Today, BapDada has especially come to meet the double-foreign children. Double-foreign means those who constantly experience the land of the self and the sweet home. We are always the residents of that land, the ones who reside in the sweet home, and have come to this land abroad, to a foreign kingdom to establish self-sovereignty, that is, to establish the soul-conscious kingdom, the kingdom of happiness and have taken the support of nature (matter) in order to play our parts in an incognito way. Hey, residents of the land of the self, you are playing your part in a foreign land. This is the land of matter. The original land is the land of souls. Matter is now under the influence of Maya. It is Maya's kingdom and this is why souls are under her control. When you become a conqueror of Maya, this matter will become your server and give you happiness. When you become a conqueror of Maya and a conqueror of matter, it will become your kingdom of happiness, the satopradhan kingdom, and the golden world. Do you have this awareness clearly? You simply have to change your costume in a second. You have to renounce the old costume and adopt a new one. How long will it take? In order to become a deity from an angel, it takes just as long as changing your costume. You will also do this via the sweet home. However, at the end, the awareness you will have is that you are now about to change from an angel to a deity. Do you have the awareness of the deity body, the deity life, the deity world and the time of satopradhan matter? Do the sanskars of the kingdom you have had many times, and the deity life, with which you are filled, emerge? Because, until the sanskars emerge in you who are to become deities, how would the golden world emerge in the corporeal form? Through your emerged thoughts, the deity world will become revealed on this earth. Do these thoughts emerge automatically by themselves? Or, do you feel that there is still a lot more time? Your deity body is invoking you deity souls. Can you see your deity body? When will you adopt it? Your heart is not attached to the old body, is it? You aren't wearing your old tight costume, are you? You are still wearing your old body, your old costume, which you are unable to renounce on time in a second. To be free from bondage means to wear a loose dress. So what do the double-foreigners prefer: loose or tight? You don't like tight, do you? You don't have any bondage, do you?

You are ever-ready by yourselves. Put the time aside. Don't look at the time – this is now to happen; this is yet to happen. Time knows and the Father knows. Service knows and the Father knows. Are you content with service of the self? Put aside world service; look at the self. Are you content with yourself in your own stage and in your own independent kingdom? Are you able to rule your own kingdom well? Are all your workers, all your ministers and great ministers under your control? There isn't any dependence, is there? Do your own ministers and great ministers sometimes deceive you? Sometimes, internally, your own workers don't become companions of Maya in an incognito way, do they? In your own kingdom, is the ruling power and the controlling power of you kings working accurately? It isn't that you order pure
thoughts to come but waste thoughts come instead, is it? That you order the virtue of tolerance and the virtue of upheaval comes instead, is it? O self-sovereigns, are all your powers and virtues under your control? They are companions of your kingdom. So, are they all under control? When kings issue an order, everyone says yes, my Lord ("Ji hazoor") in a second and salutes the king. So do you also have such controlling power and ruling power? Are you ever-ready in this? Your own weaknesses and your own bondages will not deceive you, will they?

Today, BapDada is asking you self-sovereigns about the welfare of the kingdom of the self. All of you sitting here are kings, are you not? You are not subjects, are you? To be dependent on something means to be a subject. To have all rights means to be a king. So, who are all of you? Are you Raja Yogis or praja yogis (subjects)? The court of all kings is held now, is it not? In the court of the kingdom in the golden age, you will have forgotten everything. You won't recognise one another as the same confluence-aged souls. It is now that you become trikaldarshi and know and see one another. Each one's court of the kingdom now is even more elevated than that of the golden age. Only at the confluence age does such a royal court exist. So the condition of everyone's kingdom is fine, is it not? You didn’t say loudly that everything is fine!

