medicine is the pilgrimage of remembrance. If you constantly make the effort to stay in remembrance of Me, just by taking this one medicine, all of your sorrow will be removed. On the path of devotion, there are many who keep chanting one mantra or another

or the name of Rama continuously. They are given a mantra by their guru who tells them to chant it a certain number of times a day. That is known as rotating the rosary using the name of Rama. That is known as making a donation of Rama's name. There are many such organisations. They keep chanting the name "Rama, Rama". They remain *busy* and so they don't quarrel etc. Even if someone interrupts them and speaks to them, they wouldn't give a *response*. However, there are very few who do that. The Father says that there is no need to say Rama's name out loud here. You have the soundless chant here. Simply continue to remember the Father. The Father says: I am not Rama. Rama belonged to the silver age. He is the Rama who had that kingdom. You don't have to chant his name. The Father explains: Whilst reciting all of that on the path of devotion and performing worship, you have continued to come down the ladder because all of that is *unrighteous*. Only the one Father is *righteous*. He sits here and explains to you children. This is the game of the maze. When you remember the Father, the One from whom you receive such an unlimited inheritance, your faces will continue to sparkle. Your faces bloom in happiness and there is a constant smile on your lips. You understand that this is what you will become by remembering the Father. All of your sorrow will be removed for half a cycle. It isn't that Baba will have some mercy on you; no. You have to understand that the more you remember the Father, the more satopradhan you will become. Lakshmi and Narayan, the masters of the world, have such cheerful faces. You have to become like them. When you remember the unlimited Father, there is the internal happiness of knowing that you are becoming the masters of the world once again. You souls then carry these sanskars of happiness with yourselves. Then these sanskars gradually decrease. At this time, Maya harasses you a great deal. Maya tries to make you forget to have remembrance of Me. You would not be able to have a constantly cheerful face. You would choke at some point or other. When people become ill, they are told to remember Shiv Baba, but who Shiv Baba is, no one knows. Therefore, with what understanding would they remember Him? Why should they remember Him? You children understand that you will change from tamopradhan to satopradhan by remembering the Father. The deities were satopradhan. That is called the *deity world*. That is not called the world of human beings. The term "human beings" is not used for there. It is said: "So-and-so deity". That is the *deity world*; this is the *human world*. All of these aspects have to be understood. The Father alone explains these things. He is known as the Ocean of Knowledge. The Father continues to give many varieties of explanation. However, finally, He gives the great mantra. By remembering the Father you will become satopradhan and all your sorrow will be removed. You became deities a cycle ago. Your character was like that of the deities. No one in the golden age says anything wrong; they don't perform any such actions. That is the *deity world* and this is the *human world*; there is a difference. The Father sits here and explains this. Human beings think that the *deity world* existed hundreds of thousands of years ago. No one now would be called a deity. The deities are pure and clean; the deities are called great souls. Ordinary human beings can never be given this title. This is the world of Ravan. Ravan is your greatest enemy. There is no other enemy like him. Every year you burn an effigy of Ravan, but no one knows who he is. He is not a human being. He represents the five vices and this is why this is called the kingdom of Ravan. It is the kingdom of the five vices. Everyone has these five vices. This play about degradation and salvation is predestined. The Father has explained to you about the *time* of salvation etc. He has also explained about degradation. You are the ones who ascend so high and you are also the ones who fall down. The birth of Shiva and the birth of Ravan are only celebrated in Bharat. For half a cycle it is the world of the deities, the kingdom of Lakshmi and Narayan and that of Rama and Sita. You children now know everyone's *biography*. All the praise refers to you. It is you who are worshipped at the festival of Navratri (the nine nights). You are the ones who bring about the establishment of heaven. You *change* the world by following shrimat. Therefore, you must follow shrimat fully. Each of you continues to make effort, numberwise. Heaven is continuing to be established. There is no question of fighting etc. in this. You now understand that this most auspicious confluence age is completely different. It is the end of the old world and the beginning of the new world. The Father comes in order to *change* the old world. He explains a great deal to you, but many of you forget. After they have given a lecture, they remember everything and think about the *points* they should have mentioned. The establishment of heaven will take place identically to how it did in the previous cycle. Each of you will claim the same status that you claimed before. You don't all receive an equal status. There are those who will claim the highest status and those who will claim the lowest status. As the special children progress further, they will very much *feel* which ones will become maids of the wealthy, which ones will become maids of the royal family and which ones will become very wealthy and be occasionally *invited* by the royal family. They would not *invite* everyone; not everyone will be able to

see their faces. The Father explains through the mouth of Brahma. Not everyone will be able to see Him in person. You have become pure and have now come personally in front of Baba. What also happens is that impure ones come and sit here; by hearing just a little, they become deities. Even when they only hear a little, there will be some effect. If they didn't hear, they just wouldn't come. Therefore, the main thing that the Father says is "Manmanabhav". All of your sorrow is removed by just this one mantra. Manmanabhav! The Father says this. Then, as the *Teacher*, He says "Madhyajibhav". That One is the Father, the *Teacher* and the Guru. When you remember all three, your stage becomes very cheerful. The Father teaches you and then He is the One who takes you back with Him. You should remember such a Father a great deal. No one on the path of devotion knows the Father. They simply know that He is God and that all of us are *brothers*. People do not know what they are to receive from the Father. You now understand that there is one Father and all of you are His children, that you are all *brothers*. This is an unlimited aspect. As the *Teacher*, He teaches all of you children. Then, He makes all of you settle all your karmic accounts and takes you back home. You have to leave this dirty world and return home. Baba makes you worthy of going to the new world. Those who become worthy are the ones who go to the golden age. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for Dharna:**

1. In order to maintain a stable and cheerful stage, remember Baba in all three forms: the Father, the *Teacher* and the Satguru. Fill yourself with the sanskars of happiness here. Let your face constantly sparkle with the awareness of your inheritance.
2. Follow shrimat and do the service of *changing* the whole world. Liberate everyone trapped in the five vices. You have to give the introduction of the original religion of the self.

**Blessing:** May you be a *number one* special soul who remains stable in the stage of experience with your awareness.

Each of you Brahmin souls has the thought that you yourself should become a *number one* special soul, but, in order to finish the difference between your thoughts and your deeds, you have to put your awareness into experience. Just as you remember that you have to listen to something to know it, similarly, you have to bring yourself into the stage of that experience. For this, know the importance of the self and the time and *set* your mind and intellect on the *seat* of a particular experience and you will become a *number one* special soul.

**Slogan:** Stop competing in the bad things and *race* in good things instead.

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