

**Essence:** Sweet children, there is bondage in relationships with bodies, therefore there is sorrow. Stay in relationships with souls and you will receive limitless happiness and remain in remembrance of the one Mother and Father.

**Question:** Which intoxication should you maintain so that you have the courage to conquer Maya?

**Answer:** Have the intoxication that you have stayed in remembrance of the Father every cycle, that you have become victorious over Maya, your enemy, and become like a diamond. God Himself is our Mother and Father. With this awareness and intoxication, you will receive courage. Children who have courage definitely become victorious and they remain constantly engaged in *Godly service*.

**Song:** The heart desires to call out to You.

Om shanti. The worshippers of the deities have been remembering the parlokik Mother and Father, and the devotees know that the Mother and Father definitely has to come to give us the fruit of our devotion. Those poor people don't know who that Mother and Father is. They call out to Him and this surely proves that they definitely have a relationship with Him. One is a lokik relationship and the other is the parlokik relationship. There are many types of lokik relationships. Paternal and maternal uncles etc. are lokik bondages. This is why they call out to the Supreme Father, the Supreme Soul. Children know that there are no bondages in the golden age. They call out to the Father: We are now in bondage and wish to have a relationship with You. Devotees remember that they are in many types of bondage. Because of remembering the bodies, there are many bondages. When in relationship with souls, you only remember the Mother and Father. There is the difference of day and night between remembering the lokik and the Parlokik. These are physical bondages whereas that is the spiritual relationship. You have physical relationships in the golden age because there are relationships of happiness there. Here, they are said to be bondages of sorrow. They wouldn't be called relationships here. Previously, you didn't know these things. You have now understood. You definitely used to call out: O Mother and Father, come! The Father would definitely only give happiness to everyone, but no one knows what the happiness is that the Father gives. You now have a relationship with the Father and you receive constant happiness from Him. Happiness is called relationship and sorrow is called bondage. Therefore, children call out to the Mother and Father to come and tell them such sweet things. Those people call out *indirectly* whereas you call out *directly*. They also remember: Oh Supreme Father, Supreme Soul. Since there is the Father, there must also surely be the Mother. How else would the Father *create*? How would children write a letter to Shiv Baba? He wouldn't be able to read it just like that. Shiv Baba is sitting here. This is why you write: Shiv Baba c/o Brahma. Shiv Baba definitely adopts someone's body. It is sung: Souls remained separated from the Supreme Soul for a long time. He is called the Satguru. He is the Bestower of Salvation for All. He comes and enters this body and then tells him the secret of 84 births. The night of Brahma and the day of Brahma have been remembered. First of all is the Supreme Father, the Supreme Soul, the Creator. He creates Brahma, Vishnu and Shankar. Truly, the Supreme Father comes to make the night of Brahma into the day of Brahma. The day of Prajapita Brahma is also the day of the Prajapita Brahma Kumars and Kumaris. The golden and silver ages are called the day and the copper and iron ages are called the night. You children have now come to claim your inheritance of heaven from the Father. It is for Him that you sing: You are the Mother and Father. As the Friend, He comes and entertains you in a light-hearted way. The main three relationships are Father, *Teacher* and Satguru. Only through these is there benefit. However, there is no question of the relationships of paternal or maternal uncles etc. So the perfect Father comes and makes you children perfect. You are now becoming 16 celestial degrees full. You are experienced. How could anyone else know this? How could they understand any of this unless they came into the company of you children? You now know that there is bondage on the path of devotion too. You remember Him when you are in bondage to Ravan, the five vices. The Father's name is the *Liberator*. The English word is very good. He *liberates* you. Human beings are *liberated*. He comes to *liberate* you from sorrow and the bondages of Maya. Then, He is also the *Guide*. It is also mentioned in the Gita that He takes everyone back like a swarm of mosquitoes. Therefore destruction will definitely take place. It is also remembered that He inspires establishment through Brahma and destruction through Shankar. Then sustenance also takes place through the one who carried out establishment. You are now becoming ready, numberwise, according to the effort you make. The bondages of the body have to be broken away from the intellect. Sannyasis leave their homes and families and run away. You study Raja Yoga while living at home. There is the example of Janak. He then became Anu Janak. Many children say that they want to live in their kingdom (home) like

