

**Essence:** Sweet children, your first lesson is: I am a soul, not a body. Remain soul conscious and you will be able to remember the Father.

**Question:** What incognito treasure, that people of the world don't have, do you children have?

**Answer:** You have the incognito treasure of happiness, knowing that God, the Father, is teaching you. You know that this present study of yours is for your future land of immortality, not for this land of death. The Father says: Wake up early in the morning and go for a walk etc., but remember the first lesson and you will continue to accumulate happiness in your account.

Om shanti. The Father asks you children: Children, are you sitting here in soul consciousness? Whilst you are sitting here, is each of you considering yourself to be a soul? The Father, the Supreme Soul, is teaching us souls. You children are now aware that you are not bodies, but souls. Effort has to be made to make you children soul conscious. Children are not able to remain soul conscious; they repeatedly become body conscious. This is why Baba asks: Are you sitting here in soul consciousness? If you are soul conscious, you can remember the Father. If you are body conscious, you remember your physical relatives. First of all, remember the words, "I am a soul." A *part* of 84 births is recorded in me, this soul. Make it very firm: I am a soul. You have been body conscious for half the cycle. It is only now, at the confluence age, that you children are made soul conscious. By considering yourself to be a body, you are unable to remember the Father. Therefore, make this lesson firm: I, this soul, am a child of the unlimited Father. You are never taught to remember the father of your body. The Father says: Now remember Me, your parlokik Father. Become soul conscious! By being body conscious, you remember bodily relations. The effort lies in considering yourself to be a soul and remembering the Father. Who is explaining all of this? The Father of all of us souls, the One whom everyone has been remembering and praying to: "Baba, come! Come and *liberate* us from this sorrow!" You children know that you are claiming a high status for your future through this study. You are now at the most auspicious confluence age. You no longer want to stay in this land of death. This study of ours is for our future 21 births. We are studying for the golden age, the land of immortality. The immortal Father is giving us this knowledge. Therefore, when you sit here, first of all, consider yourself to be a soul and stay in remembrance of the Father and your sins will be absolved. We are now at the confluence age. Baba is making us into the most elevated human beings of all. He says: Remember Me and you will become elevated human beings. I have come to change humans into deities. In the golden age you were deities. You now know how you came down the ladder. The *parts* of 84 births are fixed in us souls. No one else in the world knows this. That path of devotion is distinct from this path of knowledge. Only the souls, whom the Father teaches, know all of this; no one else knows it. This incognito treasure is for our future. You are studying for the land of immortality, not for this land of death. The Father says: You may go for a walk in the morning etc., but remember the first lesson: I am a soul, not this body. Our spiritual Baba is teaching us. This world of sorrow now has to change. The golden age is the world of happiness. All of this knowledge is now in your intellects. This is *spiritual knowledge*. The Father, the Ocean of Knowledge, is the *spiritual Father*. He is the Father of bodiless ones (souls). All other relations are relations of the body. Now, break off all bodily relationships and connect yourself to the One. People sing: Mine is only One and none other. We only remember the one Father. We don't even remember these bodies. These old bodies have to be renounced. You also receive knowledge of how to shed your body. The body has to be renounced while sitting in remembrance. This is why Baba says: Become soul conscious! Continue to grind this into yourself. Continue to remember the Father, the Seed and the tree. The kalpa tree has been mentioned in the scriptures. You children know that the Father, the Ocean of Knowledge, is teaching you. It is not a human being who is teaching you. Make this very firm. You have to study. In the golden age too, it is bodily beings who teach you. Here, this One is not a bodily being. He says: I take the support of an old body and teach you. I teach you in this way every cycle and I will come again and teach you in the same way again in the next cycle. Now remember Me and your sins will be absolved. I am the Purifier. I am called the Almighty Authority. However, Maya is no less either; she too is powerful. Just look where she has made you fall from. You remember all of this, do you not? The cycle of 84 births has been remembered. That applies to human beings. Many people ask: What happens with animals? However, here, it is not a matter of animals. The Father only speaks to His children. Those from outside don't even know the Father, so what would they speak to Him about? Some say that they want to meet Baba. However, since they don't know Him at all, they would simply sit and ask all sorts of wrong questions. Even after having taken the seven days' *course*, some don't understand fully that that One is our unlimited Father. Those who are old devotees, those who have done a lot of devotion, will be

