

**Essence:** Sweet children, you have to remain very happy in your thoughts, words and deeds. Make everyone happy. Don't cause anyone sorrow.

**Question:** What should you *doubly* non-violent children pay attention to?

**Answer:** 1. Pay attention that you don't say any such words through which anyone would experience sorrow, because to cause anyone sorrow, even through words, is violence.  
2. We are going to become deities. Therefore, our behaviour has to be very *royal*. Our food and drink should neither be too rich nor too simple.

**Song:** This is a battle between the weak and the strong.

Om shanti. The Father first of all explains to the sweetest, long-lost and now-found children every day: Sit here while considering yourselves to be souls and remember the Father. It is said: *Attention please!* So, the Father says: Firstly, pay *attention* to the Father. The Father is so sweet. He is called the Ocean of Love and the Ocean of Knowledge. So you also have to become loving. You should experience happiness in your every thought, word and deed. Don't cause anyone sorrow. The Father doesn't make anyone unhappy. The Father has come to make you happy. You too mustn't cause any type of sorrow for anyone. You mustn't perform any such action. It shouldn't even enter your thoughts. However, that will be your stage at the end. The physical senses make you make one mistake or another. If you consider yourself to be a soul and consider others to be your brother souls, you won't cause anyone sorrow. If you don't look at the body, how could you cause anyone sorrow? This requires incognito effort. This is all work for the intellect. You are now becoming those with divine intellects. When you had divine intellects, you experienced a lot of happiness; you were the masters of the land of happiness, were you not? This is the world of sorrow. This is very *simple*. That land of silence is our *sweet home*. We came from there to play our *parts*. We played our *parts* of sorrow for a long time, and we now want to go to the land of happiness. Therefore, we have to consider ourselves to be brothers. Souls cannot cause sorrow for souls. Consider yourself to be a soul while talking to souls. The soul is seated on the throne. This is Shiv Baba's chariot. Daughters say that they are decorating Shiv Baba's chariot, that they are feeding Shiv Baba's chariot. So, they only remember Shiv Baba. He is the Benevolent Father. He says: I even benefit the five elements. There, nothing ever causes any difficulty. Here, there are sometimes storms and sometimes intense cold and sometimes something else. There, it is constantly Spring. There is no mention of sorrow there. That is *heaven!* The Father has come to make you into the masters of *heaven*. God is the Highest on High. He is the highest-on-high Father and the highest-on-high *Supreme Teacher* and so He would definitely make you the highest on high. You were Lakshmi and Narayan. You have forgotten all of these things. Only the Father explains all of these things. When the rishis and munis were asked if they knew the Creator and the beginning, the middle and the end of creation, they said, "neti, neti" (neither this nor that.). Since they didn't have this knowledge, how could it have continued from time immemorial? The Father says: Only at this time do I give you this knowledge. Once you are in salvation, there is no need for this knowledge. There is no degradation there. The golden age is called salvation. Here, there is degradation. However, no one knows that they are in a state of degradation. The Father is called the *Liberator*, the *Guide* and the *Boatman*. He takes everyone's boat across from the ocean of poison; that is called the ocean of milk. They have portrayed Vishnu in a lake of milk. All of that is praise from the path of devotion. They have a big lake in which they place a very big image of Vishnu. The Father explains: You used to rule the whole world. You have experienced defeat and victory many times. The Father says: Lust is the greatest enemy. By conquering it, you become the conquerors of the world. So, you should do that in great happiness. You may live at home with your families, on the household path, but live as purely as a lotus. You are now changing from thorns into flowers. You now understand that this is a *forest of thorns*. They harass one another so much; they even beat one another. So the Father tells you sweetest children: It is now the stage of retirement for all of you. It is the stage of retirement for all: young and old. You are now studying to go beyond sound. You have now found the Satguru. He will definitely take you beyond sound. This is a *university*. God speaks: I teach you Raja Yoga and make you into the kings of kings. Those who were worthy-of-worship kings then became royal worshippers. So, the Father says: Children, make effort very well. Imbibe divine virtues. You may eat, drink and go to Shrinath etc. There, you receive a lot of food cooked with clarified butter. They also have wells of clarified butter. Who eats all of that? Those worshippers (who look after everything there). They have made images of Shrinath and Jagadnath in black stone. They have dirty images of the deities in the Jagadnath Temple. They cook a big pot of rice there. When the rice is cooked, it

