

Essence: Sweet children, only Shiv Baba is the *first-class blotting paper* that absorbs everyone's sins. Remember Him and your sins will be absolved.

Question: What are the deepest stains on the soul? What effort do you need to make to erase them?

Answer: There are very deep stains of body consciousness on the soul. Souls repeatedly become trapped in someone's name and form. Souls don't remember the Father but continue to remember bodily beings. They continue to cause sorrow for one another's hearts. In order to erase these stains, make effort to become soul conscious.

Song: Look at your face in the mirror of your heart!

Om shanti. Sweetest children at all the *centres* heard the song. Look at yourself and see how much charity you have performed and how many sins you have erased. The whole world, including the sages and holy men, call out: O Purifier. Only the one Father purifies the impure. All others have sin in them. You know that sins are in the soul. Charity is also accumulated in the soul. It is the soul that becomes pure and the soul that becomes impure. All souls here are impure; they are covered with stains of sin and this is why they are called sinful souls. How can those sins be removed? When oil or ink is spilt somewhere, *blotting paper* is used to absorb it. All human beings remember the One because He is *blotting paper*, the Purifier. No one, apart from Him, is *blotting paper*. Those people bathe in the Ganges for birth after birth and become even more impure. Only Shiv Baba is the *blotting paper* that purifies the impure. He is the tiniest of the tiny, just a point. He absolves everyone's sins. With what method? He simply says: Remember Me, the *blotting paper*! I am the Sentient Being. I don't give you any other difficulty. You are a soul, a point, and I too am a point. He says: Simply remember Me and your sins will be erased. Now, each of you should ask your heart: How many sins have been erased through remembrance? And how many sins have I committed? How many sins still remain? How can you know this? Continue to show others the path of remembering the one *Blotting Paper*. It is good to give this advice to everyone. It is also a *wonder* how those who are given this advice begin to remember the Father, whereas those who give the advice don't remember Him. This is why their sins are not cut away. Only the One is called the Purifier. Many sins have been accumulated. There is the sin of lust. The sin of body consciousness is the *number one* sin which is the worst sin of all. The Father says: Now, become soul conscious! The more you constantly remember Him alone, the more the alloy will be burnt away. You have to remember Him. Also show this path to others! The more you explain to others, the more you will benefit. Engage yourself in this business. Also tell others: Remember the Father and you will become a charitable soul. It is your duty to tell others that there is only one Purifier. Although there are many rivers of knowledge, you have to tell everyone to remember the One. Only He is the Purifier. There is a lot of praise of Him. He is also the Ocean of Knowledge. To remember that one Father and to remain soul conscious is the one *difficult* thing. The Father is not telling only you; He has the children of all the *centres* in His mind. The Father sees all the children. There are Shiv Baba's flower gardens where His good *serviceable* children are. Baba remembers those who are in good flower gardens. When a wealthy person has four or five children, he remembers the eldest son. There is *variety* in flowers. So, Baba also remembers His larger gardens. It is easy to show this path to anyone: Remember Shiv Baba. He alone is the Purifier. He Himself says: By remembering Me, your sins will be burnt away. He is such *first-class blotting paper* for the whole world. Everyone remembers Him. It is easy to show this path to anyone: Remember Shiv Baba! The Father has shown you the way to remember Him so that the stains of body consciousness that cover you are erased. Effort is required to become soul conscious. No one tells Baba the truth. Some write a *chart* and send it to Baba and then become tired. The destination is very high. Maya completely breaks all their intoxication and then they stop writing it. The body consciousness of half the cycle cannot be shed. The Father says: Simply continue to do this business. Remember the Father and inspire others to do the same; that's all! This is the highest business of all. Those who don't stay in remembrance will not do this business. The remembrance of the Father is the fire of yoga through which sins are burnt away. This is why you are asked to what extent your sins have been burnt away. The more you remember the Father, the higher your mercury of happiness will remain. Each of you can know your own heart. You can also know those of others from the *service* they do. You show others the path to remember Baba. He is the Purifier. This here is the impure tamopradhan world. All souls and their bodies are tamopradhan. You now have to return home. There, all souls remain pure. Only when they become pure can they return home. You also have to show others this path. The Father shows you a very good method: Remember Shiv Baba! Use this *blotting paper* and all your sins will be absorbed and your sinful actions will be absolved. The most important thing is to become pure. It is because human beings