able to keep all of these aspects of knowledge in their intellects. Those who have done less devotion will be able to keep very little knowledge in their intellects. You are the oldest devotees of all. It is remembered that God comes to grant the fruit of devotion, but no one knows what that is. The path of devotion is totally separate from the path of knowledge. The whole world is on the path of devotion. Only a handful out of multimillions come and study this knowledge. The explanation is very sweet. Only human beings can understand the cycle of 84 births. Previously, you didn't know anything. You didn't even know Shiva. There are so many temples to Shiva. People worship Shiva; they offer Him flowers and salute Him, but they don't know why they worship Him. They neither know why they worship Lakshmi and Narayan nor where they have gone. Only the people of Bharat don't know who their worthy of worship souls are. *Christians* know that *Christ* came in the year such-and-such and established his religion. No one knows Shiv Baba. Only Shiva is called the Purifier. He alone is the Highest on High. People serve (worship) Him the most. He is the Bestower of Salvation for all. Look how He is teaching you! You call out to the Father to come and purify you. People do so much worship in the temples and celebrate with pomp and splendour; they incur so much expense. Go and see this in the temples to Shrinath and Jagadnath. The two are one and the same. A pot of rice is cooked at the temple to Jagadnath. At Shrinath, they have lots of varieties of rich food. Why is there this difference? There has to be a reason. Both the idols of Shrinath and Jagadnath are carved out of black stone. They don't understand the reason for this at all. Would you say that Jagadnath represents Lakshmi and Narayan or Radhe and Krishna? No one even understands what the relationship is between Radhe and Krishna and Lakshmi and Narayan. You children now know that you were worthy of worship deities and that you have now become worshippers. You have been around the whole cycle. You are now studying in order to become deities once again. It is not a human being who is teaching you this. These are the versions of God. God is also called the Ocean of Knowledge. Here, there are many oceans of devotion who remember the Purifier Father, the Ocean of Knowledge. You have become impure. Therefore, you definitely have to become pure again. This is the impure world. This is not heaven. No one knows where Paradise is. They say, "So-and-so has gone to Paradise", so why do they feed that soul with the food of hell (through a brahmin priest)? There are many varieties of flowers and fruit in the golden age. What do you have here? This is hell. You know that you are now being inspired by Baba to make effort to become residents of heaven. You have to become pure from impure. The Father has shown you the way to do this. The Father shows you this way every cycle. Remember Me and your sins will be absolved. You know that you are now at the most auspicious confluence age. You say: Baba, we also became this 5000 years ago. You know that you listen to Baba every cycle telling you the story of immortality. Shiv Baba is the Lord of Immortality. However, it wasn't that He sat and told the story to Parvati. That is devotion. You have now understood what knowledge is and what devotion is. There is the day of Brahmins and the night of Brahmins. The Father explains: You are Brahmins. Adi Dev was also a Brahmin; he cannot be called a deity. People go to see the idol of Adi Dev. So many names have been given to the goddesses. It is because you did so much *service* that you are remembered. Bharat that was *viceless* then became *vicious*. It is now Ravan's kingdom. It is at this confluence age that you children become the most elevated human beings. You have the imperishable omens of Jupiter over you. You then become the masters of the land of immortality. The Father is teaching you in order to make you into deities from human beings. To become a master of heaven means that you have the omens of Jupiter over you. You will definitely go to heaven, the land of immortality. However, while you are studying, the omens keep fluctuating. You completely forget to have remembrance. The Father has told you: Remember Me! It also says in the Gita: "God speaks: Lust is the greatest enemy." People study that Gita, but they don't conquer that vice. When did God say this? 5000 years ago. Now, once again, God speaks: Lust is the greatest enemy. Conquer it! It causes you sorrow from its beginning through the middle to the end of it. The main vice is lust. It is because of this that everyone is said to be impure. You now know how this cycle turns. According to the *drama*, we become impure and the Father then comes and purifies us. Baba repeatedly says: First of all, remember what Alpha says: Only by following shrimat will you become elevated. You do understand that, previously, you were elevated and that you have now become degraded. You are now once again making effort to become elevated. Imbibe divine virtues! Don't make anyone unhappy! Continue to show everyone the path! The Father says: Remember Me, and your sins will be cut away. You call Me alone the Purifier. No one knows how the Purifier comes and purifies everyone. A cycle ago too, the Father said: Constantly remember Me alone! It is in this fire of yoga that your sins can be burnt away. When the alloy is removed, the soul becomes pure. Gold has alloy mixed with it. Therefore, the jewellery made from it is likewise.

The Father has now explained to you children how alloy has become mixed in souls. It has to be removed. It is the Father's *part* in the *drama* to come and make you children soul conscious. You do have to become pure. You know that you were Vaishnavs in the golden age. That was the pure family ashram. We are now becoming the pure, masters of the land of Vishnu. You are becoming *double* Vaishnavs (pure and vegetarian). You are true Vaishnavs. Those people belong to Vaishnav religion of those who indulge in vices. You belong to the viceless Vaishnav religion. Firstly, you now remember the Father and secondly, you imbibe the *knowledge* that the Father gives you. You are becoming kings of kings. Those people become kings for a short time, for just one birth. Your kingdom extends over 21 generations, that is, it is for the *full age*. There is never untimely death there. You are now conquering death. When it is time, you understand that you will have to shed your old skin and take a new one. You will have visions of that. Bands will play in happiness. It is a matter of great happiness when you shed your tamopradhan body and take a satopradhan one. There, the *average* lifespan is 150 years. Here, there continues to be untimely death because they all indulge in vice. The children who have accurate yoga can control all their physical organs with the power of yoga. When you stay in yoga fully, your physical organs become cool. None of your physical organs will deceive you in the golden age. There, you would never say that your physical organs are out of control. You are claiming the highest-on-high status. This is known as the imperishable omens of Jupiter. The Father is the Lord of the Tree, the Seed of the Human World Tree. The Seed is up above and you remember Him up above. The soul remembers his Father. You children know that the unlimited Father is teaching you. He only comes once to tell us the story of immortality. Whether you call it the story of immortality or the story of the true Narayan, people don't know the meaning of that story. By listening to the story of the true Narayan, you become Narayan from an ordinary human. By listening to the story of immortality you become immortal. Baba explains everything very *clearly*. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### Essence for dharna:

1. Control all your physical organs with the power of yoga. Stay in remembrance of the one Father, the Lord of the Tree. Become a true Vaishnav; that means, become pure!
2. Wake up early in the morning and make the first lesson firm: I am a soul, not a body. Our spiritual Baba is teaching us. This world of sorrow now has to change. Continue to use your intellect to churn all of this knowledge in this way.

**Blessing:** May you be one who understands the significance of all secrets and who remains content by knowing the significance of remaining detached and loving.

The children who understand the significance of remaining detached and loving while living with their families are always content with themselves and they also keep their families content. Together with this, because of having true hearts, the Lord is also always pleased with them. Such children who understand the significance of all secrets and who remain happy do not need to make anyone their advisor or an advisor for anyone else. Because they make their own decisions, they do not need to make anyone their advisor, lawyer or *judge*.

**Slogan:** The blessings that you receive from doing service are the basis for good health.

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