

**Essence:** Sweet children, in order to be *liberated* from the chains of Ravan for 21 births, follow the Father's shrimat. The Father comes to *liberate* you from all sorrow.

**Question:** Which destination is the highest and most difficult and requires effort over a long period of time?

**Answer:** Only the one Father should be remembered in the final moments; no one else should be remembered. This is the highest and most difficult destination. If anyone else is remembered, you have to take birth in this world. Therefore, let there be the practice of remembrance of Shiv Baba over a long period of time.

**Question:** Why does the stage of some children fluctuate as they move along?

**Answer:** Because they do not have firm faith. When faith is lacking, their stage goes up and down and fluctuates like mercury. Sometimes there is a great deal of happiness and sometimes happiness is reduced.

**Song:** The Innocent Lord is unique.

Om shanti: You children understand that you are sitting personally in front of Shiv Baba, the Innocent Lord, and that you are being taught easy Raja Yoga through the mouth of Brahma. The Father explains the essence of all the Vedas, the scriptures, the Granth and the Upanishads. All of this only sits in the children's intellects. It is also shown in the pictures that establishment takes place through Brahma. Baba explains through Brahma the essence of all the scriptures and the Vedas. Who is explaining all of this to you children? The Supreme Father, the Supreme Soul, Shiva, the Innocent Lord. He is incorporeal. This is why He explains everything through Brahma. Those to whom He explains understand and then they explain to others. If they are not able to explain to others, it means that they themselves have not understood, that is, they are senseless. Explanation is given to those who are senseless. The Father says to everyone: You are senseless. Do you know Me, your Father? You residents of Bharat claimed the inheritance of the golden-aged self-sovereignty. Then, because of the kingdom of Ravan, you lost the inheritance. Due to the kingdom of Ravan, you became impure, senseless and poverty-stricken. Everyone is now following devilish instructions. You understand that a cycle ago, the Father made us sensible, that is, we became the masters of the world. We have now become slaves to Maya: not slaves to wealth and possessions, but slaves to Maya, Ravan. We are tied by the chains of the five vices and are in the cottage of sorrow. The kingdom of Ravan is definitely over the entire world. The entire world and especially Bharat are tied in the bondage of the kingdom of Ravan; this is why whatever they do is *wrong*. The Father comes and tells you everything *right*. This is why the Supreme Father, the Supreme Soul, is known as the *Righteous* One. Ravan is known as the *unrighteous* one. For half a cycle there is the *righteous* kingdom and for the other half, the *unrighteous* kingdom. The kingdom of Ravan is called the world of falsehood. Only you children understand that Shiva, the Supreme Father, the Supreme Soul, the Ocean of Knowledge, explains to us through Brahma. It is said: Liberation-in-life can be claimed in a *second*. There are many who say that liberation-in-life can be claimed in a *second*. At this time, everyone, but especially Bharat, is in a life of bondage. The people of Bharat claim the inheritance of liberation-in-life in a *second*. You children now understand that you belong to God. God Himself says: You are My children. You know that God establishes the new world, so He needs to come into the old world. The old world is known as the impure, corrupt world. Everyone calls out to God and says, "*Liberate* us from sorrow!" People do not know when there is the kingdom of sorrow or who establishes it. They may study many scriptures; they may be scholars or pundits, but they have a lot of arrogance. However, there is no one who can grant liberation-in-life in a *second*. No one can say that he can grant liberation-in-life or he can grant salvation to all. I alone grant salvation to the entire world and especially to Bharat. It is said that the Supreme Father, the Supreme Soul, is the Bestower of Salvation for all. He is the *Liberator* for all. He *liberates* everyone from sorrow. Does anyone *liberate* anyone from happiness? The Father *liberates* you from sorrow. Achcha. Who *liberates* you from happiness? Bharat was happy. Who *liberated* it from happiness and took it into sorrow? Ravan *liberates* you from happiness. Now, by following the shrimat of Rama, you are becoming *liberated* for 21 births. That is called liberation-in-life or salvation. It is now in the intellects of you children that when Bharat was liberated in life, it was definitely the land of happiness. Bharat is now the land of sorrow, in a life of bondage. It is a *question* of the unlimited. Therefore, the Father explains all of these unlimited things which limited human beings do not understand. Neither do they know heaven nor do they know hell. They say that all of this is your imagination, that no one can become liberated in life. This is an eternally predestined *drama*. Nothing can *change* in this. Shiv Baba is the main one. He is known as the *Creator* and the *Director*. Brahma, Vishnu

