

Essence: Sweet children, sit in silence by withdrawing your senses like a tortoise and spin the discus of self-realisation. Remember the Father who is the *Saccharine* of all relationships and your sins will be absolved.

Question: What is the Father's shrimat for the children who belong to God's clan?

Answer: Since you have become the children of God and are sitting personally in front of Him, remember Him with a lot of love. Follow His shrimat. The more you remember Him, the more intoxication you will have. However, Maya, Ravan, sees that his customers are being taken away and so he wages war on you. Baba says: Children, don't become weak. I am sitting here to give you power.

Song: Have patience, o mind! Your days of happiness are about to come

Om shanti. Who says to you children, "O children"? It is the soul that is referred to as the mind. The mind and intellect are in the soul. So, they have given these names. Many things have many names. For instance, God is called the Supreme Father, the Supreme Soul, Baba, and some even call Him *Father*. So, Baba is the *simplest* name of all. Baba says: Do you remember whose children you are? You children are now sitting here. Who is in front of you? You souls would say that Baba is sitting in front of you. It is such a *simple* matter! You children know that the Supreme Father, the Supreme Soul, is the Father of you souls. People say "Baba" to young and old, whereas souls here call their Father "Baba". The soul says: O *God*, the *Father*. The father of the body would not be called *God*, the *Father*. You know that you are sitting in front of that Baba. This refers to the soul. Shiv Baba explains who He is. I am the Supreme Soul. I am the Father of all of you souls and I reside in the supreme abode. This is why I am called the Supreme Soul. When you combine the two words Param Atma (Supreme and Soul) it becomes Paramatma (God). It is so easy! Who is sitting here? Shiv Baba. If He weren't here, Brahma wouldn't be here either. You children always have remembrance of Him in your hearts. He too is a soul; there is no difference. Just as a soul is a *star* and you have a vision of that *star*, in the same way, the vision of the Father would also be in the form of a *star*. However, when they have said that He is so bright that it can't be tolerated, that is a feeling of their mind. The Father tells you everything accurately: just as you are souls, similarly, I too am a soul. I have to sit next to the soul in this body, in his forehead. He sits here and explains that you souls have *parts* of 84 births recorded in you. Each one has his own *part*. It is said that souls and the Supreme Soul remained separated for a long time. The words 'Param Atma' (Supreme Soul) are very *clear*. By calling Him Paramatma (God), people have become confused. He too is a soul, but He is the Supreme Soul who always resides in the supreme abode. Brahma is not called the Supreme Soul. All of these are living beings; some are sinful souls and some are charitable souls. The Father says: I am not called a sinful soul or a charitable soul. I am simply called the Supreme Soul. I too have a *part*. I come once every cycle to make the impure world pure. People remember: O Purifier, come, but no one considers himself to be impure or to belong to the community of Ravan. They say that they want the kingdom of Rama. They burn Ravan, but they don't even know that they are part of the community of Ravan. They are definitely impure and this is why they call out. They don't call out to Krishna. He is not called the Supreme Soul. The Father of all of us has come from the supreme abode and He is called the Supreme Soul. By His being called Ishwar and Bhagawan there is confusion. The Father explains to you through this living being. He tells you: Children, may you be bodiless! You were My children when I sent you here. You adopted bodies in heaven and then went around the cycle. You have now completed the cycle of 84 births. At this time all are the children of Ravan. It was Ravan that made you impure. You have now become the children of God. Baba has now come. He says: My *part* is to make the devilish community into the divine community. According to the *drama*, I too come at My own *time*, at the confluence age of the cycle. The iron age is the impure, old, tamopradhan world and it is then that I come to establish the kingdoms of the sun and moon dynasties. Only when it no longer exists can I establish it. Then, when the sun and moon dynasties exist, the merchant and shudra dynasties will not exist. You have now become the children of God in order to become the children of the deities. Therefore, you need to have yoga with the Father through which your sins can be absolved. You have to spin the discus of self-realisation in order to become *ever healthy and ever wealthy*. You have to remember Baba; it is this that requires effort. Keep a *chart* of how long you remember Baba. The more you stay in remembrance, the more you will have the feeling of supersensuous joy. This is why it is said that if you want to know about supersensuous joy, ask the gopes and gopis who belong to Gopi Vallabh. The Father is called Vallabh. The form of a father would be the same as his children. In the same way, the Father of souls is also a soul, but He is the One who resides in the supreme abode. If that Seed were to come

