

Essence: Sweet children, the soul-conscious Father is teaching you the lesson of, “May you be soul conscious!”. Your effort is to renounce body consciousness.

Question: What is the first illness that develops when you become body conscious?

Answer: That of being trapped in the name and form of someone. This illness makes you vicious. This is why the Father says: *Practise* remaining soul conscious. You should not have any attachment to your body. Renounce attachment to the body and remember the Father and you will become pure. The Father is showing you the way to free yourself from a life of bondage and to become liberated in life. This is your study.

Om shanti. The spiritual Father says that you should be soul conscious, that is, you should sit in a state of soul consciousness. Whom should you remember? The Father. You should not remember anyone except the Father. Since you receive an unlimited inheritance from the Father, you should remember Him. The unlimited Father comes and says: May you be soul conscious! May you become soul conscious and continue to renounce the consciousness of the body. For half a cycle you have been body conscious and for half a cycle you have to remain soul conscious. In the golden and silver ages, you were soul conscious. There, you are aware: I am a soul, this body is now old and I now have to renounce it. I am going to *change* it. (the example of a snake). You also renounce those old bodies and enter new bodies. That is why you now have to become soul conscious. Who makes you this? The Father, the One who is always soul conscious. He never becomes body conscious. Although He comes once, He does not become body conscious because this is a body that doesn't belong to Him which He has taken on *loan*. He does not have attachment to this body. The One who takes this body on *loan* has no attachment to it. He knows that this body has to be renounced. The Father explains: It is I who come and make you children pure. You were satopradhan and have now become tamopradhan. Now, in order for you to become pure, I teach you to have yoga with Me. It is better to use the word “remembrance” than the word “yoga”. I teach you remembrance. Children remember their father. You children now have to remember the Father. It is the soul that remembers. When the kingdom of Ravan begins, you children become body conscious. Then the Father comes and makes you soul conscious. By becoming body conscious, you become trapped in the name and form of someone; you become vicious. Otherwise, you all used to be viceless. Then, by taking rebirth, you became vicious. The Father has explained what knowledge is and what devotion is. Devotion begins in the copper age when the five vices in the form of Ravan begin. It is in Bharat that the kingdom of Rama and the kingdom of Ravan are remembered. However, they don't know how long the kingdom of Rama lasts and how long the kingdom of Ravan lasts. At this time, all are tamopradhan, those with stone intellects. They are born through vice and that is why this is called the *vicious world*. There is the vast difference of day and night between the new world and the old world. There was only Bharat in the new world. No other land can become as pure as the land of Bharat was and no other land becomes as impure as the land of Bharat is. That which is pure then becomes impure and it has to become pure again. You know that the deities were pure and that, while taking rebirth, they then became impure. They are the ones who take the maximum number of births. The Father explains: I come at the end of the last of this one's many births. It is when this first one completes his 84th birth and is in his stage of retirement that I enter him. There is the Trimurti: Brahma, Vishnu and Shankar. However, people don't know this because they are tamopradhan. Human beings do not know the *biography* of any of them. People worship them, but all of that is blind faith. Devotion is called the night of Brahmins and the golden and silver ages are the day of Brahmins. Now, Brahma is the Father of the People and so there must surely be children too. It has also been explained that there is the clan of Brahmins, not a *dynasty*. Brahmins are the topknot. The topknot is also portrayed. Then there is the highest-on-high Supreme Father, the Supreme Soul, Shiva, who teaches you. He only has one name. However, they have given Him many names on the path of devotion. There is a great deal of pomp and show on the path of devotion. There are so many images and so many temples. They create sacrificial fires, do tapasya, give donations and perform charity etc. They say that they will attain God through devotion. Who attains Him? Those who come first are the ones who start devotion first. The Brahmins who become deities are the ones who become the king, queen and subjects. There used to be the highest deity religion of those who were completely virtuous, 16 celestial degrees full and who were completely viceless and non-violent. There used to be limitless wealth when there was the one original eternal deity religion in Bharat. The Father reminds you that, first of all, it is you who belonged to the deity religion who take 84 births. Not everyone takes 84 births. There are only 84 births, but they say that there are 8.4 million