and Shankar also have *parts*. Jagadamba (World Mother) and Jagadpita (World Father) have *parts* as well. The deities too have *parts*. Then those of Islam, the Buddhists, etc. play their own *parts*; everyone has to play their same part again and then there will be the *part* of one religion. Later, those of other religions will *repeat* their *parts* at their own time. You now know that the part of the Brahmin family also *repeats*. The Brahmin clan is being established through Prajapita Brahma. It is known as the community of Brahmins. The community of Christians is created through Christ. The Supreme Father, the Supreme Soul, created Brahma and then created the Brahmin community through Brahma. So, surely, as there are so many of them, they must be mouth-born progeny; they cannot be born through sin. They say: You are our Mother and Father, and so all are *adopted children*. This is an *adoption*. Brahma was *adopted* first. Then, through Brahma, you Brahmins are *adopted*. You understand that you are the grandchildren of Shiv Baba and the children of Brahma. Firstly, it is the clan of Brahmins. It is the most important clan. You are only *adopted* now. This *adoption* does not take place again. Sannyasis also adopt; they *adopt* their followers. They should say to people, “You cannot be called our *followers*. Only when you leave your families and businesses and put on saffron robes can you be called *followers*.” Here, you are Brahmins. You have to show this easy path of true Raja Yoga to everyone. You must explain something or other. You receive the inheritance from the Father in a *second*. You will definitely receive the inheritance of liberation and liberation-in-life from the Supreme Father, the Supreme Soul. You must only remember Shiv Baba. The Father of all souls is Shiva. By remembering Him you will become the masters of heaven. You will not become the masters of heaven by remembering your lokik fathers. You may stay in a household, but remember Shiv Baba. I, the soul, am Shiv Baba's child. Have this firm faith. When you do not have full faith, your stage fluctuates like mercury. One minute the mercury of happiness will be high and the next minute it will be forgotten. The Father says that you now have to return home and that you will then come and take on a new skin. You understand that we have been taking rebirth. It is not a question of rebirth for snakes: they shed their old skins and take on new ones. In the same way, you also have to change them. When a person gets old he understands that he has to depart. He has a vision that he is then to become a child. The soul knows that he will shed his body and become a child and receive a satopradhan body. An old body is known as a decayed body. The world is new to begin with; later on, the celestial degrees decrease. This is why it is divided into four parts. They say that the duration of the cycle is very long and that the soul has to transmigrate into 8.4 million species and that you have reduced the duration of the cycle. However, look how much sorrow there is! By increasing the duration of the cycle, they think that souls have to take 8.4 million births. The Father sits here and explains this. You must never forget this. A *student* never forgets the *teacher*. You understand that you are studying in the Godly *class*. Those at all the *centres* listen to the murli and the one who teaches is the Ocean of Knowledge. He alone is called the Ocean of Knowledge, the Purifier and the Bestower of Salvation for All. ‘All’ means Bharat and all other lands. You are Godly children. The more you study from God, the higher your status will be. The study is very easy. Simply remember two words. You can tell anyone to remember the Supreme Father, the Supreme Soul, the unlimited Father, and you will receive the unlimited happiness of heaven; that is all. Just remember the one Father. It is said that if anyone else is remembered in your final moments or if a man remembers his wife at the final moment, his birth would also be accordingly. The Father says: This destination is very high and difficult. Be cautious when climbing the ladder and also caution one another. Continue to remember Shiv Baba. The Father sits here and explains to the children: I have to uplift even those gurus through you mothers. Without you mother gurus, no one would be uplifted. The mothers are the instruments. The World Mother is the main one. She has a lot of influence. Brahma does not have as much influence. He is only shown at Pushkar (a place where there is a temple to Brahma). Mostly men go there. There is a lot of respect for Amba (the Mother). Gatherings take place at many places where there are her temples. By following the instructions of gurus you have been stumbling. What benefit was there? None whatsoever! The stage of descending has to come about. Bharat has to become impure. No one can return home. You have understood that all human beings are impure; they are in their decayed stage. Everyone is included in that. People experience so much sorrow in this world. Sorrow increases at every step. You children understand that people outside are absolutely senseless. No one knows the Father. They even say: You are our Mother and Father. So, surely, He creates heaven. Those who have been and gone are praised. You now understand that heaven is being established once again. No other religions existed when there was heaven. Now that there are other religions, this one does not exist; its *foundation* does not exist. The original eternal deity religion that used to exist is now being established once again. Then, for

half a cycle, there will be no other religions. Only the one religion will remain. For half a cycle there was the sun dynasty and the moon dynasty kingdom of self-sovereignty. This is your Godly birthright. This is your *heavenly, Godfatherly birthright*. We are establishing our heaven; we are becoming worthy of ruling the kingdom. He is the One who is teaching us and making us worthy. He explains every day in order to reinforce these things. He explains that Maya will not allow you to stay in remembrance. No matter how hard you try to remember Baba, the battle continues. The Father sits here and shows you what to do. You are karma yogis. Yes, your children do distress you because this is the very depths of hell. Children here cause sorrow. There, children give happiness because that is the land of happiness. There, there is nothing that would cause sorrow or impurity. Here, there is so much sorrow and the sicknesses are also very dirty. Some sicknesses never used to exist. There was no sickness called *cancer*. In heaven, there is no sickness etc. When it is the devilish kingdom, all of these dirty sicknesses begin. This *drama* is predestined. There are beautiful cows in heaven. People say that Krishna had such beautiful cows. So they made him into a cowherd. Krishna was not really a cowherd. You say that Shiv Baba takes these living *human* cows to graze. He gives them the grass of knowledge. The urn of knowledge is placed on the mothers. Baba says: Listen to what I say! First of all, Manmanabhav! Remember Me and your sins will be incinerated. This is a very easy method. Achcha.

To the sweetest, beloved, long-lost and now-found children, love remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. According to the shrimat of the Father, do the service of liberating everyone from the chains of Ravan and of giving them the inheritance of liberation-in-life.
2. Only listen to the one Father. Forget anything else that you have heard. This destination is very high and difficult. Therefore, caution one another and remind each other of the Father and make progress in this way.

**Blessing:** May you be courageous and constantly experience the flying stage on the basis of your zeal and enthusiasm.

In order to experience the flying stage you need the wings of courage and zeal and enthusiasm. To be successful in any task, zeal and enthusiasm are essential. If there is no zeal or enthusiasm, you will not be successful in your task because when there is no zeal or enthusiasm, there will be tiredness and those who are tired can never be successful. So, be courageous and continue to fly with your zeal and enthusiasm and you will reach your destination.

**Slogan:** Give blessings and receive blessings: this is elevated effort.

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