

Essence: Sweet children, in order to attain peace, become bodiless. It is only when you become body conscious that there is peacelessness. Therefore, remain stable in your original religion.

Question: What is accurate remembrance? To what particular aspect should you pay special attention at the time of remembrance?

Answer: Accurate remembrance is when you consider yourself to be a soul distinct from your body and you remember the Father. Pay attention that you don't remember anyone's body. In order to stay in remembrance, you should have the intoxication of knowledge. It should remain in your intellect that Baba is making you into a master of the world, that you are to become a master of the whole world: the earth, sea and sky.

Song: Having found You, we have found the whole world; the earth and the sky all belong to us.

Om shanti. The meaning of "om" is: I am a soul. People believe that "om" means God, but that is not right. "Om" means: I am a soul and this is my body. People say, "Om shanti". The original religion of myself, the soul, is peace. The soul gives his own introduction. Although people say "Om shanti" they do not understand the meaning of "Om" at all. The words "Om shanti" are very good. I am a soul and my original religion is peace. I, the soul, am a resident of the land of peace. The meaning is so *simple*. It is not a long and false explanation. People of today don't even know whether the world is new or old. No one knows when the new world becomes old or when the old world becomes new again. When you ask anyone when the old world becomes new and how it then becomes old, no one is able to tell you. It is now the iron-aged, old world. The new world is called the golden age. How many years does it take for the new world to become old? No one knows this. Even though they are human beings, they do not know this. Therefore, human beings are said to be worse than animals. At least animals don't say anything about themselves. However, human beings say: We are impure. They call out: "O Purifier come!", but they don't know who He is. The word "pure" is so good. Only the pure world, heaven, would be the new world. There are images of those deities but no one knows that Lakshmi and Narayan are the masters of the new, pure world. Only the unlimited Father sits here and explains all of these things to you children. The new world is called heaven and the deities are said to be the residents of heaven. At present, this old world is hell. People here are residents of hell. When someone dies, people say that he has gone to live in heaven. Therefore, this means that they are living in hell. According to their own understanding, this really is hell. However, if you told them directly that they are residents of hell, they would become upset with you. The Father explains: Although they look like human beings and their faces are like those of human beings, their characters are like those of monkeys. This too has been remembered. They themselves go in front of the deity idols in the temples and say: You are full of all virtues. However, what do they say of themselves? That they are degraded sinners, but if you told them directly that they are vicious, they would become upset with you. This is why the Father only talks and explains to you children. He doesn't go to talk to people outside because iron-aged people are residents of hell. You are now residents of the confluence age. You are becoming pure. You understand that it is Shiv Baba who is teaching us Brahmins. He is the Purifier. The Father has come to take us souls back home. This is such a *simple* matter! The Father says: Children, you souls came from the land of peace to play your *parts*. Everyone is unhappy in this land of sorrow, and this is why they ask for peace of mind. They don't say: How can the soul become peaceful? You say: Om shanti. My original religion is peace. So, why do you ask for peace? Because you forgot that you yourself are a soul and that you became body conscious. Souls reside in the land of peace, so how can there be peace here? It is only when you become bodiless that you can have peace. Each soul here is combined with a body and so they all definitely have to talk and walk. I, this soul, came from the land of peace to play a *part*. No one understands that Ravan is the enemy. When was it that Ravan became your enemy? None of them knows this. Not a single scholar or pundit knows who Ravan is; they don't know the one whose *effigy* they burn. They have been burning it for many births and yet they don't know anything. If you ask any of them who Ravan is, they would say: It's just imagination! They don't know anything, and so what *response* could they give? It is mentioned in a scripture: Hey Rama, this world was not created, but it is all imagination. Many say this. Now, what is the meaning of imagination? It is said that this is a world of imagination. Whatever thoughts one has, that happens. They do not understand the meaning. The Father sits here and explains to you children. Some of you understand very clearly whereas others do not understand anything at all. Those who understand clearly are real children, whereas those who understand nothing at all are stepchildren. Stepchildren never become heirs. Baba has real children and stepchildren. Real children are

