

Essence: Sweet children, in order to make Bharat into heaven, have loving intellects at the time of destruction and promise to remain pure. This is how you help the Father.

Question: What is the main basis of learning the spiritual *drill* of the power of yoga?

Answer: In order to do this *drill*, you have to break your intellect's yoga away from everyone else. Break away from everyone else and connect yourself to the one Father. Only when you have true love for the One can you perform this spiritual *drill*. This is the power of yoga with which you claim a kingdom of the world for 21 births.

Song: No one is unique like the Innocent Lord.

Om shanti. You children heard this song. Whom did it praise? Shiv Baba, the Innocent Lord. The Supreme Father, the Supreme Soul, is also called the Innocent Lord, the *Knowledge-full* One and the Purifier. He is called the Supreme Father, the Supreme Soul. A physical father would not be called the Supreme Father. Only the one Supreme Soul is always called the Supreme Father. The soul praises his Supreme Father, the Supreme Soul. The soul says: He is the One who protects the devotees, that is, He is the One who once again gives devotees the fruit of their devotion. What fruit would God give His devotees? God comes and gives the fruit of liberation and salvation. You receive liberation in the land of nirvana. That is called the incorporeal world. Souls are incorporeal. This incorporeal soul has received this corporeal body. For what? In order to play a *part* on the field of action. Now, while playing our *parts* on the field of action, Bharat, that was like a diamond, heaven, and the highest, purest land of all, has become impure and worth a shell. The Father explains to you children the secrets of the beginning, the middle and the end of the world. In the beginning, there is the kingdom of deities and then, in the middle, the kingdom of Ravan begins; the deities go onto the path of sin. Bharat was pure and it is now impure. This too has to be explained. It is only the one Supreme Father, the Supreme Soul, who purifies this impure world and the devotees remember Him. Devotees are impure. After the Father comes and purifies everyone, no devotee remains, nor does anyone call out. In the golden age, when it was the kingdom of deities, no one remembered God. Bharat was the land of happiness. It isn't that the land of Islam or the land of Buddhists was heaven. Bharat itself was heaven where the original eternal deities ruled. When it was the kingdom of deities, there wasn't the kingdom of warriors. Who sits and explains all of this? *Knowledge-full God*, the *Father*. He is the Truth and the Living Being. This soul is also the truth and a living being. This body is non-living and the soul makes it function. In the golden age, there was just the one deity religion and there were very few of them. The tree then continued to grow. The knowledge of the beginning, the middle and the end of the world is not in any of the scriptures. All of that is the paraphernalia of the path of devotion. They say: O Purifier, come! Bapu Gandhiji also wanted the kingdom of Rama. He held the Gita in his hand because it was through the knowledge of the Gita that the Supreme Father, the Supreme Soul, made Bharat into heaven. It was the kingdom of the *World Almighty Authority*. You were the masters of the world and so it must definitely have been the Master of the World who made you that. Shiv Baba says: I did come. You celebrate the birthday of Shiva, do you not? It is a matter of 5000 years. It is written in the Gita, "God speaks". Because the people of Bharat are tamopradhan, they do not know God. God is the Highest on High. He is the Creator even of Brahma, Vishnu and Shankar. Incorporeal God Shiva does not have a body of His own. Because Brahma, Vishnu and Shankar have subtle bodies, they are called deities. The Supreme Father, the Supreme Soul, Himself, says: I am the Creator. All of these are My children. In the form of souls, all of you are brothers. It isn't that all of you are *fathers* like the sannyasis say, that each soul is the Supreme Soul. No; God is the Supreme Soul. The *part* of God in the *drama* is separate. He is the *Creator*, *Director*, and Karankaravanhar. He inspires the establishment of the original eternal deity religion once again through Brahma. He *adopts* the Brahma Kumars and Kumaris. You mouth-born creation are called the *adoption*. You are the mouth-born creation of Brahma. The Supreme Father, the Supreme Soul, came and taught you Brahma Kumars and Kumaris. You are now studying Raja Yoga. It isn't that each soul is the Supreme Soul. All of these five to six billion souls are *immortal*. This *drama* is very big. No one knows the secrets of the *drama*. The Father sits here and explains: I come at the confluence age of every cycle. I enter an ordinary body. This one didn't know his own births. I tell him about them. I enter him. I have named him Prajapita Brahma. I have to come into the impure world. This is this one's final birth. He has completed his 84 births. This Brahma and Saraswati will become Lakshmi and Narayan. People don't know who Saraswati is. Saraswati should not be called a goddess. The name of the mouth-born daughter of Brahma is Jagadamba Saraswati. At the confluence age she is called Jagadamba, Kamdhenu. This one (Brahma) is called Adi Dev, Mahavir. He is also called Dilwala. In fact, it is Shiv Baba who is Dilwala. He