have become impure that they call out: O Purifier, come! Come and purify everyone and take us all back with You. It is written that He purifies all souls and takes them back home so that not a single impure soul remains. It is also explained that the residents of heaven will come in the beginning. The medicine that the Father gives is for everyone. Give everyone you meet this medicine. You want to go to the *Father*, but, because you souls are impure, you cannot return there. Become pure and you will be able to go there. O souls, remember Me and I will take you with Me. Then, from there, I will send you to happiness. Then, when the world becomes old, you receive sorrow. I don't cause sorrow for anyone. Each one of you should check yourself: Do I remember Baba? The more you remember Him, the higher your mercury of happiness will rise. This is such easy medicine! None of the sages or holy men know about this medicine. It is not written anywhere. This is something completely new. The account of sin is not attached to the body. The whole *part* is recorded in such a tiny soul! When souls are impure, there is the effect of that on the living beings. When souls become pure, they receive pure bodies. It is the soul that becomes happy and unhappy. When the body is hurt, it is the soul that *feels* the pain. It is said: This one is an unhappy soul and that one is a happy soul. It is a *wonder* how such a tiny soul plays such a *part*. The Father is the Bestower of Happiness. This is why people remember Him. It is Ravan that causes sorrow. It is body consciousness that comes first. The Father explains: You now have to become soul conscious; this requires great effort. Baba knows that it is with great difficulty that you remember Him with your heart and in the way that you should. Even while living here, many of you forget. If you were soul conscious, no sins would be committed. The Father's orders are: *Hear no evil!* This doesn't apply to monkeys (as is portrayed); it applies to human beings. Because human beings are like monkeys, they use the images of monkeys. There are many who continue to gossip throughout the day. Therefore, the Father has to explain. At all the *centres*, there are some people who continue to cause sorrow for one another. There are some good ones who stay in remembrance of the Father. They believe that they mustn't cause anyone sorrow through their thoughts, words or deeds. If you cause anyone sorrow, even through your words, you will die in sorrow. The Father says: You children have to give everyone happiness. Tell everyone: Be soul conscious! Remember the Father and don't talk about any give and take of money. Simply remember the *lovely* Father and your sins will be burnt away and you will become the masters of the world. God says: Manmanbhav! Constantly remember Me alone and also remember your inheritance! Don't talk about anything else amongst yourselves! Simply remember the Father and benefit others! Your stage should be so sweet that anyone who comes would say: Baba's children are *blotting paper*. You don't have that stage now. If anyone were to ask Baba, then, let alone *blotting paper*, you aren't even paper yet. Baba is speaking to the children at all the *centres*. There are children at all the centres in Bombay, Calcutta, Delhi etc. Sometimes, Baba receives *reports*: Such-and such a child is causing a lot of trouble. Instead of making others into charitable souls, he makes them into even more sinful souls. Baba would instantly tell anyone who asked Him. Shiv Baba knows everything. He has all the accounts. Even this Baba can tell you. Everything can be understood from your face. This Baba is also intoxicated with remembrance. His face is cheerful and happy like those of the deities. When the soul is happy, the body also appears to be happy. When the body suffers, it is the soul that *feels* the pain. Continue to tell everyone one thing; that Shiv Baba says: Remember Me and your sins will be absolved! They have written: God Krishna speaks. So many people remember Krishna, yet their sins are not absolved. Instead, they become even more impure. They don't even know whom they have to remember. They don't know the form of God. When they say that He is omnipresent, even then, just as a soul is a *star*, so the Supreme Soul is also a *star*, because they also say that the soul is the same as the Supreme Soul. Therefore, in those terms, He too is a point. Such a tiny soul enters the body. He says to all the points: Children, constantly remember Me alone! He speaks through the *organs*. A soul cannot make a sound without *organs*. You can say that the form of a soul and the Supreme Soul is the same, can you not? The Supreme Soul cannot be a huge lingam image or anything else like that. The Father says: I too am such a point, but I am the Purifier, whereas you souls are all impure. This is such a simple matter! Now become soul conscious and remember Me, the Father, and show this path to others! I simply tell you: Manmanabhav! Then, I explain a little *detail* of the twigs and branches. First, you are satopradhan, and then you go through the stages of sato, rajo and tamo. There are so many stains on souls when they become sinful souls. How can those stains be removed? Those people believe that sins will be erased by bathing in the Ganges. However, that is bathing the body. A soul can only become pure by remembering the Father. This is known as the pilgrimage of remembrance. This is so simple. The Father continues to explain this to you every day. In the Gita, too, they emphasise: "Manmanabhav"! You will definitely receive the

inheritance, but you just have to remember Me so that your sins will be erased. The Father is imperishable *blotting paper*. The Father says: By remembering Me you become pure, whereas Ravan makes you impure. Therefore, you should remember such a Father. You can imagine the condition of those who don't remember Baba. The Father explains: Children, renounce everything else! Simply remember one thing: become soul conscious and constantly remember Me alone! That's all! You understand that a soul sheds his body and takes another. It is the soul that experiences happiness and sorrow. Never hurt one another's heart. Give happiness to one another. This is your business. There are many who continue to cause sorrow for one another. They remain trapped in the bodies of one another. They continue to remember one another throughout the day. Maya is very clever! Baba does not mention any names. That is why Baba says: Children, may you be soul conscious! Knowledge is very easy. It is remembrance that is difficult. Those people study so many *subjects* in that *knowledge* for 15 to 20 years. This *knowledge* is very easy. To know the *drama* is like a story. It is not a big thing to conduct the murli. It is remembrance that causes great difficulty. Baba then says: *Drama*! Nevertheless, continue to make effort. Remember the Father and your sins will be burnt away in the fire of remembrance. Some very good children *fail* in this. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Never hurt anyone's heart. Give happiness to everyone. Stay in remembrance of the one Father and remind others of Him.
2. In order to erase the stains of sins, become soul conscious and remember the Father, the imperishable *blotting paper*. Make your stage so sweet that you continue to benefit everyone.

Blessing: May you be merciful and together with being a bestower of fortune, also be a bestower of blessings and fill all souls with power.
If any souls have a desire, but they are unable to attain anything because of lacking courage, then, together with being a bestower of fortune, that is, a bestower of knowledge, be merciful and a bestower of blessings for such souls. Give them *extra* power with your good wishes. However, you can only become such images of blessings when your every thought is sacrificed to the Father. Fulfil the promise you have made to surrender your every moment, every thought and every act.

Slogan: When you have the awareness of your true form, you will develop the power of truth.

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