

Essence: Sweet children, Bharat is a pilgrimage place for everyone. Therefore, tell the people of all religions the praise of Bharat, the pilgrimage place. Give everyone the message.

Question: By making which effort will your final thoughts lead you to your destination and make you conquerors of sleep?

Answer: Before you go to sleep at night, first of all remember the Father and your inheritance and continue to spin the discus of self-realisation. When you feel sleepy, go to sleep and your final thoughts will lead you to your destination. When you wake up in the morning you will continue to remember those *points*. By practising this, you will become conquerors of sleep. Those who do something will receive the reward of it. The activity of those who do this will become very well known.

Song: The rain of knowledge is for those who are with the Beloved.

Om shanti. Those who are with the Beloved. There are many fathers in the world, but the Father of all of them is only the one Creator. He alone is the Ocean of Knowledge. Only through knowledge is salvation received. Human beings receive salvation when the golden age is to be established. Baba alone is called the Bestower of Salvation. Only when it is the confluence age does the Ocean of Knowledge come and take you into salvation. At this time, everyone is in degradation; not everyone has the same state of degradation. Bharat is the most ancient land of all. The 84 births are remembered of those of Bharat. Certainly, it is the human beings who come first who would be worthy of taking 84 births. Deities take 84 births and Brahmins take 84 births. Only the main ones are mentioned. In order to make the world new through Brahma, the Father first creates the subtle region. Then, the establishment of the new world takes place. Trilokinath (Lord of the Three Worlds) too is also the one Father. His children can also call themselves Lords of the Three Worlds. Here, many people have themselves called Trilokinath. They even take *double* names of deities for themselves such as Gauri-Shankar, Radhe-Shyam. However, Radhe and Krishna belonged to separate kingdoms. The intellects of good children are able to imbibe very good *points*. Clever *doctors* would have the names of many medicines in their intellects. Here, too, new *points* emerge every day. Those who *practise* this well will imbibe new *points* every day. Those who don't imbibe anything cannot be called maharathis. Everything depends on the intellect and it is also a question of fortune. It is the *drama* too. No one knows the *drama*. You souls understand that you adopt bodies and play your *parts*. However, no one knows the beginning, middle or end of the *drama*, that is, they don't know anything at all. You do have to know it. It is the children's duty to give everyone the Father's introduction. You have to tell the whole world so that none of them can say that they didn't know about it. Many will also come from abroad. Arrangements will be made for all of them in Bombay. Those people are powerful; they have a lot of money. They will consider Shiva to be their senior Guru. That is why it has been explained that even each of the founders of religions has some sort of *part*. Children had visions in the beginning. Abraham, Christ etc. will also come to meet you. Therefore, a *field* has to be created for them. All *tourists* continue to visit Bombay. Bharat pulls everyone a lot. In fact, Bharat is the *birthplace* of the Father. However, by saying that God is in everyone, they have lost the importance of the unlimited Father. You now explain that Bharat is the greatest pilgrimage place of all. All the founders of religions come to establish their own religions. Then, all those of each religion follow them down. It is now the end and everyone is trying to return home. However, ask them who brought them down here? Christ established Christianity, so did he pull you down here? Everyone is now distressed and wants to go back home. Everyone comes to play his own *part*. Having played their *parts*, they finally have to go into sorrow. It is then the Father's task to liberate you from sorrow and to take you into happiness. Bharat is the *birthplace* of the Father. Only you children know the importance of this. Those who know this feel intoxicated: Baba comes into Bharat every cycle. Tell everyone this and also invite them. No one knows the *knowledge* of creation. Therefore, become *serviceable* and glorify your name. This fair will be held everywhere. They continue to ask for the help of clever children. They continue to chant their names. They chant the name of Shiv Baba and also the name of Brahma Baba and thirdly the names of children such as Kumarka, Ganga, Manohar etc. On the path of devotion, they turn the beads of a rosary. Here, they chant these names through their lips: So-and-so is very *serviceable* and egoless. She is very sweet and doesn't have any body consciousness. It is said: When you give love, you receive love. The Father says: You have now become unhappy. If you remember Me, I will help you. If you have a dislike, it means you dislike yourself and won't receive a status. You receive so much wealth. When someone wins a *lottery*, he becomes so happy. There are so many prizes in that. It also has *second* and *third prizes*. This too is a Godly *race*. This is a *race* of knowledge and yoga and those who