is the One who comes to win the children's hearts and give them self-sovereignty. Children say: Baba, make us constantly happy once again. So, Shiv Baba enters the body of Brahma and wins your hearts. He is teaching you. This is why the beautiful memorial of the Dilwala Temple has been created. That is a non-living temple. You made Bharat into heaven 5000 years ago and that temple is a memorial of this. You are once again doing *service* and those non-living temples will once again be demolished. The Father says: I enter an old, impure body every cycle to purify you. No one is pure here. There are now innumerable religions, but the original eternal deity religion doesn't exist. Those of the deity religion call themselves Hindus. The deity religion has disappeared. Deities were completely pure. From the time they went onto the path of sin they were no longer called deities. The deity religion had to disappear. It is only then that I first establish the *deity* religion. Those of Islam and the Buddhists come later. When was the Hindu religion established? The original and eternal ones are the deities. So, the Innocent Lord, Shiv Baba, is explaining to you innocent daughters and filling your aprons and making you into the masters of heaven. He is a very innocent Businessman. When a person dies, all of his old belongings are given to a karnighor (brahmin priest). The Father says: I take all your old rubbish and make you into the masters of heaven. You were residents of Shivalaya. Shiva established the golden age. It has now become a brothel. I am now making it into Shivalaya once again. I explain the secrets of the clans to you children. You have continued to take rebirth and the clans have continued to change. People speak of 8.4 million births. The Father complains: You say of yourselves that you take 8.4 million births, instead of 84 births, whereas, you say of Me that I am omnipresent and that I am everywhere you look. I am not omnipresent. At this time it is the five vices that are omnipresent. They didn't exist in the golden age. The deities used to exist there. They have now become devils. They are once again being made into deities from devils. Therefore, the Father explains: The Highest on High is God and then there are His creation - Brahma, Vishnu and Shankar. This is the corporeal world in which there is first the kingdom of deities, then the kingdom of warriors, then merchants and then the kingdom of shudras. Now there is *no* kingdom. This is the rule of the people over the people. There was the *righteous religion* in the golden age; they never caused one another sorrow. There is great praise of Bharat, but they have written wrong things in the scriptures and lost its praise. The yoga and knowledge of ancient Bharat are very well known. Who taught it? Shrimat are the words of God. Krishna didn't speak them. The Father sits here and explains: I too have a *part* to come here. I do not enter the cycle of birth and death. I am the Ocean of Knowledge and the Ocean of Happiness. This is not the praise of anyone else. The praise of the deities is separate. Each *actor* has his own *part*. There is praise according to that *part*. You know that the Highest on High is *incorporeal God*, the *Father*. A physical *father* would not be called *God*, the *Father*. He is a limited father whereas this One is the unlimited Father. Everyone calls out: O Supreme Father, Supreme Soul! They believe that when the Father comes He will take them to the land of happiness. The Father says: I even uplift sinners as sinful as Ajamil and also the sages through you mothers. You are the Shiv Shaktis, the mothers of Bharat. You are doing everything with the power of yoga. Those kumaris and mothers learn *violent drill*. Here, this is the *drill* of the power of yoga. You are following shrimat. You remove your love from everyone in the old world and connect it to the one Father. Kauravas are those who have non-loving intellects at the time of destruction whereas you Pandavas have loving intellects at the time of destruction. You make Bharat into heaven. You promise the Father: Baba, I will remain pure and help You make Bharat pure, because there is now to be defeat for the land of death and victory for the land of immortality. The Father is telling you the story of immortality. You are Parvatis, brides. You are claiming your inheritance from the Father. He says: Become as beautiful as brides. You become emperors and empresses. The Father sits here and explains all of these secrets. The Father alone is the *knowledge-full Creator* and *Director*. Brahma, Vishnu and Shankar are the creation and this is why it is said: Trimurti Shiva. Those people speak of Trimurti Brahma. They forget Trimurti Shiva who creates all three. By forgetting Shiv Baba, they have become atheists. They say: "*O God, the Father*", but they don't know His *occupation*. Maya makes everyone into an atheist and I then come and make you into theists. Because of forgetting the Father, they continue to fight and quarrel among themselves. The Father explains: This Bharat was the master of the world. There were no *partitions*. You were the masters of the earth, sea, sky, air, etc. There are now so many *partitions*. There is so much war over, "So-and-so should not cross this boundary." Bharat was the master of the unlimited; it was like a diamond. It has now become the master of the limited, worth a shell. This is the *drama* and each soul has received his own *part*. Some have received a *part* of 84 births and others have received a *part* of two or three births. This is an *immortal drama* that continues to *repeat*. There is no land as pure as Bharat was. When a home becomes old it is

