

Essence: Sweet children, be introverted, stay in the knowledge-full stage and imbibe these elevated versions and you will then be able to benefit yourselves and other souls. Decorate the temple of your heart and mind with the idols of Godly virtues and spread the fragrance of pure thoughts.

Question: What is the true, elevated *service*? What is the subtle and deep secret of doing accurate *service*?

Answer: When someone makes a mistake, then, along with cautioning that one, let the power of your yoga reach them in a subtle way and burn away his or her impure thoughts. This is the most elevated, true *service*. As well as that, also pay *attention* to yourself. Let no impure thoughts arise in your mind. You yourself have to remain cautious and *serve* others in a divine way. This is the subtle and deep secret of doing *service*.

Om shanti. Each and every effort-making child first of all definitely has to adopt the stage of introversion. A lot of benefit is merged in introversion. It is only by having this stage that you can be unshakeable, constant, patient, humble, imbibe divine virtues and achieve a completely knowledge-full stage. When you are not introverted you cannot achieve a completely knowledge-full stage. This is because, if you don't imbibe the elevated versions that you hear personally and you don't go into their depths but just *repeat* the elevated versions you hear, then those elevated versions are simply versions. If the elevated versions are not heard in a knowledge-full stage, then Maya's shadow is cast on those elevated versions. When you simply *repeat* the elevated versions you hear, they are influenced by the impure vibrations of Maya, and then, instead of you and others benefitting from them, loss is experienced, hence: "O children, become completely introverted!". Your mind is like

a temple. Just as you always have fragrance in a temple, in the same way, only when the temple of your mind becomes pure will pure thoughts *emerge*. Only images of pure deities, not devils, are kept in a temple. In the same way, each of you children should decorate the temple of your mind and heart with the idols of all the divine virtues. Those virtues are: to be free from attachment, free from greed, free from fear, patient and egoless because these are your divine qualities. You children have to make the temple of your mind very bright and clear, that is, completely pure. Only when that temple of yours becomes that bright and clear can you go to your very loving bright and clear Paradise. You are now trying to make your mind completely bright and also to control your physical senses and your mind, which are all influenced by the vices. Not only do you have to serve yourself, you also have to do this divine *service* of others. In fact, the meaning of doing *service* is very subtle and deep. Doing *service* is not just cautioning someone about a mistake; no. You have to send them subtle vibrations with your power of yoga and burn away their impure thoughts. This is most elevated, true *service*. Together with that, you also have to pay *attention* to yourselves. Not just to your words and actions; you mustn't even have any impure thoughts in your minds, because their *vibrations* reach many others and subtly cause a loss, which would create a burden for you; this burden then becomes a bondage. So, children, be cautious and also do this divine *service* of others. This is the alokik duty of you serviceable children. Those who do such *service* should not take any *service* from others. Even if you happen to make a mistake, correct that for all time with the power of your intellect's yoga. An intense effort-maker instantly realizes, as soon as he receives even a little signal, and transforms himself and pays proper *attention* as he moves along from then on. This is the duty of the children with broad intellects. O breath

of my life, there is deep significance in completely sacrificing your bodies, minds and wealth into this imperishable sacrificial fire of knowledge of self-sovereignty, created by the Supreme Soul. From the moment you say that you have sacrificed your body, mind and wealth, that is, you have surrendered everything into the sacrificial fire and died, then, from that moment, nothing remains yours. In that, too, you first have to use your body and mind fully for doing *service*. When everything is for the yagya and God, there can be nothing left for yourself and you cannot even waste any wealth. Even your mind cannot run after impure and sinful thoughts because you have surrendered it to God. God is anyway the Being of purity and peace. Because of this, impure thoughts are automatically quietened. If you put your mind into Maya's hands, then, because Maya has a *variety* of forms, many types of sinful thoughts can arise that ride in the mind, the horse. If any child even now still has sinful thoughts, understand that his mind has not been completely sacrificed, that is, his mind does not completely belong to God. Therefore, complete renunciate children, now understand the deep secrets and become detached observers while performing actions and observe yourselves and move along with great caution. Gopi Vallabh Himself is explaining to you, His beloved gopes and gopis what the real and true love of all of you is. O my beloved, you have to accept each other's loving caution because, however lovely a flower is, the sustenance you receive is accordingly as elevated. In order to make the flowers *valuable*, the Gardener has to remove thorns from them. In the same way, when someone cautions you, you have to understand that that one is sustaining you, that is, that one is *serving* you. You have to give regard to that sustenance and service. This is the way to become perfect. This is true, internal love filled with knowledge. Let there be a lot of *regard* for one another in this divine love. In each

aspect, you have to caution yourself first. This is a very sweet and humble stage. By moving along with love in this way, it is as though you will internally experience those beautiful days of the golden age. There, this love will be *natural*. However, at this *sweetest* time of the confluence age, this is a very sweet and entertaining love that enables you to serve one another. This pure love is remembered in the world. All of you living flowers have to remain cheerful at every moment because, by having faith in your intellects, your every vein becomes completely filled with God's power. Power that has such attraction definitely shows its divine miracle. Just as little, innocent children, because they are pure and clean, always keep smiling and they attract everyone a lot with their entertaining activities. In the same way, let the life of each one of you be a Godly and entertaining one. For this, you have to triumph over your devilish nature by using the right method. When you see someone who is influenced by the vice of anger coming towards you, become an embodiment of knowledge and continue to smile with the sweetness of a child and that person will automatically become quiet. That is, from being in a state of forgetfulness, he will become aware. Though he may not be aware of it, attain victory over that one in a subtle way and become the master. This is the most elevated way of being a master and a child. Just as God is the perfect form of knowledge, in the same way, He is also the perfect form of love. Both *qualities* are merged in God, but *first* is knowledge and *second* is love. If someone becomes an embodiment of love without first becoming an embodiment of knowledge, that love takes that one into an impure account. So, merge love and first of all become an embodiment of knowledge. Conquer the Maya that comes in various forms, and then become an embodiment of love. If you become loving without using knowledge, it is possible that you will get sidetracked. For instance, if someone goes into trance