Janak and take knowledge. Each one is a king of his own home. The owner is called the king. There is the father, his wife, and their children, and so that is a limited creation. He *creates* it and also sustains it, but he cannot destroy it because the world has to grow. Everyone continues to create. It is only the unlimited Father who comes to create a new creation and have the old one destroyed. Only the Supreme Father, the Supreme Soul, the Creator of Brahma, Vishnu and Shankar would carry out establishment of the new world and destruction of the old world. You children can understand these things very well. These things are very easy. The very name is easy yoga or remembrance. The knowledge and yoga of Bharat are very well known. The Father is now giving you children divine directions through which you will always remain cheerful. The new world is created by the Mother and Father. Everyone knows that God created them. You now understand how God comes and creates the new world. He *adopts* (creates) the new world. There are definitely the Mother and Father. There is the Father and then He *adopts* you through this one and so this one is the senior mother. The first *adopted* one is Saraswati. The Father entered this one. This Mama is *adopted*. For you, He is the Mother and Father. For me, He is my Husband and also my Father. He entered me and made me His wife and also His child. These are very entertaining things which you should listen to personally. You too understand these things, numberwise. If you have understood everything, then explain them to others. If you are unable to explain, it means you yourself haven't understood anything. Anyone can tell you straightaway how a tree grows from a non-living seed. Until the Father comes and explains the knowledge of this unlimited tree, no one can understand it. You know that you are studying Raja Yoga with the Father and claiming your inheritance. This should be in your intellect. This is a *double* relationship. There, you have a *single* relationship; you don't remember the parlokik Father. Here, all of these are bondages. You know that at this time you are also in that bondage. You have now entered a relationship with the Father to become free from that bondage. Nowadays, there are so many different directions. They continue to fight and quarrel with each other. They even fight over water and land. "This is within our boundary; this is not within your boundary." They have become totally limited. They have forgotten that the people of Bharat were the masters of the unlimited in the golden age. Those who were the masters have forgotten this. They definitely had to forget, because it is only then that the Father can come and explain to you. You know these things at this time. There, there is bondage. Here, you have a relationship with the Mother and Father. You know that you follow shrimat and receive the inheritance of limitless happiness. The Father says: I give you the inheritance of happiness. Who then curses you? Maya, Ravan. There is sorrow in a curse and happiness in an inheritance. People don't know who gives them the inheritance of sorrow. The Father establishes the golden age and so He would definitely give you the inheritance of happiness. The Father would not be called one who gives you the inheritance of sorrow. It is an enemy who causes you sorrow. However, no one understands these things. They have put the things of one time period into another. They say that Lanka was *looted* and that gold was brought over. There isn't any gold in Ceylon. Gold is found in mines and in rivers at some places. You children now know that this is the eternal *world drama*. This knowledge is in the intellects of you children, numberwise, according to the efforts you make. What status will those who don't understand anything and are unable to explain anything receive? They will have to bow down in front of those who are educated. There is a difference between the kings and queens and the subjects. Just as Mama and Baba go and claim a high status, so you too should make effort and study so much that you sit on the throne of Mama and Baba and become a bead of the rosary of victory. A lot of *temptation* is given to you. This is Raja Yoga. Claim the kingdom through Raja Yoga. At least make effort through which you will become a subject. It is always said: *Follow the father*. You are his children. There is that *Father*, then this *father* and then there is also the *mother*. She is *number one* in *following* him. You are brothers and sisters. There has to be the one Father. Everyone says: "Oh God, the *Father!*" and so all are brothers and sisters. There aren't many other relationships: brothers and sisters and that's all. They have father, grandfather, brother and sister, many relationships. Here, there is one Father and one Dada. There is the one Prajapita Brahma and creation is created through him. You brothers and sisters claim a status, numberwise, according to the efforts you make. All the rest will go and hang in their own section on the tree. They have their destination. They come down from there, numberwise. Here, there is bondage in life. When souls first come, they come into happiness. Therefore, there is first liberation-in-life. First of all, there is the liberation-in-life of the people of Bharat in heaven. The Father tells you such nice things. Mine is the one most elevated *Teacher* and none other. Kumaris say: Mine is one Shiv Baba. Kumaris have to pay full *attention* to this. Once you belong to this *Government*, you have to engage yourself in God's *service*. How could you then continue with devilish *service*? Each of you is given

advice according to your own karmic bondages. It is seen whether she is able to become free or not. When someone has a good, *shrewd* intellect, she can remain *on Godly service only*. You children are doing *Godly service*, the *service* of making others viceless. We are an army. *God* is teaching us how to battle with Maya. Ravan is our oldest enemy. Only you know this. You will conquer Ravan and then become like a diamond. You children should have that courage and intoxication. People continue to fight. Everywhere you look, there is nothing but fighting. We don't fight with anyone. The Father says: Remember Me and your sins will be absolved. Maya won't attack you then. Then, also remember your inheritance. You also have to relate this to someone. Give the Father's introduction and connect their intellects in yoga to Him. He is our Mother and Father. Since Shiv Baba is the Father, tell us who your mother is. These are also such deep matters. You ask them who the Father of souls is. They would write: The Supreme Soul, God. OK, so where is the Mother? How can He create children without the Mother? So, they would then go towards the World Mother (Jagadamba). Achcha. In that case, how was Jagadamba created? No one knows this either. You know that Saraswati is the daughter of Brahma. She too is mouth-born. Only the Father is the Creator. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

**Essence for dharna:**

1. Mine is the one most elevated *Teacher* and none other. With this faith, study like the mother and father. *Follow* them fully in your efforts.
2. Break the bondages of the body away from your intellect. Follow divine directions and remain constantly cheerful. Do God's service.

**Blessing:** May you be a true *holy* swan who pleases the Lord with the cleanliness of your body, mind and heart.

Cleanliness means purity in your thoughts, words, deeds and relationships. Purity is symbolised by the white colour. You *holy* swans are also dressed in white. A clean heart means to be an embodiment of cleanliness. To be always flawless in your body, mind and heart means to be clean. The Lord is pleased with a clean mind and a clean heart. All their hopes and desires are fulfilled. The speciality of a swan is cleanliness and this is why Brahmin souls are called *holy* swans.

**Slogan:** Those who tolerate (*sahan*) everything at this time become emperors (*Sehanshah*).

\*\*\* O M S H A N T I \*\*\*