

Essence: Sweet children, you are world servants at present. You mustn't become body conscious in any respect.

Question: Which habit is against the spiritual law and causes a lot of damage?

Answer: To listen to film stories or read novels is totally against the law. Doing this causes a lot of damage. Baba has forbidden you children to read such books. If any BKs read such books, you can caution them.

Song: Look at your face in the mirror of your heart o mind!

Om shanti. The spiritual Father says to the sweetest, spiritual children: Check yourselves to see how much you have progressed on the pilgrimage of remembrance and how much you have become satopradhan from tamopradhan because the more you stay in remembrance, the more your sins will be cut away. Are these terms mentioned in any of the scriptures? The scriptures were created from whatever the founders of religions explained. People then study them. They worship those books. Since it is written, "Renounce your body and all bodily relations and consider yourself to be a soul", this is something to be understood. The Father reminds you that you children first came here bodiless. There, you remain pure. Impure souls cannot go into liberation or liberation-in-life. That is the incorporeal, viceless world. This is called the corporeal, vicious world. Then, in the golden age, this world will become viceless. There is a lot of praise of the deities who lived in the golden age. You children have been told: Imbibe all of this very well and explain to others. Wherever you souls came from, you were pure. When you come here you definitely have to become impure. The golden age is called the viceless world and the iron age is called the vicious world. You remember the Purifier Father. You say: Come into the vicious world, in a vicious body in order to make us pure and viceless. The Father Himself sits here and explains. People are confused about the picture of Brahma and ask: Why do you keep this picture of Dada here? You have to explain that this one is "The Lucky Chariot". God Shiva speaks: I have taken this chariot because I definitely have to take the support of matter. How else would I make you pure from impure? I definitely have to teach you every day. The Father now says to you children: Consider yourselves to be souls and constantly remember Me alone. All souls have to remember their Father. Krishna cannot be said to be the Father of all souls. He has his own body. The Father explains this to you very easily: Whenever you explain to others, tell them: The Father says that you came bodiless and that you have to return bodiless. Only pure souls come from there. Anyone who comes down tomorrow would also be pure and would definitely be praised. The sannyasis and householders whose names are glorified must definitely be in their first birth. They only come to establish their religion. Baba explains about Guru Nanak. You definitely have to write the word "Guru" because many people have the name Nanak. When someone is praised, that praise should be meaningful. If you don't use the correct praise, it doesn't seem right. In fact, it has been explained to you children that there is no guru but the One. It is of Him that you say: The Satguru is the immortal One. He is the Immortal Image, that is, the One who never experiences death. He is a soul. This is why they have sat and created those stories. Many of you still read film stories and novels. Baba cautions you children: You must not read novels etc. Some have that habit. Here, you are becoming those who are one hundred times fortunate. Even some BKs read novels. This is why Baba tells all the children: Whenever you see someone reading a novel, take it and tear it up! It isn't that you have to be afraid in case someone curses you or becomes angry with you. There is nothing like that. You have the duty to caution one another. It is against the law to listen to film stories or read them. You should instantly report it to Baba if someone's behaviour is unlawful. How else would they reform themselves? They will continue to cause themselves harm. If you have no power of yoga yourself, what would you sit and teach others? Baba forbids you. If someone does this sort of thing, his conscience would definitely bite him. There would be a loss to the self. Therefore, when you see this weakness in others, you have to write to Baba. Is their activity unlawful? At this time, you Brahmins are servants. Baba also says: Children, namaste! He explains to you with meaning. Children who teach others should not have any body consciousness. A teacher is a servant of students. Governors etc. sign their letters, with the words, "I am your obedient servant." They sign their name just below that. A clerk would write the letter by hand. He wouldn't write his own praise. Nowadays, gurus write their own title as, "Shri Shri". Here too, there are some who write, "Shri So-and-so". In fact, you shouldn't write this; nor should a female write "Shrimati" for herself. It is only when Shri Shri Shiv Baba comes Himself and gives you directions that you can receive shrimat. You can explain that they definitely became deities by following someone's directions. No one in Bharat knows how they became such elevated masters of the world. This intoxication should rise within you. The picture of your aim and objective should always be against your