(dhyān) without being an embodiment of knowledge (gyān), then they sometimes get trapped in Maya. This is why Baba says: O children, this trance is also a cotton chain. However, when you first become an embodiment of knowledge and then go into trance, there will be great enjoyment. So first is knowledge and then trance. The stage of being full of knowledge is more elevated than the stage of being in trance. This is why, children, you first have to become embodiments of knowledge, and then let the love emerge. Love without knowledge in this effort-making life brings obstacles. The stage of a detached observer is very entertaining, sweet and beautiful. Everything in your future lives depends on this stage. When someone has any physical illness, if he goes through that illness at that time while happily being in the stage of a detached observer, he then settles the suffering of his past karma and, along with that, also accumulates in happiness in his account for the future. This happy stage of a detached observer has a connection with both your past and your future. By understanding this secret, none of you would say that this beautiful time has gone by in just settling accounts. No, this alone is the beautiful time of making effort during which both tasks are accomplished perfectly. The intense effort-makers who accomplish both tasks experience supersensuous joy and bliss. You children have to have full faith in every aspect of the huge variety drama, because this predestined drama is absolutely reliable. Look, this drama enables every living being (human and animal) to play their parts perfectly. Even though someone may be wrong, he plays that part of being wrong perfectly. This is also fixed in the drama. When both wrong and right are fixed in the plan, then, to have doubts about anything is not knowledge, because each actor is playing his own part. In a film, all the different named actors do their own acting and when you see them, it is not that you would dislike some or be happy with others: it

is not like that. You know that that is just a play in which each one has received his or her own *good* or *bad part*. In the same way, you also have to continue to watch this eternally created film as a detached observer, in a constant and cheerful stage. In any gathering, imbibe all these *points* very well. Look at one another whilst seeing each one's divine form. With the knowledge of experience imbibe all the divine virtues. With the awareness of your aim, let the divine virtues of being peaceful, humble, patient, sweet and cool, etc. *emerge*. The main *foundation* for imbibing a patient stage is “*Wait and see*”. O my lovely children, “*Wait*”, means have patience and “*See*” means to see. First of all, imbibe the virtue of patience in your hearts, and then see the huge *drama* externally as detached observers. Until the time for you to hear any secret comes close, you have to have the virtue of patience. When the time comes, when you listen to that secret with the virtue of patience, you will not be disturbed when you hear it. This is why, o effort-making ones, wait a little, and continue to see the secrets as you move along. With this stage of patience, all your tasks will be accomplished perfectly. This virtue is connected with faith. With your intellects having faith be detached observers and while seeing every game with your cheerful faces, you will remain patient and unshakeable internally. This is the mature stage of knowledge which you will have in a *practical* way at the end, at the time of perfection. So, you have to try hard to remain stable in this stage of a detached observer over a long period of time. In a play, each *actor* has to rehearse beforehand in order to play the part he has received well. In the same way, in order for you lovely flowers to pass the difficult exam that is to come, you definitely have to *rehearse* beforehand with the power of yoga. However, if you haven't made this effort over a long time, then, you will be nervous and *fail* at that time. This is why you first have to make your divine *foundation* firm and

become those with divine virtues. By remaining stable in the stage of being an embodiment of knowledge, you automatically have the stage of being an embodiment of peace. When knowledge-full children sit together to listen to a murli, an atmosphere of peace is created all around them because, when they listen to elevated versions, these penetrate deep inside them. Because of going deep into them, they experience deep, sweet silence. For this, you don't have to sit and make any special effort, but by being stable in a stage of knowledge, you automatically develop this virtue. When you children wake up in the morning and sit in solitude, waves of pure thoughts emerge. At that time, your stage has to be that of being completely beyond. Then, by your stabilising in your original pure thoughts, all others thoughts are quietened automatically and your mind becomes peaceful. You definitely need some power to be able to control your mind. For this, imbibe pure thoughts for your aim. When your intellect has yoga according to your discipline, you will naturally have the stage of being free from any other thoughts. Achcha.

To the sweetest, beloved, long-lost and now-found children, to the children who are the garden of knowledge, to the stars of knowledge, love, remembrance and *good morning* from the Mother, Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

- 1) With the awareness of your aim, imbibe all divine virtues, such as being peaceful, humble, patient, sweet and cool etc.
- 2) With faith in your intellect, watch this play as a detached observer with a cheerful face, and become patient and unshakeable internally. You have to work

hard to remain stable in the stage of a detached observer over a long period of time.

Blessing: May you become an embodiment of success by serving with a *balance* of being an image of love and power.

Just as you constantly have love for the Father in one eye and the awareness of the duty (service) given to you by the Father in the other eye, in the same way, along with being a loving image, now also become an image of power. As well as love, let your words be filled with such power that you are able to penetrate anyone's heart. A mother teaches her child with whatever words that are needed but, because of her love, those words do not feel harsh or bitter. In the same way, tell everyone the true knowledge in clear words. However, let those words be filled with love and you will become an embodiment of success.

Slogan: Make the Almighty Authority Father your companion and you will be liberated from repentance.

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Points : Yellow = Knowledge ; Pink = Yog ; Sky Blue = Inculcate(Dharna) ; Green = Service.