

Essence: Sweet children, you are *Godfatherly students*. You have to become true rup and basant and only allow jewels of knowledge to emerge constantly from your lips.

Question: You children are the true, beloved children of Shiv Baba. What shrimat should you definitely follow?

Answer: Baba says: O My beloved children, be merciful! Never follow the dictates of your own mind. Don't spread tales and make trouble. Those who have that habit cause a great loss to themselves and others. Always beware of those who say wrong things.

Om shanti. This is a *college*; it is just like *students* sitting in a *school* understand that they are sitting in front of their *teacher*. It is in their intellects what examination they are going to *pass*. There is no *aim* at the spiritual gatherings where the Vedas and scriptures are related. Those scriptures have been removed from your intellects. You know that you are changing from humans into deities for your future 21 births. When *students* are sitting at home or wherever they go, their intellects are aware that they will *pass* such-and-such an examination. You children sitting in *class* know that you are becoming deities. You consider yourselves to be students, do you not? We are spirits and are studying through our bodies. The spirit knows that you will shed your bodies and take other new bodies in the future. You will then be called deities. Those bodies are vicious and impure and you will then receive new bodies. You receive this understanding at this time: I, the soul, am studying and the Ocean of Knowledge is teaching me. Here, you don't have any worries about your household. It is in your intellects that you are changing from human beings and becoming future deities. Deities reside in heaven. By constantly thinking about this, you children will experience happiness and you will make effort. You will also remain pure in your thoughts, words and deeds and continue to give everyone the message of happiness. There are many Brahma Kumars and all are leading a *student life*. It isn't that, when you are engaged in your business etc., you forget this *life*. For instance, this sweet maker understands that he is a *student*. Do *students* have to make sweets? Here, everything of yours is unique. You have to work for the livelihood of your body. Together with that, you also have to remember that you are studying with the Supreme Father, the Supreme Soul. It is in your intellects that, at this time, everyone in the world is a resident of hell. However, no one understands that we people of Bharat are residents of hell and that we people of Bharat were also the residents of heaven. You children don't have this intoxication throughout the whole day; you repeatedly forget it. You are BKs, but you are also *teachers*. You give the teachings to change human beings into deities, residents of hell into residents of heaven. Nevertheless, you forget this. You know that at this time the whole world is the devilish community. The soul is impure and the body is also impure. You children now dislike the vices. Lust, anger etc. are all things to dislike. The things that are disliked the most are the vices. Sannyasis have a little anger because, as is the food they eat, so their minds; they eat food given by householders. Some don't take food from them, but they do take money. There is the influence of impurity on them; food from the impure will only make you impure. You are now having a *revolution* of purity. This will continue to increase; everyone will want to become pure. This will touch their hearts. You cannot become the masters of heaven without becoming pure. This will gradually enter everyone's intellect. Those who are to become residents of heaven will become that. They will say that they'll become pure and definitely become the masters of the pure world. This is the benevolent confluence age when the impure world becomes pure. This is why it is called the most auspicious age. It is the age of benevolence when the human world benefits. The Father is the Benefactor and so He would also make you children the same. He comes and teaches you yoga and changes you from human beings into deities. You know that this is your *head school*. Here, no one has any mundane business. When you go outside, you become engrossed in your business etc. and so you don't remember that you are *students* and are changing from residents of hell into residents of heaven. Only when you have time do you have these thoughts in your intellects. You should try to find *time*. Your intellects should remember that from tamopradhan you are becoming satopradhan. You have to remember the one Father alone. You also have some *free time* at work. You should try and use your intellects to remember that you are *Godfatherly students*. You are only doing your business etc. for your livelihood. That is worldly business. This too is your livelihood. This is the true income for the future. A very good intellect is needed for this. Consider yourself to be a soul and remember the Supreme Father, the Supreme Soul. You have to explain that we souls now have to return home and that Baba has come to take us back. The churning of this knowledge should continue in your intellects throughout the day. Just as a cow chews the grass it has eaten, so you too have to do the same. You children are receiving imperishable treasures. This is food for you souls. You should remember that you are studying with the Supreme Father, the Supreme Soul, in order to

