

**Essence:** Sweet children, unadulterated love for the one Father can be forged when your intellects' yoga is broken away from your body and all bodily relations.

**Question:** What *race* do you children have? What is the basis of going ahead in this *race*?

**Answer:** Your *race* is to *pass with honours*. The basis of this *race* is your intellects' yoga. The more your intellects' yoga is connected to the Father, the more your sins will be cut away. You will then attain the unshakeable kingdom of constant peace and happiness for 21 births. For that, the Father advises you: Children, become conquerors of sleep. Stay in remembrance for an hour or half an hour and continue to increase this practice. Keep your *record* of remembrance.

**Song:** Neither will He be separated from us, nor will our love (ulfat) for Him be removed from our hearts.

Om shanti. You children heard the song. 'Ulfat' is another name for love. The love of you children is now tied to unlimited Father Shiva. You *BKs* call Him Dada. There is no human being who doesn't know the *occupations* of his father and his grandfather. There is no other organisation where so many of them say that they are Brahma Kumars and Kumaris. Mothers are not kumaris, so why do you call yourselves Brahma Kumaris? You are the mouth-born creation of Brahma. All of you Brahma Kumars and Kumaris are the mouth-born creation of Prajapita Brahma. You are all the daughters of the one father. You also have to know the *occupation* of Brahma. Whose child is Brahma? Shiva's. Brahma, Vishnu and Shankar are the three children of Shiva and they are residents of the subtle region. However, Prajapita Brahma has to be a resident of the corporeal world. So many children say that they are the mouth-born creation of Prajapita Brahma. They cannot be a physical creation; they are not a creation born through a womb. People don't even ask how so many of you can be called Brahma Kumars and Kumaris. Mothers too are called Brahma Kumaris and so the children of Brahma are surely a mouth-born creation. All of them are the children of God. Who is God? He is the Supreme Father, the Supreme Soul, the Creator. What does He create? He creates heaven. Therefore, He would definitely give His grandsons and granddaughters the inheritance of heaven. He needs a body so that He can teach you Raja Yoga. He would not be given this title just like that. Shiv Baba sits here and once again teaches Raja Yoga to the mouth-born creation of Brahma, because He is establishing heaven once again. Otherwise, where would so many Brahma Kumars and Kumaris come from? It is a *wonder* that no one has the courage to ask. There are so many *centres*. They should ask: Who are you? Give us your introduction. It is clear that you are the sons and daughters of Prajapita Brahma and the grandsons and granddaughters of Shiva. We have become His children. We love Him. Shiv Baba also says: Remove your love, that is, your intellects' yoga from everyone else and connect it to Me alone. I am teaching you Raja Yoga through Brahma and you Brahma Kumars and Kumaris are listening to Me. This is something so easy and straightforward. At least ask! Therefore, this is the cowshed. The cowshed of Brahma has been remembered in the scriptures. In fact, it is Shiv Baba's cowshed. Shiv Baba enters this Nandigan (bull) but because of the word 'cowshed', they have shown a cow in the scriptures. Since there is Shiva's birthday (Jayanti), Shiva must definitely have come. He would definitely have entered the body of someone. You know that this is the *school of God, the Father*. God Shiva speaks. He is the Ocean of Knowledge and the Purifier. Krishna himself is pure. Why would he be concerned about entering an impure body? It is sung: The Resident of the faraway land came to the foreign land. Even the body is foreign (it doesn't belong to Him). Therefore, Shiv Baba must surely have created him and that is how the human world was created. So this proves that they are BapDada. Prajapita Brahma is Adi Dev, Mahavir, because he conquers Maya. Jagadamba is also remembered. Shri Lakshmi too is remembered. The world doesn't know that Jagadamba is Saraswati, the daughter of Brahma. She is a Brahma Kumari. This one is also a Brahma Kumari. Shiv Baba has made her belong to Him through the mouth of Brahma. The love of all your intellects is now with Him. It is said: Love God! Break it away from everyone else and connect it to the One. That One is God, but they don't know Him. How can they know Him? Only when the Father comes and gives His introduction can there be faith. Nowadays, they have taught everyone that each soul is the Supreme Soul. Because of this, their relationship has broken. You children are now listening to the real story of the true Narayan. He is Sukhdev and you are Vyas. The name 'Vyas' is mentioned in the Gita. He was a human being, but you are the true Vyas. The Gita that you create will also be destroyed. It is now that there are the true and false Gitas. There is no mention of falsehood in the land of truth. You are claiming your inheritance from Dada (Grandfather). It is not the *property* of this Baba. Shiv Baba, not Brahma, is the Creator of heaven. Brahma is the creator of the human world. The Brahmin clan was created through the lotus mouth of Brahma. You are the grandchildren of Shiva, that is, you are the Godly