those who follow the Father's shrimat completely, whereas stepchildren do not. The Father then says: This one is not following My directions; he is following Ravan's directions. There are the two words: Rama and Ravan. There is the kingdom of Rama whereas this is the kingdom of Ravan. It is now the confluence of the two. The Father explains to them. All of these Brahma Kumars and Kumaris are claiming their inheritance from Shiv Baba. Do you too want to claim it? Will you follow these elevated directions? They ask: Whose directions? The Father gives you shrimat for you to become pure. They then say: I will stay pure, but if my husband doesn't accept this, to whom should I listen? My husband is my god. In Bharat they are told that their husband is their guru, their god, their everything! However, no one really believes it. They simply say "Yes" at that time but they don't accept it at all. They still continue to go to their gurus and to the temples. The husband says: Don't go out! I will give you an image of Rama and you can keep that and worship at home. Why do you wander to Ayodhya (Rama's birthplace)? She wouldn't listen to anything; it is the stumbling of the path of devotion. She will definitely continue to stumble along there; she won't listen to anyone, because she believes that the temple there is Rama's. However, who is it that you have to remember? Is it Rama or his temple? They don't understand anything! Therefore, the Father explains: On the path of devotion you call out to God, "Come and grant us salvation", because only He is the Bestower of Salvation for all. Achcha, when does He come? No one knows this. The Father explains that Ravan is your enemy. The *wonder* of Ravan is that, although people continue to burn effigies of him, he never dies. No one knows what Ravan is. You children now know that you receive your inheritance from the unlimited Father. They celebrate Shiv Jayanti but they do not know who Shiva is. You explain to the people of the *Government* that Shiv is God and that He comes in this one age every cycle and changes Bharat from hell into heaven. He changes *beggars* into *princes*. He purifies the impure. He is the Bestower of Salvation for all. All human beings are now here. Even the soul of *Christ* is here in some form. No one can return home yet. Only the one great Father can grant salvation to everyone, and He only comes in Bharat. In fact, you should only perform devotion of the One who grants salvation. That incorporeal Father doesn't reside here. He is always thought of and remembered as being up above, whereas no one considers Krishna to be up above. They remember Krishna and everyone else as being down here. The remembrance of you children is accurate. You consider yourselves to be distinct from your bodies. You consider yourselves to be souls and you remember the Father. The Father says: You must not remember anyone's body. It is most essential to pay attention to this. Simply consider yourself to be a soul and remember the Father. Baba is making us into the masters of the whole world. He makes us into the masters of the whole earth, sea and sky. It's all now divided into bits and pieces. They don't let you cross their borders. None of these things exist there. Only God is the Father. It isn't that everyone is the Father. Although they say that the Hindus and the Chinese are brothers, and that the Hindus and the Muslims are brothers, they don't understand the meaning of that. They never say that the Hindus and Muslims are brothers and sisters; no. All souls are brothers, but they don't understand that. When they listen to the scriptures, they simply say, "It's true, it's true", but they don't understand the meaning. In fact, it's all false. In the land of truth they only speak the truth, whereas here, there is nothing but falsehood. If you said to any of them that they were telling lies, they would become upset with you. Even though you spoke the truth, some people would start insulting you. Only you Brahmins now know the Father. You children are now imbibing divine virtues. You know that even the five elements are now totally impure. Nowadays, people even worship the devil spirit a lot. They continue to remember the devil spirit. The Father says: Consider yourself to be a soul and constantly remember Me alone. Do not remember the devil spirit. Whilst living at home with your family, keep your intellect in yoga with the Father. You now have to become soul conscious. Your sins will be absolved to the extent that you remember the Father. You have now received the third eye of knowledge. You now have to become conquerors of sinful actions. That is the age of those who have conquered sinful actions, and this is the age of those who perform sinful actions. You gain victory over sinful actions with the power of yoga. The yoga of Bharat is very famous, but people do not know it. Sannyasis go abroad and say that they have come to teach them the yoga of Bharat, but the people there don't know that sannyasis are hatha yogis who cannot teach Raja Yoga. You are Raj Rishis. They are limited sannyasis, whereas you are unlimited sannyasis. There is the difference of day and night. No one but you Brahmins can teach Raja Yoga. This is a new aspect. New ones that come cannot understand these things. This is why new ones are not *allowed* to come here. This is the Court of Indra (God who rains knowledge). Everyone now has a stone intellect. Everyone in the golden age has a divine intellect. It is now the confluence of the two. No one but the Father can change you from a stone into a diamond. You have come here to have your intellects made divine. Bharat truly was the "Golden Sparrow". Lakshmi and Narayan were the masters of the world.

No one knows when they used to rule. It used to be their kingdom 5000 years ago. Where did they go? You can explain that they have been taking 84 births. At present they are tamopradhan and are now being made satopradhan by the Father. The same applies to you. Only the Father, none of the sages or holy men, can give this *knowledge*. That is the path of devotion and this is the path of knowledge. By listening to the very good songs that you children have, you will have goose pimples and your mercury of happiness will rise very high. This intoxication has to remain constant. This is the nectar of knowledge. People become intoxicated from drinking alcohol, whereas you have the nectar of knowledge here. Your intoxication should not decrease; it should remain constantly high. You become happy on seeing the picture of Lakshmi and Narayan. You know that you are becoming that elevated by following shrimat. Whilst observing everything here, your intellect should remain in yoga with the Father and that inheritance. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. In order to become a conqueror of sinful actions, you have to gain victory over them with the power of yoga. Whilst observing everything here, your intellect's yoga should be with the Father and the inheritance.
2. In order to receive your full right to your inheritance from the Father, you have to become real children. Only follow the one Father's shrimat. Clearly understand whatever the Father explains to you and then explain it to others.

Blessing: May you be a *master* bestower of liberation and salvation and distribute the holy offering (prasad) of liberation and salvation through your angelic form. At present, many souls of the world are crying out under the influence of their circumstances; some because of everything being so expensive, some because they are starving, some because of their physical illness, some from the peacelessness in their minds. Everyone's vision is going towards the *Tower of Peace*. Everyone is waiting to see when there will be cries of victory after the cries of distress. So, now, remove the sorrow of the world with your angelic form. Be a *master* bestower of liberation and salvation and distribute the prasad of liberation and salvation to the devotees.

Slogan: Take one step of courage and the Father will give a thousand steps of help.

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