

Essence: Sweet children, in order to become free from the illness of Maya, continue to eat an *apple* of knowledge and yoga every day.

Question: What effort must you make in order to go into the karmateet stage?

Answer: Have such practice that you don't keep anyone except the one Father in your intellect. Your final thoughts will lead you to your destination. When your stage becomes such that your intellect doesn't remember anyone else, you will remain constantly cheerful and also reach your karmateet stage. Your effort is to become soul conscious. Let the soul see souls and talk to souls and there will continue to be happiness and your stage will become unshakeable.

Song: You are the Mother and You are the Father.

Om shanti. The song is accurate because the Creator of the whole world and the one through whom He creates creation are called the Mother and Father. No corporeal or subtle being can be called the Creator. Only the incorporeal One is called the Creator. You children have now understood this, whereas those people simply continue to sing it. The intellects of devotees just think that they have to perform devotion, but they don't know whom they have to worship. Only the one God who is also called the Mother and Father should be worshipped. Many should not be worshipped. They say that God will come and give the devotees the fruit of their devotion: fruit or inheritance, it is the same thing. When a child is born, he receives the fruit of the inheritance from his parents. This is remembered on the path of devotion. They remember Him in order for Him to come and give them the fruit of their devotion. It is also said: Knowledge and devotion. The fruit of devotion is knowledge. You truly know when devotion began. No one else knows this. The time of knowledge is the day and the time of devotion is the night. Day and night would definitely be half and half. In the scriptures, they have written that the duration of the cycle is long. They have given knowledge a long time and devotion a shorter time. They have shown the duration of the copper and iron ages to be shorter. That is not an accurate calculation of the day and night. They even speak of the Krishna era and the Shukla era. (Relating to the half-way stage of the waning of the moon). These words are mentioned in the scriptures. They say that you don't believe in the scriptures and ask why you quote from the scriptures. You have to explain to them that Baba tells you the essence of the scriptures. In such-and-such a scripture this is not *right*, that is *right*. *References* definitely have to be given. In the exhibitions, you show pictures of Hanuman, Ganesh, the midget incarnation etc. etc. These have to be shown in order to explain to them. You speak about the things that are *wrong* and then explain what is *right*. They sing Baba's praise, "Salutations to Shiva", and then they have written: You are the Mother and You are the Father. He has to be given a name. People don't know who their Father is. They say: O God, the Father! Their intellects go there. When people pray etc., they know that the Supreme Father, the Supreme Soul, resides in the land beyond. When they remember Brahma, Vishnu or Shankar, their intellects go to the subtle region. There are the *first, second and third floors*. The main thing is that they have forgotten the Father. The Father comes and complains that you have defamed Him so much. The Father who bestows salvation to all has been defamed by everyone. God speaks: Whenever there is extreme irreligiousness, I come. The people of Bharat defame their own religion; they say that God is omnipresent. Is God in everyone? They say that God incarnates as a fish and a crocodile etc. The Father tells the children who belong to Bharat because it is those children who defame Him. Even this especially beloved child (Brahma) used to defame Him. This defamation is fixed in the *drama*. This is how you become sinful souls. The Father purified everyone because He is the Purifier. He purifies you and makes you into the masters of the world. They insult so much the Father who makes them like that. When you explain to them, and they receive news that so many people have agreed in writing that what you say is *right*, they believe you. They even speak of the Shrimad Bhagawad Gita; so the directions of God are the highest on high. The directions of the One who is the Highest on High would also be elevated. He comes and makes impure, degraded people into elevated beings. First of all, you have to give the introduction of the One. Among you children too, it is numberwise. Many children write: Baba, what can I do? The storms of Maya don't allow me to stay here. These particular vices trouble me. The Father says: You have to conquer them. Otherwise, the status will be destroyed. If a teacher does something wrong, others would definitely doubt that the teacher's behaviour is such and yet she tells others something different. Some vices are *semi*; there are stages of sato, rajo and tamo in everything. The golden age is said to be sato, the highest, and the iron age is said to be tamo, the lowest. The world is said to be corrupt, but no one considers himself to be corrupt. The Father explains: Not a single person in this kingdom of Ravan is elevated. For instance, when you ask someone

