

Essence: Sweet children, remain tolerant in every situation. Maintain equanimity in praise and defamation and victory and defeat. Don't believe things you hear from others.

Question: What is the easy way for souls to make constant progress in the stage of ascending?

Answer: Listen to only the one Father and no one else. Don't waste your time in unnecessary talk and in useless thoughts about others and you souls will be constantly in the flying stage. By listening to and believing wrong things, even good children fall and this is why you have to be very careful.

Om shanti. You sweetest children are now aware that you have truly been remembering the Father for half the cycle, from the time when the kingdom of Ravan began. It isn't that you have been remembering Him throughout half the cycle. No, you only remembered Him whenever you experienced a lot of sorrow. You now know that you have continued to come down on the path of devotion. You have the secrets of the *drama* in your intellects. There is no need to say anything. We now belong to Him and there is therefore no need for a lot of knowledge. Now that you belong to the Father you have become the masters of His property. It is nothing to do with the physical organs. On the path of devotion, they have so many sacrificial fires, do so much tapasya and also make donations and perform charity in order to find God. Wherever you go, there are so many pilgrimage places and temples. There wouldn't be a single person anywhere who could tour around the whole of Bharat and see all the pilgrimage places and temples. Even if someone were to travel around, he wouldn't achieve anything. There, there is so much noise of the ringing of bells and commotion everywhere. Here, there is no question of commotion; there is no question of singing songs or clapping etc. here. Look at what people do! There are so many rituals etc. Here, you children simply have to remember the Father and do nothing else. While living at home and carrying on with everything, just remember the Father. You know that you are now becoming deities. Divine virtues have to be imbibed here. Your food and drink also have to be pure. You will receive 36 varieties of food there. Here, you have to live simply, neither too high nor too ordinary. Remain tolerant in every situation. Everything has to be tolerated: praise and defamation, victory and defeat, heat and cold. The time will come when you won't find water, you won't find this or that and even the sun will become very hot. Everything becomes tamopradhan. This world is tamopradhan. Even the elements are tamopradhan and cause sorrow. You mustn't get caught up in praise and defamation. There are many who very quickly become upset. At times, some tell others wrong things, because many stories are made up nowadays. Someone may say to another: Baba said that you have body consciousness and that there is a lot of external *show*. That one's temperature would rise; he would even lose sleep. Human beings of this half cycle are such that they very quickly give make someone's temperature rise and quickly make them turn pale. The Father says: Don't listen to such useless matters. The Father never defames anyone. The Father simply tells you in order to make you understand. By telling one another wrong things, even good children are spoilt and they turn into *traitors* and then spread unnecessary talk. Look at all the stories they have made up on the path of devotion. You have now received knowledge and so you don't say "Oh Rama!" or "Oh God!" Those expressions belong to the path of devotion. Such words should not emerge through your lips. The Father simply says: Sweet, beloved children, be soul conscious! He explains with so much love. Don't listen to anyone else. Don't have useless thoughts about others. Make one thing firm: I am a soul. The soul is imperishable and the body is perishable. It is the soul that imbibes sanskars. You children now have to become soul conscious. From the copper age, you have been body conscious in the kingdom of Ravan. This is why it takes a lot of effort to become soul conscious. It should repeatedly enter your intellects that you have found the unlimited Father. The Father gives you an inheritance every cycle. You now have to follow His directions. There is the praise of Him: You are the Mother and the Father. He gives us the happiness of all relationships. He has the sweetness of all relationships. All other friends and relatives only cause you sorrow. Only the one Father gives everyone happiness. The path He shows is very easy: Consider yourself to be a soul and remember Me, your Father. The Father explains: This is nothing new. You know that you come to such a Father every 5000 years. He is not a sage or a holy man. You are not staying with a sage or holy man but the Father says: Fulfil your household responsibilities, otherwise there will continue to be greater conflict. Continue to interact with tact. Explain to everyone with love: Look, the time for destruction is now close. This devilish world is now to be destroyed. You now have to become deities. Imbibe divine virtues here. Explain with a lot of love. Deities don't eat garlic or onions. We are becoming deities from human beings and so how could we eat those things? You are advised to renounce them. We don't eat such things. You have now found the unlimited Father who teaches you divine virtues, so it is here

