

**Essence:** Sweet children, you have to make your stage karmateet by studying. As well as that you also have to show others the way to become pure from impure. Therefore, do spiritual *service*.

**Question:** By remembering which mantra can you prevent yourself from performing sinful actions?

**Answer:** The Father has given you the mantra: *Hear no evil! See no evil! Speak no evil!* Remember this mantra. You must not perform any sinful actions through your physical senses. Everyone in the iron age commits sin. This is why Baba shows you the method of imbibing the virtue of purity. This is the *number one* virtue.

Om shanti. In front of whom are you children sitting? It must surely be in your intellects that you are sitting in front of the Purifier, the Bestower of Salvation for All, our unlimited Father. Although that Father is in the body of Brahma, you still have to remember Him. Human beings cannot grant salvation to anyone. No human being can be called the Purifier. You children have to consider yourselves to be souls. He is the Father of all of us souls. That Father is making us into the masters of heaven. You children should know this and so you should experience happiness. You children also know that from being residents of hell you are becoming residents of heaven. You are being shown a very easy way. You simply have to remember Him and also imbibe divine virtues in yourselves. You have to examine yourselves. There is the example of Narad. The Father, the Ocean of Knowledge, gave all of those examples. All the examples that the sannyasis etc. give were originally given by the Father. People on the path of devotion simply continue to sing. Although they give examples of the tortoise, the snake, the buzzing moth etc., they are not able to do anything themselves. On the path of devotion, they simply *repeat* the examples that the Father gives now. The path of devotion is of the *past*. Whatever happens in a *practical* way at this time is later remembered on the path of devotion. Although they celebrate the birthday of the deities and of God, they don't know anything. You are now beginning to understand everything. You take teachings from the Father to become pure from impure and you also show others the way to become pure from impure. This is your main spiritual *service*. First of all, give anyone who comes to you the knowledge of the soul: You are a soul. No one knows about the soul. Souls are imperishable. At the right time a soul enters a body. Therefore, you repeatedly have to consider yourselves to be souls. The Father of us souls is the Supreme Father, the Supreme Soul. He is also the Supreme *Teacher*. You children have to remember this at every moment. You should not forget this. You now understand that you have to return home. Destruction is standing ahead of you. In the golden age the deity family is very small. In the iron age there are many human beings; there are innumerable religions and innumerable opinions. None of these things exists in the golden age. You children should keep these matters in your intellects throughout the day. This is a study, is it not? In a worldly study they have so many books etc. They have to buy new books for each *class*. Here, there is no question of books or scriptures. Here, there is just one thing, just one study. When the *British Government* used to be here, it was a kingdom of kings so they didn't use photos of anyone but the king or queen on the *stamps*. Nowadays, they continue to make *stamps* of even devotees etc. who have been and gone. When it is the kingdom of Lakshmi and Narayan, there will just be the picture of one emperor and empress. It isn't that the pictures of the deities who existed in the *past* have all been destroyed; no. People have great interest in buying old pictures of the ancient deities because the deities are *next* to Shiv Baba. You children have to imbibe all of these things in order to show others the path. This is a completely new study. You heard this previously and claimed a status. No one else knows this. The Supreme Father, the Supreme Soul, is teaching you Raja Yoga. The Mahabharat War is very well known. We shall see what happens as we progress further. Some say one thing and others say something else. Day by day, human beings will continue to be *touched* by this. They even say that there is going to be a *world war*. Before it takes place, you children have to reach your karmateet stage through this study. However, there isn't a war between the devils and the deities. At this time you are the Brahmin community and you then become the deity community. This is why you are imbibing divine virtues in this birth. The *number one* divine virtue is purity. You have been committing so much sin through your bodies. It is the soul that is said to be a sinful soul. Souls commit so much sin through their physical senses. Who is told, "*Hear no evil*"? Souls. It is souls that hear through the ears. The Father has reminded you children: You used to belong to the original eternal deity religion, you went around the cycle and you now have to belong to it again. When these sweet memories emerge, the soul has the courage to become pure. It is in your intellects how you have played your *parts* of 84 births: This is what you were in the beginning - this is a story. It should enter your intellects that 5000 years ago we were deities. We souls are residents of the incorporeal world. Previously, we didn't have the slightest thought about that being the home of us souls and that we came from there to