births. They have said that the duration of every cycle is hundreds of thousands of years. The Father says: This *drama* is 5000 years. Therefore this is knowledge. Only Shiv Baba is remembered as the Ocean of Knowledge. Other fathers are limited, whereas that is the unlimited Baba. Even while belonging to a limited father they remember the unlimited Father when they become unhappy. While taking rebirth, the world becomes old and tamopradhan. It is then that the Father comes. Liberation-in-life is received in a *second*. By whom is it given? By the unlimited Father. Surely, all are living a life of bondage. You are impure and you now have to become pure again. This is a matter of a *second*. You study that knowledge for a long time, but this knowledge is that of only a *second*. There, human beings teach human beings. It is the soul that studies. However, because of body consciousness, they forget that they are souls and they say: I am such-and-such a *minister*. I am so-and-so. In fact, they are just souls. They forget that a soul plays his *part* in the body of a *Mr* or a *Mrs*. In fact, it is the soul that plays his *part* through the body. Some become one thing and others become something else. The Father explains: This old world is now going to change and become new. The *history* and *geography* of the *world* definitely have to *repeat*. The new world is satopradhan. When a house is new it is said to be satopradhan and when it becomes old and begins to deteriorate it is said to be tamopradhan. You have to understand the *knowledge* of this unlimited play and the world cycle, because this is a study. It is not devotion. Devotion cannot be called a study because there is no *aim* or *objective* in devotion. Devotees continue to study the Vedas and scriptures etc. for birth after birth. Here, the world has to be transformed. There is no devotion in the golden and silver ages. Devotion begins in the copper age. Therefore, the Father sits here and explains to the spiritual children. This is called spiritual *knowledge*. Who would teach spiritual *knowledge*? It is the *Supreme* Spirit, that is, the Supreme Father, who teaches it. He belongs to everyone. A physical father can never be called the Supreme Father. It is the parlokik Father who is called the Supreme Father. He resides in the supreme abode. People remember the Father and say: *Oh God!* *Oh Ishwar!* In fact, He only has one name, but they have given Him many names on the path of devotion. There is a great deal of expansion of devotion everywhere. All of those are the directions of human beings. Human beings now need the directions of God. God's directions are shrimat. The rosary of Shri Shri 108 is created. This rosary is created of those who belong to the household path. While taking rebirth you descend the ladder and become *insolvent*. When people's intellects become *insolvent*, they go bankrupt. Those who were 100% *solvent* are now *insolvent*. There are locks on their intellects. Who placed those *locks* on them? They are Godrej locks. There is no other land that is as *number one* as Bharat was. There is a lot of praise of Bharat. Bharat is the greatest pilgrimage place for the people of all religions. However, according to the *drama*, the Gita has been falsified. This mistake is made by Bharat and the whole world. The Gita has been falsified by the people of Bharat. It is through this knowledge of the Gita that the Father creates the new world and grants everyone salvation. Bharat used to be the most elevated and the wealthiest land of all and it is becoming that once again. This tree is inverted: its Seed is up above. He is also called Lord of the Tree. He brings the omens of Jupiter. The Father explains: When I, the Lord of the Tree, come, the omens of Jupiter come over Bharat and it becomes elevated. Then, when Ravan comes, the omens of Rahu come. What is then the condition of Bharat? There, you have a long lifespan because you are pure. Within half the cycle you take 21 births. Then, in the other half of the cycle, by indulging in sensual pleasures, your lifespan becomes short and you take 63 births. The Father now explains: You have to become satopradhan. Therefore, remember Me alone. At this time, people of all religions are tamopradhan. You can give this knowledge to everyone. There is only the one Father of all souls. All the rest are *brothers*, because we souls are the children of the one Father. All of them say that the Hindus and Muslims are brothers, but they don't understand the meaning of that. The soul says: That is *right*. There is only the one Father of all the *brothers*. It is the great Baba who has to give the inheritance. He only comes in Bharat. People celebrate the birth of Shiva, but no one knows when He came. Your battle is with the five vices. Lust is your foremost enemy. People burn Ravan. They don't know who he is or why they burn him. From the copper age onwards you have continued to fall and become more impure. On the one hand they remember Shiv Baba and worship Him, and on the other hand they say that He is omnipresent. By coming into the spinning of Maya you defame the One who made you into the masters of the world. The Father says: Sweet children, you have put Me into countless births. You have put Me into every particle. This too is fixed in the *drama*. You have become such sinful souls by defaming the unlimited Father. It is the kingdom of Ravan. You understand that all are devotees at this time. Who is the One who grants salvation to all? The One who establishes the land of truth is the Baba of all. Ravan cannot be called 'Baba'. The five vices exist in everyone. People are born through vice. That is

why they are called corrupt. Deities are called completely viceless. Everyone is now completely vicious. The deities were worthy of worship and those same deities then became worshippers. People say that the soul is the Supreme Soul. The Father says: This is a mistake. First of all, have the faith that you are a soul: At this time I, the soul, belong to the Brahmin clan and I will then go into the deity clan. This Brahmin clan is the most elevated clan. There is no *dynasty* of Brahmins. The topknot represents Brahmins. You are Brahmins. Shiv Baba is above everyone. They create the variety-form image in Bharat but they neither show the topknot of Brahmins nor the Father of Brahmins. They do not understand the significance of this. They do not even understand the meaning of the Trimurti either. Otherwise the *coat of arms* of Bharat should be Trimurti Shiva. This is now the *jungle* of thorns. This is why they have made the *coat of arms* of a wild animal. Under it, they have written: Victory in Truth. It has been shown of the golden age that the lion and the goat drank water together from the same pool. "Victory in Truth" means to gain victory over falsehood. At that time, everyone there lives together like milk and sugar. They do not become like salt water. In the kingdom of Ravan people become like salt water whereas in the kingdom of Rama everyone lives together like milk and sugar. This world is called the *jungle* of thorns. The first *number* thorn with which they prick one another is the vice of lust. The Father says: Lust is your greatest enemy. It causes you sorrow from its beginning, through the middle to the end. The very name is the kingdom of Ravan. The Father says: Gain victory over these five vices and become the conquerors of the world. Become viceless in this final birth. You have now become tamopradhan and impure, and you have to become satopradhan, pure again. The Ganges is not the Purifier. You can clean your body of its dirt with the water you have at home as well, but you cannot clean the soul with that. There are countless gurus on the path of devotion. There is only the one Satguru – the One who grants salvation. He is the *Supreme* Father, the *Supreme* Teacher and also the *Supreme* Satguru. He is the One who gives you the *knowledge* of the beginning, the middle and the end of the world. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. In order to become satopradhan, do not remember anyone except the Father. *Practise* becoming soul conscious.
2. Live together like milk and sugar. Gain victory over the vices during this last birth and become the conquerors of the world.

Blessing: May you be an intense effort-maker who brings about self-transformation with the power of realisation.

The basis for easy transformation is the power of realisation. Until you have the power of realisation, there cannot be any experience, and until you have some experience, the *foundation* of the speciality of Brahmin life cannot be strong and there cannot be zeal or enthusiasm. When the power of realisation makes you experienced in every situation, you become an intense effort-maker. The power of realisation can bring about easy transformation for all time.

Slogan: Let the form of love emerge in the corporeal form and become equal to Father Brahma.

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