

**Essence:** Sweet children, by staying in remembrance, you experience good omens. You now have the omens of Jupiter over you and it is therefore your stage of ascending.

**Question:** What is the *result* of not paying full *attention* to yoga? What methods are there for staying in constant remembrance?

**Answer:** If full *attention* is not paid to yoga, Maya interferes while you are moving along and you fall; you become body conscious and continue to make many mistakes. Maya makes you perform wrong actions; she makes you impure. In order to stay in constant remembrance, put a bead in your mouth. Don't become angry. Forget everything including your body and practise: I am a soul, a child of the Supreme Soul. Remain aware of the attainments you experience through the power of yoga.

**Song:** Salutations to Shiva!

Om shanti. You sweetest, spiritual children heard the praise of your spiritual Father, Shiv Baba. Only when sin increases, that is, when human souls become sinful, does the Purifier Father come to purify the impure. This is the praise of only that unlimited Father. He is also called the Lord of the Tree. At this time, you have unlimited omens, the omens of Jupiter, from the unlimited Father. There are the two terms: 'in general' and 'in particular'. The meanings of these are experienced here. Through the omens of Jupiter, Bharat, in particular, becomes liberated-in-life, that is, it attains its status of self-sovereignty. The true Father, who is called the *Truth*, comes and changes us from ordinary beings into Narayan. All the rest go into the *sections* of their own religions, numberwise, and then come down, numberwise. They will continue to come down until the end of the iron age. Each soul has received his own *part* in his own religion. From kings to subjects, they have all received their own *parts* in the kingdom. The play is about those from the king down to the subjects. Each one has to play his own *part*. You children know that you now have the omens of Jupiter over you. It isn't that these omens last for just one day; no, there continues to be the omens of Jupiter over you. It is now your stage of ascending. The more you stay in remembrance, the more there is the stage of ascending. By forgetting to remember Baba, there are obstacles of Maya. Only through remembrance are there good omens. If you don't remember Baba well you will definitely fall. You will then continue to make one mistake or another. Baba has explained that, according to the *drama*, those of all religions continue to come down one after another in order to play their *parts*. You children know that there are now the omens of heaven, that is, the omens of liberation-in-life over you. You also have to understand in *detail* how the cycle of the *drama* turns. This cycle of the world *drama* is especially created about Bharat. The Father only comes in Bharat. It is remembered that there are those who are amazed by this knowledge when they hear it, they relate it to others and then they run away. While moving along, they fall because Maya interferes. When you don't pay full *attention* to yoga, the Father has to come and give you the life-giving herb, that is, He gives you the herb that brings you back to life. You are also Hanuman. The Father has explained that He makes you smell the herb in order for you to chase Ravan away at this time. The Father tells you the truth about everything. Only the one Father is the Truth and He comes and tells you the story of the true Narayan and carries out establishment of the golden age. He is called the *Truth*, the One who speaks the truth. When people ask you if you believe in the scriptures; tell them: Yes, why would we not believe in them? We know that all of those scriptures belong to the path of devotion. We realise that there are two things: knowledge and devotion. When you receive knowledge, what need is there for devotion? Devotion means the stage of descending, whereas knowledge means the stage of ascending. Devotion is continuing at this time. We have now received knowledge through which there is salvation. Only the one God is the Protector of the Devotees. Protection from enemies is given. The Father says: I come and protect you from Ravan. You can see how you are protected from Ravan. You have to conquer that Ravan. The Father explains: Sweet children, that Ravan has made you tamopradhan. The golden age is called satopradhan heaven. Then your degrees continue to decrease. At the end, when you become completely body conscious, you become impure. When a building is built it is new. Then, after a month or six months, its degrees decrease a little. They whitewash the building every year. The degrees continue to decrease. Everything becomes old from new and then new from old. This has been happening for everything from the very beginning. It is understood that a certain building would last for 100 to 150 years. The Father explains: The new world is called the golden age. Then the silver age is 25% less because it has become a little old. That is the moon dynasty. The warrior symbol is given to that because they did not become worthy of the new world. This is why their *position* is a little lower. Everyone wants to go to the land of Krishna. They don't say that they want to go to the land of Rama. Everyone says they want to go to

