

Essence: Sweet children, you need to have unlimited disinterest in this old and impure world because you have to become pure. When your stage ascends, there is benefit for everyone.

Question: It is said that a soul is his own worst enemy and his own best friend. What is true friendship?

Answer: Constantly following the shrimat of the one Father is true friendship. True friendship is to remember the one Father and become pure and claim the full inheritance from the Father. Only the Father tells you the way to form this friendship. It is at the confluence age that each of you souls becomes your own best friend.

Song: You spent the night sleeping and the day eating.

Om shanti. This song in fact belongs to the path of devotion. Throughout the whole world, to sing songs, study scriptures and go on pilgrimages all belong to the path of devotion. Only you children understand what is meant by the path of knowledge and what is meant by the path of devotion. The Vedas, the scriptures, the Upanishads etc. all belong to the path of devotion. The reward of knowledge lasts for the first half cycle and devotion lasts for the next half cycle. Whilst performing devotion you have to descend. Whilst taking 84 births, you descend and then, for one birth, it is your stage of ascent. This is called the path of knowledge. It has been remembered of knowledge that liberation-in-life can be claimed in a *second*. The kingdom of Ravan that has continued since the copper age began is to end and then the kingdom of Rama will begin. When you have completed your 84 births in the *drama*, everyone benefits because of your ascending stage. These words are written somewhere or other in one scripture or another. When your stage ascends, there is benefit for everyone. Only the one Father grants salvation to all. There are as many different ideas as the many different types of sannyasi etc. It has been written in the scriptures that the duration of each cycle is hundreds of thousands of years. Shankaracharya's idea is that it lasts for 10,000 years. There is such a vast difference! Then, some still say that it lasts for hundreds of thousands of years. There are many human beings, many opinions and many different religions in the iron age. In the golden age, there is only one direction. The Father sits here and tells you children the *knowledge* of the beginning, the middle and the end of the world. How long does it take Him to tell you this? He continues to tell you things. You mustn't ask why you were not told all of this before. In a *school*, children are educated, numberwise. Young children have small *organs* and so they are taught very little. As they become older and their *organs* grow, the locks on their intellects open and they are able to imbibe their lessons. Nothing can be inculcated in the intellects of small children. When they grow older, they become *barristers* and *judges* etc. The same happens here: the intellects of some are able to imbibe this knowledge very well. The Father says: I have come to change you from impure to pure, and so you should now have disinterest in the impure world. When souls become pure, they cannot stay in this impure world. In the impure world, souls are impure and human beings are also impure. In the pure world, human beings are pure. Impure human beings reside in the impure world. This is the kingdom of Ravan. As are the king and queen, so are their subjects. All of this knowledge has to be understood by the intellect. At this time, no one's intellect has love for God. You children remember the Father and some of you have internal love for Him. You souls love the Father. You have *regard* for the Father because you have recognised Him. You are now personally here in front of Baba. You are listening to Shiv Baba. He is the Seed of the human world tree, the Ocean of Knowledge, the Ocean of Love and the Ocean of Bliss. It is the Supreme Father, the Supreme Soul, Trimurti Shiva, the Bestower of the Knowledge of the Gita, who speaks. You must definitely use the word "Trimurti" because the Trimurti has been remembered. Establishment takes place through Brahma. Therefore, knowledge must definitely be given through Brahma. Krishna wouldn't say, "God Shiva speaks." Nothing happens through inspiration, nor can Shiv Baba enter him (Krishna). Shiv Baba enters the foreign world. The golden age is the land of Krishna, and so the praise of each is distinct. This is the main thing. No one in the golden age studies the Gita. On the path of devotion, it is studied for birth after birth. That doesn't happen on the path of knowledge. The things of knowledge don't exist on the path of devotion. The Father, the Creator, now gives you the knowledge of the beginning, the middle and the end of creation. No human being can be the Creator. A human being cannot say, "I am the Creator". The Father Himself says: I am the Seed of the human world tree; I am the Ocean of Knowledge, the Ocean of Love and the One who grants salvation to all. The praise of Krishna is completely distinct from this. Therefore, write the *contrast* of their praise correctly, so that, as soon as people read it, they will immediately understand that Krishna is not the bestower of the knowledge of the Gita. You will gain victory when they accept this one aspect. People get very distressed for the sake of Krishna, just as devotees of Shiva are prepared to cut their own throats. All they want to do is to go to Shiva. Similarly, Krishna's devotees think that they are going to