are fast will become a garland around the neck and will sit close to the throne. All of you are karma yogis. You must also look after your home. Study in *class* for an hour and then go home and *revise* it. They do the same at *school*. They study at school and then *revise* it at home. The Father says: Study for an hour or half an hour. There are eight hours in a day out of which time, the Father says: Study for an hour or even half an hour, or you can even sit in *class* for 15 or 20 minutes; imbibe that and then engage yourself in business. Earlier, Baba used to make you sit and said: Sit in remembrance of Baba and spin the discus of self-realisation. You had the knowledge of remembrance. If, while remembering the Father and the inheritance and spinning the discus of self-realisation, you see that you are falling asleep, go to sleep. Then your final thoughts will lead you to your destination. Then, when you wake up in the morning, you will remember those same *points*. By practising this you will become conquerors of sleep. Those who do something will receive the reward. It is visible in those who do something and their activities become well known. It would be seen that so-and-so churns and imbibes knowledge. He doesn't have any greed etc. These are old bodies; you mustn't worry about yours too much. It will remain well when you totally imbibe knowledge and yoga. If you don't imbibe anything, the body will continue to decay even more; by gradually decaying, it will become totally buried in the graveyard. You are to receive new bodies in the future. The soul has to be made pure. This old body is like a dirty dress. No matter how much *powder* etc. you put on, it is still *not worth a penny*. You are all now engaged to Shiv Baba. On a girl's wedding day, she first wears old clothes. You must no longer decorate your body with physical make-up. If you decorate yourself with knowledge and yoga you will become angels. This is the lake of knowledge. Continue to take a dip in knowledge and you will become the angels of heaven. Subjects would not be called angels. They say that Krishna abducted women and made them into empresses and queens. It wouldn't be said that he abducted them and made them into cremators of the subjects. He abducted them to make them into queens. You should also make such effort. You mustn't just become happy with whatever you receive. This is a school. The main thing here is to study. Many have a Gita Pathshala. They sit and read the Gita and make others learn it by heart. Someone would take up a verse and then expand on it. Some just read it whereas others would take up a verse and give a lecture on it for half an hour or 45 minutes; there is no benefit in that. Here, the Father, Himself, sits and teaches you. Your *aim* and *objective* is *clear*. There is no *aim* or *objective* in studying the scriptures. Continue to make effort. However, what will you receive? People find God when they perform a lot of devotion. Certainly, day comes after night. People show different lengths of time for the cycle. You need power to be able to explain to them. You have to do everything with the power of yoga. If you are unable to do that, it means that you don't have any power, that you don't have yoga. Baba helps the children who are immersed in yoga. Whatever is fixed in the *drama*, that continues to *repeat*. Whatever happened in the *past* will continue to *tick away second by second*. We *act* according to *shrimat*. If you don't follow *shrimat*, you won't become elevated. It is numberwise. Those people think that they should all unite, but they don't know the meaning of that. What should they become one of? Should they all become one *Father* or all become *brothers*? If they say that they should become *brothers*, that is fine. We truly can become one by following *shrimat*. All of you are following the directions of One. Your Father, *Teacher* and Guru is just the One. Those who don't follow *shrimat* fully will not be able to become elevated. If you don't follow at all, you will be finished. Only those who are worthy and clever are selected for a *race*. They keep the best horses for an important *race* because there is a huge *lottery* at stake. This too is a *human horse race*. They show the horse of Hussein. There are two types of violence. The *number one* violence is that of the sword of lust which has been killing you and others for half the cycle. No one knows about that violence. Even sannyasis don't understand it; they simply say that that is a vice. The Father says: Children, lust is the greatest enemy. It causes you sorrow from its beginning through the middle to its end. You have to prove that ours is the family path, that it is Raja Yoga. Theirs is hatha yoga. They learn hatha yoga from Shankaracharya. We learn Raja Yoga from Shivacharya. As you make further progress you will definitely be revealed. Some ask the question: If deities take 84 births in 5000 years, how many births do Christians take? It has been 2000 years since Christ existed and so just calculate how many births on *average* that is. It is *clear* that there would be 30 to 32 births. Those who experience a lot of happiness also experience a lot of sorrow. Those of other religions experience less happiness and less sorrow. An *average* calculation should be made. You would speak about the births of the main *preceptors*. Those who come later take fewer births. You can even calculate this for Buddha and Abraham. Perhaps there would be a difference of one or two births. You cannot tell *accurately*, but you can explain approximately. All of these things have to be churned. What would you explain if someone were to ask you? Just tell them: First of all, remember

the Father because you have to claim your inheritance from Him. You will take as many births as you took before. Claim your inheritance from the Father. Explain very well. It takes effort. The children in Bombay are making a lot of effort because they have to become very *successful*. A clever intellect is needed for that. There has to be a lot of *love* for Baba's wealth. Some don't take any wealth at all. Take the jewels of knowledge and imbibe them. Some still say: What can I do? I don't understand anything. If you don't understand, that is your destiny! Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. In order to keep your body well, imbibe knowledge and yoga. Don't be greedy for anything. Decorate yourself with knowledge and yoga but not with any physical decoration.
2. Definitely study for an hour or half an hour. *Race* in knowledge and yoga.

Blessing: May you have a subtle form of *light* and *pass* the *paper* at the time of destruction. In order to *pass* the *paper* at the time of destruction and to face all adverse situations, adopt a subtle form of *light*. When you become a mobile *lighthouse*, that bodily form of yours will not be visible. You wear a costume when playing your *part* and you take it off when you have finished your *part*. Put it on in a *second* and become detached from it in a *second*. When you practise this, those who see you will experience you to be wearing a dress of *light* and that *light* is your decoration.

Slogan: Let the wings of zeal and enthusiasm be constantly with you and you will easily achieve success in every task.

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