

- Essence:** Sweet children, you have received the shrimat (elevated instructions) to become soul conscious and to remember the Father. Under no circumstances should you *argue* with anyone.
- Question:** What method has been created so that your intellects become clean and can be connected in yoga to the Father?
- Answer:** A bhatthi of seven days. When new ones come, sit them in a bhatthi for seven days. The rubbish will be cleared from their intellects and they'll be able to recognise the incognito Father, the incognito study and the incognito inheritance. If they were simply to sit down as soon as they came, they would become confused and understand nothing.
- Song:** Awaken, o brides, awaken! The new day is about to dawn.
- Om shanti. In order to make you children knowledgeable, such songs have to be played and their meaning explained. You'll then be able to speak out in front of others. You will find out how much knowledge of the beginning, the middle and the end is in your intellects. It is as though the secrets of everything from up above, from the incorporeal world, the subtle region and the beginning, middle and end of the corporeal world are shining in the intellects of you children. The Father has this knowledge which He tells you. This is completely new knowledge. Although names are mentioned in the scriptures etc., they would get stuck on your mentioning those names and begin to debate about them. Here, He explains in a completely *simple* way: God speaks: Remember Me. Only I am the Purifier. Krishna, Brahma, Vishnu, Shankar, etc. would not be called the Purifier. You don't call the residents of the subtle region purifiers. How then could human beings of the physical world be purifiers? This knowledge is surely in your intellects. It isn't good to *argue* too much about the scriptures. Too much discussion takes place. They even start beating each other with sticks! These things are explained to you very easily. You are not to go *too much* into the things of the scriptures. The main aspect is definitely that of becoming soul conscious, to consider yourselves to be souls and remember the Father. This shrimat is the main one. The rest is *detail*. The seed is so small, whereas the rest is the expansion of the tree. Just as the whole knowledge of a tree is merged in its seed, in the same way, all of this knowledge is also merged in the Seed. The Seed and the tree are in your intellects. No one else can understand this in the way that you do. They have written the lifespan of the tree to be long. The Father sits here and explains the secret of the Seed and the tree and the *drama* cycle. You are spinners of the discus of self-realisation. If new ones come and Baba were to sing the praise of the children as being spinners of the discus of self-realisation, none of them would be able to understand. They wouldn't even consider themselves to be children. This Father is incognito, the *knowledge* is also incognito and the inheritance too is incognito. Anyone new who hears these things would become confused. This is why they are made to sit in a bhatthi for seven days. The recitations of the Bhagawad, the Ramayana etc. that they hold for seven days are in fact a memorial of this time when they are kept in a bhatthi for seven days for the rubbish in their intellects to be removed and so that their intellects be connected in yoga to the Father. Here, all are diseased. These diseases don't exist in the golden age. This is a disease of half a cycle. The disease of the five vices is huge. You remain soul conscious there. You souls know that each of you leaves a body and adopts another. You have a vision beforehand. Untimely death never occurs there. You are made victorious over death. They say: Death, death, and the great death. There is also the Mahakal Temple. The Sikh people have the immortal throne. In fact, the immortal throne is the centre of the forehead where each soul is seated. All souls are seated on these immortal thrones. The Father sits here and explains this. The Father doesn't have His own throne. He comes and takes this one's throne. He sits on this throne and makes you children worthy of sitting on the peacock throne. You know what that peacock throne on which Lakshmi and Narayan will be seated would be like. The peacock throne has been remembered, has it not? You should churn this: Why is He called God, the Innocent Lord? On saying "The Innocent Lord" the intellect goes up above. Sages, holy men etc. also point with their finger in this way (upwards) for you to remember Him. However, no one can know anything accurately. The Father, the Purifier, now comes personally in front of you and says: Remember Me and your sins will be absolved. This is a *guarantee*. This is also written in the Gita but if you pull one example out from the Gita, they would pull out ten. This is why there is no need. Those who have studied the scriptures etc. think that they can challenge others. Those of you children who don't know these scriptures etc. at all shouldn't ever even mention their names. Simply say, "God says: Remember Me, your Father." Only He is called the Purifier. They also sing the song: "Purifier, Rama of Sita"... Sannyasis also continue to chant here and there. There are many opinions like these, are there not? This song too is so beautiful! According to the *drama plan*, such songs are composed every cycle. It is as though they are composed for you children alone. There are such good

