

Essence: Sweet children, there is no nourishment like happiness. Whilst walking and moving around, remember the Father with happiness and you will become pure.

Question: What is the way to stop performing any sinful action?

Answer: Following shrimat is the way to protect yourself from performing sinful actions. The Father's first shrimat is: Consider yourselves to be souls and remember the Father. Follow this shrimat and you will become conquerors of sinful actions.

Om shanti. You spiritual children are sitting here and also at all the *centres*. All of you children know that the spiritual Father has now come here. He will once again take us back home from this dirty old world. The Father has come to make you pure. He only talks to souls. It is the souls that listen through their ears. The Father doesn't have a body of His own. Therefore, the Father says: I take the support of this body to give you My introduction. I enter this ordinary body and show you children the way to become pure. I come and show you this method every cycle. You have become so unhappy in this kingdom of Ravan. You are in the kingdom of Ravan, the cottage of sorrow. The iron age is called the land of sorrow. The land of happiness is the land of Krishna, heaven. That land doesn't exist at the moment. You children know very well that Baba has now come to teach us. The Father says: You can build a *school* even in your home. You have to become pure and also make others pure. When you become pure, the world will also become pure. The world is now corrupt and impure. It is now the kingdom of Ravan. Those who understand these things very well also explain them to others. The Father simply says: Children, consider yourselves to be souls and remember Me, the Father. Explain to others in the same way: The Father has come and He says: Remember Me and you will become pure. Do not perform any devilish actions. Whatever actions Maya makes you perform will definitely be dirty and sinful. The first mistake you made was in saying that God is omnipresent. It was Maya that made you say this. Maya will make you perform sinful actions in every respect. The secret of action, neutral action and sinful action has also been explained to you. On the basis of following shrimat, you experience happiness for half the cycle. Then, by following Ravan's dictates for the other half of the cycle, you experience sorrow. All the devotion you were doing in the kingdom of Ravan has only been bringing you down. You did not know of these things. Your intellects had totally become stone. "Stone intellect and divine intellect" is remembered. On the path of devotion, they say: O God, grant this one a good intellect so that he stops all this battling, etc! You children know that Baba is now giving you very good intellects. Baba says: Sweet children, you souls had to become impure and you now have to be purified with the pilgrimage of remembrance. You may go for tours and walks etc. You can walk a long way because, no matter how far you walk, when you walk in remembrance of Baba, you will forget your body. It is said: There is no nourishment like happiness. People will happily go very far in order to earn money. Here, you become so wealthy and prosperous. The Father says: I come every cycle and give you souls My introduction. At present, all are impure, and so they continue to call out: Come and purify us! It is souls that call out to the Father. Everyone is unhappy in the kingdom of Ravan, the cottage of sorrow. Ravan's kingdom extends over the whole world. At present, the whole world is tamopradhan. There are images of the satopradhan deities. There is also praise of them. People beat their heads so much in order to go to the land of peace and the land of happiness. No one knows how God comes and gives the fruit of devotion. You now understand that we are receiving the fruit from God. There are two fruits of devotion: First is liberation and second, liberation-in-life. These are very deep and subtle things and have to be understood. Those who have performed a lot of devotion from the time it began will very clearly understand knowledge. Therefore, the fruit they receive will also be good. Those who have done less devotion will take less knowledge and will also receive less fruit. There is an accurate account. The status is numberwise. The Father says: Having come to belong to Me, if you fall into vice, it means that you have left Me. It is as though that soul falls right down. Some fall and are then able to get up again, whereas others fall completely into the *gutter*. Their intellects do not reform at all. Some people's consciences bite them and they experience sorrow. They feel: I made a promise to God and then I deceived Him and fell into vice. I let go of the Father's hand and went and belonged to Maya. Such souls spoil the atmosphere; they become cursed. Dharamraj is also with the Father. At that time, that soul doesn't realise what he is doing, but later, he repents. There are many such people who kill someone etc. and have to go to *jail*. Then, they repent that they killed that person for no reason. Many kill others when they are angry. There is a lot of news about that in the newspapers. You do not read the newspapers. You do not know what is happening in the world outside. Day by day, the state of the world is becoming worse. You have to come down the ladder. You know the secrets of this *drama*. It is in your intellects that you must only remember Baba. Do