down into the cycle, the tree would go up above, just as the seed of a physical tree is down below and the tree is above. However, this is an inverted tree. The Seed of it, the Supreme Soul, resides in the supreme abode. Souls come down from up above in order to play their *parts*. The branches continue to emerge. The Father says: Ravan made you ugly. You now have to become beautiful. They have shown both Krishna and Narayan as dark. Why do they show Lakshmi as fair? Both must have sat on the pyre of lust. For Krishna they say that he was bitten by a snake. So, who bit Narayan? They don't understand anything. They have created all the images by following the dictates of Ravan. Baba has now come and is giving you shrimat to *liberate* you from Ravan. I am the Bestower of Salvation for All. The *title* 'Shri Shri 108 Jagadguru' is also His *title* and so He gives salvation to the world. A lot of His praise is written in the Granth: the Satguru, the true Emperor, is the One who establishes the land of truth. Baba had learnt all of that by heart, but he didn't understand the meaning of it. He used to consider himself to be very *religious minded*, but he belonged to Ravan's clan. You now belong to God's clan and so you have to remember Him with so much love. Baba, You are so sweet! You take us to heaven. The more you remember *Heavenly God*, the *Father*, the more intoxication you will feel. Whom are you sitting in front of at this time? The Father says: O beloved children, I am your Supreme Father. I am speaking to you souls. Now, why are you not following My shrimat? The evil spirit of lust makes you fall. The Father says: Why do you become weak? You are receiving shrimat. So, why are you following devilish dictates? You have to battle. Maya believes that her customers are being taken away and so she battles. The Father is giving you power. He teaches you so many lessons and also explains to you the essence of all the Vedas and scriptures. He would not tell you that in the subtle region. They have shown Brahma emerging from the navel of Vishnu. How could there be a navel in the subtle region? Just look at the things they have written. The *knowledge* that you are receiving now doesn't last forever; it ends here. All the scriptures that are written later continue forever. This knowledge disappears here. The Father says: Now follow My directions! Become soul conscious! Run the race and become a garland around My neck! This race is of intellects. Sannyasis cannot say: May you become bodiless! Constantly remember Me alone. God says this to everyone because all are His children. I have come to take everyone back home. However, you children listen to Him personally, but not the whole world does. So people celebrate Shiv Ratri (the night of Shiva). They also have temples to Shiva. He definitely came, but Shiva's form is not so large. He is a *star*. When you tell people this, they ask you if the images that have been created in the temples are *wrong*. This is why the Father explains: Children, I too am a soul. It is just that you enter the cycle of birth and death and I don't. This is why I am able to *liberate* you. I am the Purifier and so I definitely have to come into the impure world. If you don't call Him the Purifier, people would think that He creates a new world, that annihilation takes place and that He then *creates* a new world. However, He is called the Purifier which proves that this world is eternal. It doesn't go through annihilation; it simply becomes impure and I make it pure. This is why I enter this bull or lucky chariot in order to make you into Narayan from an ordinary human. Everyone wants to become part of the sun dynasty. There is also the story of the devotee who asked if he could marry Lakshmi. Narad was the devotee. He was told: First of all look at your face! First of all, from being a monkey, become worthy of being in a temple and you will then be able to marry Lakshmi. You are now becoming worthy of being in a temple. All of this applies to this time. Who is telling you all of these things? Shiv Baba is sitting in the centre of the forehead of Brahma Dada and explaining these things to you. Since this one's soul is sitting in the forehead, He must definitely be sitting next to him. The *knowledge-full* Father is explaining to you all the secrets of the beginning, the middle and the end with which it is easy to spin the discus of self-realisation. By spinning the discus of self-realisation your sins will be absolved. Otherwise, there will be punishment. You won't even become part of the rosary of victory. When you are *free*, sit in silence like a tortoise and spin the discus of self-realisation. You now have to return home. Remain pure in this last birth. This is called breaking the discipline of following the code of conduct of worldly society and of becoming impure. Remember no one else. When you die the world is dead for you. Become bodiless, belong to Me and your sins will be absolved. Everyone has to die, so who would weep for whom? In Hiroshima, everyone died and there was no one left to weep for anyone else. This is why you now have to go back from the land of weeping. In this dirty world, every organ of everyone is filled with germs, so why should you remember them? In the golden age you will not have such bodies. There, every organ will have fragrance. Baba is making all the dirty, smelly ones into flowers. This is why He has to enter such an old, *long boot*. Baba says: You may live at home but you have to follow shrimat. Don't indulge in vice. Shiv Baba is sitting in front of you, so don't forget Him. Achcha.

Song: The sky is calling out to the earth....

The Father who resides in the sky is calling out to those who reside on earth. You now have to come to Me. Therefore, become destroyers of attachment. I will give you the limitless happiness of heaven. The Father is the *Saccharine* of all types of happiness. All the maternal and paternal uncles cause you sorrow. Your renunciation is of the whole devilish world of hell. Sannyasis simply renounce their homes. You have to forget this *dirty* world of hell. When people have a little wealth, they believe that they are in heaven. People may be so wealthy now, but if they become bankrupt or if an *aeroplane* crashes, everyone finishes. So they then begin to weep and wail. There is no question of *accidents* there. No one weeps there. Baba says: OK, if you are in heaven, remain happy! I have come here for the poor who are in hell. Donations are given by the wealthy to the poor. Do wealthy ones donate to wealthy ones? I am the wealthiest of all. I give donations to those who are poor. The wealthy ones are lost in the intoxication of their wealth and *fashion*. Achcha.

Baba explains that this is Indraprasth (Court of Indra). Here, swans pick up pearls. However, those who are storks would pick up stones. This is why Baba says: Only swans (who pick up virtues) should come here, not storks (who see the defects of others). Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Follow the Father's shrimat, become soul conscious and become a garland around the Father's neck. Stay in remembrance of the Father and experience supersensuous joy.
2. Become a total destroyer of attachment to this world. Don't remember the dirty body of anyone.

Blessing: May you use your Godly sanskars and make everything worthwhile and thereby become an embodiment of success.

The children who use their Godly sanskars finish their waste thoughts automatically. To use something in a worthwhile way means to save and increase it. Let it not be that you continue to *use* your old sanskars and keep your Godly sanskars in the *locker* of your intellect. Some have the habit of keeping their good possessions and their money in the banks and cupboards. They love old things and so they continue to *use* those. You mustn't do that here. Here, you have to make everything worthwhile with your thoughts, words and powerful attitude and you will become an embodiment of success.

Slogan: When the canopy of "The Father and I" is over you, no obstacle can then stay with you.

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