

Today's Thoughts: August 09, 2020: Life's a Dance



## **Life's a Dance**

**By finding at least one wonderful quality in everyone, your life will become a dance.**

## **A Beautiful Reunion (Part 2)**

As per the knowledge of the world drama, after living many births in the last phase of the world drama in sorrow, especially when sorrow came our way through the different mediums of mind, body, role and relationships, there was a desire in each one's heart to experience joy and that desire is being fulfilled by God now. **It is the time when He comes down and is very close to us while He is liberating us from all the different moments of sorrow we went through in each birth, those sorrows which we have forgotten in our present birth.** We all have stored inside our sub-conscious minds various different memories of ups and downs that we went through in different births in the latter part of the world drama. Today the shadows of those same memories continue to fall upon our lives i.e. whenever we are faced with a difficult situation, we tend to experience fear and insecurity very easily and the inner strength to face these difficulties is lacking. This is because we went through a lot of pain due to various reasons like the sudden loss of a loved one, the illness that destroyed our confidence, our own untimely death, the wars and the financial instability, the other types of sorrows like not being as attractive or healthy as others or natures that we received from our parents not being particularly pure and positive, even the not so perfect or nice husband or wife or child or any other relationship that was sorrow-giving. All this and much more happened with each one of us in some birth or the other that we passed through in our journey of birth and rebirth, especially in the last phase of the world drama.

**The love of God - the spiritual Father and Mother, today, is making us forget all the hidden fears and sorrow that we even carry sub-consciously because He is the One who has seen all that we experienced each day of each birth.** And also, the love exchanged through each interaction with each soul of the world based on spiritual wisdom is filling us with a lot of happiness and bringing us heartfelt blessings from them. So, our present lives are full of enthusiasm and all that we went through in the last phase of the world drama is being washed out by the love of the Supreme and the love of all the souls of the world family who accompany us, as the world drama comes to an end and a new repetition of the world drama begins on a happy note in the future and remains full of happiness for many years after that.

(To be continued tomorrow ...)

## Spirituality

Spirituality teaches me to see my responsibility and what causes I am setting in motion by my thoughts, words and actions.

I just have to fulfill my responsibilities and the rights will automatically follow, because they are the effect. This may not happen immediately, but it is inevitable.

The law of cause and effect, action and reaction, the law of karma is an integral part of spirituality.

It gives us a basis on which to make right choices and create a beautiful future for ourselves and the world around us.

## Message for the day

**To understand the uniqueness of each and every role is to be strong.**

**Expression:** Each and every person has a unique role to play in the drama of life. There ought to be variety. So, not all will behave like I want them to. If someone is playing a negative role in my life, I need not worry as I get to play the hero.

**Experience:** Today I will watch with detachment the drama of life that is unfolding around me. Each and every scene is being played to enrich my experiences and make me powerful. I am the hero actor in this wonderful play.