not perform any dirty act through which your *register* would be spoiled. The Father says: I am your *Teacher*. A *teacher* has a *record* of how his *students* study and their behaviour. The behaviour of some is very good, of some it is less so and of others it is totally bad. Everyone is numberwise. The *Supreme* Father is teaching you very elevated things. He also knows the behaviour of each one. You too can understand: I have these habits due to which I will *fail*. Baba explains everything very *clearly*. Those who don't study well and who make others unhappy will also die unhappy; their status will be destroyed as well. They will experience a lot of punishment. Sweet children, if you want to make your own fortune and the fortune of others, imbibe the sanskar of being merciful. The Father is merciful; He becomes your *Teacher* and teaches you. Similarly, some children study well and also teach others. You have to become merciful in this. A *teacher* is merciful: he shows you a way to earn an income and how to attain a good *position*. There are many kinds of *teacher* in those studies. Here, there is only the one *Teacher*. There is only this one study for changing from humans into deities. Purity is the main aspect. Everyone asks to be purified. The Father is showing you the way for this. However, if it is not in someone's fortune, what effort would he make? If someone is not destined to claim high *marks*, how could his *teacher* inspire him to make effort? That One is the unlimited *Teacher*. The Father says: No one else can explain to you the *history* and *geography* of the beginning, the middle and the end of the world. All of these unlimited things are explained to you. Your disinterest is unlimited. You are taught this because this old world has to be destroyed and the pure world created. Sannyasis belong to the path of isolation. In fact, they should live in the *jungles*. Previously, rishis and munis etc. used to live in the *jungles*. That was when their power was satopradhan and they used to attract people. In some cases, food was taken to them in their huts. Temples are never built to sannyasis. Temples are always built to deities. You do not do devotion; you simply stay in yoga. Their knowledge is for remembering the brahm element. They simply want to merge into the brahm element (element of light), but no one, except the Father, can take them there. The Father comes at the confluence age. He comes and establishes the deity religion, because a new world is needed for you. All other souls return home. No one of the old world can remain there. You become the masters of the whole world. You know that, when it was your kingdom over the whole world, only you lived there; there were no other continents there. There is plenty of land there. Here, there is so much land, yet they drain the sea to reclaim more land because the human population continues to increase. They have learnt from the foreigners about reclamation of land. What was Bombay before? It will not remain in the future. Baba is experienced. For instance, when there is an *earthquake* or torrential rain, what will you do? You won't be able to go outside. There are going to be many *natural calamities*. How else could destruction take place? In the golden age, there are only the few people of Bharat. What is it today and what will it become tomorrow? Only you children know all of this. No one else can give this knowledge. The Father says: You have become impure. This is why you now call out to Me to come and purify you. Therefore, He must surely come so that the pure world can be established. You children know that Baba has come. He shows you very good methods. God speaks: Manmanabhav! Break all relationships with bodies, and that includes your own body, and remember Me alone. Only in this do you have to make effort. Knowledge is very easy. Even a small child can remember this, but it is *impossible* that he would consider himself to be a soul and remember the Father. If this cannot remain in the intellects of adults, how would it remain in the intellects of little children? Although he might continue to say, "Shiv Baba, Shiv Baba", he still wouldn't have the understanding of being a point of light and of Baba also being a point. It is difficult to keep this in the consciousness. You have to remember this accurately. He is not something large. The Father says: My accurate form is a point. This is why great effort has to be made to remember Me as I am and what I am. They simply say that the Supreme Soul is the brahm element, whereas we say that He is an absolutely tiny point. There is the difference of day and night. The brahm element is where we souls reside. They call that the Supreme Soul. Keep this in your intellects: "I am a soul, a child of the Supreme Soul. I am listening through these ears." Baba says through this mouth: I am the Supreme Soul. I am the Resident of the land beyond. You also live in the land beyond, but you enter the cycle of rebirth whereas I do not. You now understand your 84 births. You have also understood the Father's *part*. A soul does not become smaller or larger, but he does become dirty when he enters the *iron age*. All of this knowledge is in such a tiny soul! The Father's form is very tiny too. However, He is called the Supreme Soul. He is the Ocean of Knowledge. He comes and explains to you. Everything you are studying now, you also studied in the previous cycle and you became deities through that. Amongst you, the ones with the worst fortune are those who become impure and make their intellects degraded. This is because they're unable to imbibe knowledge. Their consciences continue to bite them.

They are not able to tell others to remain pure. They understand inside that they have been defeated by becoming impure. All the income they had accumulated has been lost. It then takes a lot of time. This one punch makes them seriously unconscious. Their *register* is spoilt. The Father would say: You have been defeated by Maya. Your fortune is very bad. You have to conquer Maya and then become conquerors of the world. Only the emperors and empresses are called conquerors of the world; the subjects are not called that. The deity kingdom of heaven is now being established. Whatever each one does, he receives the reward of that himself. To the extent that you become pure and make others pure, you accordingly receive the fruit of that, just as those who donate a lot also receive the fruit of that. Those who donate are remembered; they receive temporary happiness in their next birth. Here, it is a matter of 21 births. You have to become the masters of the pure world. Only those who became pure previously will become pure again. Whilst you continue on this path, Maya punches you and you fall right down. Maya is no less powerful. Even after staying pure for eight to ten years, even after battling for purity, even after saving others from falling, they themselves fall. This would be called destiny, would it not? After belonging to the Father, they belong to Maya. Therefore, they become enemies. There is a story about someone who became God's friend. The Father comes and gives love to you children and also gives you visions. Some had visions without performing devotion. Therefore, He made you His friends. Many used to have a lot of visions, but people caused so much upheaval because they thought that you were casting spells on them, so the visions were stopped. At the end, you will again continue to have many visions. Earlier, you used to enjoy yourself so much. Even after seeing all of those visions, many left. Some bricks emerged from the furnace fully baked whereas others emerged weak; some even crumbled to dust. So many left and went away. They have now become millionaires and billionaires. They think that they are now sitting in heaven, but how could heaven exist here? Heaven can only exist in the new world. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. In order to make your fortune elevated, become merciful and study this knowledge and also teach it to others. Never spoil your *register* by becoming influenced by a bad habit.
2. In order to become a deity from an ordinary human, the main thing to imbibe is purity. Therefore, never become impure or make your intellect dirty. Never perform any action that would cause your conscience to bite you and for which you would have to repent.

Blessing: May you be a messenger of peace and become a master bestower of peace and power and give everyone the message of peace.

You children are *messengers* of peace. Wherever you may be staying, move along considering yourselves to be messengers of peace. "I am a messenger of peace and I am giving a message of peace". With this, you yourself will remain a powerful embodiment of peace and you will also continue to give peace to others. People may cause peacelessness, you give them peace. They may cause a fire, you shower water. This is the duty of you *messengers* of peace, you master bestowers of peace and power.

Slogan: Just as it feels easy to come into sound, so let it be just as easy to go beyond sound.

***** OM SHANTI *****