Krishna. However, no one can go to Krishna. There is no question of sacrificing themselves to Krishna. People sacrifice themselves to the goddesses; none of them sacrifice themselves to the deities. You are those goddesses. You belong to Shiv Baba. Therefore, they also sacrifice themselves to Shiv Baba. Things of violence have been written in the scriptures. You are Shiv Baba's children and it is your mind, body and wealth that you sacrifice to Him. There is nothing more to it than this. This is why people sacrifice themselves to Shiva and the goddesses. The *Government* has now stopped people from sacrificing themselves at Shiv Kashi. That sword is no longer there. When someone on the path of devotion commits suicide, that is the way of being one's own enemy. There is only one way for becoming your own friend. The Father has told you: Become pure and claim your full inheritance from the Father. Continue to follow the shrimat of the one Father. This is true friendship. On the path of devotion, human souls are their own enemies. When the Father comes and gives you souls this knowledge, you become your own friends. Your souls become pure and claim your inheritance from the Father. The Father comes at the confluence age, and makes every soul his own friend. Each of your souls becomes your own friend. When they receive shrimat, they feel that they will only follow the Father's directions. You have been following your own dictates for half a cycle. It is by following shrimat that you receive salvation. You mustn't use your own dictates in this. The Father simply gives you directions. You have come here in order to become deities. By performing good deeds here, you receive good fruit in your next births in the land of immortality. This is the land of death. However, only your children understand the significance of this, numberwise. The intellects of some of you are able to imbibe this knowledge very well. Others are unable to imbibe it, so what can the *Teacher* do? Would you ask for mercy or blessings from a *teacher*? A *teacher* teaches and then goes to his home. When children go to *school*, they first pray to God: O God! Make me *pass* and I will offer bhog to you! They would never say to their *teacher*, "Give me blessings!" At this time, the Supreme Soul is our *Teacher* as well as our Father. It is *understood* that a child always has his father's blessings. A man desires to have children: When I have a son, I can give him my wealth. That is the blessing. It is the law for a son to receive an inheritance from his father, but everyone now continues to become tamopradhan. As is the father, so are the children. Day by day, everything is becoming tamopradhan. Nature too is becoming tamopradhan. This is the land of sorrow. If this world were to last for another 40,000 years, what would its state be? The intellects of human beings have become completely tamopradhan. Now, by fixing your intellects in yoga with the Father, you receive light. The Father says: The more you stay in remembrance, the more enlightened you will become. By having remembrance, your souls become pure and your enlightenment increases. If you do not have remembrance, you do not receive enlightenment. By having remembrance, your enlightenment grows. If you don't have remembrance, or you perform sinful deeds, your *light* dims. You are making effort to become satopradhan. These aspects have to be understood. It is by having remembrance that your souls will continue to become pure. You can write: Shri Krishna cannot give the knowledge of the Creator or creation. The status of Krishna is the reward. Also write: The Krishna soul is now in his final, 84th birth, and is once again taking this knowledge. Then he will become *number one* again. The Father has also explained that there will be 900,000 in the golden age. Then that number will increase. Many maids and servants who take the full 84 births will be there. It is an account of 84 births. Those who *pass* the exams with full marks are the ones who come first. The later you come, the older the building would be said to be. A building is new when it is first built. Then, day by day, its lifespan decreases. There, there will be palaces of gold and they cannot grow old. Gold always shines but it still definitely has to be cleaned. Even though jewellery may be made of real gold, even then, its shine decreases and it therefore needs to be *polished*. Your children should constantly have the happiness that you are going to the new world and that this is your last birth in this hell. Whatever you see through your eyes, you know that it belongs to this old world and old body. You are now to take a new body in the new golden-aged world. The five elements there are also new. Churn the ocean of knowledge in this way. This is your study. This study of yours will continue until the end. Once the study is over, destruction will take place. Therefore, you should consider yourselves to be *students* and stay in the happiness that God is teaching you. This happiness is not a small thing. However, Maya also makes you perform wrong acts. Some remain pure for five to six years and then Maya makes them fall. Once you fall, you cannot reach that stage again. Knowing that you have fallen, you hate yourself. Your children have to remember everything. Every one of your souls knows about your own life and the sins you have committed in this birth. Some of you have dull intellects, whereas others have far-reaching, broad intellects. You are able to remember the *history* of your childhood. Baba also tells you the *history* of his childhood. Baba even remembers the house he lived in, but

there must be new houses built on that place now. You are able to remember your life story from when you were six years old. If you have forgotten it, you would be called one with a *dull* intellect. The Father says: Write your autobiography. It is a question of your own *life*. You are able to know the miracles that have happened in your own life. So many large *volumes* of the lives of Gandhi and Nehru etc. have been written. In fact, your *life* is very *valuable*. It is a *wonderful life*! This is your most *valuable* life. You can't even describe it. At this time, only you are the ones who do *service*. Lakshmi and Narayan don't do any *service*. Your lives are very *valuable*. You do the *service* of making the lives of others as precious as yours. Those who do *service* well become worthy of praise. There are temples to Vaishnav Devi etc. You are now becoming true Vaishnavs. Vaishnav means those who are pure. Your diet is now pure vegetarian (Vaishnav). You are also Vaishnavs (pure) in regard to the foremost vice. All of you Brahma Kumars and Kumaris are the children of Jagadamba. There are Brahma and Saraswati and all the rest of you are their children. Goddesses are numberwise and they are worshipped accordingly. However, it is useless to say that they have so many arms etc. It is because you make many equal to yourselves that the many arms are portrayed. Brahma is portrayed with a hundred arms or a thousand arms. All of those things belong to the path of devotion. The Father tells you: Imbibe divine virtues! Do not cause sorrow for anyone! Do not destroy everything for someone by showing him the wrong path! Explain the one main point: Remember the Father and the inheritance! Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. In order to become worthy of praise and worship, become true Vaishnavs. Together with having a pure diet, you must also remain pure. Serve many others during this most *valuable* life and make their lives elevated.
2. Have such yoga with the Father that the *light* of you, the soul, increases. Don't perform any sinful act which would dim your *light*. Become your own friend!

Blessing: May you be a conqueror of Maya and of attachment by *divorcing* the relationships of Maya and by making a deal of having relationships with the Father. Now, *cancel* the old deal in your awareness and become *single*. You may remain co-operative with one another, but do not be *companions*. Make the One your Companion and you will then *divorce* all relationships of Maya and become a victorious conqueror of Maya and attachment. If there is the slightest attachment to anyone, then, instead of being an intense effort-maker, you will become an effort-maker. Therefore, no matter what happens, continue to dance in happiness: death to the prey and happiness for the hunter. This is known as being a destroyer of attachment. Those who are destroyers of attachment in this become beads of the rosary of victory.

Slogan: Increase the sparkle of the *diamond* with the speciality of truth.

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