BapDada too loves this royal court. Nevertheless, check yourself every day. Hold your royal court every day. If any of your workers become even a little careless, what would you do? Would you sack him? All of you have heard about the divine activities of the beginning, have you not? If a small child was being mischievous, what punishment was he given? To stop his food or tie him with string was a common thing, but the punishment given was for him to sit in solitude for many hours. He was a child and children can't sit still. Therefore, his punishment was for him to sit in one place for 4 to 5 hours without moving at all. So they were given such royal punishment! Therefore here, too, if any of your workers cause mischief, make them sit in the furnace (bhatthi) of introversion. You mustn't become extroverted. Punish them in this way. If any come out, send them back in. Children do this, don't they? When you make children sit down, they still do whatever they want, and you then make them sit down again. Therefore, in this way, you will develop the habit of becoming introverted from extroverted. A habit is instilled in little children: Sit down and remember Baba. That child will not want to sit down, but you will again and again make the child sit down. No matter how much the child moves his legs, you would still say: No, sit like this. In this way, make them sit in the bhatthi of the practice of introversion by tying them with thoughts of determination. You don't have to tie with any other string, but the determined thoughts are the string itself. Make them sit in the bhatthi of the practice of introversion. Punish yourself. What would happen when others give you punishment? If others tell you that these workers of yours are not good and you should therefore punish them, what would you do? You would feel a little: What is this one talking about? However, if you yourself give punishment to yourself, it remains for all time. By others telling you, it won't remain for all time. Until you have made the signals from others your own, they won't last all the time. Do you understand?

What are your kings like? You are enjoying the royal court, are you not? All of you are great kings, are you not? You are not small kings, you are great kings. Achcha. Today, seeing the
To the souls who are constantly conquerors of Maya, conquerors of matter and are self-sovereigns; to those who always use the treasures of virtues and all powers by right; to those who, with self-soverignty, make all their workers into their loving companions for all time; to those who are constantly free from bondage and who remain ever-ready, to the contented souls, BapDada's love, remembrance and namaste.

BapDada meeting a group from Australia:

You are souls who receive blessings from BapDada and all souls by constantly keeping a balance of remembrance and service, are you not? This is the speciality of Brahmin life that, together with making effort, you always receive blessings and also continue to make progress. In Brahmin life these blessings work like a lift. You will continue to experience the flying stage through this.

Why does BapDada have special love for the residents of Australia? Because each one of you always has the courage and enthusiasm to bring many others. The Father loves this speciality because it is also the Father's task to make the maximum number of souls receive their right to an inheritance. Therefore, the children who follow the Father are especially loved. As soon as you come, you have good enthusiasm. This is a blessing that the land of Australia has received. One becomes an instrument for many. BapDada continues to turn the beads of the rosary of the virtues of each one. Australia has a lot of specialities. However, Maya too loves those from Australia a lot more. Those who are loved by the Father also become loved by Maya. So many good ones, even if only for a short time, have become Maya’s, have they not? None of you are weak like them, are you? You are not going to get caught in any spinning, are you? BapDada remembers those children even now. What happens is that because of not understanding something fully, they have questions of "Why?" and "What?" So, the door for Maya to enter opens. You now know the door for Maya, do you not? So don't get caught up in “Why?” or What?” and then Maya won't receive a chance to come in. Always put on the double lock. Remembrance and service is the double lock. Just service by itself is a single lock. If there is just remembrance and no service, that too is just a single lock. Let there be the balance of the two. This is the double lock. Your photograph is being taken on BapDada's TV. Later, BapDada will show you: Look, you are in this picture! Achcha. With your courage and your faith, there is still a good number. You are very much loved by the Father and this is why Baba told you the method to remain safe from Maya.

Blessing: May you be constantly happy and by eating the instant and visible fruit of service, remain ever-healthy, wealthy and happy.

In the corporeal world, it is said: Eat fresh fruit and you will remain healthy. They say that fruit is the way to remain healthy. You children are those who eat the visible and instant fruit at every second. This is why if someone asks you how you
are, then tell him or her: I am very happy and my way of interacting is like that of angels. I am healthy, wealthy and also happy. Brahmins can never become upset.

Slogan: A pure soul is the mirror of cleanliness and truth.

*** O M S H A N T I ***