## A Lotus Seat for Remaining Constantly Yogyukt

What day is it today? It is the day of the bhatthi. What is the day of a bhatthi called? The day of the beginning of a bhatthi means the day for making a decision about your life. Why do you attend a bhatthi? To make a permanent decision about your life. You have all come with this aim, have you not? When you come to a bhatthi, you receive a gift from BapDada and the special children. What is that gift? It is easy to speak of the gift that you receive. (A few people gave their ideas.) Which gift is the basis of the attainment of all the things you have spoken of? It is the transformation of the intellect: the transformation of a gross, rajoguni intellect to a subtle, satoguni and divine intellect. When you attain this divine intellect, you are also able to attain the stage of being avyakt and yogyukt. So what is the gift? A divine, satoguni intellect. It is only through the transformation of the intellect that you are able to transform your life. So you receive the special gift of a divine intellect in this bhatthi. To use this gift or just to keep it with you for all time is in your own hands, although everyone has received this gift. All those who have come to this bhatthi can very easily and quickly bring about transformation in themselves through the gift of a divine, satoguni intellect. So today is the day for transforming your life. Therefore, continue to imbibe the gift that you receive on this day. You continue to listen to the knowledge, but what have you come to do in this bhatthi? You have come to become an embodiment of knowledge. You have also come to receive the knowledge of yoga and to practise yoga. However, you come to the bhatthi to make firm the lesson of being constantly yogyukt. What is the easy method you have to learn from this bhatthi in order to remain constantly yogyukt? Hatha yogis who do hatha yoga and tapasya sit on a special seat at the time of doing tapasya; they have a variety of seats. So, what is the seat in order for all of you to be constantly yogyukt? BapDada is telling you about a seat that can be easily attained in order for you to remain constantly yogyukt. It is the seat of a lotus flower. People speak of a lotus seat. On what do people portray the images of the deities? On a lotus. So even whilst constantly performing actions, if you make your stage like that of a lotus flower, you can easily become constantly yogyukt. However, what do you have to do in order to be a lotus flower and stabilise yourself in this stage, on this seat? You have to make yourself light: to be light and also to be the form of light. A lotus is so gyan-yukt. On seeing a lotus, you have the awareness of knowledge. So, by being seated on a lotus seat, you can remain constantly yogyukt. Never leave your seat. Always keep the stage of a lotus seat, that is, constantly remain stabilised in this stage. Only then will you be able to keep the throne of the kingdom for that length of time in the future. If you are not able to sit on this seat, that is, if you are not able to stabilise yourself in this stage, you are not able to attain the throne. So, in order to attain the throne of the kingdom, you first have to practise stabilising yourself on the lotus seat. You have come to the bhatthi to make yourself free from all types of bondage and to make yourself light. That is, you have come to learn to practise being constantly stabilised on the lotus seat. Therefore, finish whatever burdens you have before you leave this bhatthi. Whether it is a burden of the thoughts in the mind, or a burden of your sanskars, or a burden of the attraction of the perishable things of the world, or a burden of attachment to your lokik relations, you have come to the bhatthi to finish all burdens and bondages. This bhatthi is a golden chance for you to make progress in your life. The more you take the chance in this bhatthi, the more you will be able to make yourself move forward in life for all time. What aim have you kept for the bhatthi? What aim will you keep after bringing about transformation in your sanskars? In what special aspect is this group the best of all groups? Do you know? This group has one very good speciality. When alloy is mixed into gold, you cannot mould that gold. Only original gold can be moulded. So consider this group to be that of real gold, that you do not have any alloy mixed in it. Do you know your own speciality? When this group is seen, it seems the same as when a plant is newly planted, and it first has very beautiful, tiny, delicate leaves, which are very lovely. So this group is also that of new leaves, but they are very tender. Generally, things are either tender or tough. To be tender means that the bones of the sanskars are not so hard that they cannot be changed. Little children first have very tender bones, and then, as they grow older, the bones become stronger. This group is of those with tender sanskars. It will be easy to bring about transformation in these sanskars. You are not those who have bitter sanskars, are you? Achcha.

BapDada speaking to Dadiji who is taking leave to go to Madras for service for 2 days: The speciality of those who are to become world emperors is that they keep all souls happy. There is an income of multimillions in every step of the maharathis. (Seeta Mata was also taking leave from Baba.) Do you see that body of yours while considering yourself to be a powerful soul? By remaining stable in the stage of a detached observer, you receive power. When someone is weak, he is given glucose to give him strength. So when you consider yourself to be a bodiless soul, detached from the body, this stage of being a detached observer does the task of giving strength to the soul. For the length of time you have the stage of a detached observer, for that time, you also remember Baba, the Companion, that is, Baba remains with you. So you have Baba's company and you are also a detached observer. One is the stage of a detached observer and the other is nourishment of the happiness of being Baba's companion. So what will you then become? Free from all disease. You will be the form of power, loving and detached. At the moment, are you stabilised in the stage of being loving and detached? This stage is as powerful as the radiation rays that doctors use to kill germs. So this stage is also so powerful that you are able to destroy the germs of many sins within a second. Once the sins have been destroyed, you will experience yourself to be light and powerful. Constantly consider your household to be the field of service. Do you consider yourself to be extremely loved by BapDada? Why? What speciality have you got that you are extremely loved? You belong to the one Father and none other. Those who remain lost in the love of the One are extremely loved by Baba. Do you understand? Achcha.

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