

**Essence:** Sweet children, have such *practice* of staying in remembrance that you don't remember anyone at the end except the one Father.

**Question:** By following which shrimat can you children become fortunate?

**Answer:** The Father's shrimat is: Children, become conquerors of sleep. The early morning time is very good. Wake up at that time and remember Me, your Father, and you will become very fortunate. If you don't wake up early in the morning, then, by remaining asleep, you lose out. Simply to sleep and eat means to lose out. Therefore, instil the habit of waking up early in the morning.

**Song:** You wasted the night in sleeping and the day in eating.

Om shanti. This story is for you children. The Father says: Children, to eat and sleep is not really a *life*. Since you children have been receiving the donation of these imperishable jewels of knowledge, your aprons are becoming full. Therefore, to sleep and eat means to lose out. There is great praise of waking up early in the morning on the path of devotion and also on the path of knowledge because there is a lot of peace in the early morning hours; all souls are in their original religion. They become bodiless and take a rest. At that time, you can have a lot of remembrance. During the day, there is a lot of chaos of Maya. Only that *time* is good. We are now becoming like diamonds from shells. The Father says to the children: You are My children and I am your Child. How the Father becomes the Child is something to be understood. The Father gives the inheritance to His children. In fact, I am the Businessman anyway. Your bodies and minds that are worth shells, are *not worth a penny*. I take everything old of yours and give it all back to you for you to look after as *trustees*. You have been singing for birth after birth: I will surrender myself to You. I will sacrifice myself. Mine is One and none other. Because all are brides, they remember the one Bridegroom. Forget your body and all bodily relationships and let there be such remembrance of just the One that, at the end, you don't remember either your body or anyone else. You have to have that much *practice*. The early morning time is very good. This is your true pilgrimage. People have been going on pilgrimages for birth after birth, but they haven't attained liberation, and so those were false pilgrimages. This is the true spiritual pilgrimage for liberation and liberation-in-life. When people go on pilgrimages, they remember Amarnath, Badrinath. They especially speak of the four pilgrimage places. How many pilgrimage places have you been to? How much devotion have you done? You have been doing it for half the cycle. No one knows these things. Only the Father Himself comes to *liberate* you. He becomes your *Guide* and takes you back with Him. He is such a *wonderful Guide*. He takes you children to the lands of liberation and liberation-in-life. No one else can be such a *Guide*. Sannyasis simply speak of the land of liberation. They wouldn't be able to use the expression, 'liberation-in-life'. They consider that to be temporary happiness like the droppings of a crow. You children know that the Father is the Remover of Sorrow and the Bestower of Happiness. O Mother and Father, when we become Your children, all our sorrow is removed. We become happy for half the cycle. This remains in your intellects, does it not? However, when you get involved in business etc. you forget this. You don't wake up early in the morning. Those who remain asleep lose out. You know that you have truly received a birth like a diamond. If you don't wake up, even now, it would be understood that you are not fortunate because you don't wake up early in the morning and remember the *most beloved* Father and Bridegroom. The Bridegroom became separated from you for half the cycle and you forgot the Father for the whole cycle. Then, on the path of devotion, you remembered Him in the form of the Beloved or the Father. The bride remembers the Bridegroom. He is also called the Father. The Father is now personally in front of you and so you have to follow His shrimat. If you don't follow shrimat, you fall. Shrimat means the directions of Shiv Baba. You cannot say: We don't know whose directions we receive. You should understand that He is also *responsible* for the directions this one gives, just as, in a worldly way, a father is *responsible* for his children. "*Son shows father*"; this body of Brahma *shows* the *Father*. He is a very dearly beloved child. There are many very good children who don't know whose directions they follow or who gives them *directions*. They don't even remember Baba. They don't wake up early in the morning and remember Baba and so their sins are not absolved. Baba tells you: I make so much effort and yet the suffering of karma still continues, because it is not just a question of this one birth; there are the karmic accounts of many births. You have received the *direction*: when you tell Baba about your sins of just this one birth, half can be cut away. The Father says: I know and Dharamraj knows that you have committed many sins. Dharamraj has been giving punishment in the *jail* of a womb. You are now making effort and having your sins absolved and so you will receive the palace of a womb. Maya doesn't exist there that she would make people commit sin for which they would have to experience punishment.

