

Essence: Sweet children, remember the Father for as long as you live. It is by having this remembrance that your lifespan will increase. The essence of this study is remembrance.

Question: Why is the supersensuous joy of you children remembered?

Answer: Because you constantly celebrate happily in remembrance of Baba. It is now *Christmas* for you all the time. God is teaching you; what happiness can be greater than this? This is happiness for every day and this is why there is praise of your supersensuous joy.

Song: Show the path to the blind, dear God!

Om shanti. The spiritual Father, who is the Bestower of the third eye of knowledge, is explaining to the spiritual children. No one except the Father can give the third eye of knowledge. Each of you children has now received a third eye of knowledge. The Father has explained that devotion is the path of darkness. Because there is no light at night, people stumble around in the dark. It is sung: The day of Brahma and the night of Brahma. In the golden age, you will not say that you want to be shown the path, because you are being shown the path now. The Father comes and shows you the way to the land of liberation and the land of liberation-in-life. You are now making effort. You now know that there is little time left. The world is going to change. A song has been created about how the world is going to change. However, poor human beings do not know when, how or who changes the world, as they do not have the third eye of knowledge. You children have now received the third eye of knowledge with which you know the beginning, middle and end of the world cycle. This is the *saccharine* of knowledge, which you have in your intellects. Just as a little *saccharine* is very sweet, in the same way, the word of knowledge, “Manmanabhav”, is the sweetest of all; simply remember the Father. The Father comes and shows you the path. The path to where does He show you? To the lands of peace and happiness. So, you children are very happy. The world does not know when happiness is celebrated. Happiness will be celebrated in the new world. It is a *common* fact that there is no happiness in the old world. People in the old world are crying out in distress, because they are tamopradhan. How can there be happiness in the tamopradhan world? No one has the knowledge of the golden age and that is why the poor, helpless people continue to celebrate here. Just see how much they celebrate *Christmas* in happiness. Baba says: If you want to ask anything about happiness, ask the gopes and gopis, My children, because the Father is showing you a very easy path. While living at home with your families and carrying on with your businesses, remain like a lotus flower and remember Me like that lover and beloved remember each other even while doing their work. They also receive visions, just like “Laila and Majnu” and “Heer Ranjha” did, but they did not love one another for vice. Their love is remembered. They fell in love with one another. However, it is not the same here. Here, you have been lovers of that Beloved for many births. That Beloved is not your lover. You called Him to come here, saying: O God, come and show the path to the blind! You have been calling out to Him for half a cycle. People call out to Him more when their sorrow increases. There are those who remember Him more during times of sorrow. Look, there are now so many who remember Him! It is sung: Everyone remembers Him at a time of sorrow... With time, they become more and more tamopradhan. So, you are ascending, whereas they are descending even more, because everything will continue to become more and more tamopradhan until destruction takes place. Day by day, Maya is also becoming more and more tamopradhan. At this time, the Father is the Almighty Authority and Maya too is an almighty authority. She too is very powerful. At this time, you children are the mouth-born progeny of Brahma and the decoration of the Brahmin clan. Your clan is the most elevated and it is said to be the highest clan of all. At this time your life is invaluable. This is why you should take care of this life (body). Because of the five vices, the lifespan of people’s bodies also continues to decrease. Therefore, Baba says: Renounce the five vices and stay in yoga and your lifespan will increase. Your lifespan will gradually continue to increase and it will be 150 years in the future. It cannot be that at present. Therefore, the Father says: Take a lot of care of your body. Otherwise, it is said that the body is of no use, just a puppet of clay. You children now understand that you have to remember Baba for as long as you live. Why does a soul remember Baba ? For the inheritance. The Father says: Consider yourselves to be souls and remember the Father and imbibe divine virtues and you will become like that. Therefore, you children should study this study very well. Do not be lazy in your studies, otherwise you will fail; you will attain a very low status. The main thing in this study is the essence, which is: Remember the Father. Whenever any people come to an exhibition or to your *centre*, first of all, explain to them that they should remember Baba, because He is the Highest on High. Only the Highest on High should be remembered. Do not remember anyone who is lower than Him. It is said: God is the Highest on High. It is God who establishes the new world. The Father says: Look, I establish the new world. This is