the land of Krishna. They sing: Let us go to Vrindavan and sing the praise of Radhe and Govinda. This refers to Vrindavan, not Ayodhya (Rama's birthplace). Everyone loves Shri Krishna a great deal. They all remember Krishna with a lot of love. When they see a Krishna image, they say that they want to have a husband, a son or a brother like him. *Sensible* children keep an image of Krishna in front of them in order to have a son like him. They remain lost in love for Krishna. Everyone desires the land of Krishna. It is now the land of Kansa, the land of Ravana. There is a lot of importance given to the land of Krishna. Everyone remembers Krishna a great deal. This is why the Father says: You have been remembering him for this long. Now make effort to go to the land of Krishna, to go into his clan. There are eight clans of the sun dynasty. Therefore, make so much effort that you are able to become part of the kingdom and swing in the swings with the princes. This is something to be understood. The Father says: Children, as much as possible, remain "Manmanabha". When you don't stay in remembrance, you fall. Knowledge never makes you fall. It is when you don't stay in remembrance that you fall. The play about Aladdin and his magic lamp and the play about Hatamtai (bead in the mouth) are based on this. In order to stay in remembrance, a bead is put in the mouth. When someone becomes angry they would react and say something and this is why they are told to put something in their mouths. If you don't say anything, there won't be any anger. The Father says: Never become angry with anyone. However, because of not understanding these things fully, they have put wrong things in the scriptures. The Father sits here and explains to you accurately. Only when He comes can He explain to you. Praise is sung of those who have been and gone. Tagore and the Queen of Jhansi existed in the past and so plays have been created about them. All right, Shiva has also been and gone and this is why they celebrate His birthday. However, they don't know when Shiva came or what He did when He came. He is the Father of the whole world. He must surely have come and given salvation to everyone. The birthdays of those who established the Islamic and Buddhist religions are celebrated. They have the time, date and place of everyone, but no one knows such things of this religion. They say: So many years before Christ, Bharat was *Paradise*. When they create a swastika they show as it having four equal parts, representing the four ages. Each age cannot be any less or any more. In the Jagadnath Temple, they cook a pot of rice which splits into four equal parts. The Father says: They have created so many complications on the path of devotion. The Father says: Now, forget everything including your body. I am a soul, a child of the Supreme Father, the Supreme Soul. Simply practise this awareness. Baba is the Creator of Heaven. Therefore He must definitely have sent us to heaven. He would not have sent us to hell. The Father never sends anyone to hell. First of all, everyone experiences happiness. There is first happiness and then sorrow. The Father is the Remover of Sorrow and the Bestower of Happiness for All. Souls first experience happiness and then sorrow. The conscience also says that we first become satopradhan and then become sato, rajo and tamo. People think that people abroad are *sensible*. They make such *bombs* there that they could instantly finish everyone off. Just as, nowadays, they instantly cremate a corpse with electricity, in the same way, when a *bomb* explodes, it creates a fire and human beings also die instantly. The haystack has to be set on fire. There will be such storms that whole villages will be destroyed. Then, at that time, there won't be any arrangements for them to be able to save anything. Destruction has to take place. The old world has to end. This is also mentioned in the Gita. The Father has explained: The people of Europe will release such *bombs* that no one will even be aware of them. You children know that destruction took place in the previous cycle and that it will now take place again. You are also studying as you did in the previous cycle. The tree continues to grow gradually. As growth takes place, establishment takes place. Storms of Maya make very good flowers fall. When you don't stay in yoga fully, Maya causes obstacles. If you fall into vice after becoming a child of the Father and making a promise to remain pure, you defame the Father's name. You will then be hit very hard. The Father says: Never be hurt by lust. You children know that rivers of blood will flow here. In the golden age, rivers of milk will flow. That is the new world and this is the old world. Look what there is in the iron age and look at the comforts that are in the new world: there is nothing here. Daughters used to go into trance and see everything and return. They would have visions of drinking mango juice and doing others things in the subtle region. They used to tell of how they would go to the incorporeal world and how Baba would then send them to heaven. All of those visions etc. are fixed in the *drama*. Nothing is gained by seeing visions. Many daughters used to go to the subtle region and drink mango juice etc. Today, they are no longer here! Very good, *first-class* children have disappeared. Those who used to go into trance and had visions have now got married. It is amazing what Maya is like! Their fortune has totally changed. Many played very good *parts*. They even helped a lot at the time of need and yet they are not here today. This is why the

Father says: Maya is very powerful. You are battling with Maya. This is called the battle through the power of yoga. No one knows what attainment there is through the power of yoga. They simply say that it is the ancient yoga of Bharat. Yoga is explained to you sweetest children - the ancient Raja Yoga of Bharat is remembered. None of the *philosophers* etc. have *spiritual knowledge*. Only the spiritual Father is the Ocean of Knowledge. It is to Him that they sing: Salutations to Shiva. His praise is sung. The Father comes and explains so much knowledge to you. This is known as the third eye of knowledge. No others have the power to call themselves trikaldarshi. Only you Brahmins, through whom the sacrificial fire is created, are trikaldarshi. This is the sacrificial fire of the knowledge of Rudra. Shiva is also called Rudra. They have given Him many names. In every land, there are many different names for Him. No one, apart from the Father, has this many names. He is also called Babulnath, the Lord who changes thorns into flowers. Babul are those who have thorns in them. Baba is the One who changes thorns into flowers and this is why He is called Babulnath. In Bombay they have huge gatherings there (in the Babulnath temple), but they don't understand the meaning. The Father sits here and explains that His correct name is Shiva. Businessmen refer to a zero as Shiva. While counting, when they reach ten they say "Shiv". The Father says: I, a point, am a *star*. Many people have a *double* tilak applied to their foreheads representing the Mother and Father. It is also a symbol of the Sun of Knowledge and the moon of knowledge. They don't understand the meaning of it. Baba was explaining about yoga; yoga is so well known. You children should now let go of the word 'yoga' and just stay in remembrance. The Father says: No one will understand anything from the word 'yoga'. They will understand when you use the word 'remembrance'. You have to remember the Father so much! He is also called the Bridegroom. He makes you into queens. The Father gives you your inheritance of the kingdom of the world. You only have one father in the golden age. On the path of devotion you have two fathers and on the path of knowledge you have three fathers. It is such a *wonder*! You understand the meaning of everything. Everyone in the golden age is happy. This is why they don't even know the Father from beyond this world. You now know the three fathers. These matters are so easy to understand. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. In order to stay in remembrance, don't speak; put a bead in your mouth and anger will stop. Never become angry with anyone.
2. This land of sorrow now has to be set on fire. Therefore forget it and remember the new world. Remain firm in the promise that you made to the Father to remain pure.

**Blessing:** May you follow all orders (farmaan) and finish all desires (armaan) and become *Maya-proof*. *Check* your attitude, drishti, thoughts, awareness, *service* and relationships according to the orders you have received for your timetable from amrit vela till night time. All desires finish of those who follow all orders in their every thought and in every step. If there still remains any desire in yourself for effort or success, then somewhere, one or another order is definitely not being followed. So, whenever you have any confusion, *check* all sides and you will automatically become *Maya-proof*.

**Slogan:** To think about your subtle weaknesses and to finish them is "swa-chintan" (to think of the original self).

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