For half the cycle it is the Godly kingdom and for half the cycle it is Ravan's kingdom. The example of the snake is also from here. Sannyasis have *copied* you. Similarly, Baba gives you the example of the buzzing moth. Just as a buzzing moth takes insects into her home, so you too bring impure ones here. Then you change them from shudras into Brahmins. Your name is brahmini (Brahmin teacher). This example of the brahmari (buzzing moth) is very good. Many come here in a *practical* way, but some remain weak and others decay; some are finished. Maya brings great storms. In fact, each one of you is Hanuman. No matter how many storms Maya brings, we will never forget Baba or heaven. Baba repeatedly tells you to remain cautious. People go stumbling along on pilgrimages. Here, you don't go anywhere else. You simply have to continue to remember the one Father and the land of happiness. You are truly those who become victorious. This is called the power of the intellect's yoga and the power of knowledge. By remembering the Father, you receive power and the lock on the intellect opens. If someone's activity is unlawful, his intellect becomes locked. The Father explains: If you do something like that, then, according to the *drama*, your intellect will become locked. You won't be able to tell anyone not to indulge in vice. Your conscience will continue to bite you inside: I have committed so many sins. On the path of ignorance, too, your conscience bites. When someone is dying he cries out in distress. Then, at the end, all his sins appear in front of him. As soon as the soul enters the *jail* of a womb, punishment begins. Everything will definitely be remembered at the end. So, the Father now says: You don't have to cry out in distress. You must simply not commit sin. There are *jailbirds*. You too were *jailbirds*. Baba is now liberating you from any punishment in the *jail* of a womb. He says: Remember Me, your Father, and you will be liberated from sins and become pure. If you then fall, you will be badly hurt. First, there is impure arrogance. Then there are lust and anger. Lust is the greatest enemy. It has been causing you sorrow from its beginning through the middle to the end. You make effort to receive happiness from the beginning through the middle to the end. Therefore, you should make full effort. Some say that they are unable to wake up early in the morning. In that case, they won't be able to claim a high status. They will have to become maids or servants. There, you won't have to pick up cow dung. There are no road sweepers etc. there. Even now, they don't have servants etc. abroad. Everything becomes clean automatically. There is no dirt there, but, yes, there will be cremators and maids and servants. The Father tells you children all the secrets. The whole kingdom is in your intellect. You have now understood the *drama*. First of all, you must explain this cycle. Invite the *Governor* etc. for the *opening* ceremony. You children are given *directions*: Before you have the *opening* ceremony, explain to them: Bharat was elevated and it has now become corrupt. The worthy-of-worship deities of Bharat have become human beings who are worshippers. You must definitely explain this to them so that they themselves say that you explain to them the secrets of the world cycle. Those who know these things are said to be trikaldarshi. If a human being doesn't know the *drama*, of what use is he? Many people say that the purity of the *BKs* is very good. Everyone likes purity. Sannyasis are pure and the deities are also pure and this is why people bow their heads in front of them. However, this is something else. Only the Supreme Soul can be the Purifier: it cannot be a human guru who makes impure ones pure. You should explain: Please have mercy for yourself and understand this matter so that your status will become very high. Explain to them how the people of Bharat have become worshippers from being worthy of worship and how the deities, the people of Bharat, take 84 births. You definitely have to explain these things to them. Three thousand years before *Christ*, the people of Bharat were deities. That was called *heaven*, the land of happiness. Heaven has now become hell. If you sit and explain this to them, you will be praised a great deal. You should also give a *party* for journalists. Then, everything depends on them as to whether they set fire to or throw water on everything you have done. You children know that the war has to take place. Rivers of blood will flow in Bharat. When *partition* took place, so many people became homeless. The Governments became completely separate. That too is fixed in the *drama*. They fight among themselves and cause *friction*. In the beginning, Hindustan and Pakistan were not separate. Rivers of blood have to flow in Bharat, because only then will rivers of ghee flow there. So, what would be the consequence? Only a few are saved. You Pandavas are incognito. So, first of all, give the introduction to the *Governor*. You first of all have to praise those to whom you have to go. However, only you understand the secret of what is written about them. They don't understand that this kingdom is like a mirage. According to the *drama*, their own *plans* are also made. In the Mahabharata, they show that annihilation took place. No great annihilation takes place. The knowledge of the world cycle should echo inside you children at every moment. First of all, they should understand who it is that gives you these teachings. Only then would they understand that they too are truly the children of Shiva and also the children of Prajapita

Brahma. This is a genealogical tree. Prajapita Brahma is the *great-great-grandfather*. Brahma is the most senior in the human world tree. Shiva would not be called this. He is just called the *Father*. The title "*great-great-grandfather*" belongs to Prajapita Brahma. There must definitely also be the *grandmother* and the *grandchildren*. You children have to explain all of this. Shiva is the Father of all souls. He creates the world through Brahma. You know how many generations there are. You should explain to the *Governor*: Such *exhibitions* should take place on every corner and arrangements made for us. We don't even have three square feet of land and yet we then become the masters of the world. If you make these arrangements for us, we will do service to make Bharat into heaven. If they give you even a little help, all the people would begin to say that even the *Governor* has become a Brahma Kumar. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

#### **Essence for dharna:**

1. Surrender your body, mind and wealth that are worth shells to the Father and then look after them as a *trustee*. Remove your attachment from them.
2. Wake up early in the morning and remember the Father with a lot of love. Gain victory over Maya with the power of knowledge and the power of your intellect's yoga.

**Blessing:** May you be an elevated soul who constantly flies in the flying stage with wings of zeal and enthusiasm.

Along with knowledge and yoga, let there be new zeal and enthusiasm at every moment of every day in your every act. This is the basis of the flying stage. No matter what the task may be, whether it is of cleaning, washing dishes or any other ordinary work, let there be *natural* and constant zeal and enthusiasm in that too. An elevated soul will constantly continue to fly in the flying stage with wings of zeal and enthusiasm. Such a soul would never become *confused* or tired over trivial matters and come to a halt.

**Slogan:** Those who are humble hearted, tireless and constantly ignited lights are world benefactors.

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