why, if you remember Me, your sins will be cut away. Remember this very well because the Father is the Purifier. He says: When you call Me “the Purifier”, you are tamopradhan and very impure. Now become pure! The Father comes and explains to you children: Your days of happiness are about to come; your days of sorrow have now come to an end. This is why people call out to Him: O Remover of Sorrow and Bestower of Happiness! You know very well that there is nothing but happiness in the golden age. The Father tells you children: All of you must continue to remember the land of peace and the land of happiness. This is the confluence age and the Boatman is taking you across. There is no question of a boatman or a boat in this. They simply sing the praise: Take my boat across! Now, it is not only one person's boat that has to be taken across, is it? It is the boat of the whole world that has to be taken across. This whole world is like a big steamer that is being taken across. So you children should celebrate with a lot of happiness, because there is constant happiness for you; it is constantly *Christmas*. Since you children have met the Father, it is constantly *Christmas* for you. This is why your supersensuous joy is remembered. Look, why is this one constantly happy? Oh! He has found the unlimited Father! That One is teaching us. So you should have this happiness every day. It is a wonder that the unlimited Father is teaching you. Had any of you heard this before? “God speaks” is mentioned in the Gita, that He teaches Raj Yoga. Just as those people teach the yoga to become a *barrister* or a *surgeon*, I teach you spiritual children Raj Yoga. When you come here, you truly do come to study Raj Yoga. There is no need to be confused. So study Raj Yoga and complete this course. Do not run away. You have to study and also imbibe this very well. The *Teacher* teaches you in order for you to imbibe it. Each one's intellect is of a different level. For some it is the highest, for some it is of the middle level and for others it is the lowest. So, ask yourself: Am I of the highest level, the middle level or the lowest level? You should be able to recognise yourself as to whether you are worthy enough to *pass* the highest examination of all and claim a high status. Am I doing *service*? The Father says: Children, become *serviceable*. *Follow* Baba, because I am also doing *service*. I have taken this chariot because I too have come to do *service*. So I do it every day. The chariot is very strong and good and he constantly offers his *service*. BapDada is in this one's chariot all the time. Even if this one's body is unwell, I am still sitting in it. So I sit in this one and write. If this one cannot say anything through his mouth, I can still write it. The murli is never *missed*. While this one is able to sit and write, I can also conduct the murli, write it and send it to the children, because I am *serviceable*. Therefore, the Father comes and explains: Consider yourselves to be souls, let your intellects have faith and engage yourselves in *service*. It is the Father's *service: on Godfatherly service!* Those people write, “*On His Majesty's Service*”. So, what would you say? This *service* is even higher than that of that *Majesty*, because He makes you into *Majesties* (emperors). You can understand that you truly are becoming the masters of the *world*. Those of you children who make a lot of effort are called mahavirs. So you have to check which ones are the mahavirs who follow Baba's *directions*. The Father explains: Children, consider yourselves to be souls and see each other as brothers. The Father considers Himself to be the Father of the brothers and only looks at the brothers. He will not look at everyone. You know that you cannot hear or speak without a body. You know that I too have entered a body. I have taken this body on *loan*. Everyone has a body; it is through your bodies that you souls here are studying. Therefore, you souls should now understand that Baba is teaching you. Where is Baba's seat? On the immortal throne. Baba has explained that each soul is an immortal image that is never destroyed; it is never burnt, finished or drowned. It can neither be smaller nor larger; bodies can be big or small. The throne of all the souls of all human beings in this world is the forehead. The bodies are all different. The immortal throne of some is that of a man, of some it is of a woman and of some it is that of a child. So, whenever you speak to anyone, consider yourself to be a soul talking to your brother. I am giving the Father's message: Remember Shiv Baba and the rust on the soul will be removed. When gold has *alloy* mixed into it, its *value* is reduced and so your *value* too has reduced. You have now become completely *valueless*. This is also known as becoming bankrupt. Bharat used to be so wealthy; now it continues to incur debts. Everyone's money will be wiped out in destruction. Those who lend and those who borrow will all be wiped out and only those who have taken the imperishable jewels of knowledge will come and claim their fortune. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and *good morning* from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. *Follow* the Father and become *serviceable*, the same as Baba. Check yourself to see whether you have become worthy enough to *pass* the highest-on-high examination and claim a high status.
2. Follow Baba's *directions* and become a mahavir. Just as Baba sees and teaches souls, in the same way, look at everyone as souls, as brothers, while talking to them.

Blessing: May you be greatly fortunate with a healthy body, a happy mind and the wealth of knowledge. At the confluence age, by constantly remaining stable in your original stage, the suffering of karma changes from a crucifix to a thorn, and any illness (rog) of the body changes into yoga and so you are always healthy. Because of being stable in “Manmanabhav” your mine of happiness is constantly full and this is why you have a happy mind and your wealth of knowledge is the most elevated wealth of all. Matter naturally becomes a servant of those who have the wealth of knowledge. You have all relationships with One, you have connections with *holy* swans and so you automatically have the blessing of being greatly fortunate.

Slogan: The *balance* of remembrance and service is a *double lock*.

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