who the Highest on High is, he would reply: God. Do you know His *occupation*? No. Or else, they would say that sannyasis are elevated because they remain pure. They themselves *follow* the sannyasis. They salute sannyasis and so you should ask them: There must definitely be someone higher than sannyasis, because even they make spiritual endeavour to attain God. Nowadays, they have made many pictures. They place God as the highest. To place a Shivalingam in front of Rama or Krishna means to show God as the highest. Otherwise, those people don't worship Shiva. Those people rule the kingdom themselves. When they become impure, they begin worshipping. The incorporeal Supreme Soul is called the Highest on High. He is the Purifier, the Bestower of Salvation for All and the *Liberator*. He will take everyone back home with Him. You know that He is your Father. We are all ill at this time. We become *ever healthy* and *ever wealthy* through knowledge. It is said: Eat an *apple* a day and you will remain *ever-healthy*. You see this in a *practical* way. Maya has made everyone ill. Only the one Father makes everyone *healthy* and *wealthy*. Even the souls in the subtle region are *healthy*. Here, souls are *unhealthy*, but when souls first come down from the incorporeal world they only see happiness. The Father gives us a lot of happiness through Brahma. Destruction has to take place now. The flames of destruction emerged from this sacrificial fire. Those people are discussing how there can be peace, but it is also remembered that people want one thing but something completely different happens. There will be peace when destruction takes place. All souls will then go back to the land of liberation. There is no method other than for destruction to take place. Who would tell them this? Bhishampitamai etc. are to receive knowledge at the end. People are seeking ways for peace, so that they can all come together and become one. However, that is not going to happen. Destruction took place earlier too. There were also the Yadavas and the Kauravas. The God of the Gita also came. Now that the world is impure, no one in it can be elevated. Lakshmi and Narayan are the most elevated of all; they used to rule in the golden age. Corruption has now increased a great deal and so destruction definitely has to take place. Only after destruction will everyone be able to attain peace and happiness. Explain to everyone that you belong to the original eternal deity religion. Only that religion existed in the beginning and it doesn't exist now. It is being established once again. At this time we are Brahmins, not deities. When someone goes onto a *stage* to give a lecture, he or she has generally prepared beforehand what to say. My children understand what has to be said. Only the one Father, the Bestower of Salvation, establishes peace. He is the *Liberator*. This is the time to take everyone back home. The Father asks the children: Children, do you consider yourselves worthy of going to heaven? Have you conquered Ravan? They say: Baba, we are making effort to conquer Ravan. Everyone raises his or her hand because they are ashamed. Baba says: Look at your face. For how long do you remember the Father? Let your stage be such that, at the end, you don't remember anyone else, then your final thoughts lead you to your destination. Only then will you be able to come close to your karmateet stage. Only when you serve others will you be able to remain cheerful. You are spiritual *social workers*. No one, apart from you, can give souls an *injection*. It is remembered that the Satguru gave the ointment of knowledge. The soul now knows that he has received the knowledge of the beginning, the middle and the end of the whole world. The soul says through the body to the Ocean of Knowledge, "I now have to return home." This is a matter of great happiness. You have to shed the old costume and take a new one. Because of this, there is the name: The ugly and beautiful one. You know that you were beautiful and that you have now become ugly. You are going to become beautiful again. Baba makes you beautiful whereas Maya, Ravan, makes you ugly. You become ugly by sitting on the pyre of lust. These are easy matters to understand. The intellects of *students* imbibe *knowledge*, numberwise. Some are *dull heads* to a great extent. The *Teacher* says that those who are studying are very *dull*; they have a lot of body consciousness. If you remained soul conscious, you would remain constantly cheerful. Let the soul see the soul, that is, let there be happiness on seeing your brother. Baba is happy to see you children. Baba says: Children, I have come to *liberate* you from Maya and take you back home. Shiv Baba enters another being. He would definitely sit in the centre of the forehead. It isn't that the Ganges would flow through the head. They show Shiva riding a bull. They have shown the image of Shiva in the centre of the forehead of a bull. The soul would definitely stay in the centre of the forehead. The soul would definitely sit in the place that is fixed for the soul. Gurus make their disciples sit beside them. Therefore, that Satguru would also come and sit beside this one. It is said, "Guru Brahma". Vishnu and Shankar are not called gurus. That same Brahma becomes the dual-form of Vishnu. Shiva can be called the Guru because He grants everyone salvation. The Highest on High is still God. All of this is explained to you so clearly. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. In order to remain constantly cheerful, become soul conscious. We souls are brothers; make this vision firm.
2. Become spiritual *social workers* and give souls an *injection* of knowledge. Serve everyone spiritually.

Blessing: May you keep your mind and intellect constantly *busy* in service and become a server who is free from obstacles.

To the extent that you have zeal and enthusiasm for service, accordingly you remain free from obstacles because your intellect is *busy* in service. When it is empty, there is a *chance* for something else to enter but you easily become free from obstacles by remaining *busy*. In order to keep your mind and intellect *busy*, make a *timetable* for them. In order to put into *practical* form the aim that you have for yourself and for service, you definitely need to pay *attention* again and again. Let the *attention* not change into *tension*. Where there is *tension*, there is difficulty.

Slogan: The blessings you receive in service are the means to remain healthy.

*** OM SHANTI ***