perform our *parts*, that we became part of the sun dynasty and then the moon dynasty. You are now the Brahmin dynasty, the children of Brahma. You have become the children of God. God sits here and gives you teachings. That *Supreme Father* is also the *Supreme Teacher* and the *Supreme Guru*. By following His directions, we are making all human beings elevated. Liberation and liberation-in-life are both elevated. We will go to our home, then come down as pure souls and rule. This is a cycle. This is called the discus of self-realisation. This is an aspect of knowledge. The Father says: Your discus of self-realisation should not stop. By spinning it continuously, your sins will be absolved and you will conquer Ravan; your sins will be erased. You now remember all of this. Therefore, you can think about it. It isn't that you have to sit and turn the beads of a rosary. You souls have this knowledge inside you. Therefore, you children have to explain it to other brothers and sisters. Children will also become helpers, will they not? I make you children into spinners of the discus of self-realisation. I have this knowledge, which is why I am called the Ocean of Knowledge, the Seed of the Human World Tree. He is also called the Master of the Garden. Shiv Baba has sown the seed of the deity religion. You are now becoming deities. Even if you only continue to remember this much throughout the day, you can experience a great deal of benefit. You have to imbibe divine virtues. You also have to become pure. Husband and wife live together and yet remain pure. There is no other religion like this. On the path of isolation, only the men remain pure. They say: It is difficult for husband and wife to live together and remain pure. However, everyone was like this in the golden age, were they not? People sing the praise of Lakshmi and Narayan. You now understand that Baba changes us from shudras into Brahmins and is making us into deities. Then we will change from being worthy of worship to worshippers. Then, when you go onto the path of sin, you will build temples to Shiva and worship Him. You children have the knowledge of your 84 births. The Father says: You didn't know of your 84 births; I now tell you. No human being can tell you this. The Father is now making you into spinners of the discus of self-realisation. You souls are becoming pure. Your bodies cannot become pure here. When you souls become pure you have to leave your impure bodies. All souls have to become pure and return home. The pure world is now being established. All the rest will return to the *sweet home*. Remember this. Together with having remembrance of the Father, you also have to remember your home because you now have to return home. You have to remember the Father in the home. Although you know that the Father enters this body and speaks knowledge to you, don't allow your intellects to break away from the supreme abode, your *sweet home*. The *Teacher* leaves His home and comes here to teach you. After teaching you, He will go far, far away. He can go anywhere in a *second*. A soul is such a tiny point. You should be amazed. The Father has given you knowledge of souls. You also know that there is nothing dirty in heaven through which your hands or feet or your clothes would become dirty. The costumes of the deities are very beautiful. Their clothes are *first class*; there will be no need to wash them. There should be so much happiness on seeing them. The soul knows that this is what we are to become for our future 21 births. Simply continue to look at this. Everyone should have this picture. You should have great happiness that this is what Baba is making you. So, why do you children of such a Father cry? You should not have any worries. People go to the temple of the deities and sing songs of praise: "You are full of all virtues", etc. They recite so many names. All the names that they remember are written in the scriptures. Who wrote them in the scriptures? Vyas, or even some new ones write them (the scriptures). Earlier, the Granth was very small and hand written. They have now made it so large. They must surely have made *additions* to it. Guru Nanak simply comes to establish a religion. Only the One gives knowledge. Even *Christ* simply comes to establish a religion. When everyone has come down, you will then all return. Who is the one who sends you home? Is it *Christ*? No; he is in a different name, form and tamopradhan stage. He has to pass through the sato, rajo and tamo stages. At this time, everyone is tamopradhan; everyone is in a state of total decay. At this time, having taken rebirth, those of all religions have become tamopradhan. Everyone now definitely has to return home. The cycle has to turn again. First, the new religion that existed in the golden age is needed. The Father comes and establishes the original, eternal, deity religion. Then destruction has to take place. There is establishment, destruction and then sustenance. In the golden age there is just one religion. Do you remember this? Bring the whole cycle into your awareness. We will now complete the cycle of 84 births and then return home. While walking and talking, spin the discus of self-realisation. Those people say that Krishna had a discus of self-realisation with which he killed everyone. They have shown a picture of Akasur and Bakasur (pair of devils). However, there was nothing like that. You children now have to remain spinners of the discus of self-realisation because your sins will be cut away with it. Any devilish nature will finish. There cannot be a war between deities and devils. Devils exist in the iron age whereas

deities exist in the golden age and there is the confluence age in between. The scriptures belong to the path of devotion. There is no name or trace of knowledge. The Ocean of Knowledge is the one Father of all. Without the Father no soul can become pure and return home. You definitely have to play your *parts*. Therefore, you now also have to remember your cycle of 84 births. We will go into our golden-aged, new birth. We will not receive such a birth again. There is Shiv Baba and this Brahma Baba. There is a lokik father, the parlokik Father and this is the alokik Baba. It is only at this time that you call this one alokik. You children remember Shiv Baba, not Brahma. Although people go to worship Brahma in the temple, that worship is only of the perfect avyakt image in the subtle region. This bodily being is not worthy of being worshipped, he is a human being. Human beings are not worshipped. Brahma is portrayed with a beard. Therefore, you can tell that he belongs here. Deities don't have beards. All of these things have been explained to you children. Your name is glorified and this is why your temples have been created. The Somnath Temple is the highest of all. What happened after you were given nectar to drink? Now, look at the Dilwala Temple here: that temple is an accurate memorial. You are shown on the ground doing tapasya and heaven is portrayed up above. People think that heaven is up above somewhere. How could they create heaven down below in the temples? That is why they portrayed it up above, on the ceiling. Those who created them didn't understand anything. You have to explain this to the millionaires. You have now received knowledge. Therefore, you can give this to many others. Achcha.

To the sweetest, beloved, long-lost, now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. In order to finish your devilish nature, spin the discus of self-realisation as you move around. Keep the whole cycle in your awareness.
2. Together with having remembrance of the Father, your intellect should also be connected to the home, the supreme abode. Think about the things that the Father has reminded you of and benefit yourself.

**Blessing:** May you be an image of support for the world and make yourself complete by knowing the importance of time.

This is the time for earning an income for the whole cycle, the time for sowing seeds of elevated actions, the time for *recording* sanskars for 5000 years, the time for world benefit and for world transformation. If those who have the knowledge of time also waste the present time or leave anything for the time to come, then their efforts are based on time. However, souls who are the image of support for the world do not move along with the support of anything. They step aside from the iron-aged impure world on the basis of the one imperishable Support and make effort to make themselves complete.

**Slogan:** Make yourself complete and you will automatically co-operate in the unlimited task.

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