that you have to become full of all divine virtues. If you become this here, the future new world will come. This is like night after day and day after night. It is because it is now the end of the night that divine virtues have to be imbibed and it will then be morning. Each of you has to examine yourself. Don't think that the Father knows everything. You have to examine yourself. A *student* doesn't say that his *teacher* knows everything about him. When the examination days come close, students understand to what extent they are going to *pass* and in which *subjects* they are still a little weak. You claim fewer *marks* in some subjects, but are able to *pass* overall. You understand this and so you have to check yourself in this: What do I still lack? Have I become very sweet? Explain to everyone with love: The Father of us souls is the Supreme Father, the Supreme Soul. It is not a question of Him being a human being. We call the incorporeal one, God. God, the Creator, is only One. All the rest are the creation. No one can receive an inheritance from the creation; it isn't the law. The Bestower of Salvation for the whole of creation is the one Father, the Creator. This includes all the sages and holy men. All are souls. Yes, there are good and bad human beings. They have high or low *positions*. Sannyasis are numberwise too. Some continue to beg whereas others have everyone falling at their feet. You children have to become so elevated! Become very sweet. Never speak angrily. As much as possible, do everything with love. Some say that their children cause a lot of trouble. However, children today are like that. Explain to them with love. The time is like that. The company of people outside is also very bad. The unlimited Father now says: There is no need for you to keep any idols etc. There is no need to labour. Why should you even keep an image of Shiva? He is your Father. Would children keep a picture of their father in their home? The Father can be present at any time. The Father says: I am present now, am I not? So, there is no need for pictures. I sit here and explain to you children. You say: Let us see BapDada. The Father is incorporeal. He cannot be seen. He can be understood with the intellect. The Father says: I enter this one and give you *knowledge*. How else could I come? How could He enter the body of Krishna? He couldn't even enter the body of sannyasis. I enter the one who was the first *number*. He is now in the *last number*. You too now have to study and claim *number one*. The Teacher is the same One and He is called the Ocean of Knowledge. You receive very good knowledge. You know that the land of peace is your home and that the land of happiness is your kingdom. The land of sorrow is the sovereignty of Ravan. The Father says: Sweetest children, now remember your home, the land of peace and the land of happiness. Continue to forget the bondages of the land of sorrow. No one else can say this nor can anyone return home. No one can return home in the middle of the *drama*. When they say that so-and-so merged into the light or that he went beyond, to the land of nirvana, no one actually returns there. The Father and Master of All is the one Supreme Father, the Supreme Soul. He is the one Beloved of all lovers. Those physical lovers and beloveds remember one another, and each one's image enters the other's intellect. They continue to remember one another. Even while eating they continue to remember one another. They are lovers and beloveds of one birth. You are the lovers of the one Beloved for birth after birth. You don't have to do anything else. Simply remember the one Father. The image of the other one appears to the lover or beloved. While they continue to see that image, their work stops. Then, when that one's face disappears, he or she begins to work again. It is not like that here. Souls are points and the Supreme Soul is also a point. Consider yourself to be a soul and remember the Father. This requires effort. No one *practises* this. You have received knowledge of the soul, that is, you souls have *realised* yourselves. Then there is the Supreme Soul; you know that Baba comes and sits in this one's forehead. His place is fixed there. You cannot know from where the soul exits the body. The main place of the soul is the forehead. The Father says: I am a point. I come and sit in this one. You can't even tell. The Father sits and speaks to you children. I also listen to whatever He tells you. The explanation He gives is absolutely *right*. Those who belong to the deity religion will very quickly understand that a kingdom is being established. There will first be establishment and then destruction will take place. No other founder of a religion does this. They simply establish their own religions which then continue to grow. Here, according to how much effort you make, you claim a high status in the future. You are creating your reward for your future 21 births and you should therefore make so much effort. It is very easy. Yoga is also easy. It is through this that your sins are absolved. The Father says: I *guarantee* that I come every cycle and purify you children. There isn't a single impure being there. The knowledge is so simple as well. You also have in your intellects the *knowledge* of how you go around the cycle of 84 births. You have to have the faith that you have been around the cycle of 84 births. There is victory in faith. Don't wonder whether you take 84 births or a few less. Since you are Brahmins, you have to have the faith that you have truly been around the cycle of 84 births. This explanation is very easy. You children have been told that the Father has had all these

pictures made through divine vision. He has also had them *corrected*. In the beginning, when Baba was in solitude in Benares, he used to draw such circles on the walls. He didn't understand what they meant, but he experienced happiness. When he had visions, it was as though he was flying. He didn't understand what was happening. You know that the pictures that were made in the beginning have been modified and made again. New pictures now continue to be made exactly as they were in the previous cycle. Look how beautiful the picture of the ladder is! It is very easy to explain it. Those who come later receive an even easier explanation. New ones who come now understand all the *knowledge* in just seven days. They are going ahead of the older ones. Some say that it would have been better if they had come earlier. Don't worry about that. If you had come earlier and had then left Baba, what would have happened? Those who come later receive a throne easily. Some who came in the beginning are not even here now; they are completely finished. At the end you will know the *results* as to who has *passed*. New ones emerge and quickly engage themselves in *service*. The older ones don't do as much. New daughters who come remain seated in Baba's heart because of the *service* they do. So many of the older ones are now finished. This is why Baba says: Even some of those who were the most elevated decoration of the Brahmin clan and who were amazed by this knowledge and listened to it, then ran away. Whatever has been remembered is now happening in a *practical* way. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Check yourself. Check whether you have become very, very sweet. What do I lack? Have I imbibed all the divine virtues? Let your behaviour be like that of the deities. Renounce impure food and drink.
2. Don't listen to or relate any useless matters. Become tolerant.

Blessing: May you be an image of perfection who achieves results, that is, who attains success in every thought and deed.

Success in thoughts is achieved when the thoughts you create are powerful. Those who create too many thoughts are then not able to sustain them. Therefore, the bigger the creation, the less power it has. So, first of all, stop creating waste and there will then be success. The way to attain success in your deeds is to know the beginning, middle and end of the deed before you perform it. By doing this you will become an image of perfection.

Slogan: Those who achieve success by protecting themselves in time from sorrow and deception are said to be knowledgeable ones.

*** OM SHANTI ***