repaired. Bharat itself goes on to the path of sin and so there is the path of renunciation to support it a little. Even that has now become tamopradhan. All have become old and they will now become new again. There isn't any pleasure in the old home. The Father says: I have to come to make you satopradhan. I Myself come and make Bharat liberated-in-life. I give all the rest of the souls liberation. The Father explains: Children, this is your final birth. You are now becoming the masters of heaven. It is such a great attainment. You become the masters of the pure world for 21 births. You were elevated souls, the masters of heaven. Maya made you into sinful souls. Baba has come and is once again making you into charitable souls. He enables you to settle all your karmic accounts and will take you back home. Baba, the Innocent Lord, is also the *Liberator*. He says: I send you to the land of liberation-in-life. The Supreme Father, the Supreme Soul, is the sweetest of all. This is why everyone remembers Him. Baba, the Innocent Lord, makes Bharat into heaven through you mothers and the memorial of that is the Dilwala Temple. You know the *occupation* of each one, how everyone has a *part* in the *drama* and how many rebirths each one takes. The Pandavas were incognito whereas the Yadavas and the Kauravas were known. You are the *incognito*, *non-violent* Shiv Shakti Army and you are becoming the masters of the world for 21 births. Therefore, you definitely do have to make effort. You also have to follow shrimat at every step. As soon as you forget to have remembrance of Baba, a bomb of Maya is dropped on you. This is why you have to remember your Father and have the faith that you are a soul. Death is just ahead of you. The burden of sin is very heavy. For as long as you live, you have to make effort. Don't remember anything else. You don't have to come back to this land of death. The world is now changing. The Yadavas and the Kauravas destroyed their own clan and the Pandavas claimed their kingdom. However, we Pandavas now belong to the Father. Rivers of blood will flow here. How else would the old world be destroyed? Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. While performing the *drill* of the power of yoga, become *non-violent* instruments to benefit everyone.
2. Make a true bargain with the Father, the Innocent Lord. Give Him all your old rubbish and claim your fortune of the kingdom of heaven. Break your love away from the old world and connect it to the one Father.

Blessing: May you be a master bestower of happiness and by staying in imperishable supersensuous joy give everyone happiness and receive happiness.
 “Supersensuous joy” means imperishable, soul-conscious happiness. The senses are perishable and so the happiness received from them would also be perishable. Therefore, constantly stay in supersensuous joy and there cannot then be any name or trace of sorrow. If others cause you sorrow, do not take it. Your *slogan* is: Give happiness and receive happiness. Do not take sorrow, do not cause sorrow. If someone does cause you sorrow, transform it and give them happiness in return. Make that one happy and you will then be said to be a *master* bestower of happiness.

Slogan: Instead of speaking too much and wasting your energy, experience an introspection and taste its sweetness.

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