

Essence: Sweet children, you are the Father's helpers who establishes the kingdom of peace over the whole world. The world of peace and happiness is now in front of you.

Question: Why does the Father teach you children? What is the essence of this study?

Answer: The Father teaches you children in order to make you into the *princes* of heaven, the masters of the world. The Father says: Children, the essence of this study is: Renounce all the things of the world. Never think that you have millions or hundreds of thousands. You won't be able to hold on to anything. Therefore, make effort very well and pay attention to this study.

Song: At last the day for which we had been waiting has come!

Om shanti. You children heard the song: at last, the time has come for there to be peace in this world. Everyone asks how there can be peace in this world. Those who give good advice for this are given a prize. Nehru too gave advice, but peace was not accomplished through that. He just gave his advice and departed. It is in the intellects of you children that there was peace, happiness and prosperity in the whole world at some time. That doesn't exist any more. It will come again. The cycle has to turn. This is in the intellects of you confluence-aged Brahmins. You have gold in your intellects. You know that Bharat will become golden again. Bharat is called the "*Golden Sparrow*". Although people sing this praise, it is just for the sake of it. You are now making *practical* effort for this. You know that only a few more days now remain. So you are able to forget all the sorrowful things of hell. Your intellects know that the world of happiness is just ahead of you. Previously, when it used to take a long *time* to come from abroad, you understood that it would only be a short time to go before you reached your destination. Now you can reach your destination very quickly by *aeroplane*. It is now in the intellects of you children that your days of happiness are to come again. You are making effort for this. Baba has shown you how to make effort very easily. According to the *drama*, this is *certain*, exactly as it was a cycle ago. You were deities. So many temples to the deities are now being built. You children know what they will do after building the temples etc. How many days now remain? You children are *authorities* of *knowledge*. It is said: The Supreme Father, the Supreme Soul, is the *Almighty Authority*. You are *authorities* of knowledge and they are *authorities* of devotion. The Father is called the *Almighty Authority*. You children become this, numberwise, according to the effort you make. You have the knowledge of the beginning, the middle and the end of the world. You know that you are making effort to claim your inheritance from the Father. Those who are *authorities* of devotion only speak of devotion to everyone. You are the *authorities* of knowledge. Therefore, you only speak of knowledge. There is no devotion in the golden age; there isn't a single worshipper there. Everyone there is worthy of being worshipped. For the first half of the cycle, you are worthy of being worshipped and for the other half you are worshippers. This only refers to the people of Bharat. When they were worthy of being worshipped, Bharat was heaven. The people of Bharat became worshippers and it is now hell. You children are now creating your *lives* in a *practical* way. You continue to explain to everyone, numberwise, according to your own efforts. The number of you continues to grow. This is already fixed in advance in the *drama*. The *drama* inspires you to make effort and you continue to do this. You know that you have imperishable *parts* to play in the *drama*. What would anyone in the world know about these things? We have this *part* in the *drama*. Those who speak about this, understand how we have this *part* in the *drama*. This world cycle continues to turn. No one but you knows the *history* and *geography* of the *world*. No one in the world knows who the Highest on High is. Rishis and munis etc. used to say: We don't know. They would say: Neti, neti (Neither this nor that ...). You children now know that the Father is the Creator, and that He is now teaching us. Baba has told you repeatedly: When you sit here, sit in the stage of soul consciousness. Only the one Father teaches you Raja Yoga and explains the *history* and *geography* of the *world* to you. The Father says: I am not a *thought reader*. The world is so large. Why should I *read* anything about it? The Father Himself says: I come to purify you according to what is fixed in the *drama*. I come to play the *part* that I have in the *drama*, but I do not *read* anyone's *thoughts*. I tell you what *part* I play and what *parts* you play. You learn this *knowledge* and teach it to others. My *part* is to purify the impure. Only you children know this. You know the date and time etc. No one else in the world knows this. The Father is teaching you. Then, when this cycle comes to an end, Baba will come again. Whatever *scene* is played out now will repeat after a cycle. One *second* cannot be the same as the next. This drama continues to turn. You children now know about this unlimited play. In spite of that, you repeatedly forget it. Baba says: Simply remember that Baba is your Father, that He is also your *Teacher* and *Guru*. Your intellects should go in that direction. Your souls become happy on hearing the praise of the Father. Everyone says: Our Baba is our Father and *Teacher* and He is nothing but the Truth. This study is also true