become deities and claim a royal status. You should remember this. You repeatedly forget this. Then, instead of feeling happy, your stage remains wilted. This is the life-giving herb that you have to keep with yourselves and also give to others in order to revive them. They have written long complicated stories in the scriptures. Baba sits here and tells you the significance of all of them. “Manmanabhav” means: Remember the Father and you will become the masters of heaven. Keep asking your heart and checking yourself. Keep cautioning one another. When there is conflict, your intellects are so engrossed in that, that if someone says something, you don't find it sweet. Because the intellects are occupied with Maya, there is just that worry. You children should have happiness. Remember the Father! However, if you are caught up in your own confusion, that medicine will not work and you will continue to choke. You shouldn't do that. *Students* don't leave their studies. You children know that this study of yours is for the future and that only in this is there benefit for you. Take the *course* while doing your business etc. Also keep your intellects churning the *knowledge* of how the world cycle turns. Remembrance is the life-giving herb. Remind one another. Husband and wife should continue to remind each other. Shiv Baba is teaching us this through Brahma. You decorate the chariot of Shiv Baba and so you should remember Him. It is difficult to remember Him throughout the day. Only at the end will you have that stage. Maya will continue to fight the powerful ones until they attain their karmateet stage. It is said that you have to caution one another and make progress. *Officers* tell their servants to remind them of something. You should also remind one another of remembrance. The destination is very high. The Father says: By remembering Me you will become pure. The Father is not telling you anything new. You have heard this knowledge hundreds of thousands of times and you will hear it again. No one in any other spiritual gathering would say that you hear this every cycle, that you are hearing it now and that you will hear it again. No one else would say that you have been hearing this every cycle. The Father says: You have been performing devotion for half the cycle. You have now received knowledge through which there is salvation. Your sins will be absolved by remembering the Father. This is something that has to be understood. Make effort! If the child of a *judge* or an important person were to do something wrong, he would defame the name of his family. Here, you belong to the Father and you must therefore not perform any such actions. Otherwise, the Father will be defamed. Those who defame the Satguru cannot reach their destination, that is, they cannot claim a high status. When you are a child of God, there should be fear of performing devilish actions. You have to follow shrimat. By following your own dictates you become deceived and your status is destroyed. You can even ask: Am I following Your directions accurately? The first of the Father's directions is: Remember the Father! Don't perform any sinful actions. Baba, what sins am I committing? If You know, then please tell me! If He knows He would tell you: These are the mistakes you make and they are sinful actions. The worst sinful action is that of the vice of lust. There is a lot of fighting because of this. You children must have courage and think about this. There should be a group of kumaris who say: We don't want to get married! It is now the confluence age of the cycle in which we have to become the most elevated beings of all. Lakshmi and Narayan are said to be the most elevated beings of all. Those who are vicious cannot be called the most elevated beings. You are now becoming the most elevated beings of all. Everyone has a right to become this. You can do so much *service* in the leap month of charity. Serve with a lot of pomp and show. This confluence age is the most elevated age when human beings become residents of heaven from residents of hell. This is a *common* thing. You children have to explain very well. The most elevated beings exist in the golden age. There are no elevated beings in the iron age. This is the impure world. There, everyone is pure. The Father explains all of these things to you children for you to explain to others. You should explain whenever you have an opportunity. While you are sitting here you understand that incorporeal Baba, the Supreme Father, the Supreme Soul, is teaching you *students* Raja Yoga. You are becoming the deities of heaven through this study. The biggest examination of all is to attain this kingdom. No one, apart from the Supreme Soul, can teach you this. The Father Himself is the One who uplifts everyone. He doesn't become the master of heaven Himself. Shri Krishna becomes the *prince* of heaven. Baba's service is altruistic. He says: I don't become a king. I make you into kings of kings. These things are not in the intellect of anyone else. There are many who are wealthy here, but they will become poor there, whereas those who are poor now will become very wealthy there. To become a master of the world is an unlimited matter. It is remembered (in the Gita): I make you into the king of kings. He makes you into the masters of heaven. You know that you are becoming the masters of heaven and so there should be so much intoxication that it is the Supreme Father, the Supreme Soul, who is teaching you. We are now changing from residents of hell into deities who are residents of heaven. When you remember this, the mercury of

your happiness will rise. “*Student life is the best.*” You should make effort and become kings and queens. You shouldn't tell people that they will become kings and will then become paupers; you mustn't tell people that. Ask them: What do you want to become? They will all reply that they will become masters of the world. Only God, the Father, can make you this. He says: Constantly remember Me alone and you will become satopradhan from tamopradhan. This is such an easy thing! Anyone can become this no matter how poor he is because there is no question of money here. This is why the Father is called the Lord of the Poor. Remember the Father and empty the urn of sins. You will all receive according to the effort you make. In the picture of the ladder, you can see how high you climbed. Those who climb high taste the nectar of the kingdom, whereas those who fall are totally crushed. If you fall into vice or divorce the Father, Baba says: You will fall right down. Worthy children will make effort and make their lives like a diamond. You children have to make a lot of effort. Those who do something will receive the reward of that. You are all told to *follow* the Mother and Father and make others similar to yourselves. The more merciful you become, the more you will benefit yourselves. Don't *waste* your *time*, but continue to show these methods to others. Otherwise, you won't be able to claim such a high status. You will have many visions at the end, but you'll be unable to do anything at that time. Once you fail the examination, that's it! It shouldn't be that you have to repent at the end. You won't be able to make effort at the end. Therefore, benefit yourselves and others as much as you can. Become sticks for the blind. You have established heaven every cycle and you will definitely do it now; it is fixed in the *drama*. Those who do something will receive the reward of it. Baba's beloved children cannot remain hidden. Only let jewels emerge through your lips, like rup and basant. Don't become a cheat! Don't cause a loss for others. When someone tells you wrong things, just consider that person to be a cheat and remain cautious of him. Remain fully engaged in claiming your unlimited inheritance from the Father. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Don't become confused about anything. Caution one another and continue to make progress. Make effort and make your life like a diamond.
2. Don't follow the dictates of your own mind but follow shrimat instead. Beware of those who say wrong things. Be afraid of performing devilish actions.

Blessing: May you pay *attention* to your own *tension* and thereby finish the *tension* of the world and become a world benefactor.

When you pay greater *attention* to others, there is *tension* within. Therefore, instead of going into expansion, remain stable in the form of its essence, merge thoughts of *quantity* and have thoughts of *quality*. First of all, pay *attention* to your *tension* for only then will you be able to finish all the many types of *tension* in the world and become a world benefactor. First of all, look at yourself; *serve* yourself *first*. When you *serve* yourself, the *service* of others will automatically take place.

Slogan: In order to experience yoga, *control* your mind with the power of determination.

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