heart. You can show this to anyone and tell them: God is teaching us and making us become the emperors of the world. The Father has come to establish this kingdom. The destruction of the old world is just ahead. You young daughters can explain to others in your child-like language. When they invite you to the big conferences that take place, you can take this picture and sit and explain to them that their kingdom is once again being established in Bharat. You can explain this to any large gathering. You should have the intoxication of doing service throughout the day. Their kingdom is being established in Bharat. Baba is teaching us Raj Yoga. God Shiva speaks: O children, consider yourselves to be souls and remember Me and you will become this for 21 generations. You also have to imbibe divine virtues. At present, everyone has devilish traits. Only the one Shri Shri Shiv Baba makes you elevated. That highest-on-high Father is teaching us. God Shiva speaks: Manmanabhav! "The Lucky Chariot" is very well known. Brahma is called "The Lucky Chariot". He is also called "Mahavir". He is sitting there in the Dilwala Temple. The Jains, who built that temple, don't understand any of this. You young daughters can go and visit them. You are now becoming very elevated. This is the aim and objective of Bharat. You should have so much intoxication! Baba makes your intoxication rise high here. All of you say that you will become Lakshmi or Narayan. None of you raise your hand to become Rama or Sita. You are now non-violent warriors. No one knows you non-violent warriors. You understand this now. There is the term "Manmanabhav" in the Gita. Consider yourself to be a soul! This too is something to be understood. No one else can understand this. The Father sits here and gives teachings to you: Children, become soul conscious. This habit of yours will then continue for 21 births. These teachings you are receiving are for 21 births. Baba explains the main thing to you over and over again: Sit here while considering yourselves to be souls. The Father, the Supreme Soul, sits here and explains to us souls. You repeatedly become body conscious and remember your homes and families. This happens all the time. Even on the path of devotion, their intellects wander in other directions while doing their devotions. Only those who perform intense devotion are able to sit with that concentration. That is also called deep devotion. They become completely absorbed in love. Sometimes, when you sit in remembrance, you sometimes become completely bodiless. Only the good children would sit in such a stage. The awareness of the body would be removed. Become bodiless and sit with that intoxication. You should instil this habit. Sannyasis have knowledge of the elements and the brahm element of light. They say: We will merge into that. We will shed these old bodies and merge into the brahm element. Everyone has his own religion. No one believes in the religion of others. Those who belonged to the original eternal deity religion have also become tamopradhan. When did the God of the Gita come? When was it the age of the Gita? No one knows this. You know it is only at the confluence age that the Father comes and teaches us Raj Yoga. He makes us satopradhan from tamopradhan. This refers to Bharat. There are definitely innumerable religions. It is remembered that there is establishment of one religion and destruction of innumerable religions. In the golden age there was just one religion. Now, in the iron age, there are innumerable religions. Then, there will be the establishment of one religion. There was one religion, but that no longer exists. All the rest are still here. The example of the banyan tree is absolutely accurate. The foundation no longer exists, but the whole tree is still standing. In fact, the deity religion no longer exists. The original eternal deity religion which was the trunk has now disappeared. The Father is carrying out establishment once again. All the various religions came later, because the cycle definitely has to repeat, that is, the old world will become new again. It used to be their kingdom in the new world. You have large pictures as well as small ones. When people see you carrying something large and they ask, "What are you carrying?" tell them: We are carrying that which teaches human beings to change from beggars to princes. There should be great enthusiasm and happiness in your hearts. We souls are the children of God. God is teaching us souls! Baba will seat us in His eyes and take us back home. We don't have to stay in this dirty world any longer. As you progress further, there will be cries of such distress, don't even ask! Millions of people will die. This is in the intellects of you children. None of the things that you can see with your eyes will remain. Human beings here are like thorns. The golden age is the garden of flowers. Then your eyes will be cool. When you go to a garden your eyes become very cool. You are now becoming multimillion times fortunate. Those who become Brahmins have millions at their feet. You children have to explain that you are establishing this kingdom. This is why Baba has had the badges made. Wear a white sari and also have your badge and this will automatically continue to serve. People sing: Souls remained separated from the Supreme Soul for a long time, but they don't understand the meaning of "a long time". The Father has told you that you meet Him after a long time, after 5000 years. You also know that it is Radhe and Krishna who are the most well known in this world. They are the first prince and princess of

the golden age. It doesn't enter the mind of anyone how they came here. There definitely has to be the iron age before the golden age. What actions did they perform that they became the masters of the world? The people of Bharat don't consider them to be the masters of the world. When it was their kingdom in Bharat, there were no other religions. You children understand that the Father is now teaching you Raj Yoga. This is your aim and objective. Although there are their pictures in the temples, they don't understand that establishment is taking place at this time. You, too, understand this, numberwise. Some completely forget all of this; their behaviour becomes as it was before. Here, they understand everything very well, but as soon as they go outside, everything finishes. You should be interested in doing service. Create ways to give everyone this message. You have to make effort. You have to tell everyone with intoxication: Shiv Baba says "Remember Me and your sins will be absolved". We remember no one but one Shiv Baba. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Always keep the picture of your aim and objective with you. Have the intoxication that you are becoming the masters of the world by following shrimat. We are going to such a garden of flowers that our eyes will be cool there.
2. Have a lot of interest in doing service. Do service with a lot of enthusiasm and a big heart, using large pictures. Change beggars into princes.

Blessing: May you be an all-round server and receive the Prasad of all attainments by serving the yagya. To receive a chance to do all-round service at the confluence age is also a lift in the drama. Those who do all-round service of the yagya with love automatically receive the prasad of all attainments. They remain free from obstacles. They do service just once and receive the fruit of that service one thousand-fold. Subtle and physical "langar" (continuous offering of food) should continue all the time. To make anyone content is the biggest service of all. To offer hospitality is the greatest fortune of all.

Slogan: Remain stable in your self-respect and all types of arrogance will automatically finish.

*** OM SHANTI ***