

Today's Thoughts: August 30, 2020: Words of Peace and Purity



Words of Peace and Purity

A pure mind makes for pure words. It is said that speech may exalt someone to kingship or send him to the gallows. I should never let myself indulge in false, bitter and vicious speech. My words should reflect my true, inner nature, that of purity and peace. Words, once spoken, can never be recalled.

Living Relationships The Soul Conscious Way (Part 5)

Sacrifice in any relationship is an important characteristic or quality that one needs to imbibe to make it successful. **Remember the one who only keeps himself or herself ahead without caring for the needs of the other in a relationship is the one who loses respect and also the one who can lead in the relationship with the head but is the loser, when it comes to the heart.** The one who gives up the ego to accommodate the needs of the other is the true winner in a relationship of love, which could be relationships involving any two people and in any type of relationship, not necessarily relationships between life partners, which some people think, are the most difficult relationship to play. So, wherever it may be, the one who says *I* in every dealing is the loser at the level of the heart. That means he or she will lose the blessings of the other, even though he or she may be smarter and more skilled than the other and the other person accepts that also. So respect is gained at the external level by the egoistic role player but love and respect is lost at the internal level.

You must have heard this some time ago that to fear is not to respect, which happens with egoistic people. Egoistic people are sometimes respected out of fear because they are more skilled in many ways and good at doing many things of the world and also good at making things work their way but what they are lacking is humility and the way of winning people's hearts. Remember, there have been people in the world who have been more successful because they were compassionate and sweet natured and not necessarily best at the ways of the world and being skilled and the best at achieving success on a materialistic level. **Humble people are true leaders of people's hearts and God helps them to achieve big, because of this quality that they possess.**

(To be continued tomorrow ...)

New Perspectives

Sometimes we can get a little blinded by our own expertise and for that reason, it's useful to step out of our comfort zone and seek out new perspectives.

You might want to ask a younger colleague for their advice; they may offer fresh ideas; a simpler approach or a more adventurous one.

You don't have to follow their advice, but be humble enough to give it your honest consideration.

Message for the day

True decoration lies in using specialties.

Thought to ponder: All of us are bestowed with some or the other qualities. Everyone has the inherent tendency to want to be their best. So we tend to really take care about external appearance. But, in the same way, if we take care of our inner qualities, nurture and help them grow, we would find them decorating our personality in the true sense.

Point to practice: Today I will identify one quality that I feel is unique about me, I will consciously put it into practice and make sure I remind myself about it at least 10 times throughout the day. Even if challenges come to shake that quality, I will still continue with my practice for today.