songs. For example: "Show the path to the blind, Prabhu!" (The One who resides beyond this earth)! It is not that Krishna is called Prabhu. Only the incorporeal One would be called Prabhu or Ishwar (one who fulfils all desires). Here, you say Baba is the Supreme Father, the Supreme Soul. He too is a soul, is He not? They have gone on to the path of devotion *too much*. Here, things are completely *simple* - Alpha and beta. Alpha is Allah and beta is the sovereignty. It is such a *simple* thing! Remember the Father and you will become the masters of heaven. Lakshmi and Narayan were definitely the masters of heaven; they were completely viceless. So, only by remembering the Father will you definitely become complete like them. To the extent that you have remembrance and do *service*, accordingly you will receive a high status. This is also understood. Don't *students* in a school realize it when they are studying very little? Those who don't pay full *attention* continue to sit at the back; so they would definitely *fail*. In order to *refresh* yourselves, you should listen to the good songs of knowledge that have been composed. Keep such songs in your homes. You could even explain them to others. Look how the shadow of Maya falls again. It is not mentioned in the scriptures that the duration of the cycle is 5000 years. The day of Brahma and the night of Brahma are half and half. Someone had these songs composed. The Father is the Intellect of the Wise, and so it entered the intellects of those who sat and composed them. So many who came to you went into trance on hearing these songs etc. The day will come when those who sing songs of this knowledge will also come to you. They will sing such songs in praise of the Father that your hearts will be touched. Singers of that kind will come. It also depends on the *tune*. The art of singing is also very famous. At the moment, there is no one like that. There is just one song composed: So sweet, so lovely, God Shiva, the Innocent One, is! The Father is definitely very sweet and very lovely too. That is why everyone remembers Him. It is not that the deities remember Him. In the pictures, they have shown Rama in front of Shiva; Rama is worshipping! That too is *wrong*. It's not that the deities remember anyone. It is human beings who have remembrance. You are now human beings and you too will then become deities. There is the difference of day and night between deities and human beings. The same deities then become human beings. No one knows at all how the cycle continues to turn. You have now found out that we truly do become deities. We are now Brahmins. In the new world, we will be called deities. You are now filled with *wonder*! This Brahma, who was previously a worshipper in this birth and sang praise of Shri Narayan, had a lot of love for Narayan. Now, it seems a *wonder* that he is becoming that again. So, the mercury of happiness should rise so much. You are the *unknown warriors*. You are *non-violent*. Truly, you are *doubly* non-violent. Neither do you have the sword of lust, nor do you engage in war. Lust is separate; anger is separate. So, then, you are *doubly* non-violent, the *non-violent* army. Because of the word "army", they have set up armies. In the Mahabharat war, they have shown *males*; there are no *females*. In fact, you are Shiv Shaktis. Because you are in the *majority*, you are called the Shiv Shakti Army. Only the Father sits here and explains these things. Now, you children remember the new age. No one in the world even knows about the new age. They think that the new age will come after 40,000 years. It is very *clear* that the golden age is the new age. So, Baba advises you: You will be *refreshed* by listening to such good songs and you will explain to others as well. These are all clever methods. Only you can understand the meaning of these. There are many, very good songs with which you can to *refresh* yourselves. These songs help a great deal. Extract their meanings so that your mouth opens and that there is also happiness. The Father says to those who cannot imbibe well: Continue to remember the Father whilst sitting at home. Whilst living in your households, just remember this mantra: Remember the Father and become pure. Previously, a man would say to his wife: You can remember God even at home, so what need is there to wander along to the temples, etc? I will give you an image at home. Sit here and have remembrance. Why do you go to stumble around? In this way, many men wouldn't let their wives go. To worship is the same thing as to remember. Once you have seen an image, you can remember that anyway. Krishna's image with the peacock feather and the crown is *common*. You children have had visions. You have had visions of how he takes birth there, but could you take a *photograph* of them? No one could take an *accurate* one. It can only be seen with divine vision, it cannot be created. Yes, after seeing it, you can describe it. However, it cannot be *painted* etc. Even if the *painter* is clever and has a vision, he cannot draw the *features accurately*. So, Baba has explained: Don't *argue* too much with anyone. Tell them: Your interest is in becoming pure. You ask for peace, so then, remember the Father and become pure! Pure souls cannot reside here; they would go back. Only the Father has the power to make souls pure; no one else can purify souls. You children know that all of this is the *stage* on which this play is performed. At this time, the whole *stage* is Ravan's kingdom. The world is lying on the whole ocean. This is an unlimited island. Those are limited. This is an unlimited aspect (the island) on which the

