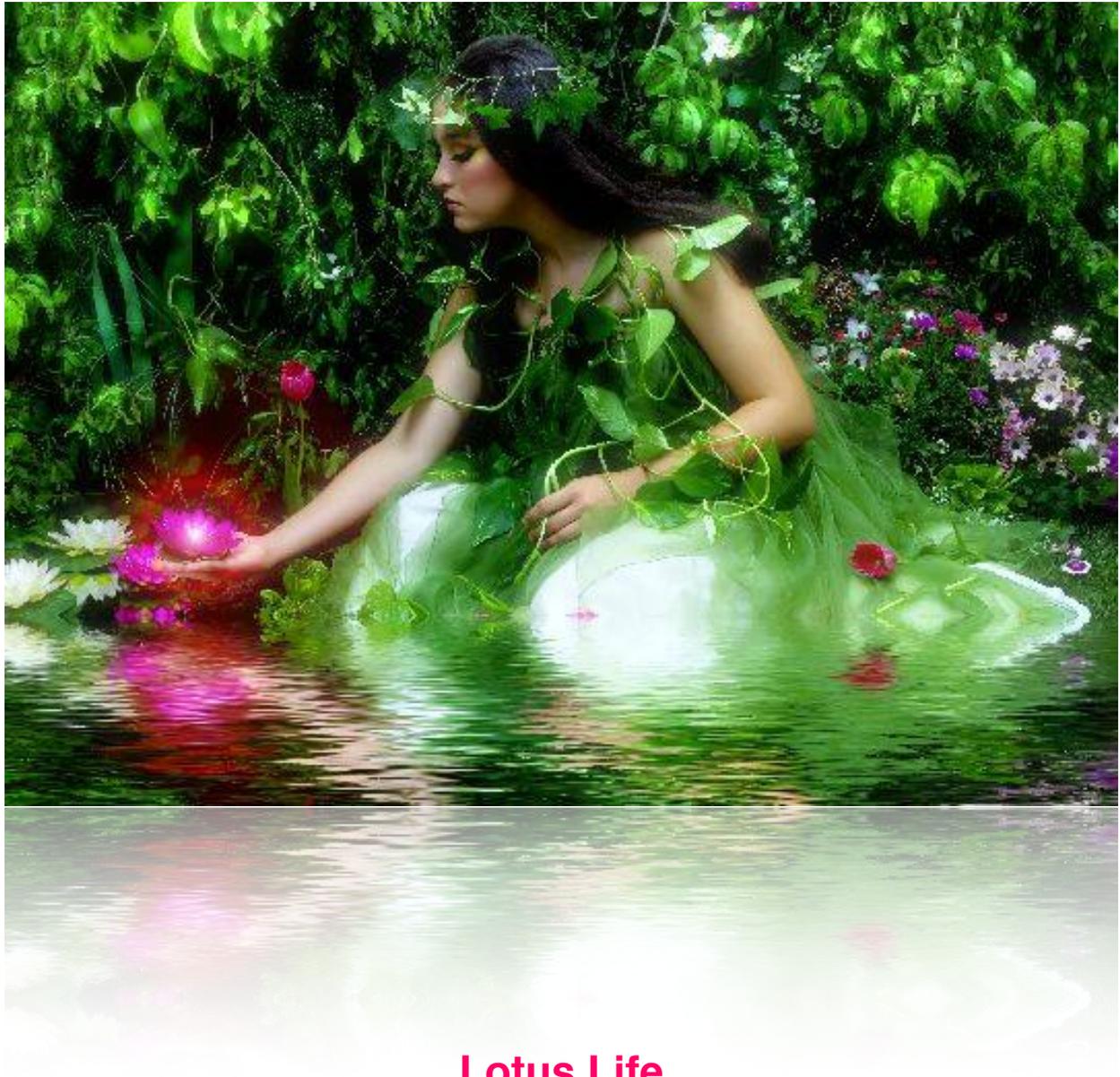


Today's Thoughts: July 20, 2020: Lotus Life



Lotus Life

The lotus is a symbol of purity. Its roots are in the mud, but the flower remains above dirty water. Live a lotus life. Be in the world, but unaffected by impurities.

Blessings For The World (Part 2)

The world is in a need of loveful blessings from each and every individual of the world. **Blessings are positive mental vibrations or the energy of positive thought in the form of flowing energy transmitted by the mind in favour of a particular cause that brings benefit to a person or group of persons located anywhere in the world.**

Sit in silence and switch on the button of a positive consciousness. That means create positive thoughts like - I am a peaceful being of light I am a being of positive energy I spread the rays of peace to the people of the world I experience sitting on the world globe and transmitting peace to the complete planet I am a soul responsible for world benefit I am a very powerful soul and give power to the people of the world I am like a parent of the world; I hold the responsibility of giving sustenance to its people in these times of sorrow I am a being of love; I radiate loveful good wishes to the world and nature I am a being of joy and happiness; I have an inner desire that the world becomes free of pain and sorrow I am a tower of spiritual light and might and I provide relief to the world from the difficulties they face I am an angel of peace and love; I give an experience of lightness to my soul brothers all over the world I am a world server; it is my responsibility to spend a few minutes in serving the world through mental vibrations everyday I am connected with the Supreme Being who is an ocean of peace and take the power of peace from Him and give to the world below me I am a sparkling star of spiritual power; I donate this power to my brothers and sisters of the complete world I am a peaceful soul who resides in the soul world of complete peace and donates peace to the other souls who are experiencing peacelessness in their minds

(To be continued tomorrow ...)

Constantly sing the song of happiness.

Happiness is the greatest nourishment; there is no other nourishment like that of happiness.

Those who eat the nourishment of happiness every day are always healthy, they are never weak.

Therefore, make your mind and intellect powerful with the nourishment of happiness.

Message for the day

To see the three aspects of time and then make a decision is to ensure right decisions.

Thought to ponder: Before making any decision, it is important to understand the situation in the perspective of the past, present and future. That means, we need to understand, why the situation arose, what is the present situation, what is the impact of the decision on my life and those around me. When we do this, we are free from impulsive, hasty decisions which do not bring good outcomes.

Point to practice: Today I will take up a long pending decision that I need to make. I will look detachedly and see what I can understand in it, looking from a different perspective. I will also see what positive impact it is going to have on me and others. And then I will take the decision.