automatically splits into four equal parts. They offer bhog of just rice because everything is now ordinary. On this side, all are poor and on the other side, all are wealthy. Just look how poor everyone is now. They don't even have enough to eat or drink. In the golden age you have everything. The Father sits here and explains to souls. Shiv Baba is very sweet. He is the Incorporeal. It is the soul that is loved. It is the soul that is invoked. When someone dies, his body is burnt and the soul is invoked and a lamp ignited in his memory. They do that because they think that the soul is in darkness. The soul is without a body and so how can there be any question of darkness? These things do not exist there. All of that is the path of devotion. The Father explains so well. Knowledge is very sweet. You have to listen with your eyes open. You will at least then look at the Father. You know that Shiv Baba is present here and so you should sit with your eyes open, should you not? You should look at the unlimited Father, should you not? Earlier, when the daughters used to look at the Father, they would go into trance; they would go into trance while just sitting together. They used to run around with their eyes closed. It was a wonder! The Father continues to explain: When you look at one another, consider yourself to be talking to your brother soul or explaining to your brother soul. Will you not take the advice of the unlimited Father? If you become pure in this last birth, you will become the masters of the pure world. Baba explains to many. Some instantly say: Baba, I will definitely become pure. It is good to remain pure. When a kumari is pure, everyone bows down to her. When she gets married she becomes a worshipper. She then has to bow down to everyone. So *purity* is good, is it not? When there is *purity*, there is also *peace* and *prosperity*. Everything depends on purity. You call out: O Purifier, come! Ravan doesn't exist in the pure world. That is the kingdom of Rama where everyone lives like milk and sugar. That is the kingdom of righteousness and so how could Ravan exist there? They sit and relate the Ramayana etc. with so much love. All of that is devotion. Daughters used to *dance* while having visions. There is the praise of the boat of truth: it will rock but never sink. People are not forbidden to go to any other gatherings, but they are told not to come here. The Father is giving you knowledge. You become BKs. You definitely have to become Brahmins. The Father is the One who establishes heaven and so we surely have to become the masters of heaven. Why are we still here in hell? We now understand that we were previously worshippers. We are now becoming worthy of worship for 21 births. We have been worshippers for 63 births and we will now become the worthy-of-worship masters of heaven. This *knowledge* is for changing from an ordinary human into Narayan. God speaks: I make you into kings of kings. Impure kings bow down to pure kings. There is definitely a temple in the palace of every emperor. It would generally be a temple to Radhe and Krishna, Lakshmi and Narayan or Rama and Sita. Nowadays, they even build temples to Ganesh or Hanuman etc. There is so much blind faith on the path of devotion. You now understand that you truly did rule a kingdom and that you then fell onto the path of sin. The Father now explains to you that this is your last birth. Sweetest children, you were in heaven at first. Then, you gradually came down and have now fallen to the floor. You then say: We were very elevated and the Father is making us elevated once again. We continue to study every 5000 years. This is called the repetition of the *history* and *geography* of the *world*. Baba says: I am making you children into the masters of the world. It will be your kingdom over the whole world. It says in the song: Baba, You give us such a kingdom that no one can snatch it away from us. There are now so many *partitions* etc. They fight over water and land. They continue to look after their own people. If they didn't do that, youths would start to throw stones. Those people think that the youth are strong and will therefore protect Bharat. So, they are now showing their strength! Look at the condition of the world! It is the kingdom of Ravan. The Father says: This is the devilish community. You are now becoming those of the deity community. How could there be a war between devils and deities? You are becoming *doubly* non-violent. Deities are called *doubly* non-violent. It is said: Non-violence is the supreme religion of the deities. Baba has explained that to cause anyone sorrow through words is also violence. You are becoming deities and so there has to be *royalty* in every respect. Your food and drink should neither be too rich nor too simple; it should be just right. Kings etc. speak very little. The subjects have a lot of love for their kings. Look at what is happening here! There is so much revolution! The Father says: It is when the conditions are like this that I come and make the world peaceful. The *Government* wants everyone to become united. All are brothers; this is a play. The Father says to you children: You don't have to worry about anything. There is a lot of difficulty about grain. There, there will be so much grain that you will be able to receive as much as you want without any expense. You are now establishing that deity kingdom. We are now making our *health* such that we will never become diseased. This is a *guarantee*. We are also making our *characters* like those of the

deities. You can explain to *ministers* according to whatever field they are the ministers of. You have to explain with great tact. They write very good *opinions*. However, when you tell them that they should also come to understand this, they say that they don't have the time. Tell them: When you important people make some sound, the poor will also benefit. The Father explains: Death is now over everyone's head. While you are saying, "Today (aaj), tomorrow (kal)", death (kaal) will eat you up. You have become like Kumbhakarna. Children enjoy explaining a great deal. Baba has had these pictures made. Dada did not have this knowledge. You receive an inheritance from your physical fathers and from the parlokik Father. You don't receive an inheritance from the alokik father. This one is the agent in between; there is no inheritance from him. You mustn't remember Prajapita Brahma. You will not receive anything from me. I am also studying. Those are just limited inheritances whereas the other inheritance is from the unlimited Father. What inheritance would Prajapita Brahma give you? The Father says: Constantly remember Me alone. This one is the chariot. You mustn't remember the chariot. God is called the Highest on High. The Father sits here and explains to souls. It is the soul that does everything. The soul sheds one skin and takes another. There is the example of the snake. You are the buzzing moths; you buzz knowledge. By relating this knowledge, you can make anyone into a master of the world. Why would you not remember the Father who makes you into the masters of the world? The Father has now come and so why do you not claim your inheritance from Him? Why do you say that you don't have time? Good children are able to understand in a *second*. Baba has explained to you that people worship Lakshmi. What do you receive from Lakshmi and what do you receive from Amba? Lakshmi is a goddess of heaven. They ask her for alms of money. Amba makes you into a master of the world. She fulfils all your desires. All your desires are fulfilled through shrimat. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### Essence for dharna:

1. Make the awareness of being a soul firm so that you don't make any mistakes through the physical senses. Don't look at the body. Pay *attention* to the one Father.
2. It is now your stage of retirement. Therefore, make effort to go beyond sound. Definitely become pure. Let it remain in your intellect that the boat of truth will rock, but never sink. Therefore don't be afraid of obstacles.

**Blessing:** May you *pass with honours* by *passing* in the *paper* of a *second* with *controlling power*. Come into the body one moment and become detached from the body the next moment and become stable in the avyakt stage. To the extent that there is external upheaval, let your stage be extremely peaceful to the same extent. For this you need the power to pack up. Go into the essence from the expansion in a *second*, and go into expansion from the essence in a *second*: it is only those who have such *controlling power* who can *control* the world. This practice will enable you to *pass with honours* in the *paper* of a *second*.

**Slogan:** Experience the stage of retirement and give others this experience and games of childhood will then stop.

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