divine kingdom exists for half a cycle and the devilish kingdom exists for half a cycle. Actually, the continents are separate; but this is all a matter of the unlimited. You know that we will definitely reside on the banks of the sweet waters of the Ganges and Jamuna rivers. There will be no need to go to the sea etc. When they talk of that Dwaraka, it isn't in the middle of the sea. Dwaraka is not a separate place. You children have had visions. In the beginning, Sandeshi and Gulzar used to have many visions. They played great *parts* because they had to entertain the children in the bhatthi. So, they were entertained a great deal by the visions. The Father says: At the end, you will be entertained a lot. That *part* (of the drama) is another thing. There is also a song: What we have seen, you didn't see. You will continue to have visions one after another. For example, as the days of the exams draw closer, you would find out with how many *marks* you will *pass*. This too is your study. Now, it is as though you are sitting here whilst being *knowledge-full*. Not everyone is *full*. In a *school*, everyone is always numberwise. This too is *knowledge*. The incorporeal world, the subtle region - you have the knowledge of the three worlds. You know this world cycle; it continues to turn. The Father says: The *knowledge* that you have been given cannot be explained by anyone else. You have unlimited omens over you. Some have the omens of Jupiter, and others have the omens of an eclipse of Rahu. So, they will go and become cremators, etc. These omens are unlimited. Those omens are limited. The unlimited Father tells you unlimited things and give you the unlimited inheritance. You children have so much happiness. You have claimed sovereignty many times and lost it. This is completely true. *Nothing new!* You will be able to remain eternally happy. Otherwise, Maya makes you choke. So, all of you are lovers of the one Beloved. All of you lovers only remember that one Beloved. He comes and gives happiness to everyone. You have been remembering Him for half a cycle. Now that you have found Him, you should have so much happiness. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father and BapDada. The spiritual Father says namaste to the spiritual children.

#### Essence for dharna:

1. In order to stay constantly cheerful, make the lesson of "*nothing new*" firm. Maintain the happiness that the unlimited Father is giving you the unlimited sovereignty.
2. Listen to good songs of knowledge and *refresh* yourself. Understand the meaning of them and explain them to others.

**Blessing:** May you become a conqueror of attachment and an embodiment of remembrance by becoming free from the many types of "household".

To be a conqueror of attachment to the "household" of yourself, the "household" of the divine family, the "household" of service and the "household" of limited attainments means that in order for you to become detached, you should keep BapDada's loving form in front of you and become an embodiment of remembrance. By becoming an embodiment of remembrance, you will automatically become a conqueror of attachment. To be free from all types of "household" means to finish the consciousness of "I" and to become a conqueror of attachment. Children who become conquerors of attachment in this way will claim a right to a reward over a long period of time by making effort for a long period of time.

**Slogan:** Remain as detached as a lotus flower and you will continue to receive God's love.

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