community. He has made you belong to Him. You are called the grandchildren of the Guru. You are now the grandsons and granddaughters of the Satguru. There, there are just grandsons, that is, *males*. There are no granddaughters. Only the one Shiv Baba is the Satguru. It is said: There is extreme darkness without the Satguru. Your name, Brahma Kumars and Kumaris, is so *wonderful*. The Father explains so much, but some children just don't understand. The Father says: By knowing Me, the unlimited Father, you will know everything. In the golden and silver ages, there are the sun and moon dynasty kingdoms. Then, in the kingdom of Ravan, the night of Brahma begins. You are Brahma Kumars and Kumaris in a *practical* way. Only the golden age is called heaven where rivers of ghee and milk flow. Here, you can't even obtain ghee. The Father says: Children, this old world is now to end. One day, this haystack will be set on fire and everything will be destroyed. At that time, you won't be able to receive the inheritance from Me. When I come, I definitely have to take a body on *loan*; I need a building. Baba is so good at explaining in such an entertaining way. You now come to know everything from Me. No one knows how this world cycle turns. Who takes 84 births? Not everyone will take them. Surely, the deities who come first will take 84 births. I am now once again teaching them Raja Yoga. I come once again to make Bharat into heaven from hell. I *liberate* it. Then I become the *Guide* and take you back home. I am also called the form of a jyoti (flame). Even the form of a jyoti has to come. He Himself says: Children, I am your Father. My light is never extinguished. It is a *star* that resides in the centre of the forehead. All other souls shed a body and take another. So, an imperishable *part* of 84 births is recorded in the soul, the *star*. Souls take 84 births and then begin from *number one* again. As are the king and queen, so the subjects. How else would a soul have such a *part* recorded in him? This is called the most *wonderful*, deep secret. Each soul of the human world has a *part* fixed in him. He says: I have this *part* in Me and that too is imperishable; there cannot be any change in it. The Brahma Kumars and Kumaris know My *part*. The *part* is called the *biography*. Since there is Prajapita Brahma, there must also be Jagadamba. She too has changed from a shudra to a Brahmin. You children know that you love the Father. Your love is only for One. It doesn't take long for there to be unadulterated love. However, Maya, the cat, is no less. Some women are jealous of each other. When we love Shiv Baba, Maya feels jealous and so she creates storms. You want to throw a double six, but Maya, the cat, interferes in this. You live at home with your family and so you are told: Remove your intellects' yoga from your bodies and bodily relations and remember Me. I am your *most beloved* Father. I will make you into the masters of heaven if you follow My shrimat. The directions of Brahma are very well known. So, surely, the directions of the children of Brahma would also be well known. They would give the same directions too. Only the Father tells you the news of the whole world. You may look after your children etc. but let your intellects yoga be connected to the Father. Consider this to be a graveyard and that you are going to the land of angels. This is something so simple. The Father explains: Do not connect your intellects in yoga to any corporeal or subtle deity. The Father tells you this as the Agent. It is remembered that souls remained separated from the Supreme Soul for a long time. It was the deities who were separated for a long time. They are the ones who come first to play their *parts*. When you found the Satguru, the Agent, the beautiful meeting took place. As the Agent, He says: Constantly remember Me alone and promise that you will get off the pyre of lust and sit on the pyre of knowledge. You will then claim your fortune of the kingdom. Keep a *record* with you of how much you remember such a *most beloved* Father. A woman remembers her husband day and night. The Father says: O children, who are conquerors of sleep, now make effort, for an hour or half an hour. Start with that and then gradually increase it. Have yoga with Me and you will *pass with honours*. This is a *race* of intellects. It takes time. Only through the yoga of your intellects will your sins be cut away. You will then rule the unshakeable, constant, peaceful and happy kingdom for 21 births. You ruled it in the previous cycle. Now claim your fortune of the kingdom once again. We are the ones who create heaven every cycle and then we rule there. Then, Maya makes us into residents of hell. We are now in Rama's community. We love Him. The Father has given us His introduction. The Father is the Creator of heaven. We are His children and so why are we in hell? We were definitely in heaven at some point. The Father created heaven. The Brahma Kumars and Kumaris are those who give the donation of life to everyone. Death would not come unlawfully and take their lives; they would not experience untimely death. It is impossible for there to be untimely death there. There is no crying there either. You have seen in visions how Shri Krishna takes birth. There is light all around at that time. He is the *first prince* of the golden age. Krishna is the *number one* satopradhan soul. He then goes through the stages of sato, rajo and tamo. When his body becomes tamo and reaches a state of total decay,

he sheds that body and takes another. This is *practised* here. Baba, I am coming to You and I will then go from there to heaven and take a new body. I now have to return to Baba. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

**Essence for dharna:**

1. In order to be saved from untimely death, serve to give everyone the donation of life. Make the community of Ravan into the community of Rama.
2. Let the love of your heart be for the one Father. Do not allow your intellect's yoga to wander. Conquer sleep and continue to increase remembrance.

**Blessing:** May you be a master of the self by becoming rup and basant, that is, by being gyani and yogi according to the time.

Those who are masters of the self can become rup when they want and basant when they want. They can create either of the two stages in a *second*. Let it not be that you want to be rup but you keep remembering things of knowledge instead. Put a *full stop* in less than a *second*. A *powerful brake* works when it is applied. For this, practise stabilising your mind and intellect in whatever stage you want at whatever time. Let there be such *controlling* and *ruling powers*.

**Slogan:** A messenger of peace is one who gives the gift of peace to those who create upheaval.

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