

Today's Thoughts: December 05, 2020: Criticizing is an attack on another's creation



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It could be their idea or their behaviour that is triggering your habit of disapproval. It just means you are attached to your ideas, your way, your ideals. Or you want to stop them getting ahead because you are attached to a picture of your being the front-runner in the relationship.

That's when you see their creation as a threat to you. So you fear and fight. You acclaim your superiority and attack with criticism to ensure their inferiority. All the while you are the embodiment of unhappiness, without realizing that you are the creator of your misery.

Can you turn it around? When you embrace, encourage and empower the ideas and ways of others you will instantly notice you are empowering yourself.

A Beautiful Vision Of Love (Part 2)

Whenever you meet someone for the first time, make it a point to see at least one characteristic in the person which you think is unique and different from others. Then begin to see that person regularly through the vision of this specialty which we commonly call perception. This type of vision will travel to the other person through your pure energy of goodwill and the other person will respond to this type of attitude with a positive vision themselves. Never say this person has no specialty or this person is ordinary because everyone is gifted with some specialty which sometimes we do not notice or do not realize because we tend to look at the weaknesses instead. This is our natural habit whereby we very easily slip into the habit of first seeing the weakness and then seeing the specialty in any particular person.

Have you ever wondered how does God look at each one of us? Does He see our weaknesses first and then our strengths? No, He will always look for the good in each one of us and will give us a lot of love because we are special and also see us with a vision of love. God is an Ocean of Mercy because of which He forgives us if we have made any mistake and instead will remember what is special inside us and praise us. Why is God able to forget the mistake or the weakness and not us? Why is He able to move His vision from the negative to the positive so easily and not us? We tend to move our vision from the positive to the negative as soon as someone says or does something negative to us. Before we decide what is right and what is wrong, we are judgmental and label the person based on the negative we have come across in them. This is because of a vision based on physical love for others which sees weaknesses as well as strengths, whereas God has a vision of spiritual love which sees the positive and is able to avoid or not see the negative.

(To be continued tomorrow ...)

Non-violence

True non-violence means never hurting others even through words. Most of us make a great effort not to hurt people physically, but sometimes we hurt others through our words, often accidentally.

Today I will really think about the consequence of my words before I speak and consider how they might hurt others, I will also notice how when I do express negativity it makes those around me feel negative, which in turn affects me for the worst too.

Message for the day

You can attain total success by putting an end to all things of the past and also your past attitudes.

Expression: Whenever you begin any task first check whether or not you still remember any past situations that have taken place with others. You cannot achieve total success if you continue to regard or speak to anyone with the vision and attitude of the past.

Experience: Whenever you are dealing with others make sure you put an end to all the past situations and your past attitudes and become totally clean, it is then that you will be able to attain total success.