and complete. The studies of other people are incomplete. You children should have so much happiness in your intellects. Those who *pass* a high examination have greater happiness in their intellects. You are studying such elevated teachings. Therefore, your heads should explode with the happiness you experience. God, Baba, the unlimited Father, is teaching us! You should have goose pimples. The same *episode* of the Gita is now being *repeated*. No one but you knows this. They have lengthened the duration of the cycle. The whole *story* of 5000 years continues to go around in your intellects. This is called the discus of self-realisation. Some children say: Baba, there are many storms, and so I forget You. Baba asks: Whom do you forget? How could you forget the Father who is making you into the *double*-crowned masters of the world? You don't forget anyone else. You remember everyone: your wife, children, maternal uncle, paternal uncle, friends and relations. Therefore, how can you forget this aspect? Your battle lies in remembering this. Stay in remembrance as much as possible. In order to make progress, you children should wake up early in the morning and go for a walk in remembrance of the Father. You can go on to the roof terraces or outside, in the cool breeze. It is not necessary to come and sit here; you can go outside. There is no question of fear etc. early in the morning. You can go out for a walk. Talk amongst yourselves about who remembers Baba the most. Then, share with others how much you remembered Baba and where your intellect went for the rest of the time. This is called making progress with one another. *Note* down how long you remembered the Father. Baba tells you of his own *practice*. Even when you walk for an hour in remembrance, your legs will not become tired. So many sins can then be absolved by having remembrance. You know the cycle. Day and night, only keep in your intellects the fact that you are now to return home. You are making effort. Iron-aged human beings know nothing of this at all. They do so much devotion in order to attain liberation. There are so many opinions. You Brahmins only have one opinion. All of those who become Brahmins have shrimat to follow. You become deities by following the Father's shrimat. Deities do not have shrimat. It is only at this time that you Brahmins are given shrimat. God is the incorporeal One. He is teaching you Raja Yoga through which you claim your fortune of the kingdom and become the elevated masters of the world. There are so many Vedas and scriptures on the path of devotion. However, only the one Gita is of any use. God comes and teaches Raja Yoga. Only those teachings are called the Gita. You are now studying with the Father from whom you claim the kingdom of heaven. Those who study claim it. This is the *part* you play in the *drama*. Only the one Father is the Ocean of Knowledge and only He speaks this knowledge to you. According to the *drama plan*, He only comes at the confluence age. He comes between the end of the iron age and the beginning of the golden age. Don't become confused about anything. The Father enters this one and teaches you. No one else can teach you. If this one (Dada) had studied with anyone else, many others would also have studied with that same one. The Father says: I also come to uplift all the gurus etc. The *aim* and *objective* of you children is now in front of you. We are becoming that. This is the true story of becoming Narayan from an ordinary human. He is then praised on the path of devotion. The systems of the path of devotion carry on. Ravan's kingdom is now to end. You no longer go anywhere to celebrate Dashera etc. You go to explain to them what they are doing. That is the work of *babies*. All the eminent people go to see how they burn Ravan. No one knows who he is. This is the kingdom of Ravan. People celebrate Dashera with so much happiness. They continue to burn Ravan at that festival; their sorrow still continues. They have no understanding. You now understand how senseless you were. Ravan makes you senseless. You now say: Baba, we will definitely become Lakshmi or Narayan. We will not make any less effort. This is our only *school* and this study is very easy. If you old mothers are unable to remember anything else, you can at least remember the Father. "Oh Rama!" emerges from their mouths. Baba tells you this very easy method: You are a soul, remember the Father, the Supreme Soul, and your boat will go across. Where will you go? To the land of peace and the land of happiness. Forget everything else. Forget whatever you have heard or studied previously. Consider yourself to be a soul and remember the Father and you will definitely receive your inheritance from the Father. It is only by having this remembrance that your sins can be cut away. It is so easy! It is said: "A wonderful star sparkles in the centre of the forehead". Therefore, a soul would surely be very tiny. *Doctors* try very hard to see a soul, but it is very subtle. No one can see it by using any type of physical means. The Father too is just a point. He says: Just as you are ordinary, so I too become ordinary in order to teach you. How could anyone know how God is teaching us? If Krishna were to teach you, people from America, Japan and everywhere else would come here. He has that much attraction. Everyone loves Krishna. You children know that you are now becoming like him. Krishna is a *prince*. If you want to take Krishna in your lap, you have to make effort. This is not a big thing. The Father teaches you children in order to make you into the *princes* of heaven, the

masters of the world. The Father says: Children, the essence of this study is to renounce everything of the world. Never think that you have millions or hundreds of thousands. You won't be able to hold on to anything. Therefore, make effort very well. When you come to the Father, He complains: You have been attending class for eight months and for all that time you haven't yet met the Father from whom you receive the sovereignty of heaven. Such children reply to Baba that they had this or that work. Oh! but what if you had died? How would you have been able to come here? These excuses will not do. The Father is teaching you Raja Yoga and you are not studying it. For those who have done a lot of devotion, it would take, let alone seven days, but just a *second* for the arrow to pierce them. You can become a master of the world in a *second*. This one, who is experienced, is sitting here. He had a vision of destruction and the four-armed image and understood that he was to become a master of the world. Through the visions he had, he became enthusiastic and so renounced everything. You children know that the Father has come here to give you your sovereignty of heaven. The Father asks: For how long have you had this faith? You reply: For eight months. Baba has explained that the main things are remembrance and knowledge. Visions etc. are of no use. Once you have recognised the Father, begin to study and you will become like that. You can explain to anyone the *points* you receive. Explain with a lot of sweetness: Shiv Baba, the Purifier, says: Remember Me and you will become pure masters of the pure world. Explain with great cleverness: You do want *God*, the *Father*, to *liberate* you and to take you back to your *sweet home*, do you not? All right. In order to remove the rust that is covering you souls, the Father says: Remember Me! Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Wake up early in the morning and go for a walk in remembrance of the Father. Have a sweet heart-to-heart conversation among yourselves to see for how long each of you remembers Baba and then share your experience.
2. Once you have recognised the Father, don't make any excuses, but remain occupied in this study. Never *miss* a murli.

Blessing: May you be a self-transformer and become *real gold* and successful in every task by *moulding* yourself.

Those who mould themselves to every adverse situation and become self-transformers are constantly successful. Therefore, keep the aim of transforming yourself; not that you will change when others change. "Whether others change or not, I have to change. I have to become Arjuna. Let me always be first in bringing about transformation". Those who put themselves first in this claim the first number because those who *mould* themselves are *real gold*. Only *real gold* has *value*.

Slogan: Reveal the Father with the practical proof of your elevated life.

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